

JUST ARRIVED Swim Kaps

Season's latest and original designs.
Keep the curl in—and the water out.

Price: 15c to \$1.25

Ormes Ltd.

The Pioneer Druggists

Phones 81 & 82 Third Ave. & Sixth St.
THREE GRADUATE PHARMICISTS

LOCAL NEWS

William King of the electrical department of the Canadian National Railways arrived in the city from the interior on today's train.

L. H. Haworth will sail tonight on the Prince George for Esquimalt where he will take a naval officer's course. Mrs. Haworth left on today's train for Calgary where she will visit while Mr. Haworth is in the south.

Robert C. Gosse sailed by the Cardena last night on his return to Vancouver after a brief visit in the city. It is understood that Mr. Gosse, who was formerly managing director of the B. C. Packers is now contemplating the establishment of an independent cannery at Prince Rupert.

- ANNOUNCEMENTS
- Moose picnic, Digby Island, June 21.
 - Moose Hard Time Dance Friday, June 26.
 - Canadian Legion Picnic July 12.
 - Presbyterian Bazaar November 5-15.



Low fares east

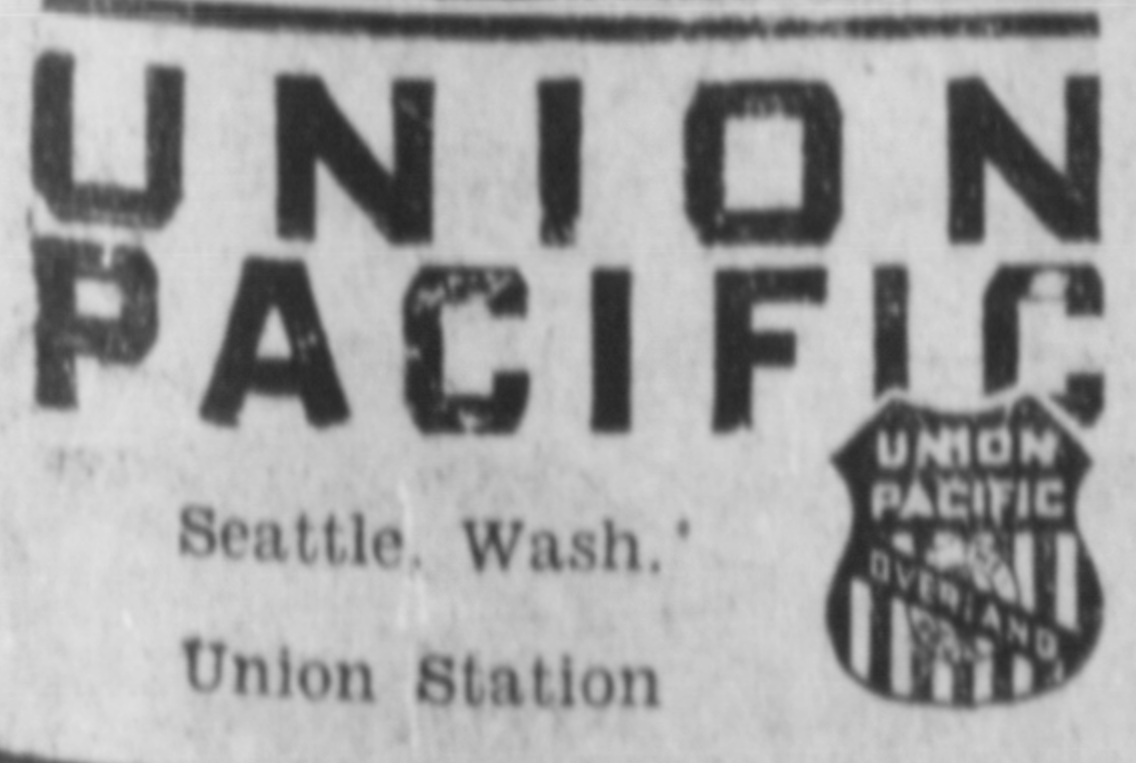
MAY 22 TO OCT. 15
RETURN LIMIT OCT. 31
LIBERAL STOPOVERS

Summer excursion fares east daily on Union Pacific's wonderful Portland Rose and other fine trains. Scenic route. Short side trips enable you to visit...

Grand Canyon, Zion, Bryce Canyon, Rocky Mountain, Grand Teton and Yellowstone National Parks. Information and vacation booklets on request.

Via Portland
Thru world-famous
COLUMBIA RIVER
GORGE

Direct to
SALT LAKE CITY,
DENVER, OMAHA,
KANSAS CITY,
ST. LOUIS, CHICAGO



UNION PACIFIC

Seattle, Wash.
Union Station

UNION STEAMSHIPS LIMITED
Steamers leave Prince Rupert for Vancouver:—
T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.
Arriving Vancouver via Ocean Falls Thursday Noon approx.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points. Sunday, 8:00 p.m.

Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Sec and Avenue, Phone 568

Local Items

Dinnerware, china, crockery, glassware, Heilbronner's Store.

Dan Jabour, who has been on a brief business trip to Vancouver, returned from the south on the Prince Henry this morning.

The fire department had a call at 8 o'clock last evening to the home of James Redpath, Fifth Avenue West, where fire had started in a wood box. Paper on the wall was burned but there was no very serious damage.

H. W. Taylor, general manager of the W. H. Malkin Co. Ltd., arrived in the city on the ss. Prince Henry this morning from Vancouver to pay one of his regular inspection visits to the local branch of the company.

H. R. McMillan, owner of the Big Bay Lumber Co., prominent timber exporter and director of the Canadian Bank of Commerce, arrived in the city on the ss. Prince Henry this morning from Vancouver. After a brief visit here, he will proceed East on business.

J. B. Woodworth, well known mining man, who is prominently identified with the Surf Point mine on Porcher Island, was a passenger aboard the ss. Prince Henry today bound from Vancouver to Juneau whence he will proceed into the Taku River country.

Mrs. James Wagner and Mrs. David Gray of Santa Barbara, California, were passengers aboard the Prince Henry this morning bound for Skagway whence they will proceed to Atlin Lake for a week's visit, returning south on the ss. Henry on the trip after the present.

Union steamer Cardena, Capt. Andrew Johnstone, after having spent since early yesterday morning in the Skeena River unloading cannery supplies and loading canned salmon, arrived in port at 11:15 last night from the south and sailed an hour later on her return to Vancouver and waypoints.

B. T. Chappell, general superintendent, Canadian National Railways, Vancouver, left on this morning's train for Jasper Park enroute to Vancouver. The rest of the official party, including Col. J. C. Brown, Pacific Coast manager Canadian National Steamships which arrived from Vancouver yesterday, sailed this afternoon on the Prince Henry to make the round trip to Alaska and back to Vancouver.

See Prince Rupert From the Air

Northern B. C. Airways Moth Seaplane will take passengers for 10 15-minute hops over the city Saturday afternoon and all day Sunday, \$5.00 a trip. From Pacific Salvage Co. Float.



CANADIAN PACIFIC

CANADA'S GREATEST STEAMSHIPS

Empress of Britain 42,000 Tons Empress of Japan 26,000 Tons

FROM MONTREAL TO GLASGOW-BELFAST-LIVERPOOL

June 17, July 10	Minnedosa
June 20, July 13	Duchess of Richmond
June 23, July 16	Duchess of Athol
June 27, July 20	Melita
June 30, Aug. 1	Duchess of Bedford
July 4	Duchess of York

*Calling at Glasgow only.

To Cherbourg-Southampton-Antwerp

June 18	Montrose
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To CHERBOURG-SOUTHAMPTON HAMBURG

July 2	Montcalm
--------	----------

To Havre-London-Antwerp

July 9	Montclare
July 16	Montrose

FROM QUEBEC TO CHERBOURG-SOUTHAMPTON

June 20, July 11	Empress of Australia
June 27, July 18	Empress of Britain
July 4, July 25	Empress of France

FROM VANCOUVER To Hawaii-Japan-China-Philippines

LOW ROUND TRIP FARES TO ORIENT

Apply to Agents everywhere or J. J. FORSTER Steamship Genl. Pass. Agent C.P.R. Station Vancouver, Telephone Trinity 1151

Hemorrhoids

Or piles are quickly relieved by Dr. Chase's Ointment

It is a serious matter to have piles and one person in four has them at one time or another. The annoyance and distress is great. It is difficult to obtain lasting relief. So much so that a surgical operation may be considered necessary. That is unless your physician is familiar with Dr. Chase's Ointment for many doctors recommend this treatment to their patients.

For nearly half a century Dr. Chase's Ointment has been the never failing relief for itching, bleeding and protruding piles. It is now very generally known by the medical profession, and the public generally, as the standard treatment for this torturing ailment.

Ask your friends about Dr. Chase's Ointment for "users are boosters" in this case. Relief comes quickly and you can obtain the ointment at any drug store.

Corp. T. E. E. Greenfield, R.C. M.P., will sail tonight on the ss. Prince George for a trip to Vancouver.

Miss Joan Eyoifson, who underwent an operation for appendicitis Tuesday morning, is now doing as well as can be expected.

Mrs. Jack Joy, who has been on trip to Vancouver and elsewhere in the south, returned to the city on the Prince Henry this morning.

T. J. Shenton, inspector of mines who has been on a trip to Bella Bella and Ocean Falls district on official duties, returned to the city on the Prince Henry this morning.

J. W. McKinley returned to the city on the Prince Henry this morning from Vancouver where he attended an Oddfellow's Grand Lodge convention as delegate from the local lodge.

G. A. McNicholl, general passenger agent, Canadian National Railways, Vancouver and J. M. Macrae general freight agent and Mrs. Macrae were passengers aboard the Prince Henry today going north to make the round trip to Skagway.

Tender

TENDERS will be received for the erection of a Bishop's Residence on 4th Avenue. Plans and Specifications can be seen at the office of G. P. Tinker, Esq., Besnet Building, City.

The lowest or any tender not necessarily accepted. Tenders will close at 5 p.m. on June 24th and are to be addressed to The Secretary, Bishop's House Building Committee, c-o G. P. Tinker, Esq. 141

HOTEL ARRIVALS

Savoy Hotel

Prince Rupert's leading family hotel Hot and cold water in all rooms.
A. J. PRUD'HOMME, Prop.
Cor. of Fraser and Fifth Sts.

New Royal Hotel

I. Zarelli, Prop.
THE HOTEL WORTH WHILE
Hot & Cold Water; Steam Heat
75c PER DAY AND UP
Telephone 281

Royal
A. Boyden, Kitscote Alta.; A. Hjorten, city; C. B. Boliva, city.

Knox Hotel

Are Our MEALS Good?
Our Guests Say They Are.

SAILINGS FROM PRINCE RUPERT

To Ketchikan, Wrangell, Juneau and Skagway—
June 15, 19, 22, 26.

To Vancouver, Victoria and Seattle—
June 13, 20, 24, 27.

For Butedale, Ocean Falls, Namu, Alert Bay, Campbell River, Vancouver, Victoria—
Friday, 10 p.m.

Full information from
W. C. Orchard, General Agent
Cor. 3rd Ave. & 4th St.
Phone 31



CANADIAN PACIFIC

Baptist Tea Tuesday June 23.

Glasses fitted by registered optometrist at Heilbronner's store.

Sergeant Andrew Fairbairn, provincial police, Smithers, arrived in the city from the interior on today's train, having a prisoner in his custody.

Inspector John Macdonald provincial police, returned to the city on today's train from a trip to Smithers and elsewhere in the interior on inspection duties.

Miss Oral Ross of the Prince Rupert General Hospital nurses' training school returned to the city on today's train from Smithers where she has been spending her vacation.

C.P.R. steamer Princess Louise, Capt. Arthur Slater is due in port at 3:45 this afternoon from Skagway and other Alaska points and will sail at 5:30 for Vancouver and Victoria.

Mrs. Gescheit of Vancouver and Mrs. Ripstein of Montreal are visiting here with their father, William Goldbloom, having arrived in the city from the south on the Prince Henry this morning.

Mrs. H. T. Allen, wife of the United Church pastor at Terrace, who has been paying a visit to Vancouver, Victoria and elsewhere in the south, arrived in the city on the Prince Henry this morning enroute to the interior.



Best for You and Baby too

BABY'S OWN SOAP

Albert Soap Limited, Mts. Montreal.

TARIFF REVISIONS

Will Result in Higher Prices

BUY NOW At These Prices

Corn Flakes—Quaker	9c
per pkg.	
Raisins—Seedless	26c
per 2-lb. pkg.	
Soap—Pearl White Naptha	23c
6 bars	
Canada Corn Starch—	10c
per pkg.	
Rowntree's Cocoa—	13c
per 1/4-lb. tin	
Toilet Tissue—	31c
9 rolls	
Chocolate Eclairs—National	32c
Fresh stock, per lb.	
Pure Lard—Swift's or Gainers	
3-lb tins	50c
5-lb tins	82c

LEVER BROS. COMBINATION DEAL

1 pkg. Rinsol, 1 bar Lifebuoy, 1 pkg. Lux, 1 bar Lux Soap, 1 Burns Bread Knife, serrated edge.
All for 69c

Oranges—Family size	92c
5 doz.	
Chateau Cheese—For spreading or slicing, 5-lb. boxes	32c
per lb.	
Cut	34c
per lb.	
Kellogg's All-Bran—	21c
per pkg.	
French Dressing—Chanticleer, per bottle	29c
Sliced Pineapples—Libby's Hawaiian—2's, per tin	24c
Fresh Strawberries—Arriving Friday and Saturday	15c
per basket	

Watts' Grocery

PHONE 55 PHONE 56
"THE BEST FOR LESS"

CHURCH NOTICES

FIRST UNITED CHURCH

Pastor, Rev. A. Wilson, B. A.

Morning worship at 11 o'clock. Subject, "THE RACE THAT CALLS FOR MORE THAN STRENGTH AND SPEED." Sunday School at 12:15. Evening service at 7:30. Subject, "THE GOOD GIFT THAT LEAVES NO BITTER TASTE."

FIRST PRESBYTERIAN CHURCH

Minister, Rev. W. D. Grant Hollingworth, B.A.

Sunday School at 10 a.m. Morning service at 11 o'clock. Subject, "THE SESSION, ITS PRIVILEGES AND RESPONSIBILITIES." A special ordination and induction of elders will take place at this service. Those elected to this high office are: Messrs. W. W. C. O'Neill, H. C. Fraser, S. Massey and D. B. McDougall. Chorus by Junior Choir. Evening service at 7:30. Subject, "THE CANADA OF THE FUTURE." Subject suggested by lecture of Robert J. Cromie, editor of the Vancouver Sun. Male voice quartet.

CHRISTIAN SCIENCE

(Christian Science Society, 245 Second Avenue West)

This Society is a branch of the Mother Church, the First Church of Christ, Scientist, in Boston, Mass. Sunday service at 11 a.m. Subject, "GOD, THE PRESERVER OF MAN." Sunday School at 12:15. Testimonial meeting, Wednesday at 8 p.m. Reading Room, 245 Second Avenue, open on Mondays and Thursdays from 3 to 5.



Don't lie awake tonight—sleep!

WHAT a depressing state is sleeplessness! Minutes seem hours—hours seem endless. Back of it usually are nerves—strained, raw and fagged out. Nerves that are starved for nourishment to replace exhaustion caused by over-work, worry, or social effort.

If you are bothered with sleeplessness, feed your nerves with Ovaltine. You will find that they will calm down, digestive unrest will stop and you will sleep soundly and naturally.

Ovaltine at bed-time is the world's best night-cap. Millions of people have found this to be true. The natural nourishment in Ovaltine restores mental and physical poise almost immediately.

Ovaltine is prepared scientifically from ripe barley malt, fresh eggs and creamy milk, Nature's finest tonic foods. It contains all the essential vitamins and other food elements in correct proportions.

It not only soothes and feeds the nerves but completely rebuilds your exhausted body cells and tissues while you sleep. You wake up wonderfully refreshed.

Try the world's best "night-cap" tonight.

Sold at all good stores, in 50c, 75c, \$1.25 and special \$4.50 family size tins; also served at soda fountains.

are excellent for teeth and gums and also are a delightful light food. They are made from finest Canadian wheat flour to which Ovaltine is added, making them more easily digested and much more nourishing than the average rusks or biscuits. Delicious when served with cheese.

OVALTINE RUSKS

OVALTINE

TONIC FOOD BEVERAGE

Ensures Sound, Natural Sleep

A. Wander Limited - 455 King Street West - Toronto, Ont.

Get the habit of reading the advertisements in this paper, and taking advantage of the help they bring you.