

you'll

find that Kellogg's Corn Flakes are ideal for the children's supper. Whole-some. Easy to digest. Packed with flavor and crispness! Millions of mothers

prefer

crisp Kellogg's every day.



Kellogg's CORN FLAKES

Always oven-fresh in the waxite wrapper. Made by Kellogg in London, Ont.

FREE!

One 25c Tube
Colgate's
Tooth Paste

when you buy a tube of Palmolive Shaving Cream or Colgate's Shaving Cream or a bottle of Palmolive Shampoo, or a tube of Colgate's Tooth Paste, any size, or any Colgate or Palmolive item for 50c or over.

Take advantage of this offer.

Ormes Ltd.

The Pioneer Druggists

Phones 81 and 82

Third Ave. and Fulton St.

Local Items

Dinnerware, china, crockery glassware. Heilbronner's store.

John Bonanza of Stewart's is a visitor in the city, having arrived from the north on the Prince Rupert last evening.

Mrs. J. H. Mair, who has been spending a vacation visiting in Prince Albert, returned to the city from the prairies on yesterday afternoon's train.

Miss Marion Miller, who has been visiting for the past three months at Tiel, returned to the city from the islands on the Prince John this morning.

W. F. Trant, Post Office inspector, who has been on a visit to the city and district on official duties, sailed last night by the Prince Rupert on his return to Vancouver.

W. F. Eve and B. M. Buck of Anyox are paying a brief visit to the city, having arrived from the north on the Prince Rupert last evening. Mr. Eve is postmaster at the smelter town.

Mrs. N. Cork, who has been paying a visit here with her sister Mrs. Hubert Ward, Atlin Avenue, Westview, sailed by the Prince Rupert last night on her return to Vancouver.

C. J. Walters, accountant for the T. A. Kelley Logging Co., arrived in the city on the Prince John this morning from Selwyn Inlet and will sail on the same steamer tomorrow night on his return to the islands.

Robert McCarthy, steam shovel engineer for the Canadian National Railways, returned to the city on yesterday afternoon's train after having spent the past six weeks engaged in his work at Hubert and Quick.

Having been delayed by storms in the course of her voyage, C. N. R. steamer Prince John, Capt. Neil McLean, arrived in port at 8:30 this morning from Vancouver via all Queen Charlotte Island points and will sail at 10 p.m. tomorrow on her return south over the same route.

C. H. Alexander, formerly assistant purser on the steamer Prince John, and Mrs. Alexander came north from Vancouver to Selwyn Inlet on the Prince John this trip. Mr. Alexander has accepted the position of wireless operator at the T. A. Kelley Logging Co.'s camp at Selwyn Inlet.

NOTICE

Our coal is in a dry shed. Don't buy water. Buy coal and get your full weight. Discount \$1.00 a ton. Note our advertisements for cash prices.

HYDE TRANSFER, Phone 589.

Announcements

Concert, Presbyterian Church, October 23.

Eagles' Serpentine Dance, October 23. Ladies refreshments. Gentlemen, 50c.

Moose Cinderella dance honor F. M. S. Skeena, Monday next.

Royal Purple, bridge and whist, Monday, Oct. 26, Metropole Hall, 3:30, cash prizes.

St. Peter's Church bazaar, October 29.

L.O.B.A. bridge and whist and dance Metropole Hall, Oct. 29, at 8:30 p.m. Price, 50c. Premier Orchestra.

Hill 60 I.O.D.E. Bridge and dance October 30.

Moose Hallowe'en dance, Oct. 30.

Presbyterian Fall Bazaar, November 5.

Moose Carnival and Dance Nov. 12 and 13.

Baptist sale of work, Nov. 17.

Anglican Cathedral Bazaar, November 19.

Varden Concert, November 19.

Recreation Club Scotch Dance, November 20.

Navy Man Suffered

Had Terrific Backaches. Says Dr. Williams' Pink Pills (tonic) did the trick.

"Not a Pain or Ache Since."

"During the war," writes Albert E. Fletcher, now of R. R. No. 1, Burford, Ontario, "I was in the navy doing heavy duty and sleeping in a hammock. Sometimes my back troubled me very much. . . . A good friend of mine advised me to try Dr. Williams' Pink Pills which I did. . . . I became completely well, and I have not had a pain or ache since."

Dr. Williams' Pink Pills contain iron and other elements which increase the amount of haemoglobin, or oxygen-carrying agent in the blood. That is the secret of the benefits which result from this famous remedy.

If you suffer from indigestion, anaemia, nervousness, backache or rheumatism, get a supply of Dr. Williams' Pink Pills. 50 cents a package at any druggist's. Be sure to say "Dr. Williams'". 133

Men's Recreation Club will hold a Scotch dance in I.O.D.E. Hall, Nov. 20. (247)

Helen Porter of Stewart was among last evening's arrivals on the steamer Prince Rupert from the north.

Dwight Rice, son of Frank Rice, B. C. L. S., who has been at Queen Charlotte City, returned to the city from the islands on the Prince John this morning.

Mrs. David Eastman and child, who have been spending a vacation visiting with friends in Smithers, returned to the city from the interior on yesterday afternoon's train.

Read this carefully. Your Horoscope cast free. Marriage partner described, money prospects, travels, etc., etc. Two years guide added free. State birthdate, Mr., Mrs. or Miss. Send 25c bill or stamps (not coin) to defray postage and clerkship. Address: Mrs. C. Reynolds, 252 Dreef, Heemstede, Holland. Postage to Holland 5c. (247)

HALLOWE'EN SPECIALS

Hallowe'en Apples and Candy All on Display at Our Stores All at Reduced Prices

Jonathan Apples—
Per Box \$1.50
McIntosh Apples,
Cee Grade, per box \$1.85

Hallowe'en Candy all colors, 30c

Chocolate Bars, assorted, 25c

7 for 80c

Chocolate Bars, assorted, 80c

24 5c bars, per box

This is good for the children and is always appreciated.

Popping Corn, 35c

3 lbs. for 15c

Pumpkin, 6c

2 1/2 lbs. tins 6c

Pumpkin, fresh, 6c

per lb. 6c

Hubbard Squash, 6c

per lb. 6c

Fresh Roasted Peanuts, 25c

good and crisp, 2 lbs. for

Braid's Best Tea—Blue Label—With cup and saucer, 45c

per lb. 45c

We have only a limited quantity of this deal. Buy now and get this cup and saucer free.

Malkin's Best Waterglass, 34c

2's tins, two for

Malkin's Best Baking Powder, 12-oz. tins—With one package of Malkin's Best Jelly Powder 25c

free

Malkin's Best Extracts—All flavors, 19c

2-oz. bottles, each

Breakfast Bacon, sliced—25c

per lb. 25c

We have a full range of fresh Fruits and Vegetables at prices greatly reduced.

We solicit mail orders, and prompt attention is always given to these out-of-town customers entrusting their requirements to our care.

Mussallem's Cash and Carry Stores

"Where Dollars Have More Cents" Phone 360 Phone 18 & 81 319 3rd Ave. 417-423 5th Ave.

Glasses fitted by registered optometrist at Heilbronner's store.

Ernest Unwin returned to the city on the Prince John this morning from a two weeks' trip to Tiel.

Have a jolly time at Hygga's dance in Metropole Hall, tonight, Oct. 23. Everybody welcome. Admission 25c. (247)

J. Hepburn of Terrace is paying a brief visit to the city, having arrived from the interior on yesterday afternoon's train.

E. T. Kenney, stipendiary magistrate at Terrace, is paying a brief visit to the city, having arrived from the interior on yesterday afternoon's train.

S. R. Donaldson of Port Essington is paying a brief visit to the city, having arrived from the Skeena River on yesterday afternoon's train.

A. J. Buttmer of Balmoral arrived in the city from the Skeena River on yesterday afternoon's train from the Skeena River for a brief visit to town.

A. P. Allison, well known Queen Charlotte Island logging operator, came north from Vancouver to his camp at Queen Charlotte City on the present voyage of the steamer, Prince John.

W. K. Gwyer, district engineer for the provincial department of public works, returned to the city on yesterday afternoon's train from Smithers, having accompanied the minister of public works, Hon. R. W. Bruhn, that far in the course of his tour of the interior.

De Jong's Cash and Carry

Phone 953 For Week-End Savings Phone 953

Extra Special McIntosh Apples Per Box, C Grade Wrapped, \$1.65

Sunnybrook Butter, 75c

per 3-lb. brick

Blue Ribbon Tea—43c

per lb. 43c

Blue Ribbon Coffee, 43c

per lb. 43c

Crisco, 76c

per 3-lb. can

Ginger Snaps, Red Arrow, 25c

2 lbs.

Malkin's Best Assorted Jams, 59c

4-lb. pails

Johnson's Fluid Beef, 99c

16-oz. bottle

Kipper Snacks, 15c

2 tins for

Red Arrow Sodas, 45c

dollar size

Malkin's Best Loganberries, 21c

2's

Ensign Red Pitted Cherries, 19c

2's

Matches, pocket size, 19c

per dozen

Galner's Sliced Bacon, 15c

per 1/2-lb. pkg.

Malkin's Best Lobster, 32c

1/2's

Egg Plant, 25c

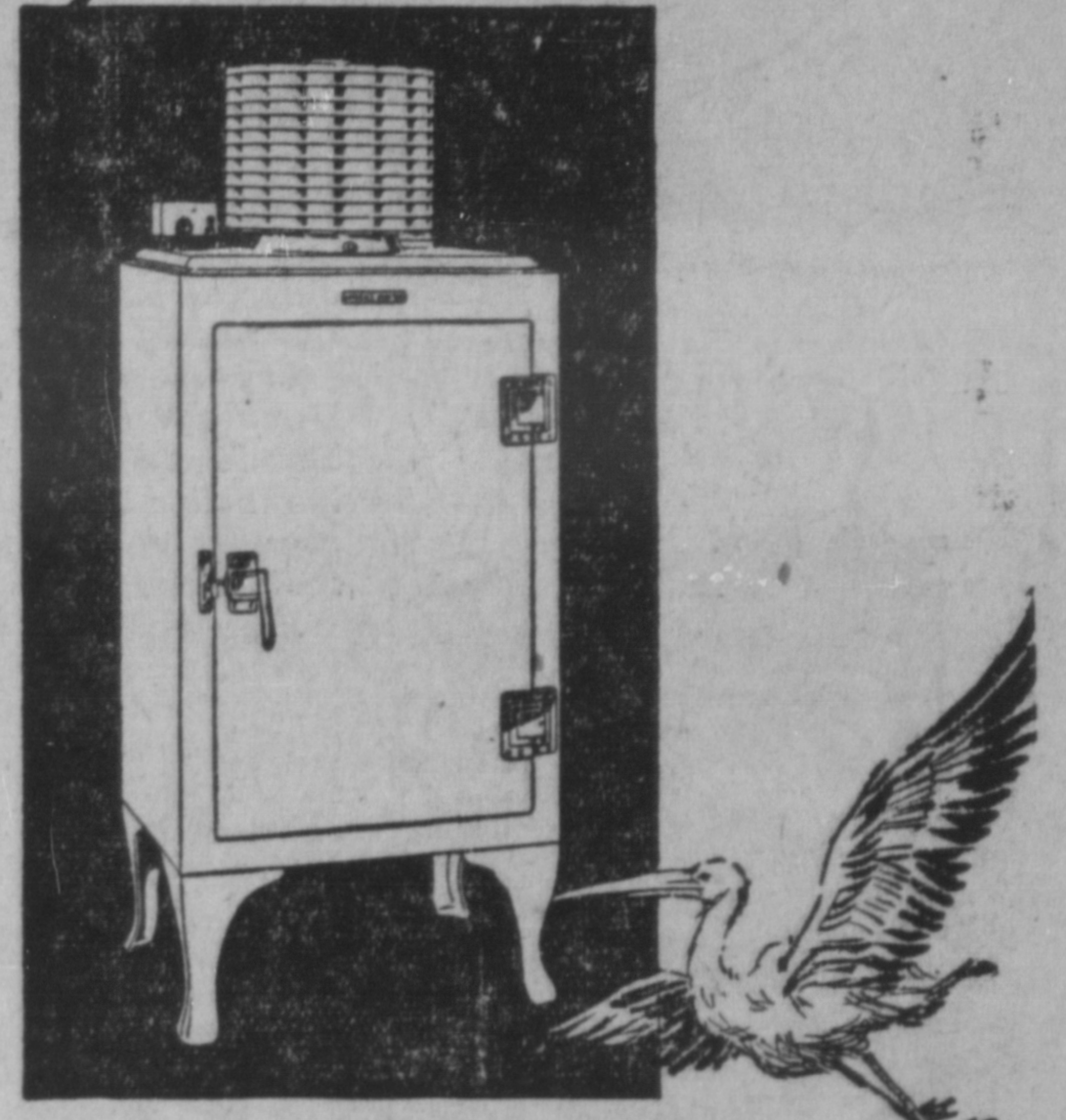
2 lbs. for

Celery, 10c

Free Delivery on Orders of \$2.00 or Over

DOMINION DAIRY

Here's a gift for you



to celebrate the birthday of the made-in-Canada

GENERAL ELECTRIC Refrigerator

READ below about the attractive gift which is yours with the purchase of a Made-in-Canada General Electric Refrigerator . . . then consider how important it is that you have this modern, adequate refrigeration in your home NOW.

Waiting is wasting! Every day you postpone owning a General Electric Refrigerator is another day of wasting . . . waste of costly perishables . . . waste of left-over meats, milk and vegetables.

A General Electric Refrigerator will end these losses and enable you to save money by buying quantities of perishable food at thrifty prices.

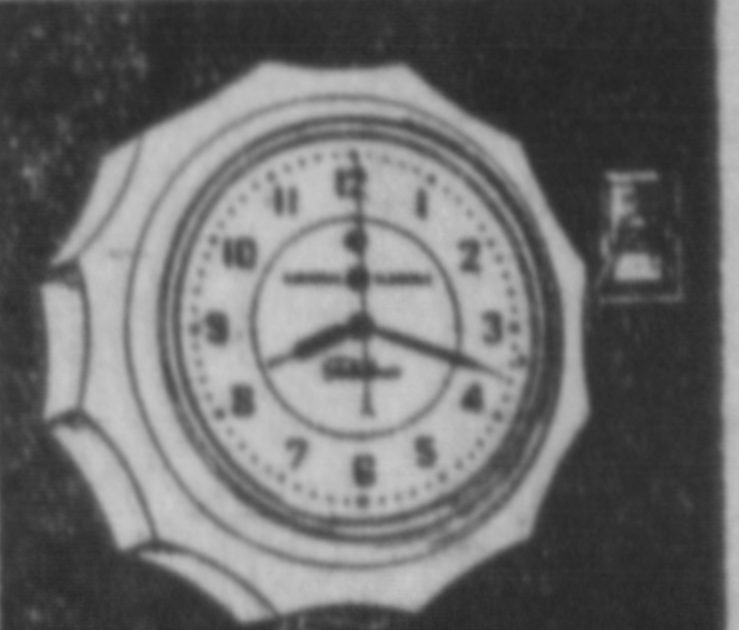
We urge you to inspect the General Electric Refrigerator and know why it has achieved a spotless record of expense-free performance in more than one million homes.

A demonstration will reveal such exclusive features as the distinguishing Monitor Top that never even needs oiling . . . the new Sliding Shelves . . . sanitary Chilling Chamber . . . All-Steel cabinet . . . and Multi-Temperature Zones. And remember . . . you can own a General Electric Refrigerator for a down payment as low as \$10.

TIME LIMITED OFFER!

From September 14th to October 31st, you will receive a gift of a Hostess model General Electric Refrigerator Clock with the purchase of a General Electric Refrigerator.

Listen to General Electric Vagabonds every Tuesday evening over Canada-wide network.



GENERAL ELECTRIC REFRIGERATORS ARE FOR SALE BY:

EE-1231D

NORTHERN BRITISH COLUMBIA POWER COMPANY LIMITED

CANADIAN GENERAL ELECTRIC CO., LIMITED

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—
T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.
Via Ocean Falls, arriving Vancouver, Thursday Morning.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Nass River points, Sunday, 8:00 p.m.
Further information regarding all sailings and tickets at—
PRINCE RUPERT AGENCY: Second Avenue, Phone 568

If your paper does not arrive, telephone the office

MUSSALEM'S MEAT MARKET

PRIME STEER BEEF

Sirloin Roasts, per lb.	25c
T-Bone Roasts, per lb.	25c
Sirloin Tips, per lb.	25c
Good Oven Roasts, per lb.	15c
Rump Roasts, per lb.	20c
Veal Shoulder Roasts, per lb.	15c
Legs of Veal, any size, per lb.	25c
Veal Stew, per lb.	12 1/2c
Veal Chops, per lb.	25c
Shoulders of Pork, any size, per lb.	15c
Legs of Pork, per lb.	22c
Legs of Lamb, 4 1/2-lb., average, per lb.	30c
Loin of Lamb, 4 1/2-lb., average, per lb.	25c
Shoulders of Lamb, 5 1/2-lb., average, per lb.	16c
Lamb Stew, per lb.	15c
Minced Steak, per lb.	15c
Sausage, 2 lbs. for	35c
Fresh Killed Fowl, per lb.	25c

We deliver free to all parts of the city.
Phones 18 and 84
417 Fifth Avenue East

Stationery

Office Supplies

Toys Charts

Books Radios

Sewing Machines

McRAE BROS., LTD.

WORTHWHILE SAVINGS

On Quality Foods

Okanagan Tomatoes—large tins—quality guaranteed, per tin	10c
Buy by the dozen at this price.	
Sliced Breakfast Bacon, Cello-Wrapt, per lb.	30c
Campbell's Tomato Soup—per tin	9c
Butter—No. 1 Alberta prints, 2 lbs.	47c
Split Peas—4 lbs.	23c
Pearl Barley—4 lbs.	21c
Chateau Cheese—It Spreads or Slices—1/2-lb. pkgs.	18c
Canada Matches—3 large boxes	30c
Christie's Biscuits—1-lb. Sampler Package, per pkg.	35c
Fresh Mince—Spicy and delicious, per lb.	16c
Shredded Wheat—per pkg.	10c
Malkin's Best Whole Beans, tiny and tender, per tin	18c
few Candied Peel—whole mixed, per lb.	21c
Choice Pink Salmon—Yacht Brand, 1-lb. tins	10c
Swansdown Cake Flour—For Better Cakes, per pkg.	29c
Crisco—3-lb. tins, each	76c
Whole Wheat Fig Bars, fresh stock, 2 lbs.	35c
"National" Chocolate Belairs, per lb.	30c
Eggs, B. C. Storage Extras, per doz.	35c
Oranges, Australian, large size, 3 doz.	95c

Watts' Grocery

PHONE 55 PHONE 56

THE BEST FOR LESS