

# LOST ALL HER "PEP"

Customs worker in one of the Border Cities tells of great benefit from Dr. Williams' Pink Pills (tonic). Says they were her "best friend".

"I became quite myself again."  
(Sgd.) Beatrice M. Gehan.

"I was employed in a Customs Office in one of our border cities," writes Mrs. Beatrice M. Gehan, now resident at Sterling, Ontario, "and after the first few months' business strain I began to feel as though I were losing all my 'pep' and energy, and my work seemed a drudgery to me. A girl friend advised me to try Dr. Williams' Pink Pills and see if I wouldn't soon feel better."

"Before I finished my first box I was already feeling better, and the color was coming into my cheeks. By the time I had taken my third box I had become quite myself again, but still I always kept

a box on hand. They were my best friend." That is just one letter from hundreds received from all parts of Canada. If you could read all the letters received you would certainly be convinced.

Often it seems that the benefit resulting from Dr. Williams' Pink Pills is almost uncanny. Actually it is all quite natural. The iron and other elements in the Pills increase the amount of haemoglobin (life-giving element) in the blood, enabling the blood to carry more oxygen to the tissues. This, in turn, sharpens the appetite and produces a feeling of well-being.

Take advantage of this safe and proven means to better health. Go to a drug store and get a supply of Dr. Williams' Pink Pills. 50 cents a package. Just see if they don't help you wonderfully.

## Local Items

Dinnerware, china, crockery glassware. Heilbronner's store.

Royal Purple Bridge and Whist. Metropole Hall, Monday, Oct. 26 at 8:30. Cash prizes. Admission 50c. (249)

Dudley G. Little of Terrace arrived in the city on yesterday afternoon's train from the interior for a brief visit to town.

Moose Hall tonight, honor H. M. C. S. "Skeena," big novelty dance from 9:30 to 2 a.m. Peppy music! Good eats! Gents 50c. Ladies 25c.

J. J. Little, general manager of the Northern B. C. Power Co., sailed Saturday afternoon on the Prince George for a brief trip to Stewart, on company business.

At the request of Johnson Smith of this city "Many Happy Returns of the Day" was played Saturday night on the request program of radio station KJR of Seattle.

W. K. Gwyer, district engineer for the provincial department of public works, sailed Saturday night on the Prince John for a trip to the Queen Charlotte Islands on official duties.

Coastwise Steamship & Barge Co.'s freighter Griffco, Capt. "Paddy" Canterbury, was in port Saturday afternoon en route from Vancouver to Anyox to discharge a parcel of local freight.

William Clapperton, who has been engaged for the past several weeks in steam shovel work on the railway at Hansard and Smithers, returned to the city from the interior on Wednesday afternoon's train.

On account of the luncheon in honor of Hon. J. W. Fordham-Johnson, Lieutenant Governor of British Columbia, the Gyro Club has cancelled its regular monthly open luncheon which was scheduled for tomorrow.

Commander Eustace A. Brock R.C.N.R.V., Winnipeg, aide-de-camp to the Governor General, arrived in the city on yesterday afternoon's train from the East and is joining H.M.C.S. Vancouver here for the remainder of its present northern cruise.

**How German Treatment Stops Constipation**  
Acting on BOTH upper and lower bowel, the German remedy Adlerika stops constipation. It brings out the poisons which cause gas bloating and bad sleep. Orme's, Ltd., Drugs.

### NOTICE

Our coal is in a dry shed. Don't buy water. Buy coal and get your full weight. Discount \$1.00 a ton. Note our advertisements for cash prices.

HYDE TRANSFER, Phone 580.

## Announcements

Moose Cinderella dance honor H. M. S. Skeena tonight.

Royal Purple, bridge and whist. Monday, Oct. 26, Metropole Hall, 8:30. cash prizes.

St. Peter's Church bazaar, October 29.

L.O.B.A. bridge and whist and dance Metropole Hall, Oct. 29, at 8:30 p.m. Price, 50c. Premier Orchestra.

Hill 60 I.O.D.E. Bridge and dance October 30.

Moose Hallowe'en dance, Oct. 30

Presbyterian Fall Bazaar, November 5.

Eagles social and dance, November 6. Ladies refreshments. Gents 50c.

Moose Carnival and Dance Nov. 12 and 13.

Baptist sale of work, Nov. 17.

Anglican Cathedral Bazaar, November 19.

Varden Concert, November 19.

Recreation Club Scotch Dance November 20.

Glasses fitted by registered optometrist at Heilbronner's store.

Miss Jessie Brand sailed last night on the Prince George for a trip to Vancouver.

W. H. Manuel, C.N.R. travelling auditor, arrived in the city from the interior on yesterday afternoon's train.

Bishop G. A. Rix returned to the city on yesterday afternoon's train from a brief trip to Terrace on ecclesiastical duties.

Mrs. Donald Ross and sons sailed last night on the Prince George for Vancouver where they will pay a visit at Mrs. Ross' home.

Mrs. F. V. Fitch, who has been visiting in Vancouver for the past few weeks, returned to the city from the south on the Catala last evening.

## Anyox Drug Store Manager Is Wedded To Vancouver Girl

The following from the Vancouver Province describes the recent wedding in Vancouver of Miss Edith Janet Freeze to Kenneth Andrew Hunter, manager of the drug department of the Granby store at Anyox:

The marriage was solemnized on October 6 at 3577 West Thirty-fifth, of Edith Janet, eldest daughter of Mr. and Mrs. J. R. Freeze of Armstrong, and Kenneth Andrew Hunter of Vancouver. Rev. F. G. Fowler performed the ceremony.

The bride was charming in a gown fashioned of alternate rows of pale pink Chantilly lace and satin and wore matching pink lace mitts turquoise blue velvet. Her bouquet and a mohair hat trimmed with was of Ophelia roses, lily of the valley and fern.

Following the reception Mr. and Mrs. Hunter left for a short motor trip to the south and on their return will make their home in Anyox.

## Married Recently At Smelter Town

Mrs. Harriet McDonald Became Bride of Harold Elsmore Recently

At the home of Angus McLean, Hidden Creek mine, Anyox, recently the marriage took place of Mrs. Harriet McDonald and Harold Elsmore, Rev. Frank Bushfield of the United Church officiating.

The bride, who was given in marriage by her brother, Angus McLean, was charming in a gown of pale pink crepe de chine and eggshell radium lace. Matron of honor was Mrs. Kenneth McDonald, who wore blue flat crepe trimmed with eggshell radium lace. Malcolm McDonald was groomsmen.

Following the marriage ceremony, a reception was held at the Mine Hall, with over 250 guests present.

Mr. and Mrs. Elsmore left for a honeymoon trip to Vancouver after which they will reside at Anyox.

The Safe Remedy for Constipation is



Drink More Milk For Fresh Local Milk Phone Red 608 DOMINION DAIRY

# AYLMER Soup Week

OCTOBER 26<sup>th</sup> 31<sup>st</sup>

**D**URING this week your grocer will be featuring AYLMEER Natural Flavour Soups. It will pay you to lay in a stock of these delicious, all-Canadian soups at the attractive prices he will quote you for quantity purchases.

Natural Flavour, you know, is the outstanding feature of AYLMEER Soups. That is what makes them so good, so pure, so distinctive. That is what will win you to them.

Aylmer Tomato Juice Made from fresh-picked, sun-ripened Canadian tomatoes... high in vitamin content... a delightful health drink.

TEN VARIETIES  
Tomato  
Vegetable  
Green Pea  
Celery  
Asparagus  
Ox-Tail  
Consomme  
Chicken with Rice  
Vegetable-Beef  
Corn

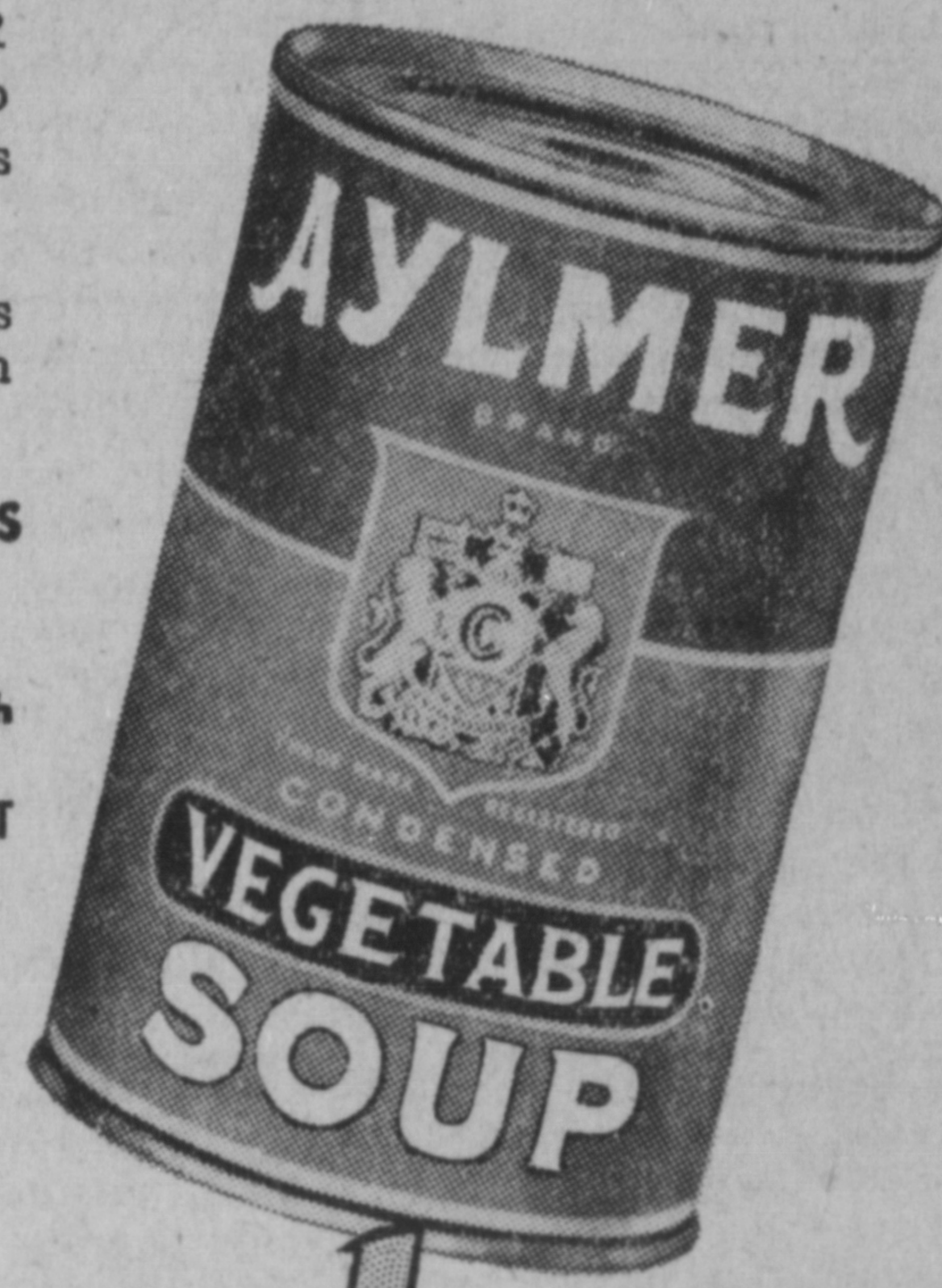
AYLMER Soups are made in British Columbia by

DOMINION CANNERS B.C. LIMITED

Vancouver, B.C.

9 Canning Plants in British Columbia

A 100% B.C. PRODUCT



Always ask for AYLMEER the

natural flavour SOUPS

PURELY CANADIAN MADE IN B.C.

Oscar Landry, district superintendent of Government Telegraph, left on this morning's train for a trip to Terrace on official business. He will return to the city on tomorrow afternoon's train. Mr. Landry was accompanied to Terrace by Foreman A. J. Edlund, who will remain over there for a few days to superintend some improvements which are to be made to lines in that vicinity.

## FAMILY MEAT MARKET

209 Second Street Phone 957

Tuesday and Wednesday Specials

- 5 lbs. Rump Roast of Beef \$1.00
- 1 Cauliflower \$1.00
- 5 lbs. Sirloin Tip for 45c
- Sirloin Steak, 2 lbs. for 50c
- 2 lbs. Round Steak, 50c
- 5 lbs. Carrots 50c
- 3 lbs. Spare Ribs, 50c
- 1 Cabbage 45c
- Loin Pork Chops, 2 lbs. 50c
- 2 lbs. Veal Chops 50c
- 1 lb. Sausage 50c
- Lamb Stew, 4 lbs. for 50c
- Fresh Side Pork, 4 lbs. for 50c
- 5 lbs. Shoulder Pork, \$1.00
- 4 lbs. Apples 50c

We have vegetables and deliver our goods.

# Motorists!

Prepare for Cold Weather!

FREE SERVICE

Every Tuesday and Friday for the balance of October we will without charge flush your radiator, inspect and tighten or replace hose connections, tighten or repack water pumps, install or test Anti-Freeze, and fit chains.

Materials will be charged at regular prices.

## PARKER'S GARAGE

Third Avenue East Phone 83

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED BLACK COD

Prepared Daily By Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.

# FREE!

One 25c Tube Colgate's Tooth Paste

when you buy a tube of Palmolive Shaving Cream or Colgate's Shaving Cream or a bottle of Palmolive Shampoo, or a tube of Colgate's Tooth Paste, any size, or any Colgate or Palmolive item for 50c or over.

Take advantage of this offer.

Ormes Ltd. The Pioneer Druggists

Phones 81 and 82 Third Ave. and Fulton St.

## THE CONSOLIDATED MINING & SMELTING COMPANY OF CANADA, LIMITED

Manufacturers of ELEPHANT Brand CHEMICAL FERTILIZERS Producers & Refiners of TADANAC Brand ELECTROLYTIC AMMONIUM PHOSPHATE SULPHATE OF AMMONIA TRIPLE SUPERPHOSPHATE LEAD-ZINC CADMIUM-BISMUTH

## UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert 1 or Vancouver:— U.S.S. CATALA EVERY TUESDAY, 1.30 P.M. Via Ocean Falls, arriving Vancouver, Thursday Morning. U.S.S. CARDENA EVERY FRIDAY MIDNIGHT Arriving Vancouver Sunday midnight approx. Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Nas River points, Sunday, 8:00 p.m. Further information regarding all sailings and tickets at — PRINCE RUPERT AGENCY: See and Avenue. Phone 568

## Hotel Arrivals

### New Royal Hotel

THE HOTEL WORTH WHILE Hot & Cold Water: Steam Heat 75c. PER DAY AND UP J. Zarelli Telephone 281

### Royal

H. A. Hansen, Oona River; Tony Himilica, S. Hedstrom and Oscar Larson, city; S. Brathwaite, Edmonton; Mr. and Mrs. A. E. Stuart, Vancouver.

### Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms. A. J. PRUDHOMME, Prop. Cor. of Fraser and Fifth Sts

### Savoy

Mrs. D. Disher, city.

## DRY CLEANING AND PRESSING

Ladies' & Gentlemen's Tailoring Reasonable Prices M. T. LEE COMPANY 323 3rd Ave. W. Phone 663

## Typewriters

FOR RENT Call or Phone 6 McRAE BROS., LTD.

## Concert Sunday At Hospital Was Greatly Enjoyed

Mrs. J. S. Black, Miss Nellie Lawrence, Bert Cameron and violin pupils of Miss Lawrence visited the Prince Rupert General Hospital yesterday afternoon and rendered a concert program which was greatly enjoyed by staff and patients of the institution. The newly organized Moose Legion Band was also to have visited the hospital yesterday but found it impossible to keep the appointment at that time.

"Build B. C. Payrolls"

## Pacific Milk's Good Work



When a mother writes that Pacific Milk saved the life of her child, it seems all that can be has been said. What more can words say? What further step can accomplishment take That the people know how good this good milk is shown daily by the amount used.

## PACIFIC MILK

Plant at Abbotsford

"100% B.C. Owned and Controlled"