

Felt Tired Out All Day Could Not Sleep at Night



Price 50c a box

Mrs. Aldamond Lalonde, 2481 St. James St., Montreal, Que., writes: "After a spell of the grippe I was left very nervous, and felt drowsy and tired out all day, and could not sleep at night. I was also troubled with my heart and did not feel at all like working. I was told about Milburn's Heart and Nerve Pills and after taking four boxes I was completely relieved of my trouble, and can recommend your Pills to everyone." Sold at all drug and general stores, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

SPECIAL! SPECIAL!

L. T. Piver's Face Powder

Assorted Odors

Special Price, 50c

Ormes Ltd.

The Pioneer Druggists

Phones 81 & 82

Third Ave. & Sixth St.

THREE GRADUATE PHARMICISTS

REGULAR PAINS ?



SOME women suffer more than others. Often, when there isn't any need! The pains peculiar to women may be relieved as readily as other pains for which Aspirin is intended. These tablets are always a big help at such times, and never the least bit harmful. (Aspirin does not depress the heart.)

Of course, you are familiar with the use of Aspirin for headache. It brings such prompt

relief that sudden headaches needn't upset your plans. It will check a cold, or ease the sorest throat; and comfort the worst sufferer from neuritis and neuralgia.

When your head aches—from any cause—when a cold has settled in your joints or you feel those deep-down pains of rheumatism, sciatica, lumbago, take Aspirin and you can count on real relief.



ASPIRIN

TRADE-MARK REG.

Made in Canada

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—

T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.
Arriving Vancouver, via Ocean Falls, Thursday Noon approx.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points. Sunday, 8.00 P.M.
Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Second Avenue, Phone 568



B. C. COAST STEAMSHIP SERVICE

SAILINGS FROM PRINCE RUPERT

To Ketchikan, Wrangell, Juneau, and Skagway.

March 7, 18 and 28.

To Vancouver, Victoria, Seattle—

March 11 and 22.

Princess Mary—Ocean Falls, etc. Vancouver and Victoria, every Friday, 10 p.m.

Agents For All Steamship Lines

W. C. Orchard, Gen. Agent, 3rd Av., Prince Rupert, Phone 31.

Everywhere! BRIER

BRINGS CONTENTMENT
TO MORE PIPE USERS
THAN ANY OTHER BRAND

MILD OR MEDIUM — AIRTIGHT PACKED

Local Items

C.N.R. Golf League tonight—
Sunken Gardens.

Boys' Tweed Suits \$13.50 values
still going at \$8.95. Bryant Com-
pany Ltd.

Dinnerware, china, crockery,
glassware, Heilbronner's Store.

C.N.R. steamer Prince George.
Capt. Harry Nedden, arrived in
port at 11 o'clock this afternoon
for Anyox and Stewart whence
she will return here southbound
tomorrow evening.

Angus McDonald arrived in the
city from Vancouver on the ss.
Prince George this morning, being
here to attend the annual meeting
of the Esperanza Mines Ltd. which
will be held here on Friday night
of this week.

Mr. and Mrs. George M. Beirnes
of Hazelton, who have been away
for the past couple of months on a
holiday trip to California, arrived
in the city from Vancouver on the
Prince George this morning and
proceeded by train to their home
in the interior.

Dugald Campbell of the Cana-
dian Linotype Co., Vancouver, who
is on one of his periodical trips
through this district on company
business, left on this morning's
train for New Hazelton to pay a
visit with C. H. Sawle, publisher
of the Omineca Herald.

B. C. Willisroft and G. E. Wil-
lisroft, who have been superin-
tending the construction of the
Galloway Rapids highway bridge,
sailed yesterday afternoon on the
Catala for Vancouver, being called
there on account of the serious
illness of their mother.

Mrs. A. O'Connor of Alice Arm,
whose husband was killed at the
Bonanza Mine last November,
passed through Prince Rupert yester-
day with her three children en
route to Red Deer, Alberta. Mrs.
Connor's mother, Mrs. Dale of
Red Deer, was with them.

ANNOUNCEMENTS

Rebekah Whist and bridge, Met-
ropole Hall, March 25. Admission
50c.

Baptist Easter Sale April 2.

Easter Concert April 6 and 7. Di-
rection Alex A. Connon, Moose
Hall.

Annual Daffodil dance, I.O.D.E.
Hall, Easter Monday.

Catholic women's League Spring
Sale April 8.

United Church Easter Bazaar,
April 9

Anglican Cathedral Easter Sale
April 9.

Crib and Whist League Banquet
Commodore Cafe April 10.

Moose Whist Drive and Dance,
Friday, April 17.

Presbyterian Easter Sale April 16

Gyro Hoedown May 1.

MUSSALLEM Meat Market

PORK STEAK— 2 lbs.	35c
LOIN PORK CHOPS— per lb.	25c
SHOULDER PORK— 6 lbs.	\$1.00
LEG OF PORK— per lb.	25c
LAMB CHOPS LOIN— per lb.	25c
LAMB STEW— per lb.	15c
VEAL STEW— per lb.	15c
ROUND STEAK— 2 lbs.	45c
SIRLOIN STEAK— per lb.	30c
SHOULDER LAMB— 5 lbs.	\$1.00

Glasses fitted by registered
optometrist at Heilbronner's store.

Furs remodelled, cleaned and
repaired. An experienced cutter.
Goldbloom's Fur Shop.

Provincial Constable Robert Gib-
son returned to the city on the
ss. Prince George this morning
from a week's trip to Vancouver on
escort duties.

W. H. Tobey, C. N. R. divisional
superintendent, returned to the city
on yesterday afternoon's train from
a week's trip to the interior as far
as Jasper Park on official duties.

M. A. Burbank, division engineer,
Canadian National Railways, re-
turned to the city on yesterday af-
ternoon's train from one of his per-
iodical trips to the interior on of-
ficial duties.

Archie Watt, divisional master
mechanic, Canadian National Rail-
ways, arrived in the city from
Prince George on yesterday after-
noon's train and returned to the
interior this morning.

The three boys of juvenile age
who were recently convicted of
theft at Cow Bay, will come before
Magistrate McClymont in city po-
lice court this evening for sen-
tence.

R. F. McNaughton, C. N. R. dis-
trict passenger agent, returned to
the city on yesterday afternoon's
train from a week's trip to the in-
terior as far as Jasper Park on of-
ficial business.

S. P. Fitzgerald and Jack Fitz-
gerald, well known Stewart mining
men, who have been spending the
winter in Victoria, are passengers
going north aboard the steamer
Prince George today.

Northland Navigation Co.'s mo-
torship Bellingham was in port
this morning from Ketchikan with
three carloads of fresh halibut for
transshipment East over the Cana-
dian National Railways.

James Grass, who has been a
member of the staff of the local
branch of the Bank of Montreal for
some time, sailed yesterday after-
noon on the Catala for Vancouver.
He has been transferred to the
main office in Vancouver.

Mrs. L. S. McGill and child, who
have been visiting in Vancouver
during the absence of Mr. McGill
on a trip East, arrived in the city
on the Prince George this morning
from the south and proceeded by
train to their home in Smithers.

J. E. Merryfield, well known re-
sident of Prince Rupert in the pi-
oneer days and former Conserva-
tive organizer for the province,
arrived in the city on the Prince
George this morning from Van-
couver and proceeded by train to
Prince George.



This
experienced Chef
recommends it..

BECAUSE he, like thousands
of Canadian housewives,
finds St. Charles economical,
handy and indispensable in
cooking.

St. Charles Evaporated Milk
is full-cream country milk, with
nothing but 60% of the water
removed. The rich purity is
unvarying and dependable.—
In use you will find that it is
handy, economical and will
materially improve the flavor
of your cooking.

If you have not tried it, you
should phone your grocer to-
day.

The Borden Co. Limited

115 George St., Toronto Ont.

Borden's
ST. CHARLES
MILK

UNSWEETENED EVAPORATED



IF YOU WANT RADIO SATISFACTION

There is only one instrument to own

Victor

The enthusiasm of Victor owners has prompted them to tell their friends and so the circle of
ORTHOPHONIC RADIO owners is growing with ever increasing rapidity.
With Victor goes genuine Victor service—at your command a service man trained in the Victor
shop—assured satisfaction.

— EASY TERMS —

And we give a liberal allowance on your old phonograph or radio.

PAY WHILE YOU PLAY

McRae Bros. Ltd.



LAY DOWN DESTROYERS

France is Anxious to Recover Speed
Record From Italy

PARIS, March 25.—The French
navy department is planning the
construction of two new flotilla
leaders with which it is hoped to
win back for France the destroyer
speed record which was captured
recently by a vessel of the Italian
navy which did 43½ knots per hour.

Twenty Years Ago

In Prince Rupert

March 25, 1911
A motion was carried at a meet-
ing of the council agreeing that
contractors refusing to pay the 45c
rate shall have police protection of
their works so that men willing to
work at that rate may not be mo-
lested. The council admitted that
it had sent for H. M. G. S. as a pre-
caution against possible labor dis-
orders here. Ald. Pattullo has moved
for a complete investigation into
the present situation which he de-
scribes as "regrettable."

Ald. V. W. Smith has left for
Vancouver on private business. His
absence, in addition to that of
Mayor Manson's, who is attending
the session of the Legislature in
Victoria, was the subject of inquiry
by Ald. T. D. Pattullo at last night's
council meeting. Ald. J. H. Hilditch
is now acting mayor.

Engineer Gunn of the Grand
Trunk Pacific Railway has com-
pleted the survey of a proposed rail-
way line from Fort George to Van-
couver.

A Daily News want-ad will
bring results.

HOTEL ARRIVALS

Savoy Hotel

Prince Rupert's leading fam-
ily hotel hot and cold water
in all rooms.
A. J. PRUDHOMME, Prop.
Cor. of Fraser and Fifth Sts.

Savoy
S. Hessie and J. Bergen, city.

New Royal Hotel

I. Zarelli, Prop.
THE HOTEL WORTH WHILE
Hot & Cold Water; Steam Heat
75c PER DAY AND UP
Telephone 381

Royal
L. Woster, Smithers, Knud Olsen
Digby.

Boston Grill

Phone 457 Prince Rupert
Large Cabaret
SPECIAL DINNERS
Thursdays and Saturdays
DANCING
Every Saturday Night, 9 to 12
Dance Hall for Hire
Accommodation for Private
Parties

Vancouver Stocks

(Courtesy S. D. Johnson Co.)

Bayview, nil, 1c.
Big Missouri, 44c, 46c.
Cork Province, 1c, 2c.
Duthie Mines, 6c, 10c.
George Copper, nil, 80c.
Georgie River, 2½c, 3c.
Grandview, 5½c, 6c.
Kootenay Florence, 1¾c, 2c.
Kootenay King, nil, 1½c.
L. and L., nil, 1c.
Lucky Jim, 2c, nil.
Marmot Metals, nil 1c.
National Silver, 2½c, 2¾c.
Noble Five, 7c, 8c.
Oregon Copper, 5½c, 8c.
Pend Oreille, 1.38, 1.41.
Premier, 66c, 70c.
Porter-Idaho, 7½c, 8c.
Reeves Macdonald, 40c, 45c.
Rufus-Arizona, 2½c, 3c.
Ruth Hope, 5c, nil.
Silver Crest, nil, 3c.
Snowflake, 3c, 4c.
Sunloch, 30c, 40c.
Topley Richfield, 1½c, 2c.
Whitewater, 4c, nil.
Woodbine, 1¼c, 1½c.

OILS

Freehold, 6c, 7c.
A.P. Consolidated, 29c, 31c.
Calmont, 14c, nil.
Devenish Pet., 6c, 7c.
Dalhousie 37c, nil.
Fabyan Pete, 3¼c, 3½c.
Home Oil, 1.08, 1.09.
Royalite, 12.00, 13.00.
Merland, 13c, 16c.
Mercury, 16¼c, 17c.
United, 18c, nil.

EASTER STOCKS

C.P.R., 41.50, 42.00.

Anyox Boy Scouts Association Has Elected Officers

ANYOX, March 25.—The Anyox
Boy Scouts' Association has elected
officers for the year as follows:
President, Frank Dresser.
Vice-president, D. MacDougall.
Secretary, R. Gale.
Executive—P. Loudon, T. Kirk-
wood, A. H. Kirby, W. Scott, F. C.
Graham, R. Deeth and W. Hender-
son.

SHIPMENT OF POLES

Totems Made One of Most Inter-
esting Consignments Ever
Shipped on C.N.R.

Canada is a land of varied
produce and during her young
nationhood she has seen many dif-
ferent cargoes leave her shores,
but perhaps the most unique ship-
ment ever marketed by Canadians
is a carload of totem poles, which
was shipped recently from Prince
Rupert, says Canadian National
Railways Magazine. The valuable
Indian relics were billed to the
Museum of the American Indian,
Haye Foundation, in New York
City.

Along the Pacific seaboard, from
Prince Rupert north to Alaska,
totemism was the prevalent form
of worship among the Indians long
before the white man came and
totem poles are found on the sites
of old native villages. The totem
pole, a pole decorated with repre-
sentations of animals, indicates so-
cial standing and is associated with
religious rites. It is part of the
creed of a semi-barbarous people
that the totem protects them.

Anyox Tennis Club Officers For 1931

Ed. Johnson Elected President For
Coming Year With Forbes
Kydd, Secretary

ANYOX, March 25.—The Hidden
Creek Tennis Club here has elected
officers for the season as follows:
Honorary president, W. B. Max-
well.

President, Ed. Johnson.
Vice-president, Ralph Carrick.
Secretary, Forbes Kydd.
Executive—Mrs. O'Brien, Mrs.
Garrick, L. Dodd and George Ad-
ams.

Chest Colds Rub well over throat and chest VICKS VAPORUB OVER 21 MILLION JARS USED YEARLY

NESTLÉ'S MILK

UNSWEETENED
EVAPORATED

GIVE your children NESTLÉ'S
Evaporated Milk... the milk
that builds strength and vitality...
that keeps children rosy checked and
healthy. The milk that is pure and
wholesome... produced from Canada's
finest selected dairy cows... then
sterilized and sealed in airtight tins.
The safe milk for children.

NESTLÉ'S — World's Largest
Producers and Sellers of Condensed
and Evaporated Milk.

Builds/
strength
and
vitality

