

Don't lie awake tonight-

11/1HAT a depressing state is sleeplessness! Minutes seem hours-hours seem endless. Back of it usually are nervesstrained, raw and fagged out. Nerves that are starved for nourishment to replace exhaustion caused by over-work, worry, or social effort.

If you are bothered with sleeplessness, feed your nerves with Ovaltine. You will find that they will calm down, digestive unrest will stop and you will sleep soundly and naturally.

Ovaltine at bed-time is the world's best night-cap. Millions of people have found this to be true. The natural nourishment in Ovaltine restores mental and physical poise almost immediately.

Ovaltine is prepared scientifically from ripe barley malt, fresh eggs and creamy milk, Nature's finest tonic foods. It contains all the essential vitamins and other food

elements in correct proportions. It not only soothes and feeds the nerves but completely rebuilds your exhausted body cells and tissues while you sleep. You wake up wonderfully refreshed.

Try the world's best "nightcap" tonight.

Sold at all good stores, in 50c, 75c, \$1.25 and special \$4.50 family size tins; also served at soda fountains.

284

OVALTINE

RUSKS

are excellent for teeth

and gums and also are

a delightful light food.

They are made from

finest Canadian

wheaten flour to which

Ovaltine is added,

making them more

easily digested and

much more nourishing

than the average rusk

or biscuit. Delicious

when served with

cheese.

TONIC FOOD BEVERAGE Ensures Sound, Natural Sleep

A. Wander Limited - 455 King Street West - Toronto, Ont.

They were living in a Fool's Paradise

TACK was earning \$75 a week. They had a I fine apartment, lots of friends. Life was one continuous party. Then Jack took sick. First an appendix; then, as he was getting over that, "flu" set in and pneumonia developed. Jack was laid up for 15 weeks. Of course, he hadn't a penny saved, so his friends and his wife's parents had to come to their financial assistance.

But that wasn't all. If Jack had died he would have had to be buried at somebody else's expense. Why? Because he and his wife were both living for today and spen every penny that he earned.

His illness taught him a lesson. He now owns \$20,000 of Confederation Life Insurance. It only costs him \$12.50 a week-but it insures a life competence to Mary.

> If you are married and are earning \$75 a week, or more, you should own at least \$20,000 of life insurance. If you are not carrying this amount, let us assist you to get it. As a preliminary, write for our pamphlet entitled "If You Were Totally Disabled." Address:

Confederation Life Association

Head Office : TORONTO

Daily News Want Ads. bring quick Results



Men's Doubles in City Badminton Are on Tonight

Badminton Club's city championship will be played off tonight.

Following is a list of players: S. Darton, R. Bartlett, P. Petersen W. Howarth, R. Franks, T. Bussanich, R. Allen, W. Tobey, W. Cross, W. Bryant, T. Gibson, F. Derry, H. Bunn, Z. Murdoch, I. Motte, J. Murray, R. Moxley, J. Norrington, J. Comadina, A. Stiles, F. Russell, W. Lambie, S. Ward, P. Edgecumbe, D. H. Hartness, H. Heilbroner, M. Blott, J. Farquhar, J. H. Teng, L. McFie, J. McFie, R. Tobey.

Some very good games are expec-

Only One Golf Game is Played

General Office I Beats General Office II in C. N. R. League

General Office I scored 311 strokes for the course against 394 strokes for General Office II in the only game played last night of the weekly Canadian National Miniature Golf League tournament Games of Station vs. Dry Dock and Machine Shop I vs. Machine Shop VANCOUVER winding up the first half of the season's schedule

GOLF

March 2

Grotto vs. Acme. Great West vs 5 Taxi. Flying Corps vs. Dry Dock Gen. Office vs. Bankers.

March 9

Grotto vs. 75 Taxi. Great West 78. Flying Corps. Gen. Office vs. Dry Dock. Bankers vs. Acme.

March 16

Grotto vs. Bankers. Great West vs. Dry Dock. Gen. Office vs. Acme. Flying Corps vs. 75 Taxi.

March 23 Grotto vs. Dry Dock. Great West vs. Acme. Flying Corps vs. Bankers. Gen. Office vs. 75 Taxi.

March 30

Grotto vs. Acme. Great West vs. 75 Taxi. Flying Corps vs. Dry Dock. Gen. Office vs. Bankers.

April 6 s. Flying Corps. Gen. Office vs. Oliver, says the Vancouver Sun.

Dry Dock. Bankers vs. Acme.

April 13 Grotto vs. Great West. Flying Corps vs. Gen. Office. Bankers vs. Dry Dock. Acme vs. 75 Taxi.

April 20

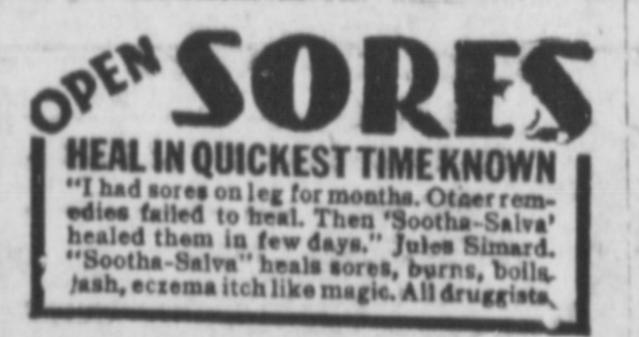
Grotto vs. Flying Corps. Great West vs. Gen. Offic. Bankers vs 75 Taxi. Dry Dock vs. Acme.

April 27

Grotto vs. Gen. Office. Great West vs. Bankers, Flying Corps vs. Acme. Dry Dock vs. 75 Taxi. Each game won gives the win

ning team 2 points. Tie games (if any) 1- point.

A gas mask has been developed which permits the wearer to converse with 80 per cent. efficiency.



S. E. Parker Ltd.

Ford Dealers

Cars - Trucks - Tractors Tires — Accessories — Gas &

Oil - Flat Rate Repairs -

Phone 83

Wrecking Service Third Ave. East

THE PRINTERS' NIGHTMARE



The Typos still occupy the cellar in the Merchants' Golf League. Tonight they meet Bulgers' aggregation - what ho!

B.C. Championship Hockey Finals

to two in overtime. It was the first pounds. of a three-game series. The second game will be played tomorrow Billiards Postponed;

ticle in Vancouver Paper

a means of hastening development activities of the league. of that great fertile farming region of British Columbia adjacent to Grotto vs. 75 Taxi. Great West Fort St. John in the Peace River s. Flying Corps. Gen. Office vs. Block, is advocated by Hon. Frank

Hon. Mr. Oliver, who is a former Railway Commissioner and who visited this region last August, emphasizes that here is the last great prairie empire of Canada, virtually inaccessible owing to delay in extension of railway facilities.

Already there is considerable settlement, he shows, but indicates S.E. wind, bar. 29; temp. 47. clearly that progress cannot be made until-adequate transportation facilities are provided.

In order that the business of the territory should be directed to its coast outlet, he favors construction of a motor highway from Hansard east of Prince George through the Monkman Pass.

February 26-Scal Cove vs. Canadian Legion Leif Erikson vs. Grotto. I.O.O.F. vs. Moose. Six Musketeers vs. Wanderers.

Dry Dock vs. Grotto Ramblers.

March 5-Seal Cove vs. I.O.O.F.

Wanderers vs. Dry Dock. Six Musketeers vs. Grotto Ramb. Can. Legion vs. Leif Erikson. Grotto vs. Moose.

March 12-Dry Dock vs. I.O.O.F. Six Musketeers vs. Lief Erikson. Moose vs. Canadian Legion. Grotto vs. Wanderers. Grotto Ramb. vs. Seal Cove.

March 19-Canadian Legion vs. Wanderers. Seal Cove vs. Moose. Grotto Ramblers vs. Grotto. Leif Erikson vs. I.O.O.F. Six Musketeers vs. Dry Dock.

Trail Defeated 3 to 2 in First of Outpointed Johnny Risko Last Night Despite Latter's Thirty Pound Advantage

VANCOUVER. Feb. 26-The Van- MIAMI, Fla., Feb. 26:-In a slashcouver amateur hockey club won ing slugfest, Mickey Walker, midthe first game in the finals for the dleweight champion, pounded out a British Columbia championship 10-round decision victory here last here last night by defeating Trail, night over Johnny Risko. Walker the defending titleholders, three spotted his rival nearly thirty

Interest Is Waning

Deferred Billiard League games of George Waugh (Grotto) vs. G. P. Tinker (Canadian Legion) and PEACE NEED James Andrews vs. Charlie Baptie in the fixture from last Tuesday night were further postponed from So Says Hon. Frank Oliver in Ar- last night. There has been a lot of postponement of Billiard League games of late and the effect is to Construction of a motor road as somewhat slacken up interest in the

The Weather

Dead Tree Point-Fresh southeasterly wind, bar. 29.40; temp. 46; heavy swell.

Triple Island-Fresh S.E. wind overcast; moderate swell.

Langara Island-Overcast; light S. E. wind, sea moderate. Digby Island-Part cloudy; light

G. B. S. Host For Charlie Chaplin

Entertained United States Film Comedian at Luncheon

LONDON, Feb. 26: - Charles Spencer Chaplin, United States film comedian, visiting his native city, was entertained by still another British celebrity yesterday when George Bernard Shaw was his host at luncheon.

> and the same of th VANCOUVER WHEAT

VANCOUVER, Feb. 26- Wheat was quoted at 59 3-8c. on the local Exchange today.

SCOTCH WHISKY

BLACK & WHITE

BILLIARD SCHEDULE

Feb. 27—Elks vs. Legion. Mar. 3-Elks vs. Grotto. Mar. 6-Grotto vs. Legion. Mar. 10-Legion vs. Elks. Mar. 13-Elks vs. Grotto. Mar. 17-Grotto vs. Legion. Mar. 20-Elks vs. Legion.

Mar. 24-Elks vs. Grotto.

Mar. 27—Grotto vs. Legion.



BOTTLED AT COGNAC, FRANCE

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

Quick as a Flash it stops the Cough

INTIL you've tried it, you cannot realize how quickly Buckley's Mixture relieves any Cough. The very first dose of this delightful, different remedy stops a spasm of coughing-and there are 40 doses in a 75-cent

bottle! Children like it-and so will you. Just say "Buckley's" to any druggist, and he'll hand you a guaranteed remedy that has, for years, been giving positive relief to sufferers from Coughs, Colds, Bronchitis, Irritated Throats, Whooping Cough or Croup. Try it today.

> W. K. Buckley, Limited 142 Mutual Street, Toronto 2

MIXTURE

Acts like a flash-a single sip proves it



The name "Black & White" on a bottle of whisky is as absolute a guarantee as the hall-mark on silver. It assures that subtle difference in flavour and quality which distinguishes this whisky from all others. It guar antees that only the finest materials have been used and that always everywhere the quality is the same

SCOTCH WHISKY Distilled, Blended, and Bottled in

This advertisement is not published or displayed by the Control Board or by the Government

of British Columbia. THE STORE OF THE