

"Lunch— a most im- portant meal for salesmen"

"When you're on the go all day long, the food you eat for lunch must be chosen with care. Don't eat heavy foods that make you warm and slow you down in mid-afternoon. Eat nourishing foods—of course—but don't overload. I usually order Shredded Wheat with berries or other fresh fruits for lunch. There are enough combinations with Shredded Wheat to give you variety. Try it for lunch today."

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.



SHREDDED WHEAT

WITH ALL THE BRAN OF THE WHOLE WHEAT

CANADIAN NATIONAL STEAMSHIPS

Prince Rupert DRYDOCK AND SHIPYARD

OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern
Makers, Founders, Woodworkers, Etc.
ELECTRIC AND ACETYLENE WELDING

Our Plant is Equipped to Handle All Kinds of
MARINE AND COMMERCIAL WORK
PHONES 43 AND 385

A WONDER OF NATURE

Hillegom Cultivation "LA REINE" Holland
NEW LIFE FOR YOUNG AND OLD

What magnificence and splendour! How nice and beautiful for home and garden! During Winter and Spring a real paradise of flowers. Our wonderful collection is composed professionally of precocious and late sorts. We guarantee you a blooming season from New Year until the month of May. Our wide principles as well for home as for garden cultivation, translated in English, French or German, are obtainable free of charge. Send your order today, to the world famous cultivation "LA REINE" Beekade 7, Hillegom, Holland.

FOR GARDEN—20 Hyacinths, red, white, yellow and blue; pearl tinted with wonderful sweet smell; 35 tulips (single) and 35 tulips (double), a rainbow of colors.

25 Narcissi (single) 25 Narcissi (double), very beautiful; 25 Crocuses, 25 Scilla Siberica or "Burning Love," 50 Spanish Irises, blue pale with white heart; 50 Popular Nivalus Flowers. Separately packed with name.

FOR HOME—10 Prepared Hyacinths of 4 colors; 15 Prepared Tulips; 25 Crocuses, and 25 Narcissi, for glasses or pots. Please send us \$4.00, stating clearly name and address, and you will receive per return and carriage-paid, this sea of flowers and at the same time, as a present, a splendid collection of photos of the above mentioned sorts. All is packed, guaranteed against frost.

WE ARE OFFERING:

DISCOUNT ON COAL

For Cash at the Rate of 50c Per Ton

Alberta Lump, \$13.50, for cash, \$13.00

Alberta Egg, \$12.50, for cash, \$12.00

Pembina Egg, \$12.50, for cash, \$12.00

HYDE TRANSFER—PHONE 580

PHONE 580

WATERFRONT WHIFFS

Most of Canneries Closing—Fisheries Experimental-
ists to Travel—Halibut Landings

With the closing of sockeye fishing yesterday, most of the canneries on the Skeena River ceased operations for the season. Humpback Bay (Porcher Island) and B. A. (Port Essington) canneries are remaining open until the end of the month to put up cohoes. Inverness cannery will remain in operation until well on into September putting up fall varieties. Most of the canneries specialized this season on sockeyes and the pack, although not as large as in a normal season when there is a large production of the cheaper grades, has been quite up to expectations.

....
Capt. Frank Tyler, formerly skipper of the local power tug Salvage Princess, is still in Alaskan waters in command of the Vancouver yacht Rio Bonita with a party of New Yorkers on board for a lengthy cruise. Capt. Charlie Larkin is still in command of the Princess.

....
A halibut was tagged by the International Fisheries Commission at Makushin Bay, west of Dutch Harbor in Alaska, June 16, 1930. It was recaptured eleven miles south of Goose Island on the B. C. coast on June 5 last by Capt. John Sharpnes of the halibut fishing vessel Mad-dock. In the period of 355 days between being tagged and captured it had travelled 1,566 miles, an average of 4.4 miles a day. J. P. Babcock, chairman of the Halibut Commission, says this is a record migration among the thousands of halibut that have been tagged.

Big Day Tomorrow

If weather proves propitious, tomorrow should be a big day at the Salt Lake when the Prince Rupert Swimming Club stages its annual swimming gala. The Pacific Salvage Co. will be in charge of transportation and arrangements have been made to handle a crowd of at least one thousand persons. A fine card of events has been arranged for competition among Prince Rupert swimmers and it is expected there will be keen rivalry for all honors. There will be 27 events in all, the program to start at 2:30 p.m. and conclude about 5:40 p.m. with contests for men, women and children. Due to the generosity of Prince Rupert business folk, it has been possible to offer a splendid lot of prizes.

....
Within the next fortnight, it is expected that the Northern B. C. Airways will be established in its own base at the foot of McBride Street on waterfrontage leased by the city to the company. The base will be fully equipped with floats and hangar, these being in process of being set up at present. The outfit is one that was formerly used by a southern flying concern.

....
The Gypsy Moth seaplane of the Northern B. C. Airways, which came to grief on Sunday evening last at Langara Island, arrived here the next night on the power tug Salvage Princess and is now on the pontoons at the dry dock awaiting inspection prior to such repairs being instituted as may be deemed officially necessary. The plane suffered no structural damage but the engine was put out of commission by being totally submerged in salt water. The immersion occurred when the machine nose dived while being towed through a tide rip by an Indian gasboat. Meantime, through the untimely mishap to the machine, a good deal of local flying work which was due to be carried out has had to be either cancelled or deferred.

....
Capt. W. P. Armour, local manager of the Pacific Salvage Co., is to again take up residence in the cottage on the company's dock here. Mrs. Armour and daughter, June, who have been spending the summer in Alberta, will be returning to the city very soon.

....
At Biological Station
Following the completion of the new building constructed as an annex to the original one, members of the staff of the Prince Rupert Fisheries Experimental Station are now becoming adjusted to their new quarters. The bacteriological department, with Dr. R. H. Bedford in charge, and the mechanical and refrigeration departments, of which O. Young is in charge, are located in the new building while the old building will henceforth be devoted entirely to chemical work with Acting Director H. N. Brocklesby active head of this department.

The office and administration quarters will be moved later in the

fall from the old to the new building.

Next week will see the station practically empty of its entire scientific staff. On Monday afternoon Acting Director Brocklesby, Dr. Bedford, Orville Denstedt, Frank Charney and O. Young will leave for Departure Bay station, Vancouver Island, to attend a conference of Pacific Coast workers. On the same day will leave members of the summer staff, in the persons of Dr. Martin, returning to his duties on the faculty of the University of Toronto, and Peter Black, who is to continue his studies at McGill University in Montreal.

On Saturday L. F. Smith, a member of the staff of the station since its inception, will leave Prince Rupert for Edinburgh, Scotland, where he will take up medical studies at the University of Edinburgh. Also on that day L. P. Moore, who has been a member of the summer staff, will leave on his return to McGill University.

J. E. Dyck, last of the summer workers to leave, will depart on September 15 to resume his studies at the University of Saskatchewan in Saskatoon.

....
As if to lend further to the woes of the fishermen, there has been a falling off in the coho salmon run in the waters contiguous to Prince Rupert. Much store had been set on the financial returns for the trol-ling fleet from the coho fishing and its failure would prove a great disappointment in many quarters.

....
Victor Thomas has been doing relief duty recently in the laboratories of the Prince Rupert Fisheries Experimental Station.

....
Miss Ruth Gillies, stenographer on the staff of the Prince Rupert Fisheries Experimental Station, goes on her vacation today. Miss Amelia Pillsbury, who has been assisting in the stenographic work at the station, completes her temporary duties today.

Halibut Landings

Halibut landings at the port of Prince Rupert for the 1931 season up to and including yesterday totalled 11,113,240 pounds as compared with 16,634,500 pounds at a similar date last year. Canadian landings so far this year amount to 4,520,800 pounds as against 4,891,600 pounds at the corresponding date in 1930. It has been in American fish that the big falling off has come about, landings for this season to date aggregating 6,592,440 pounds as compared with 11,742,900 pounds at the corresponding time in 1930.

During the week just ended landings totalled 513,800 pounds of which 124,000 pounds was from Canadian boats and 389,800 pounds from American. Throughout the week prices remained at a low level although possibly not quite so low as the week immediately previous. Canadian prices ranged from 5c and 2c to 6.3c and 2.5c and American from 5c and 2c to 7.3c and 3c.

FOR SALE AUDITORIUM

Fine Hall, 50x100 Maple Floor, equipped for both skating and dancing; 200 pairs skates; organ and piano; ideal place for bowling alleys; none here. Make me an offer.
SNAP FOR CASH
Apply Auditorium, 215 6th Av.

TELEPHONE 657

VALENTIN DAIRY FOR
SKEENA BRAND
Creamery Butter &
Cottage Cheese
FRESH PASTEURIZED MILK
AND CREAM DAILY
Early Delivery Throughout
the City

DADDY LONG LEGS HERE

Warner Baxter and Janet Gaynor
Take Leading Roles in Capti-
vating Talking Picture

Abounding in delightful heart appeal, "Daddy Long Legs," the week-end feature at the Capitol Theatre, is a really fine picture which captivated large audiences last night. The pretty story of the waif and her benefactor is well enough known. Suffice it to say that the talking picture does it ample justice.

Warner Baxter and Janet Gaynor turn in distinguished performances in the leading roles. They are excellently cast in their respective parts. A more suitable vehicle could not have been found for the dainty Miss Gaynor. Much the same might be said so far as Mr. Baxter is concerned. Both are eminently popular with the moving picture audiences.

The supporting cast is a good one, Claude Gillingwater being one of its number.

WILL HOLD INQUIRIES

Mishaps to Steamers Prince Rupert
and Prince David to Be
Probed

Capt. J. D. McPherson, Dominion wreck commissioner on this coast, has received commissions to institute inquiries into two mishaps to Canadian National steamers—that of the steamer Prince Rupert, which sank while moored to a dock at Esquimalt last spring, and that of the steamer Prince David, which went ashore in Puget Sound a few weeks ago. The inquiries will be opened as soon as possible.

Assessors will be Capt. S. Vint and Capt. M. S. Cutler with J. Green-shields, marine engineer, sitting in the Prince David hearing in which case a knowledge of engineering is considered essential.

Union steamer Cardena, Capt. Andrew Johnstone, arrived in port at 12:30 midnight last night from the south and sailed about an hour later on her return to Vancouver and waypoints. The vessel was delayed in arriving owing to having heavy freights to discharge at can-erny points on the way up the coast.

BANG!

Down Go the Prices

| | |
|------------------------------|--------|
| White Flour—Snowdrop | \$1.25 |
| per 49-lb. sack | |
| Soda Biscuits—1 size | 45c |
| per box | |
| Royal City Peaches—2½'s | 30c |
| per tin | |
| Robin Hood Oats—China- | 28c |
| ware, per pkg. | |
| Malkin's Best Coffee— | 45c |
| per lb. | |
| Malkin's Best Baking | 75c |
| Powder, 2½'s | |
| Malkin's Best Jams & Jellies | 23c |
| per 12-oz. jar | |
| Gayner's Cottage Rolls— | 25c |
| per lb. | |

Extra Special

LUX—5 pkgs.
1 BREAD KNIFE—Made of
high grade steel
all for 75c

Fresh Fruits & Vegetables

| | |
|-----------------------|-----|
| Golden Bantam Corn— | 40c |
| per doz. | |
| Celery—Nice and crisp | 10c |
| per head | |
| Lettuce—Large heads | 6c |
| per head | |
| Cucumbers—Large | 25c |
| 4 for | |

Mussallem's Cash and Carry Stores

"Where Dollars Have More Cents"
Phone 360 Phone 18 & 84
319 3rd Ave. — 417-423 5th Ave.

Friday and Saturday
TWO SHOWS — 7 & 9 P.M.
Admission — 20c & 65c
Feature Starts at 7:40 & 9:40
SATURDAY MATINEE at 2:30
Feature Starts 3:10—15c & 40c



The Enchanting Story That Has
Moved Millions to Tears—
And Smiles

'Daddy Long Legs' With JANET GAYNOR and WARNER BAXTER

The Strange Romance of an Orphaned Waif and
Her Shadowy Dream Man

Comedy—"TRAFFIC TANGLE"

PARAMOUNT NEWS

Cartoon—"THE BUM BANDIT"

Monday and Tuesday—EDDIE QUILIAN in
"SWEEPSTAKES"

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED BLACK COD

Prepared Daily By

Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT, B.C.

Your Radio Tells the Truth about BATTERIES



YOU can't fool your radio by the size or shape of a battery. It soon tells the inside story of economy and service. Hear it speak up in gratitude when you connect it to Eveready Layerbills—the batteries that give better results, for a longer time, at lower cost. The exclusive Layerbill construction enables Eveready to pack more power in each battery than was ever possible before. That is why it pays to insist on Eveready Layerbills.

Sold at Radio Stores everywhere.

CANADIAN NATIONAL CARBON CO., LIMITED
Calgary Vancouver TORONTO Montreal Winnipeg
Owning Eveready Radio Station CKNC, Toronto

EVEREADY Radio Batteries

There's Longer Life in Layerbill



NEW LOW PRICES

Our prices on Good Tires are the lowest in history. You'll be amazed when we quote prices on your size.

Exclusive Goodrich Dealers

Rupert Motors

Phone: 566
Night Call: 161