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Palpitation Of The Heart Nerves Were All Gone

Miss Rose Griffin, Ashern, Man., writes:-"About five years ago I was troubled with palpitation of the heart, caused by a shock, and my nerves were all gone, and I could not sleep. read about Milburn's Heart and Nerve Pills and decided to try them. After I had taken three boxes I was feeling fine again. I think they are a wonderful remedy, and wish all others who suffered as I did would give them a trial." Sold at all drug and general stores, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

DULILO UL LIVUINIE, III I CIII PERFUME FREE

With Each Box of Face Powder — Both For \$1.00

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THREE GRADUATE PHARMICISTS

UNION STEAMSHIPS LIMITED

ckets on sale from Nov. 15, 1930 to Feb. 28, 1931 (with final return limit March 31, 1931) RINCE RUPERT TO VANCOUVER \$40.00 RETURN

Steamers leave Prince Rupert f or Vancouver:-S.S. CATALA EVERY TUESDAY, 1.30 P.M. Arriving Vancouver, via Ocean Falls, Thursday Noon approx,

8.8. CARDENA EVERY FRIDAY MIDNIGHT Arriving Vancouver Sunday midnight approx. Veekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas

River points. Sunday, 8:00 p.m.

urther information regarding all sailings and tickets at -PRINCE RUPERT AGENCY: See ond Avenue,

. COAST YORLD'S

B. C. COAST STEAMSHIP SERVICE SAILINGS FROM PRINCE RUPERT

To Ketchikan, Wrangell, Juneau, and Skagway. January 10th and 24th. To Vancouver, Victoria, Seattle-January 1st, 14th, and 28th.

Princess Mary-Ocean Falls, etc. Vanco uver and Victoria, every Friday, 10 p.m. Agents For All Steamship Lines W. C. Orchard, Gen. Agent, 3rdAv., Prince Rupert, Phone 31.

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Large assortment new clothes for

All finest quality and latest pat-

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Suit or overcoat complete and fin-

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Steam cleaning, pressing and alter-

ing. We deliver any part of the city.

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Is what you will enjoy in a comfort-

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ciated. Phone 25.

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against the cold weather and

that's the proper kind of coal.

Buy a ton of coal from us and

fire away at Old Man Winter.

He'll quit on the run. Order a

ton of coal today and note

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notel. Hot and cold water all rooms J. PRUDHOMME, Prop. of Fraser and Fifth Sts.

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ew Royal Hotel

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Prince Rupert Large Cabaret SPECIAL DINNERS bursdays and Saturdays DANCING

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R. HUGH L. DICKEY SPECIALIST

Ear, Nose and Throat At St. Elmo Hotel es Tested For Glasses

Glasses fitted by registered optometrist at Heilbroner's store.

Local Items

The provincial police court preliminary hearing of the case of a lad charged with negligence in the use of firearms causing bodily harm, has been adjourned until January 23.

E. N. Walker of the Northern Electric Co., who has been here in connection with the talking picture equipment at the Capitol Theatre, sailed by the Cardena last night on his return to Vancouver.

Rev. P. E. Fosse of Bellingham, who arrived in the city on the Cardena last evening from Bella Coola to conduct a week's revival campaign here for the Lutheran Church, is the guest of Rev. and Mrs. John Hanson. Rev. Mr. Fosse will commence his week of special services on Sunday morning.

Union steamer Cardena, Capt. Andrew Johnstone, arrived in port at 5.10 last evening from the south land sailed at midnight on her return to Vancouver and waypoints. On the way north this week, the Cardena took 31 passengers off the American motorship Northland, which was ashore in Johnston Straits, and took them to Alert Bay where they were picked up by the steamer Admiral Farragut which ontinued north.



MIR. SIMEDI FROM ST. JOHN

	rJan. 23, Feb. 27								
	xJan. xFeb.	23,	Feb. xMar	27				Mont	cali
i	Februs		13						edos

xNot calling at Belfast. FROM NEW YORK March 14 Duchess of Bedford

FROM SAINT JOHN TO CHERBOURG-SOUTHAMPTON HAMBURG

March 19 Minnedosa

FROM VANCOUVER

To Hawaii-Japan-China-Philippines xJan 17, xMar. 28, Emp. of Canada xJan. 31, Apl. 11, Empress of Russia xFeb. 28, xApl. 25 Empress of Japan Empress of Asla xIncluding call at Honolulu.

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transportation

Sailings from Prince Rupert to Vancouver, thence via Tri-City Service to Victoria and Seattle, Thursdays 10.00 p.m.

For Anyox and Stewart,

Wednesdays 4.00 p.m. Regular services to North and South Queen Charlotte Islands. Particulars of sailings, rates, etc., on request.

Passenger trains leave Prince Rupert for Edmonton, Winnipeg, and points East every Monday, Wednesday and Saturday at 11.30 a.m.

Ask about Low Coach Tourist Fares to Eastern Points.

Canadian

R. F. McNAUGHTON District Passenger Agent Prince Rupert



POISONS

IN THE BLOOD FOR OVER HALF A CENTURY THIS PROVEN PRESCRIPTION HAS BEEN RECOGNIZED ASTHE MOST EFFECTIVE REGULATOR OF THE LIVER, KIDNEYS & BOWELS

DR.CHASE'S K&L.PILLS DR.A.W. CHASE'S
K.&L KIDNEY AND
LIVER PILLS

Dinnerware, china, crockery, glassware. Heilbroner's Store.

Little Miss Joyce Gawthorne, old, has been engaged to do tap program at the Capitol Theatre.

VANCOUVER WHEAT

VANCOUVER, Jan. 17- Wheat was quoted on the local Exchange today at 54c.

READJUSTMENT

A condition of affairs exists throughout Canada and the world which appears difficult to solve. However, there is one thing upon ers schools. which all people agree, and that is that an adjustment of costs of commodities must be made. As an illustration: with the present price of of bread should be considered. The Kelly; vice-president, Mrs. A. E. same is true of other necessities of life and materials.

All of which leads up to the fact price of any material they have for A. E. Campbell. sale. If the price of coal is lowered we will also lower our price. The prices of many building materials have been changed, and we are prepared to change our prices.

If interested in the above, call or phone 116 or 117. Albert & McCaf-

For Vancouver-

Tuesdaf—ss.Catala 1.30 p.m. Thursday—ss. Pr. George 10 p.m. Tree entertainment. Friday—ss.Princess Alice 10 p.m. Jan. 14—ss. Princess Norah p.m Jan. 28—ss. Prin. Norahp.ir.

From Vancouver-

Satur .-- ss. Pr. Rupert, 10:30 a.m. is usual at this time of year. Jan. 10—ss. Prin. Noraha.m. Jan. 24—ss. Prin. Norah a.m

rom Naas River and 'ort Simpson

Sunday—ss. Catala for Naas River and Port Simpson

Tuesday—ss. Catala 11.30 a.m for Stewart and Anyox-Sunday-ss. Catala, 8 p.m. Wednesday-ss. P. George 4 p.m.

From Stewart and Anyox Tuesday-ss. Catala11.30 a.m. Thurs .- ss. Prince George 8 p.m

For Ocean Falls-

From Ocean Falls-

Wed.—ss. Prince William 8 p.m rom North Queen Charlottes-Sunday-ss. Prince William a.m.

For Alaska-Jan. 10-ss. Prin. Noraha.ni rom Alaska-

Jan. 14—ss. Princess Norah p.m Jan. 28—ss. Prin. Norah From Skeena River-Friday—ss. Cardena p.m.

Get the Ac. reading habit.



SMITHERS

The local assembly of Native Sons of Canada continues to thrive. Three new members were initiated at a meeting this week bringing the total roster up to 113.

Johnny McKenzie sustained painful injuries to one of his feet on Monday morning when a falling who is only five-and-a-half years bridge timber fell upon it as he was assisting in loading timbers on a dancing on the first of the week railway car here. It will be a long time before he will be able to work

> E. C. Dawson, formerly of Smithers, has secured a berth on the Nelson hockey team. In a game last week, the former local player scored a goal.

Following a recent fire in his store here, R. S., Sargent has decided to withdraw from business in Smithers where for many years he has had a branch store.

A new water system has been installed for the joint use of the Smithers hospital and the Smith-

The Ladies' Auxiliary to the Smithers Hospital, at its annual meeting last week, elected the folwheat a readjustment in the price lowing officers: president, Mrs. Campbell; secretary, Mrs. H. Welch; treasurer, Mrs. N. H. Kilpatrick; executive, Mrs. R. B. Brummit, Mrs. that ALBERT & McCAFFERY, LIM- W. H. Cotton and the officers; re-ITED, are prepared to adjust the presentative to hospital board, Mrs.

> At a meeting in Driftwood schoolhouse, the Smithers Farmers' Institute was reorganized for the coming year. Officers were elected as follows: president, Frank Gilbert; secretary treasurer, A. P. Legerton; (15) executive, George Oulton, E. Wedge and John Hynes. A period of silence was observed out of respect to the memory of the late Louis DeVoin, who died recently.

> > School children of Smithers staged a fine entertainment on Thursday and Friday evenings of last week. It was a belated Christmas

ss. Cardena, 12 midnight PRINCE GEORGE

Weather in Prince George has Sunday—ss. Catala 4 p.m. been considerably cooler during the Wed .- ss. Pr. George ... 10.30 a.m past week with a minimum thermo-Friday-ss. Cardena..... p.ni. meter reading of two above zero. At Friday—ss. Princess Alice 4 pm. that, it is a great deal milder than

> All offices were contested at the civic election here Thursday, interest centering in the fight for the mayoralty between Mayor Patterson and Ald. J. H. Johnson, ex-mayor.

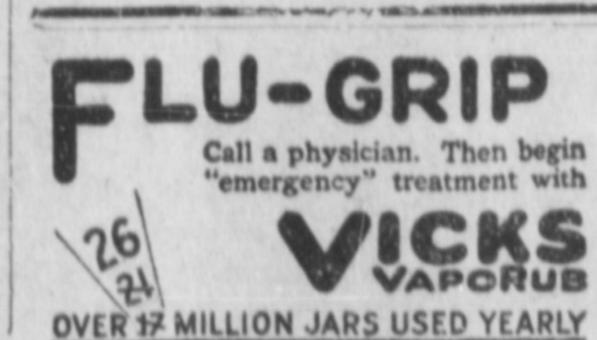
The Prince George Athletic Asso-new sports and games building here from the city at a yearly rental of \$40. Curling rentals would be in addition to this. The bylaw, however, was turned down.

The following are principal 1931 Tuesday—ss. Catala1.30 p.m officers of the local Rebekah Lodge: Thurs.—ss. Prince George 10 p.m. noble grand, Miss Ruth Douglas; Friday-ss. Princess Mary 10 p.m. vice-grand, Mrs. Peterson; recording secretary, Mrs. J. F. Abbott; Wed .- ss. Pr. George 10:30 a.m. treasurer, Miss Callum; warden, Friday-ss. Princess Mary 4 p.m. Mrs. Gillingwater; conductor, Miss ss. Cardenap.m | Pearl McInnis. Principal officers of For North Queen Charlottes— the Oddfellows' Lodge are: noble | Moose Legion Novelty Dance grand, D. G. Fraser; vice grand, Wesley Clark; warden, Jim Baker; conductor, J. Clapperton.

> With five polls to hear from, latest figures for the recent provincial by-election in Fort George riding gave Dr. R. W. Alward, Conservative, 142 to 690 cast for his opponent, C. P. Deykin, Farmer-Labor candidate.

The Prince George chapter of the Model Aircraft League of Canada resumed activities with a meeting last night. Many local boys are enrolled in the organization.

The death occurred this week of Matt Vensky, a member of the local Eagles' Lodge. His funeral took place yesterday under the auspices of the lodge.



The finest quality tea you can buy



Yellow label Salada 60 cts a 1b Brown label Salada 70 cts a lb 'Fresh from the gardens'

Church Services

ST. PAUL'S LUTHERAN CHURCH

Corner Eighth and Ninth East Minister, Rev. John H. Hanson

Morning worship at 11 o'clock (English) with Baptism. Sunday School at 12:15. There will be no Sunday School at Seal Cove. Evening worship at 7:30 (Scandinavian). Song by Varden Singers. Rev. P. M. Fosse will sing and speak at both services. He has travelled as an evangelist for many years in both the United States and Canada. He is an exceptionally good solo singer. Don't miss hearing him. You will be welcome.

ST. ANDREW'S CATHEDRAL (Church of England)

Very Rev. J. B. Gibson, Dean

Holy communion at 8 a.m. Morning prayer and sermon at 11 o'clock. Sunday School at 12:30. Evening prayer and sermon at 7:30. Anthem by the choir.

FIRST PRESBYTERIAN CHURCH Minister, Rev. J. Kennedy

Morning worship at 11 o'clock. Subject, "NAAMAN." Sunday School and Junior Bible Class at 12:15. Evening service at 7:30. Subject, "THE CROSS IN THE GARDEN." Male voice quartet.

FIRST BAPTIST CHURCH Rev. F. W. Dafoe, D.D., Minister

Morning worship at 11 o'clock. Subject, "THE CHRIS-TIAN LIFE." Bible School at 12:15. Evening service at 7:30. Subject, "WHEREIN WAS JESUS GOD'S ONLY BEGOTTEN SON?" A cordial invitation.

FIRST UNITED CHURCH Pastor, Rev. A. Wilson, B. A.

Morning worship at 11 o'clock. Subject, "THE UNRE-COGNIZED PROVIDER." Sunday School at 12:15. Evening service at 7:30. Subject, "THE RIGHTEOUS CAUSE AND THE CONFLICT OF FAITH." Male quartet, "Sweeter as the

ANNOUNCEMENTS

Years Go By."

Moose Whist Drive and Dance January 16.

Presbyterian Burns' Banquet on January 23.

Loyal Orange Lodge bridge, whist and dance, de luxe entertainment, Meropole Hall, January 29.

January 30. Sons of Norway Fishermen's

C. N. R. TRAINS

Farewell Dance February 6, Moose

From East-Sundays, Tuesdays and Thursdays, 3:30 p.m. For East-Mondays, Wednesdays and Saturdays, 11:30 a.m.

HAVE YOU TRIED A CLASSIFIED?

More and more people are turning to the classified columns of the Daily News to find what they want. Used cars, furniture for sale, lost and found, houses to rent or for sale, positions wanted. All sorts of things are advertised there. If you do not read the classified page, get the habit now. Try it today.

learn value



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the little digestive tract, such as sourbelching, frequent vomiting, feverishness, colic. As a mild laxative, it acts gently, but certainly, to open the little bowels in constipation, colds, children's diseases. A teaspoonful of Phillips Milk of Magnesia does the work of half a pint of lime water in neutralizing cow's milk for infant feeding, and preventing hard curds. Its many uses for mother and child are

ing those symptoms of babies and chil-

dren generally caused by souring food in

fully explained in the interesting book "Useful Information." It will be sent you, FREE. Write The Chas. H. Phillips Chemical Co., Windsor, Ont. In buying be sure to get genuine Phillips Milk of Magnesia. Doctors have pre-

scribed it for over 50 years.

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