

SUN LIFE ASSURANCE COMPANY OF CANADA

1929

A BOOKLET embodying the DIRECTORS' REPORT, the ADDRESS OF THE PRESIDENT AT THE ANNUAL MEETING, and a FULL LIST OF THE SECURITIES HELD BY THE COMPANY, is now available and may be had on Application to

Room 409, Head Office
Sun Life Assurance Company of Canada
Montreal

CANNERIES GET READY

Ninety Plants to Be Operated This Season on Coast—Preparations in Full Swing

Preparations for the season's activities at canneries on the British Columbia coast are now in full swing. Ninety canneries will be operated this summer and already machinists are either on the job at the plants, or en route.

Every day parties leave here on coastwise steamers for points along the west coast of Vancouver Island and on the mainland from Vancouver north to the Alaska boundary.

It is estimated that 2000 men have already left. The cannery hands will soon be clearing, and when the plants are in full swing there will be about 20,000 people, including fishermen, employed.

On the United States side hundreds of employees of salmon canning plants are preparing to sail for Alaska. By noon Wednesday 775 passengers will have departed from Seattle to work in the northern canneries, it is reported.

The exodus started Friday, when 440 passengers sailed on board ss. Alaska. Crews for canneries at Tenakee, Drier Bay, Valdez and Shepard Point were aboard the vessel.

At 9 a.m. Tuesday ss. Alameda will sail with crews for canneries at Quadra, Kasan and Todd. She will carry 240 passengers.—Vancouver Province.

CONSTIPATION IS A HEALTH THIEF

Drive It from Your System with Kellogg's ALL-BRAN

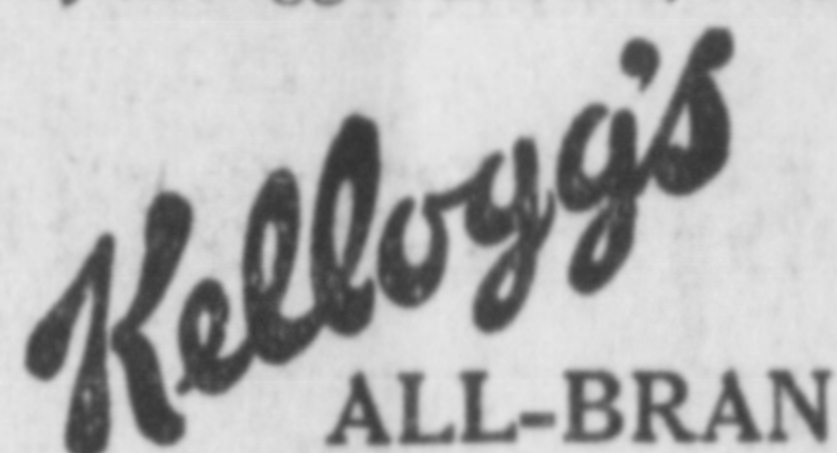
Constipation steals the best out of your life. Robs you of strength, vitality, health itself! And many people do not realize that perpetual fatigue, coated tongues, bad breath, are often signs that constipation is in their system.

You must move poisonous wastes out of your system and keep them moving. But there's a right way and a wrong way. Pills, drugs and ordinary cathartics give but temporary relief—and their dose must be constantly increased to be effective.

The great natural cleanser is Kellogg's ALL-BRAN. A tasty cereal, which brings you iron for blood building—and, above all, corrects constipation. The abundant roughage in ALL-BRAN gently and naturally sweeps out poisonous wastes and impurities.

Physicians recommend ALL-BRAN. It's guaranteed. Two table-spoonsful daily. Recurring cases—with every meal. Remember that Kellogg's is the original ALL-BRAN—the product that millions have proved effective.

You'll like the nut-like flavor of ALL-BRAN. Eat it in many ways. Delicious with milk or cream—fruits or honey added. Make muffins with it. At all grocers. Served in hotels, restaurants, dining-cars. Made by Kellogg in London, Ontario.



FUR BEARERS NOW WANTED

Queen Charlotte Islanders Would Appreciate Beaver, Mink and Muskrat

SKIDEGATE, April 4:—Residents of the Queen Charlotte Islands are pleased indeed at the action of the Game Board in placing elk on the islands but would also appreciate it deeply if beaver, mink and muskrat were similarly liberated here.

On account of the fast depletion of the salmon, it is felt by many that islanders before long may have to turn from fishing to trapping as a means of livelihood. If fur bearers were placed on the islands, it would not be long before there would be sufficient numbers to permit of trapping. There is no place more adapted for such animals than the islands, it is said.

Not so very long ago, the Game Board placed a few deer on the islands. Now there are said to be hundreds if not thousands of them thriving here. Mongolian pheasants, which were placed here by private interests, are now virtually a pest. Rabbits, however, for some unknown reason, do not seem to thrive on the islands.

WEDDED HERE LAST EVENING

Miss Anne Kudelka R.N. Becomes Bride of G. H. Smith at Nurses' Home Ceremony

In a pretty setting before a large gathering of well wishing friends, the marriage took place last night at 8 o'clock in the Nurses' Home of the Prince Rupert General Hospital of Miss Anne Kudelka R.N., daughter of Mr. and Mrs. John Henry Kudelka of Rumsey, Alta., and George Herbert Smith, son of the late John Charles Smith and Mrs. Smith of Edmonton. The ceremony was performed by Very Rev. James B. Gibson, dean of St. Andrew's Cathedral.

The spacious sitting room of the Nurses' Home had been tastefully decorated for the occasion by members of the nursing staff with daffodils and other spring foliage and the wedding took place under a beautiful floral arch with large white wedding bell. The bride, who was given in marriage by H. W. Birch, managing secretary of the Prince Rupert General Hospital, presented a charming appearance in her costume of white taffeta with flowing veil and orange blossoms, her bouquet being of pink roses and white carnations. The bridesmaid was Miss Winnie Dibb who appeared daintily in a gown of pink flowered French Ninon chiffon with hat to match, carrying a bouquet of pink tulips and carnations. Sydney J. Hunter acted as groomsmen.

As the bride entered the room, the Wedding March was played by Al Small. During the signing of the registrar, John E. Davey sang "O Promise Me," accompanied by Miss Phyllis Mooney.

The groom's gift to the bride was a handsome leather aeropack; to the bridesmaid, a necklace, and to the best man, a fountain pen.

After the ceremony, a reception was held with Miss Jean Harrison R.N., lady superintendent of the hospital, assisting the bride in receiving her friends who offered their hearty congratulations and best wishes. Delicious refreshments were served and the toast to the bride was proposed by Dean Gibson and responded to by the groom. Dr. W. T. Kergin proposed a toast to the bridesmaid, the groomsmen responding. Dancing was enjoyed with music by Al Small.

Later in the evening, the happy couple embarked aboard the steamer Prince George for Vancouver, Seattle and elsewhere in the south where a month's honeymoon will be spent. Practically all the guests at the wedding assembled at the wharf as the steamer pulled out to give the couple an enthusiastic send-off.

Both Mr. and Mrs. Smith are well known and popular amid a wide circle of friends here. A graduate of a prairie training school, the bride has nursed for two or three years in the local hospital where she has become highly esteemed both by staff and patients. The groom is in the service of the Union Oil Co. and has also been here for two or three years. On returning from their honeymoon tour, they will take up residence in Prince Rupert.

Commissioners Atlin District

Number of Persons Named at Anyox and Elsewhere Under Provincial Elections Act

The B. C. Gazette announces the appointment of election commissioners as follows in Atlin district: A. C. Pover, Big Missouri mine; E. Yard, C. Kane, J. Brayfield, F. Hill, Eva Fricker, R. Blundell, Flora Lang, A. Stewart, F. Graham, James Dunn, W. Selwood, Bernard Buck, George Fowler and C. O. Fricker, Anyox; and N. Sutlovich, Alice Arm.

Father Cocola, principal of the Roman Catholic native industrial school at Lejac, is a visitor in the city, having arrived from the interior on yesterday afternoon's train.

Spring Eruptions
and all irritated blemished skin is quickly soothed and healed by
ZAM-BUK
50c. box. All Drugists.

Capitol Entertainment
CANADA'S FINEST
THURSDAY, FRIDAY AND SATURDAY
TWO SHOWS
7 and 9 p. m.

Moran and Mack
The Two Black Crows
In "WHY BRING THAT UP?"
All Talking, Singing and Dancing

Talking Comedy—"For Love or Money"
Novelty—"The Spellbinder" And a "Scenic"
Admission, 20c and 65c; Sat. Matinee, 2:30. Admission, 15c and 40c

What doctors say~

BEER
in moderation

FOR generations doctors have paid tribute to the sustaining, invigorating and health giving qualities of beer—when taken in moderation. There is no finer beverage than good beer for workers in every field of endeavor, whether mental or physical.

The undermentioned beers are guaranteed to be absolutely pure. To safeguard the public they are constantly tested by Analytical Chemists employed by the B.C. Liquor Control Board.

PHOENIX EXPORT
BLUE RIBBON LAGER
PILSENER LAGER

For Sale in all Government Liquor Stores and Beer Parlours

P.B.I.R.

Twenty Years Ago
In Prince Rupert

April 4, 1910
In imposing \$100 fines on three keepers of gaming houses, Magistrate McMullin warned them that, if they came before him again, he would impose jail terms of a year.

Contracts for water and sewer extension work here have been let at 55c per yard for dirt and \$3 for rock.

W. J. Blake Wilson, western manager of P. Burns Co. Ltd., is here to select a site for a 50 by 100-foot three-storey refrigerator plant which the company contemplates building here at once.

Arthur Collison, local manager for the Union Oil Co., returned to the city on yesterday afternoon's train from a brief business trip to the interior.

Week-End Specials

- Sunnybrook Creamery Butter—3-lb. brick \$1.20
- Burford Peas—No. 5 25c
- 2 tins 50c
- Faultless Corn—2's 50c
- 3 tins 70c
- Nabob Fancy Sliced Peaches—2's, 3 tins 70c
- Dutch Maid Sandwich Spread—Per jar 25c
- Holland Herrings—Milkers, per keg \$1.35
- Faultless Sockeye Salmon—1-lb. tin 40c
- Nabob Strawberries or Raspberries—8-oz. tin 15c
- Nabob Apricots or Peaches 8-oz., 2 tins 25c
- Otter Stiffing Broom—Each 40c
- Dry Prunes—60-70 2 lbs. 25c
- 5-lb. tin 85c
- Beekist Honey—Thompson Seedless Raisins 4 lbs. 45c
- Fresh Extra Large Eggs 3 doz. \$1.25
- Map of Italy Olive Oil—quart tin \$1.10
- Fry's Cocoa—1/2-lb. tin 25c
- Fels Naptha Soap—per pkg. 80c

Economy Specials

OPPORTUNITY KNOCKS! TAKE ADVANTAGE OF THESE PRICES WHILE THEY LAST.

- Flour—Five Roses or Purity, 49's, per sack \$2.45
- White Sugar—10 lbs. 63c
- Shredded Wheat—2 pkgs. 25c
- Sunnybrook Butter—3-lb. brick \$1.20
- H. P. Sauce—per bottle 29c
- St. Lawrence Marmalade—16-oz. jars, each 25c
- Fresh Eggs—per dozen 30c
- Fresh Ayrshire Bacon—per lb. 35c
- Sunlight Soap—per pkg. 20c
- Rinso—per pkg. 10c
- Old Dutch Cleanser—per tin 10c
- Ivory Soap Flakes—Similar to Lux, per pkg. 9c

The Economy Cash & Carry
"Where Dollars Have More Cents"
Phone 369 319 Third Ave.

"BLACK & WHITE" SCOTCH WHISKY

DISTILLED, BLENDED AND BOTTLED IN SCOTLAND

"ALWAYS RIGHT"

JAMES BUCHANAN & CO. LTD. GLASGOW & LONDON
Also Proprietors of BUCHANAN'S LIQUEUR

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

A B C D E

Don't Worry About Vitamins

Of course, you need vitamins—and you can get them all in this breakfast: A glass of orange juice for Vitamin C—then a bowl of Shredded Wheat with whole milk for Vitamins A, B, D and E. A delicious breakfast, easily and quickly prepared and costs but a few cents. If you like a hot dish, pour hot milk over the biscuits.

SHREDDED WHEAT

WITH ALL THE BRAN OF THE WHOLE WHEAT

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.

Daily News Want Ads. bring quick Results
If you lose anything, try a classified ad.

See the beautiful new Ford bodies
at our showrooms
Now on display

"The Canadian Car."
S. E. PARKER LTD.
PRINCE RUPERT, B.C.

COAL! COAL!

PEMBINA EGG—Delivered, per ton \$12.00
ALBERTA EGG—Delivered, per ton 12.50
ALBERTA LUMP—Delivered, per ton 13.50
Special Prices On Your Winter Supply

WOOD

JUST ARRIVED, NEW SHIPMENT OF BIRCH AND JACK PINE MILL ENDS—Per load \$4.50
BOX CUTTINGS—Per load 3.50

HYDE TRANSFER—PHONE 580
PHONE 580

Alberta Market
P. GAMULA, Proprietor
Fifth Street. Phone 208