



Don't lie awake tonight—
sleep!

WHAT a depressing state is sleeplessness! Minutes seem hours—hours seem endless. Back of it usually are nerves—strained, raw and fagged out. Nerves that are starved for nourishment to replace exhaustion caused by over-work, worry, or social effort.

If you are bothered with sleeplessness, feed your nerves with Ovaltine. You will find that they will calm down, digestive unrest will stop and you will sleep soundly and naturally.

Ovaltine at bed-time is the world's best night-cap. Millions of people have found this to be true. The natural nourishment in Ovaltine restores mental and physical poise almost immediately.

Ovaltine is prepared scientifically from ripe barley malt, fresh eggs and creamy milk, Nature's finest tonic foods. It contains all the essential vitamins and other food elements in correct proportions. It not only soothes and feeds the nerves but completely rebuilds your exhausted body cells and tissues while you sleep. You wake up wonderfully refreshed.

Try the world's best "night-cap" tonight.

Sold at all good stores, in 50c, 75c, \$1.25 and special \$4.50 family size tins; also served at soda fountains.

OVALTINE RUSKS

are excellent for teeth and gums and also are a delightful light food. They are made from finest Canadian wheat flour to which Ovaltine is added, making them more easily digested and much more nourishing than the average rusk or biscuit. Delicious when served with cheese.

OVALTINE

TONIC FOOD BEVERAGE
Ensures Sound, Natural Sleep

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OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern Makers, Founders, Woodworkers, Etc.

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Our Plant is Equipped to Handle All Kinds of MARINE AND COMMERCIAL WORK
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WE ARE OFFERING: DISCOUNT ON COAL

For Cash at the Rate of 50c Per Ton
Alberta Lump, \$13.50, for cash, \$13.00
Alberta Egg, \$12.50, for cash, \$12.00
Pembina Egg, \$12.50, for cash, \$12.00
HYDE TRANSFER—PHONE 580
PHONE 580

UNIVERSITY PARTY HERE

Steamer Admiral Rogers Calls at Prince Rupert With College Party on Board

Under special charter for an Alaskan cruise to a University of Oregon party of faculty members and students, the group numbering 120 persons in all, the Admiral Line steamer Admiral Rogers, Capt. C. C. Graham, called here from 8:30 to 10 o'clock Sunday morning. It was a very rainy day yet most of the excursionists came ashore to walk around the town in which they evinced considerable interest. Prince Rupert was one of three Canadian points at which the Admiral Rogers called in the course of the cruise.

Leaving Seattle on August 13, the schedule of the Admiral Rogers called for stops at Victoria, Union Bay, Ketchikan, George Inlet, Wrangell, Petersburg, Juneau, Douglas, Taku Glacier, Haines, Chilkoot Barracks, Kake, Skagway, Sitka, Hood Bay, Metlakatla and Prince Rupert. The call here was made southbound and the vessel left this port direct for Seattle.

Included in the party were W. G. Beattie of Eugene, Ore., president of the University of Oregon. There were other members of the faculty of the University on board. Otherwise, the party consisted largely of young ladies.

Aged Man Laid To Rest Sunday

Funeral of Late Johan Christian Martinson Held Yesterday Afternoon

The funeral of the late Johan Christian Martinson, father of Mrs. M. Holkestad, took place yesterday afternoon, a service in the chapel of the B. C. Undertakers being followed by interment in Fairview Cemetery. Rev. John H. Hanson, pastor of St. Paul's Lutheran Church, officiated and Peter Lien presided at the organ. In addition to Norwegian hymns, there was a men's sextette.

Palbearers were B. M. Simpson, P. Wikdahl, J. Johnson, J. Peterson, N. Luth and I. Fenness.

There were floral offerings from a number of friends.

Mrs. N. Beveridge, who has been on a six-weeks' vacation trip to Vancouver Island, returned to the city from the south on the Catala last evening.

HOTEL ARRIVALS

Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms
A. J. PRUDHOMME, Prop.
Cor. of Fraser and Fifth Sts.

SAVOY

C. Geddes and niece, H. Deering and Knutsen, city; R. E. Lawrence. Anchorage; P. Peippo and J. Peippo, Sointula; John Graham and Alex. Munro, Sunnyside; R. A. Brentzen; Mr. and Mrs. E. F. Dudoard and M. Watson, Port Simpson; W. Harrison, Port Essington; Miss E. E. Beagley, Smithers.

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Hot & Cold Water, Steam Heat
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Knox Hotel

Are Our MEALS Good?
Our Guests Say They Are.

Miss D. Hogan

Teacher of Piano
Thompson & William Method
Phone Blue 329

Twenty Years Ago

In Prince Rupert

August 24, 1911
Local delegates returned to the city yesterday from Nanaimo where they attended the Comox-Atlin Liberal nominating convention. Duncan Ross was the choice for candidate, his nomination being moved by G. R. Naden of Prince Rupert.

Sergeant A. J. Phillipson is anxious that an analysis should be made of a supposed soft drink manufactured in the city which he suspects is intoxicating.

A special committee of the Kaen Island Club is negotiating to bring to Prince Rupert a 15-round bout between Joe Bayley of Victoria and Oscar Nelson of Vancouver for the British Columbia lightweight boxing title.

PETE OPENS CASH-CARRY

New Grocery to Be in De Luxe Building Beneath Eagles Hall, Third Avenue

A new cash and carry grocery is opening on September 1 in the De Luxe Hall. The proprietor is a well known groceryman of the city, Pete DeJong, late employee of the Economy Cash & Carry store.

Mr. DeJong, who is also one of the proprietors of the Dominion Dairy, was for three and a half years an employee of the Rupert Table Supply. He has a number of friends in Prince Rupert and doubtless will do a good business.

The building in which the store is to be opened is of concrete with a large basement. It was built for use as an ice cream and confectionery store and is owned by James Killas. Later it was occupied as a tent and awning store but for several months has been unused.

Mind Is Subject Of Lesson-Sermon In Science Church

The subject of the lesson-sermon in all Christian Science churches and societies on Sunday was 'Mind.' Among the Bible texts included in the lesson-sermon was the following from Proverbs 2:6: "For the Lord giveth wisdom; out of his mouth cometh knowledge and understanding."

The lesson-sermon also included the reading of citations from the Christian Science textbook, "Science and Health with Key to the Scriptures," by Mary Baker Eddy, one passage being as follows: "In the material world, thought has brought to light with great rapidity many useful wonders. With like activity have thought's swift pinions been rising towards the realm of the real, to the spiritual cause of those lower things which give impulse to inquiry. Belief in a material basis, from which may be deduced all rationality, is slowly yielding to the idea of a metaphysical basis, looking away from matter to mind as the cause of every effect."

Seek Oldest U. S. Mother

Aid of Amateur Radio Operators Sought

WASHINGTON, D.C., Aug. 22.—Enlisting the aid of amateur radio operators, the District of Columbia George Washington bicentennial commission have begun its search for the oldest American mother. Messages have been sent to approximately 600 amateur operators in the United States and its possessions, seeking the oldest mother, to be honored next Mother's Day during the bicentennial observance. They were asked to forward information and photographs to the commission.

PREACHER ON OCEAN

Rev. T. H. Wright Conducted Divine Service and Presided Over Concert

On Sunday, August 2, Rev. T. H. Wright, formerly United Church pastor at Hazelton, was invited to conduct service aboard the steamer Athenia on which vessel he was then crossing the Atlantic Ocean to the Old Country. The promenade deck aft was filled for the occasion with a large audience of various nationalities including Scotch, Irish, Canadian, etc. The congregational singing was delightful, the service of praise being led by an orchestra. It was a beautiful Sunday afternoon with brilliant sun shining on the placid waters of the ocean near the Straits of Belle Isle. Mr. Wright received grateful praise for a timely and inspiring message which he delivered. He spoke from the words: "Steady until the going down of the sun." The crowd was so large that extra chairs had to be found to accommodate all.

On the Thursday following Mr. Wright presided over a popular concert aboard the Athenia held for the benefit of sailors' widows and orphans. At the close of the concert, the program of which included a wide variety of vocal and instrumental entertainment, the audience sang "For He's a Jolly Good Fellow" in recognition of Mr. Wright's services as chairman.

On board the ship were a number of deportees returning to England, Scotland and Ireland after failing to pass the tests of Canadian immigration regulations.

The Athenia reached Belfast on August 8 and Liverpool the following day.

Before embarking on the Athenia for the Old Country, Mr. Wright spent five interesting days in Montreal where he conducted two baptisms, visited Macdonald College and interviewed Sir Arthur Currie.

BANG!

Down Go the Prices

- White Flour—Snowdrop \$1.25 per 49-lb. sack
- Soda Biscuits—1 size 45c per box
- Royal City Peaches—2½'s 30c per tin
- Robin Hood Oats—China-ware, per pkg. 28c
- Malkin's Best Coffee—45c per lb.
- Malkin's Best Baking Powder, 2½'s 75c
- Malkin's Best Jams & Jellies per 12-oz. jar 23c
- Gayner's Cottage Rolls—25c per lb.

Extra Special

- LUX—5 pkgs.
- 1 BREAD KNIFE—Made of high grade steel 75c all for

Fresh Fruits & Vegetables

- Golden Bantam Corn—40c per doz.
- Celery—Nice and crisp 10c per head
- Lettuce—Large heads 6c per head
- Cucumbers—Large 25c 4 for

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SNAP FOR CASH
Apply Auditorium, 215 6th Av.

Monday and Tuesday
TWO SHOWS — 7 & 9 P.M.
Admission — 20c & 65c
Feature Starts at 7:45 & 9:45
SATURDAY MATINEE at 2:30
Feature Starts 3:10—15c & 40c



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'Sweepstakes'

With James Gleason, Marion Nixon, Lew Cody. All the action, all the excitement, all the romance of the English Derby, crammed into one crowded hour of entertainment that will bring you to your feet to cheer.

Comedy, "THE GHOST PARADE" with Andy Clyde Novelty, "ROSELAND"

Cartoon, "MOTHER GOOSE MELODIES"

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