4 Years without

How do you deal with headaches?

Do you just take something to deaden

the pain without getting rid of the

trouble which causes the pain?

Thousands do, despite the medical

profession's warning cry of "DON'T!"

suppress the symptoms of headaches.

They merely numb the nerves and

leave the underlying cause to look

firmer grip. Headaches can generally

be traced to a disordered stomach and

to the unsuspected retention in the

system of stagnating waste material

which poisons the blood. Remove

these poisons-prevent them forming

again-and you'll never have to worry

any more. And that is just how

Kruschen Salts bring swift and lasting

relief from headaches. Kruschen Salts

aid Nature to cleanse your body

completely of all clogging waste

severe headaches almost daily.

started taking the small dose (of

Kruschen) a matter of four years ago,

and I can honestly say I have never

had a headache since."-(Mrs. M. W.)

City Golf League tonight-Sun-

Glasses fitted by registered

optometrist at Heilbroner's store.

Church. Thursday. Adults 50c.

visit to the city, sailed by the ss

Luka Bylich, who has been em-

ployed by the Granby Co. at An-

yox, left on this morning's train

home in Jugo-Slavia where he will

attractive aerial view of the village

ANNOUNCEMENTS

Moose Whist Drive and Dance

Girl Guide Tea, Miss Perry, 2nd

St. Patrick's Concert, Catholic

Presbyterian Shamrock Tea, on

Catholic women's League Spring

Presbyterian Easter Sale April 16

SANTIAGO, Chili, Feb. 23:-The

did not do a very good piece of

salesmanship on behalf of their

country, it is felt, when they flew to

Santiago in an American plane. The

royal visitors were given a great re-

ception here and were tendered a

ball which all the social elect at-

IN SANTIAGO

March 17, in Church Hall.

Eagles' Smoker March 6.

Dance March 12.

Hall, March 17.

Sale April 8.

ken Gardens.

a trip to the interior.

return to Port Clements.

pay a visit.

pert via Calgary.

"For many years I suffered from

after itself. And it only obtains

Such makeshift methods simply



LAVENDER FACE LOTION

- and -

LAVENDER TALCUM

85-cent Value

Both for 50 cents

Ormes Lid.

The Pioneer Druggists

THREE GRADUATE PHARMICISTS

CANADIAN NATIONAL STEAMSHIPS

Prince Rupert

OPERATING G. T.-P. 20,000-TON-FLOATING DRYDOCK

Engineers, Machinists, Boilermakers, Blacksmiths, Pattern

Makers, Founders, Woodworkers, Etc.

ELECTRIC AND ACETYLENE WELDING

Our Plant Is Equipped to Handle All Kinds of

MARINE AND COMMERCIAL WORK

PHONES 43 AND 385

THE CONSOLIDATED MINING & SMELTING

COMPANY OF CANADA, LIMITED

TRAIL-BRITISH COLUMBIA

UNION STEAMSHIPS LIMITED

Tickets on sale from Nov. 15, 1930 to Feb. 28, 1931 (with fina! return

T.S.S. CARDENA EVERY FRIDAY MIDNIGHT

Weekly sailings to Port Simpson, Alice Arm. Anyox, Stewart and Naas

River points. Sunday, 8:00 p.m.

Steamers leave Prince Rupert f or Vancouver:-

SPECIAL WINTER EXCURSION FARES

limit March 31, 1931)

Arriving Vancouver Sunday midnight approx.

Further information regarding all sailings and tickets at — PRINCE RUPERT AGENCY: See ond Avenue, Phone 568

Manufacturers of

ELEPHANT

CHEMICAL FERTILIZERS

Producers & Refiners of

ELECTROLYTIC

PRINCE RUPERT TO VANCOUVER

T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.

SHIPYARD

AMMONIUM PHOSPHATE

SULPHATE OF AMMONIA

LEAD-ZINC

CADMIUM-BISMUTH

\$40.00 RETURN

TRIPLE SUPERPHOSPHATE

DRYDOCK

Eczema On Hands Couldn't Put Them In Water

Mrs. Soloman Rehkopf, R.R. No. 1, Neustadt, Ont., writes: - "I was troubled with eczema for four years, and it was so bad I could not put my hands in water. I found Burdock Blood Bitters the only medicine that would give me any relief, and after taking four bottles the eczema had all left me. I can now do my own washing, and wish to give thanks to B.B.B. for what it has done for me."

sold by all drug and general stores; manufactured, for the past 51 years, only by The T. Milburn Co., Ltd., Toronto, Ont.

Phones 81 & 82

who has been on a business trip to Smithers, returned to the city on yesterday afternoon's train.

George McAfee, manager of the C. Lumber Co., who has been spending some time at Banff for the benefit of his health, returned to the city on the Cardena last ev-

Mrs. Sutherland of the Elite Beauty Parlor is leaving Feb. 26 for Seattle to participate in all advance ideas of beauty culture at the Carson Beauty College. The Elite will be closed until about

J. B. Woodsworth, well known; Vancouver mining man, who has been paying a visit of inspection to the Surf Point mine on Porcher Island, sailed last night on the

Having been delayed through going up the Skeena to Haysport cannery to load 2300 cases of canned salmon. Union steamer Cardena. Capt. Andrew Johnstone, arrived in port at 6 o'clock !ast evening from the south and sailed at p.m. for Anyox. Stewart and other northern points whence she

A. L. Carruthers. bridge inspecalso to be seen. tor for the provincial public works department, who has been on a trip to the Beila Coola vallev on + + + + + - - official business, arrived in the city on the Cardena last evening from down the coast to inspect the progress of construction of the Skeena River Highway bridge at Galloway Rapids here. Mr. Car- series Monday, February 23. ruthers was formerly district engi-

The following appears in the Twenty Years Ago column of the "Melvina's Courtship," at United Vancouver Province a few days Church February 26, 27. ago: "It was stated at the Vancouver offices of the Local Option League that the interest in the Feb. 27. cause of temperance throughout British Columbia is growing not withstanding the adverse votes re- Ave. March 5. corded last year at Prince Rupert and Chilliwack on the local option question.

B. C. COAST STEAMSHIP SERVICE SAILINGS FROM PRINCE RUPERT To Ketchikan, Wrangell, Juneau, and Skagway. February 7 and 21. STEAMSHIPS To Vancouver, Victoria. Seattle-

February 11 and 25. Princess Mary-Ocean Falls, etc. Vancouver and Victoria, every Friday, 10 p.m.

Agents For Ail Steamship Lines W. C. Orchard, Gen. Agent. 3rdAv., Prince Rupert, Phone 31.

TOUROUS TO PARTY TO THE PARTY OF THE PARTY O



B.C. COAST

SKEENA BRAND Creamery Butter & Cottage Cheese

FRESH PASTEURIZED MILK AND CREAM DAILY Early Delivery Throughout the City

## Phone 566 Rupert Motors

Garage and Service Station

DODGE and BANTAM AUSTIN Distributors

FENDER AND BODY WORK A SPECIALTY

## Local Items

Dinnerware, china, crockery, glassware, Heilbroner's Store.

Olof Hanson, M.P. for Skeena,

The fire department had a call at 12.45 noon on Saturday to the ome of Mrs. Childs, 767 Taylor Street, where there was a chimne, fire which did slight damage.

March 18.

Cardena for Anyox on business.

Sergeant W. J. Service, chief of Third Ave. & Sixth St. the city detachment of the provincial police, and Mrs. Service. who have been on a ten day trip to Vancouver and Victoria, returned to the city from the south on the Cardena last evening.

> Douglas Lay, resident mining engineer for the northeastern mineral survey district, Hazelton, spoke under the auspices of the British Columbia Chamber of Mines at Vancouver last Friday. He desccribed mining conditions in the central interior.

Capt. John McLeod, well known in Prince Rupert nearly two decades ago as master of the popular old coastal steamer Princess May. is paying a visit to Vancouver and Victoria. The skipper, who is now over 80 years of age, has made his home in the East since his retirement from the sea fifteen years

will return here southbound tonorrow morning.

neer here.

"BUILD B. C. PAYROLLS"

Pacific



Pacific Milk. It makes good cake, sauces, puddings, anything that milk is used for."

This letter is from Mrs. John Edison. New Westminster. It means a great deal to write a letter like this. It Prince of Wales and Prince George means a great deal to receive it.

## PACIFIC MILK

Factory at Abbotsford, B.C. DAME NELLIE MELBA "AUSTRALIAN NIGHTINGALE"

(continued from page 1) became fearful, and set about discouraging her at every turn. Her & hundred and sixty-three tins &

first real concert appearance was + of opium, concealed in various + calculated to damp all ardor and + parts of the ship and valued at +

Determined to give a public entertainment, she hired a theatre and personally went about selling tickets to friends who had heard her sing in the choir. Behind her came the distressed father, begging ticket holders as a family favor to stay away, and all but two of them did. Nevertheless, Melba faced her diminutive audience and sang her program through precisely as though the hall were packed with enthusiasts.

By the time Melba was 27 years old her father had modified his opposition to her stage ambitions and allowed her to place herself under the instruction of Mme. Marchesi

Melba's operatic debut was made in Brussels, as Gilda in Rigoletto. Two years later, in 1888, she made her first appearance at Covent Garden, The famous Augustus Harris was then in charge of Convent Garden and Madame Albani was the reigning star. Melba's first appearance in London was so chilly Will Lambie returned to the city as to deserve to be written down as on yesterday afternoon's train from "a frost." Not without a feeling of resentment she went straightway to Paris where she had a tumul-Hicks, sharks and skinflints in tous reception. There was no lack Melvina's Courtship, First United of heartiness in the reception which the Londoners gave Melba when she came once again. And for nearly forty years England at large gave Mrs. A. R. Mallory, after a brief Prince John Saturday night on her her a like warm welcome.

During the war Melba was mostly in her native country. She raised over £100,000 for war charities Throughout her life, in spite of the distraction of her professional cellebrity, she always manifested the for the East enroute to his native | keenest interest in the welfare of Australia, and did not hesitate at times to express her disagreement with the policy of those who governed Australian affairs.

Mrs. Peters, who has been visit-Melba was created a Dame of the ing her sister, Mrs. Mollard, West Order of the British Empire in 1918 Seventeenth, after having accomin recognition of her efforts for panied her brother to Nelson, is rewar charities, and was accorded the turning to her home in Prince Ru-Frand Cross of the Order in 1927.

Melba followed simple but inflexible rules in preserving her won-Imperial Oil Co.'s tanker Im derful gifts. She rose early, breakperial, Capt. Geddes, arrived in fasted sparingly, and her principal port at 4 o'clock Saturday after- meal was always a light one. She noon from Vancouver via Skide- arrived at the theatre two hours gate and other coast points and before the performance, in order to after discharging package gods allow plenty of time for personal the company's local tanks, sail peparation.

Dame Melba continued throughed last night on her return south. out her life to regard Melbourne as For one of its cover pictures on her home, although she lived at the current issue, the British Co- various times in London, Paris and lumbia Fisherman, which is pub- Brussels. lished in Vancouver, uses a new and

### THEFT CHARGED

of Port Essington on the Skeena Davia McKenzie, charged with River. The mouth of the Ecstall River and Balmoral Cannery are theft of money, appeared before Magistrate McClymont in city po-'ice court this morning and was remanded for eight days.

> DR. HUGH L. DICKEY SPECIALIST Eye, Ear, Nose and Throat At St. Elmo Hotel

Next Royal Purple Bridge-whist Eyes Tested For Glasses Anglican Tea, Mrs. Woodland's Fifth Avenue, February 24.

### HOTEL ARRIVALS

### Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms A. J. PRUDHOMME, Prop.

Cor. of Fraser and Fifth Sts.

Savoy Sam Olson, John F. Murray and O. B. A. Bridge, Whist and James A. Wanhope, Jap Inlet.

## New Royal Hotel

I. Zarelli, Prop THE HOTEL WORTH WHILE Hot & Cold Water; Steam Heat 75c PER DAY AND UP Telephone 281

Royal

Edren Singh, L. Workman and Fader Singh, city; Walter Stirett. Hazelton; S. Brathwaite, Edmonton; Frank Lee and Ted Selnes, Butedale; F. E. Page, Smithers.

Phone 457 Prince Rupert Large Cabaret SPECIAL DINNERS Thursdays and Saturdays DANCING Every Saturday Night, 9 to 12 Dance Hall for Hire Accomodation for Private Parties

### + BIG HAUL OF OPIUM ON PACIFIC STEAMER 4

VANCOUVER, Feb. 23:-One + + \$20,000, were seized Sunday on + + the Empress of Japan by cus- + + toms officers. No arrests were + + made. Search of the ship, + + which has just arrived from \* the Orient, is continuing.

(Courtesy S. D. Johnston Co.)

Bayview, nil, .01.

Big Missouri, .451/2, .471/2. Coast Copper, 8.50, nil. Cork Province, .01, .011/2. Dunwell Dunwell, .02, nil. Duthie Mines, .10, nil. George Copper, .80, 1.00. Georgie River, .03, .031/2. Geo. Enterprise, nil, .03. Grandview. .06. .07. Golconda, .43, .48. Independence, nil, .01. Indian Mines, .01, .02. Kootenay Florence, .013/4, .02. Kootenay King, nil, .011/2. L. & L., nil, .01. Morton Woolsey, .03, nil. Marmot Metals, nil, .01/2. Nat. Silver, .021/2, .023/4. Noble Five, .08, .083/4. Oregon Copper, 051/2, .07. Premier. .70, .74. Porter-Idaho, .71/2, .08. Reeves Macdonald, .38, .42. Rufus-Argenta. .02, nil-Ruth-Hope, .05, nil. Silver Crest, .021/2, nil. Silverado, .02, .04. Snowflake, .03, .031/4. Topley Richfield, .011/2, .02. Whitewater, .05, nil. Woodbine, .011/2, .013/4.

OILS Freehold, 12, .13. Hargal, nil, .10. Consolidated, .20, .25. Merland, .121/2, .15. Calmont .17, .19 Dalhousie, .45, .52. Devenish Pet., .05, .10. Fabyan Pete. .02, .023/8. Home Oil, 1.07, 1.10. United, .25, .26. Royalite, 15.00, 16.00.

Eastern Stocks Sherritt-Gordon, 1.00, nil. Inter Nickel, 19.50, nil. C.P.R., 44.00, 44.50.

Deplores Death of Miss Margaret Beaven, First Woman Lord Mayor

LIVERPOOL, England, February 23-Liverpool today mourned for Miss Margaret Beaven, the first woman to become its Lord Mayor and known as "The Little Mother," because of her interest in child welfare. She died here yesterday after a brief illness.

Although weighing only 125 pounds, the late Miss Beaven was a forceful public speaker

## ALBERTA DEFICIT

Government Had Heavy Losses Both in 1929 and 1930

EDMONTON, Feb. 23:-Heavy estimated deficits both for the fiscal years of 1930 and 1931, reduction of \$5 in auto licensing fees, no fresh taxation of any sort, appointment of a fiscal agency to advise with respect to terms and times of bond flotations were the highlights of the annual budget which was presented to the Legislature at the week-end.

## SOLLOWAY COLU LIFENI

Former Stock Broker Being Jockeyed Across Continent Before Taking Vancouver Trial

VANCOUVER, Feb. 23:-Isaac W. C. Solloway, stock broker, was remanded for eight days on bail of \$35,000 when he appeared in police court today to face charges of conspiracy laid by the attorney-general of British Columbia. He will be taken to Toronto to answer to similar charges after which he will return here for trial with Harvey Mills, his partner in the former brokerage concern of Solloway, Mills Co. Ltd.

VANCOUVER WHEAT VANCOUVER, Feb. 23: - Wheat was quoted at 621/8c on the local exchange today.



"There'll be a fuss in our family if you do! The children love it; my husband insists on it because he says it's the perfect food for health and strength. And I like it too. So don't

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.

forget to send it, please."



# SHREDDED WHEAT

WITH ALL THE BRAN OF THE WHOLE WHEAT