

Dizzy Headaches and Fainting Spells

Mrs. Lloyd Babcock, Hartington, Ont., writes:-"Some time ago I was all run down in health. I had dizzy headaches, and suffered a great deal with fainting spells. I was advised to try Burdock Blood Bitters and after taking two bottles I felt like a

new person. (My husband was troubled with indigestion, after meals, and could get nothing to do him any good until he took B.B.B."

Manufactured, for the past 51 years, only by The T. Milburn Co., Ltd., Toronto, Ont.

LAVENDER FACE LOTION

LAVENDER TALCUM

85-cent Value

Both for 50 cents

Ormes Lid. The Pioneer Druggists

Phones 81 & 82 Third Ave. & Sixth St. THREE CRADUATE PHARMICISTS

CANADIAN NATIONAL STEAMSHIPS

Prince Rupert DRYDOCK

SHIPYARD

OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK Engineers, Machinists, Boilermakers, Blacksmiths, Pattern Makers, Founders, Woodworkers, Etc. ELECTRIC AND ACETYLENE WELDING

Our Plant Is Equipped to Handle All Kinds of MARINE AND COMMERCIAL WORK PHONES 43 AND 385

THE BETTER COAL Analysis

volatile matter, 29.32; ash, 6.76; fixed carbon, 62.87; b.t.u.'s, 13917 Being low in volatile it will not block your pipes. Being low in ash, you are not buying clinkers. Being high in fixed carbon means long lasting quality. Being high in British Thermal Units means more heat value per pound.

Order Now. Your Dealer Can Supply You.

UNION STEAMSHIPS LIMITED

SPECIAL WINTER EXCURSION FARES lickets on sale from Nov. 15, 1930 to Feb. 28, 1931 (with final return Hmrt March 31, 1931) PRINCE RUPERT TO VANCOUVER \$40.00 RETURN

Steamers leave Prince Rupert f or Vancouver:-T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.

Arriving Vancouver, via Ocean Falls, Thursday Noon approx, T.S.S. CARDENA EVERY FRIDAY MIDNIGHT

Arriving Vancouver Sunday midnight approx. Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas

River points. Sunday, 8:00 p.m.

Further information regarding all sailings and tickets at -



To Ketchikan, Wrangell, Juneau, and Skagway. February 7 and 21.

STEAMSHIPS To Vancouver, Victoria, Seattle-February 11 and 25. Princess Mary-Ocean Falls, etc. Vancouver and Vic-

toria, every Friday, 10 p.m. Agents For All Steamship Lines W. C. Orchard, Gen. Agent, 3rdAv., Prince Rupert, Phone 31.

Garage and Service Station

DODGE and BANTAM AUSTIN Distributors FENDER AND BODY WORK

A SPECIALTY

TELEPHONE 657 VALENTEN DAIRY FOR SKEENA BRAND

Creamery Butter & Cottage Cheese

FRESH PASTEURIZED MILK AND CREAM DAILY Early Delivery Throughout the City

Local Items

Glasses fitted by registered optometrist at Heilbroner's store.

This afternoon's train, due from the east at 3:30, was reported this morning to be on time.

K. C. Frizzell arrived in the city on the Prince John this morning from Massett and will sail tonight the Prince George for Vancouer enroute east.

Provincial Constable Robert Gibthe Prince George for Anyox. He will return to the city this evening with a prisoner in his custody.

Mr. and Mrs. Fred Shaw will sail on the Prince George tonight for Vancouver. They have been here for several months, Mr. Shaw having had the contract for plastering of the new government liquor vendor's store here.

C. T. Mann, of Tacoma, writer for a number of American magazines and newspapers including the Christian Monitor, arrived in the city yesterday on the Prince George from the south and will sail tonight by the same vessel on his return south.

In the last Vancouver Province appears a picture of Jack Edwards ormerly of this city and now Vanouver, manager of the Mutua! Life Assurance Co., who recently returned to Vancouver after attending a convention of company Capt. and Mrs. J. B. Gillatt of A new spectacle has been proagents in Winnipeg.

Graham Island with a view to re- toria. covering their gold content, returned to Massett aboard the ss. C. N. R. steamer Prince John, have been ordered in the last few Prince John on its present trip af- Capt. Neil McLean, making her ter having spent a few weeks in fortnightly voyage, arrived in port from all over the world. The Nu-Vancouver.

ANNOUNCEMENTS

whist drive and dance, Feb. 19.

Admission 50c.

Next Royal Purple Bridge-whist ries Monday, February 23.

Fifth Avenue, February 24.

"Melvina's Courtship," at Unite Church February 26, 27.

Moose Whist Drive and Dance Feb. 27.

Eagles' Smoker March 6.

L. O. B. A. Bridge, Whist and Dance March 12.

Hall, March 17.

Catholic women's League Spring Sale April 8.

Presbyterian Easter Sale April 16



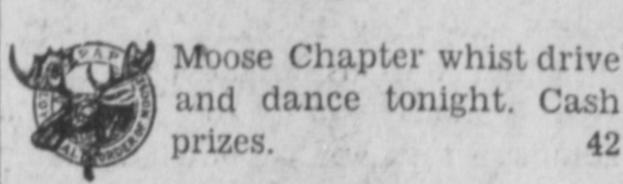
Tickets on sale up to Feb. 28th, 1931. Return Limit March 31st. For information call or write R. F. McNAUGHTON, D.P.A.

Prince Rupert. B.C.

Canadian

dosing-Just rub on

Merchant's Golf League tonight Sunken Gardens.



has been on the Queen Charlotte Islands for the past two weeks on official duties, returned to the city on the Prince John this morn-

The fire department had a call at 3.30 yesterday afternoon to the home of W. A. Bell. Seventh Avenue and Fulton Street, where there was a chimney fire which did no damage.

resident of Massett, who has been on a trip to Winnipeg, returned to the Queen Charlotte Islands by way of Vancouver on the present trip of the Prince John.

Sandspit arrived in the city on the duced which is guaranteed against Prince John this morning from the breaking or tarnishing and is a D. R. Willemar, well known as- Queen Charlotte Islands and will great improvement over other sayer, who is connected with the sail tonight on the Prince George makes. They enable almost anyone development of the black sands of for a trip to Vancouver and Vic- to read the very smallest print.

> at 9 o'clock this morning from Way Optical Co., Suite T-304, 291 Vancouver via the Queen Charlotte Islands and will remain here unil 10 o'clock Saturday night when she will return south over the same route.

Mrs. C. W. Breukelman, who has Women of Mooseheart Legion been visiting here for the past few weeks with her parents, Bishop and Mrs. G. A. Rix, will sail Royal Purple bridge and whist, tomorrow night on the Princess Friday, February 20, Elks' Home. Mary for Vancouver where, on February 28, she will embark with her husband on the Empress of Japan for Hong Kong enroute to Java where they are to take up residence. Mr. Breukelman is in the Anglican Tea, Mrs. Woodland's service of one of the large oil companies and will be stationed in Java for a few years.

BUSH'S

WE CAN'T BE UNDERSOLD

THE PARTY OF THE P	
Sugar—B.C. Granulated	55c
10 lbs. for	996
Butter-	75c
2 lbs. for	100
Shaker Salt—	5c
per pkt.	90
Soda Biscuits—Red Arrow	35c
2 pkts.	996
Fig Bar Biscuits—Fresh	20c
stock, per lb.	200
Ogilvies' Minute Rolled Oats 2 pkts	35c
2 pkts.	000
Clark's Tomato & Vegetable	10c
Pour per our manners	
Clark's Jellied Veal—1's	35c
per tari	
Sunlight Soap—	20c
her hy	
Blue Ribbon Tea-	45C
per lb.	-00
Elman Ann Admin	

Eggs Are Advancing Eggs-Guaranteed fresh per doz. Oranges Sweet Navel 200 Okanagan Onions-Large

per doz. 4 doz. 75c Sugar-Tomatoes-Nabob 2's 2 tins for . P. & G. Naptha Soap-

Phones: 211, 212 We Deliver

Presbyterian Shamrock Tea on March 17 in Church Hall.

John Morrison, for arunkenness, was fined \$25, with option of 30 days' imprisonment, by Magistrate McClymont in city police court yesterday afternoon.

The club service committee, of which George Rorie is chairman, was in charge of the program at today's weekly luncheon of the Rotary Club in the Commodore Cafe. President S. D. Johnston was in the chair.

Mr. and Mrs. A. C. Peters and A. P. Allison, well known Queen family will sail on the ss. Prince Charlotte Island logging operator. sailed yesterday afternoon on George tonight for Vancouver. | who has been on the Islands in connection with the reopening of log-Mrs. A. R. Mallory of Port Cle-ging camps in Skidegate Inlet, arments is paying a brief visit to the rived in the city on the Prince John city, having sailed on the Prince this morning from the Islands and John this morning from the Is- will sail tonight on the Prince George for Vancouver.

> J. B. Lambert, assistant district engineer for the provincial department of public works, arrived in the city on the Prince John this morning from the Queen Charlotte Islands after inspecting wharf work which has been carried out at Queen Charlotte City and Sandspit for the department and will sail Sunday evening on the Cardena for Stewart where an elevator is being installed on the wharf.

Charles A. Smith, well known NEW KIND OF SPECTACLES

5,000 Sample Pairs Offered Free.

thread the finest needle and see far or near. Hundreds of thousands months. Orders are pouring in Melinda St., Toronto, Ont., are offering 5.000 more sample pairs free Just write them for their free offer giving your name, age and address. They will also tell you how you can get their agency and without experience or money make from \$250 to \$500 a month.-Adv.

)eal ON BISCUITS

Grahamspkg. Red Arrow Ginger Snapspkg. Red Arrow Soda pair Self Sharpening

Scissors-Finest Quality The biscuits are the usual Red Arrow quality and are fresh from the

ovens. Order early. Gainers Lard—Open Kettle 55C meeting in City Hall Friday at 8 rendered per 3-lb tin 55C p.m. rendered per 3-lb. tin . Gold Medal Mayonaisse—The Finest made. per 8-oz. jar. Hallowi Dates-New crop 2 lbs.

Cottage Rolls - Boned Smoked ness was in the chair. Shoulders, Cello-rapt per lb. Black Figs-3. lbs. Dried Peachesper lb. Dried Apricotsper lb. 30c Terrace Turnips-Not

per 10-lb. cotton sack

woody, 9 lbs.

and dry, 4 lbs.

PHONE 55 "THE BEST FOR LESS"

FREE DELIVERY

Nearly 40 years the leader among teas of finest quality.

Try our new Yellow Label



'Fresh from the gardens'



SAFEGUARDED



Milk from Canadian cows, packed in Canada in Canadian cans and cases.

Your baby deserves this sure protection. Carnation Milk is perfectly safe - heat-treating destroys every dangerous germ and air-tight sealing keeps out contamination. Famous baby specialists recommend Carnation because it is easier to digest than any other form of cow's milk. And it is just as nourishing as the best bottled milk-contains all the minerals, vitamins and other food elements that any milk can supply.

Write for Cook Book and Baby Book

CARNATION COMPANY, LIMITED 134 Abbott St., Vancouver, B.C.

"from Contented Cows"

Dinnerware, china, crockery, glassware, Heilbroner's Store.

Scandinavian Dance, Metropole Hall, tomorrow night at 9 o'clock. Admission 50c. and 25c.

The following donations have T-Bone Roastbeen made to the Ridley Home

are requested to attend a general

building fund; C. L. Monroe, \$10; 26c A Friend, \$25. 19c Merely routine business was ta- Shoulder Porkken up last night at a meeting of

I. Fenness, after a three-months 26c trip to his native home in Norway Leg Roast of Vealreturned to the city at the first of 13c the week. Mr. Fernness is in the Round Steak and is one of the best known and per lb. 16C most popular members of the lo- Sirloin Steak-

cal Scandinavian community. Mrs. I. Peters was notified, on boarding the steamer at Nanaimo on her return to her home in Lamb Chops-58c Prince Rupert, of the death of her brother. G. E. Matter brother, G. F. Motion, prominent Pickled Pork-Nelson business man, who died suddenly. She left at once for Nelson to attend the funeral. Mrs. Peters is not expected home until the end of February.

> Daily News "Want Ads" bring quick results.

Mussallem's

All Radio Owners and dealers Rump Roast Beef-44 Sirloin Roast— Round Steak Roast 220

Loin Pork— Leg of Pork-25c

30c per lb. Shoulder Lamb-

If you want anything, try a classified ad.