DAILY ROUGHAGE IS AN ESSENTIAL IN ANY DIET

Kellogg's ALL-BRAN Is Effective Relief for Constipation. Also Adds Iron to the Blood

Do you suffer from constipation? Are you one of those who have tried one "vest pocket cure" after permanent relief? If so, this is big news to you! Kellogg's ALL-BRAN is natural, effective relief for both temporary and recurring constipation. It is the originaland today is included in the diets of millions of people who formerly suffered from constipation.

When roughage is missing from food, constipation is the consequence. The soft foods we eat today seldom include enough roughage. The simple necessity, then, is to see to it that sufficient roughage is included in our food.

Kellogg's ALL-BRAN is the bulk that your system requires.

In addition, it is rich in iron. Scientific research proves that nearly all this iron is absorbed by the system, building red blood and bringing the glorious color of health to the complexion.

Kellogg's ALL-BRAN is positively guaranteed. Your money will be returned if you are not satisfied. another and still have no sense of Be sure to include it in reducing diets as a preventive for both constipation and anemia.

> There are so many ways you can eat Kellogg's ALL-BRAN and enjoy it. In any form, it is appetizing. It is delicious with milk or cream. Sprinkle it over cereals and soups and notice the added flavor. Many people soak it in fruit juices. Excellent in cooked foods. Your grocer has Kellogg's ALL-BRAN in the red-and-green package. It is served in hotels, restaurants and dining-cars. Ask for it! Made by Kellogg in London, Ontario.



THE DAILY NEWS PRINCE RUPERT · BRITISH COLUMBIA

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DAILY EDITION



Friday, February 7, 1930

DR. MANDY'S SUGGESTIONS

The suggestions of Dr. Mandy in regard to Prince Ru-portage. pert taking advantage of the opportunity to supply the mining camps of Northern British Columbia are worthy Peace River district necessitated conservation, the trollers are most of every consideration. There is no doubt that up to the the resumption of subdivision sur- anxious to have all possible restricpresent that business has not come this way and it may veys and two parties blocked out tions placed on the operation of any be because we have not gone after it. So far as The Daily for settlement, much of which was stricted operations. Last summer a News is concerned, it has pushed the newspaper into the already squatted upon. This tide closed season was in effect also for mining camps, but the paper does not carry the advertising of all the local firms. That is their loss. They can- growing of prize grain in the dis- ests of conservation would it not be not expect to bring the business this way if they do not take the means that offers of bringing their firms to the notice of the people of those settlements.

Possibly Prince Rupert has been backward in provid- division will be required for a num- suggestion advanced that they posting proper and frequent transportation facilities. However, that is about to be rectified because the Canadian National is putting on a Prince Rupert boat very soon to ply to the various settlements. If the prices charged are commensurate with the distance covered, Prince Rupert

will undoubtedly benefit.

HOCKEY IS VERY CLOSE

Last Night

third straight victory by the Hawks, all of them by a single goal.

playing their second tie game of the season with the Rangers.

Last night's scores were: Montreal 2, Chicago 3.

Detroit 1, New York Rangers 1 (overtime). Canadiens 3, Toronto 3 (over-

time).

BUCKSON

Won Leadership of Coast Hockey League by Defeating Victoria

PORTLAND, Feb. 7.—Flashing a brilliant attack in the second period to score two goals, the Buckaroos defeated the Victoria Cubs in the Pacific Coast Hockey League game here last night by a score of leadership.

VANCOUVER WHEAT

at \$1.21%.

Two Tie Games in National League Rev. Alex Mogee Is 80 Years Old, Yet Hale and Hearty

it was there his wife died after suf- determining the bearing of the line fering a stroke. For the past three and in carrying the line forward as years, Mr. Mogee has been station- a truly straight line. ed at Kitimaat.

SURVEYORS' PRESIDENT

OTTAWA, February 7- H. M. Tobey of Ottawa was yesterday elected president of the Dominion Land Surveyors' Association.

ACCOMODATING

3 to 2. The victory gave the Bucks A kind motorist had given an old astrolabe." Mr. Nash described this undisputed possession of the league country lady a ride for at least instrument in some detail and ten miles. At last he turned and stated that the Topographical Sursaid to her: "Madame, where shall vey of Canada had found it to b I let you out?"

VANCOUVER, Feb. 7-Wheat was Old Lady: "Bless you, sir, I portable instruments in determinquoted on the local exchange today was going the other way, but I ing latitudes and longitudes by asdidn't like to hurt your feelings." tronomical observations.

ONLY HOPE FOR P.G.E.

(Continued from page one)

of Parsnip River and Peace River Valley was also surveyed, and since there was available very little re- Editor; Daily News-On the area, in the way of accurate maps, of Trade to be held tonight, there since the first essential to the proper the question of the new provincial study of natural resources over a fishing regulations is to come before large area of country is a good de- the board for open discussion, apwhich to show the resources, infor- tions from the special committee. foresters, engineers, etc."

Survey of the Department of the matter in this province. a commercial company.

Preparing Map

"From the information collected these differences? by the surveyors, aided by aerial Why should the members of the photographs, detailed maps are Board of Trade be called upon to presently being prepared at Victoria deal with such contentious subjects, to accompany the report on the re- which, in any event, may jeopardize sources.

times. There was townsite work at come members of the board? Fort Smith and at Aklavik on Mac- During the last week or two

over 100,000 acres of farm lands other gear, while they enjoy unreof settlement is largely due to the trollers in Alaska, and in the intertrict a few years ago and to the a reasonable precaution in B. C.? discussion of an outlet to the Pa- Under the circumstances the prosuitable for farming."

"A preliminary survey was made from the northern end of the meridianal portion northeasterly to the eastern end of Island Lake. The geographical position of the former point has been accurately determined from geodetic points in southern Manitoba; but the position of the latter was known only from mapping operations, which were not deemed sufficiently accurate to determine the direction of a trail line 90 miles long, and purely on rough calculations. an accurate astronomical determin-TORONTO, Feb. 7.—In one of the One of the most interesting fig- ation of this position was considmost thrilling struggles seen here ures at the present session here of ered necessary. Ordinarily this a judge in a case of this kind and in some time, the Canadiens and the Presbytery of Prince Rupert of would have meant delaying the Maple Leafs emerged "even steven" the United Church of Canada is work one year to permit these ob- such position. in a National Hockey League game. Rev. Alex Mogee, clergyman of Kiti- servations to be made. To avoid Maple Leafe emerged "even seven" maat, who is in his eightieth year of this delay, the geodetic survey un-Overtime failed to break the dead- life but still clear of eye and firm dertook, by making use of aeroplane transportation, to make the neces-At Chicago, a desperate Montreal Mr. Mogee was born June 12, 1850, sary observations at Island Lake, WHIST LEAGUE rally in the final period was just in County Antrim, Ireland, and has and to deliver the results of the shy and the Maroons had to bow to lived for forty years in Canada. He computations to the party at the the Black Hawks. It was their came to British Columbia in 1893 other end of the 90 miles line in and his first ecclesiastical charge time to correct the direction of the was at Fort Langley, in the Fraser trial line begun at that point, if At New York, the Detroit Cougars Valley. Then he moved to the Del- necessary. This was done, and the ended a four-game losing streak by ta, and, after three years there, his result of the observations of the throat gave him trouble and he re- geodetic survey party was found tired temporarily from the ministry to be so close to the bearing of he says, that he made the only real carried through to the end, a dis- follows: money that was ever his blessing, tance of 90 miles, without deflec-From the Delta, Mr. Mogee moved tion and missed its objective by into Vancouver and resided there only five feet. This indicates an for several years. He took up the extremely high degree of accuracy ministry again at North Bend and in the taking of the observations,

> "The statue of Champlain on Nepean Point in Ottawa." said Mr Nash, "is holding in its outstretched hand an absolute instrument known as an astrolabe, which was in use by navigators for obtaining altitudes of the stars before the invention of the sextant. Within recent years French scientists have developed a new type of instrument for taking star altitudes which also has been given the name superior to various other forms

The Letter Box

WHY BOARD OF TRADE?

liable information concerning this agenda for the meeting of the Board it was necessary to make them, appears an item to the effect that tailed map to be used as a basis on parently without any recommenda-

mation collected by the geologists, For the last month or so I have followed this matter fairly closely, "Here the aeroplane was brought and, as far as I am aware, the Prince into service," said Mr. Nash, "and Rupert Board of Trade is the only in cooperation with the Royal Cana- organization of its kind to attempt dian Air Force the Topographical to deal with this very debatable

Interior assisted the provincial gov- This question of fishing regulaernment in obtaining vertical aerial tions in one form or another has photographs covering approximate- ever been a very debatable one, and ly 5000 square miles. To this was more so at the present time, as added another 3000 square miles by somewhat dual control exists. But is it not fair and reasonable to assume that those directly engaged in the industry will be able to iron out

their business? Is it fair that the "The surveys of the Department individual members should be put in of the Interior for 1929 extended such a position? The point has over the length and breadth of the several times been raised, and is this Dominion. There was mapping from not one reason why at least some the Rocky Mountains to the Mari- of our business men hesitate to be-

kenzie River delta. A settlement have discussed this matter with was laid out on an island in James independent seiners and indepen-Bay, and surveys were made to gov- | dent gillnetters, and they seem to ern the leasing of oyster beds in feel that some such steps will have Prince Edward Island. The aero- to come to assist them in earning a plane was pressed into service and reasonable living. My impression is for the first time was the sole means that it is the trollers who are findof transport of a party making land ing the most fault with the prosurveys on Churchill River and posed regulations, in spite of the Reindeer Lake, thereby adding fact that they are operating withmany weeks to the effective survey out restrictions. It is a well known season that would otherwise have fact that the seiners and gillnetters been spent in arduous toil on the can only get a chance at the fish after the fish have passed the troll-"The rush of settlers into the ing areas. Still, in the interest of

cific and has grown to such pro- vincial government must of neces-portions that more extensive sub- sity have some regulations, and the ber of years, of lands that have pone such regulations for a year been examined and found eminently seems entirely out of place. Of the other proposals I have heard menof the Ontario-Manitoba boundary ment to put these regulations into force for one year, in order to allow all concerned to see how they are going to work out, is one that to me appears sound and may carry some reasonable weight. At the end of such period both the fishermen and the operators would be in a betor otherwise of the various points

> The average member of the Board of Trade is not in a position to sit as should be spared from being put in

A MEMBER OF THE BOARD OF TRADE.

Oddfellows Leading In Dybhavn Cup Standing; Leif Erikson For Newton Cup

Prince Rupert Fraternal Whist 4 to 3. and took up farming. It was then, the trail line that the latter was League results last night were as

Canadiann Legion 5, Drydock Grotto 5, Seal Cove 4. Leif Erikson 5, Elevator 4. Six Musketeers 6, Moose 3. St. Andrews 4, I. O. O. F. 5. Dybhavn Cup Standing

I. O. O. F.

-	Grotto	9	3
	St. Andrews	7	5
-	Drydock	7	5
t	Leif Erikson	6	6
S	Six Musketeers	6	6
g	Canadian Legion	4	8
-	Seal Cove	3	9
-	Elevator	2	10
e	Newton Cup		
-		W.	L.
0	Leif Erikson	3	0
	I. O. Q. F.	3	0
S	Drydock	2	1
d	Six Musketeers	2	1
	Grotto	2	1
e	Moose	1	2
f	St. Andrews	1	2
-	Canadian Legion	1	2
-	Elevator	0	3
	Seal Cove	0	3





OXTAIL

GREEN PEA

IN the good old days they served the I fatted calf as a sign of rejoicing . . . modern 1929 generally says it with soup (CLARK'S OXTAIL preferably) . . . and murmurs "De-e-e-licious! . . . De-e-e-lightfui!"

And why not? . . . just get a can of this soup and open it. That delicious meaty aroma is just a sample of what it tastes like. A carefullycooked, perfectly seasoned soup - a boon to any jaded appetite - a blessing to a healthy one. If you haven't tasted it yet . . . Oh! what you are missing!

After tasting Clark's Oxtail Soup you too will murmur "De-e-e-licious" . . . for when you get near enough to a plate of soup like this . . well . . . appetite has a way of asserting itself! At your grocer's.



SCOTCH BROTH MOCK TURTLE JULIENNE CELERY CONSOMME MULLIGATAWNY

W. CLARK, LIMITED Establishments at MONTREAL, P.Q., ST. REMI, P.Q., and HARROW, ONT.

Dr. Darby and Rev. R. C. Scott

KITIMAAT, Feb. 6 .- The United Church mission boat Thomas Crosby was here on Saturday so the Kitimaat Band staged a concert for ter position to judge as to the merits the entertainment of Dr. Darby of Bella Bella and Rev. R. C. Scott of involved. At the present time all the Crosby. The program, conductarguments are based more or less ed by Thomas H. Nyce, was as fol-

1. "O Canada.

. March, "Let's Go."

3. Overture, "Crown Diamonds." 4. March, "The Stars and Stripes

Forever." Selection, "The Shamrock."

6. March, "Voice of the Guns." 7. Overture, "Norma."

March, "Washington Post."

"God Save the King."

Dr. Darby and Mr. Scott spoke in very complimentary terms of the performance of the band.

SCOTTISH CUP

GLASGOW, February 7- In a second round Scottish Cup replay, Falkirk beat Queen of the South

Elks Take Lead Over Grotto in Billiard Games

As a result of the playing of three games in the fixture, the Elks took a strong lead of 745 to 618 over the Grotto in last night's Billiard League match. The individual re-6 sults were: C. P. Balagno, Elks, 245; Don

Brown, Grotto, 250. A. Donald, 250; J. Hillman, 172. William Mitchell, 250; James An-

drews, 196.

Games of A. A. Easson vs. W. J. Nelson and F. H. Stephens vs. George Waugh remain to be played. The postponed game of William Mitchell vs. G. P. Tinker from last week's Elks-Canadian Legion fix-

See the news of the stores in 0 the advertisements.

ture is also still outstanding.

ADJOURNED TO MONDAY

Evidence of police officers was heard by Judge Young in County Judge Fil McB. Young in County Court yesterday afternoon in the Court today. The hearing opened case of Kem Sun Wong, who is this morning and continued this charged with having opium in his afternoon following the noon adtioned, the one to ask the govern- Fine Program Given by Band for possession, and a visit to the pre- journment. The claim of the mises of the accused, the West plaintiff is for \$200 for money End Cafe, was paid by the court loaned. L. W. Patmore is course. The case has been adjourned until for the plaintiff and Milton Gonnext Monday morning.

The case of Ingvald Hansen vs John Dahl is proceeding before zales for the defendant.



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