"BULK,"

VITAMIN B, IRON

All in

Kellogg's ALL-BRAN

IF You suffer from ordinary con-

stipation, you will be benefited

by Kellogg's ALL-BRAN. Millions

Scientific tests show ALL-BRAN

supplies "bulk," Vitamin B, and

iron. "Bulk" promotes elimina-

tion. Vitamin B tones the intes-

tinal tract. Iron helps build blood.

within the body, it changes to a

soft mass, which gently cleanses

the intestines. It is much like

the "bulk" in lettuce or spinach.

at your grocer's. Try two table-

spoonfuls daily for a week. ALL-

Bran is natural - far better

than pills or drugs, which may

HELPS KEEP YOU FIT

TERRACE

Mrs. Marsh and Miss Deacon had

the misfortune to fall heavily on

the rough road, while returning

from morning service at the Angli-

can Church on Sunday, and botin

were so badly injured that medicai

attention had to be given by Dr.

Miss Jean McLeod has left for a

lengthy stay with Wilthew Foster.

of Leamington, Ontario, her grand-

father, where she intends taking

the high school course. Her bro-

ther, Foster McLeod, is returning

from the same home after spend-

Very Rev. Dean Gibson, of Prince

Rupert, arrived on Wednseday to

officiate at the funeral of Mrs.

Major Wilby, principal of the

ligh School, has aired his ideas to

the Board of Trade in which he re-

commends the local manufacture

of raspberry wine and of soaps for

Staff-Sergt. A. McNeill, of Prince

Rupert, arrived on Wednesday to

take charge of the investigation in-

to the deaths of Mrs. Cauthers and

The remains of Mrs. Cauthers

and her baby were carefully gath-

ered from the smoking debris of

noon and were deposited in the

Anglican Church, W. A. Kirkpat-

Knee breeches are now the official

wear for women Fascist in Italy

The rest of the costume consists

shirt, black boots and gray alpine

hat. The breeches are dark grey.

Acid Stomach

with a tunic for winter use.

black leggings or gaiters, black

ick supplying the coffin.

commercial distribution.

Charles Cauthers and her baby.

ing a lengthened vacation there.

ALL-BRAN is already cooked,

flavored and

krumbled - bran

in its finest form.

Serve as a cereal

or try the deli-

cious recipes on

the package.

Made by Kellogg

in London, Ont.

cause too strenuous action.

Kellogg's ALL-BRAN

Get the red-and-green package

In the package, ALL-BRAN has

shredded appearance. But

have found it brings relief.

Special Inducements for

SATURDAY & MONDAY

Eiderdown and Feather Filled Comforters

All reduced for this occasion, values from \$9.50 to \$39.50. They are in beautiful patterns, some satin covered. \$7.50, \$29.50 priced from

Sponge Rubber Bath Mats \$1.25
Reg. value \$2.50, each ...

Curtain Panels, with silk fringe, handsome designs, values to \$2.50, each \$1.25

Curtains, all white with Swiss dot. plete, per pair \$1.25

Bath Towels, extra large size (double tex, reversible stripe, Reg. \$1.95, per pair \$1.25

Tablecloths, pure linen with colored borders, sizes 54x63 \$1.95 square, splendid quality \$1.95

Ladies' Raincoats, 24 only, all new goods, values to \$10.50 \$6.75

Girls' Velvet Dresses, sizes 12 and 14 only. \$6.75 values \$3.95

Girls' Knitted Sweater Suits, colors of blue, nile, sand, reg. \$3.95 \$5.50, for

Wincyette Gowns, warm and 75c durable, each

Waists, in spot and plain \$1.95 patterns, each

Ladies' Skirts, tweed and coverts, Reg. \$4.50 for, each

Silk Scanty Combination, in a dainty range of colors, reg. \$1.95 \$4.50, for

Pajama Suits, in contrasting trim values to \$2.95 \$1.95

Ladies' Umbrellas in an assortment values to \$2.95, each ... \$1.95

Serge Gymnasium Bloomers, sizes 6 to 20, values to \$3.75 \$1.50

Children's Combination Suits, long leg and sleeve 25c to clear, per suit

Women's Figured Flannelette Kimonas, blues and roses Reg. \$3.75, for \$1.95 nas, blues and roses

Children's and Girls' Whoopee Slickers, all sizes \$1.95 to clear for

Ribbons, an assortment of colors and widths, yard ...

Dress Goods, flannels, \$1.00 serges, etc. 2 yds. for ...

SEE OUR WINDOWS

PHONE—9

THIRD AVE. & FULTON ST.

Week-End Specials

Swift's Cottage Style Boneless Ham, per lb.
Orchard City Tomatoes—
10c SHEDDO Comet Brand Peas-Size 4 per tin Quaker Green Beans-2's 3 tins. Orchard City Peaches-2's 3 tins Malkin's Best Apricots—2's 2 tins .. Malkin's Best Loganberries 45c 2's, 2 tins . Malkin's Best Asparagus Tips, 2 tins Eggs-Fresh Seconds 3 doz. Sunnybrook Creamery But- 80c Cut Green Beans-2's Ontario Finest Cheeseper lb. Roman Meal—Famous breakfast food, per pkg. Pride of Canada Maple Syrup 2½-lb. tin Sunkist Oranges— 5 doz.

> EXTRA SPECIAL 3 cakes Palmolive Soap and 1 pkg. Palmolive Beads for washing fine fabric. value 40c. 25c

Swift's Classic Cleanser-

3 tins .

P. GAMULA, Proprietor

Fifth Street. Phone 208

Judge and Mrs. F. McB. Young returned to the city on yesterday afternoon's train from Smithers where Judge Young presided over session of County Court during

Cash and Carry 50c It Pays to Buy Here

enclosed, the lot Libby's Apricots-2's 20c per tin 45c snow Cap Crab—1/2's per tin Ontario Cheeseper tin 25c Royal City Sliced Peaches-2's, per tin . 30c Libby's Queen Olivesper 9-oz. bottle 85c Libby's Stuffed Olives— per 9-oz. bottle 95c Kellogg's All-Bran-per pkt. Fresh Ground Coffee-30c Five Roses Flour-49's per sack Sliced Bacon per lb.

Fifth Ave. E., opposite Hospital

Sundays, Tuesday and Thursdays, 3:30 p.m.

From the East—

Unable to find employment is heir usual lines, many women in California have turned to surface their house late on Tuesday aftergold mining to make a living until conditions improve.

24C 209 Second Street 20C T-Bone Roast per lb. 10c Sirloin Tip-19c per lb. 25c 4 lbs. Loin of Lamb 19c 1 good Cauliflower Leg of Lambper lb. Leg of Pork-Shoulder Pork-\$1.00

Shoulder Veal-

Leg of Veal—

Fresh Killed Fowl-

We have vegetables and deliver

our goods.

per lb.

each

Cash & Carry

Telephone-581

C. N. TRAIN

For the East-

Mondays, Weanesday and Saturdays, 11:30 a.m.

45c Slue Ribbon Tea-2-lb. packet with fancy cup and saucer Q50 FAMILY MEA MARKET

20c Completely Relieved by Famous Vegetable Pills Mr. Frank C., of Blackburn, writes: "I have suffered long from acid stomach and constipation, but since being advised to try your wonderful Carter's Little Liver Pills I can eat anything."
Dr. Carter's Little Liver Pills are no ordinary laxative. They are ALL VEGETABLE and have a definite, valuable tonic action upon the liver. They end Constipation, Indigestion, Biliousness, Headaches, Poor Complexion. All druggists. 25c & 75c red pkgs.

15c

22c

75c

Stationery

Office Supplies Charts Toys Radios Books

McRAE BROS., LTD.

Sewing Machines

Hallowe'en Tea Is Successful

Affair Held Yesterday Afternoon By Ladies' Aid of First United Church

The Ladies' Aid of First United Church held a delightful Hallowe'en tea yesterday afternoon at the home of Mrs. Frank Derry, Borden Street. The affair was successful in every way, many ladies calling during the afternoon to lend their patronage to the event. The rooms were gaily decorated with Hallowe'en mottos and colorings and the tea table was centred with Scotch marigolds and candles of the same shade.

The hostess was assisted in receiving the guests by Mrs. J. J. Payne, president of the Ladies' Aid.

Miss E. M. Earle, Miss M. Sharpe and Mrs. B. E. Valde were in charge of the tea tables and Mrs. W H Kergin and Mrs Thomas poured. Mrs J. S. Irvine, Mrs. Frank Vickers and Mrs. Clavring were in charge of the kitchen. Mrs Alton was cashier. Mrs D. Santerbane and Mrs G. Cicconne were in charge of the home cooking table

During the afternoon a delightful program of instrumental music was rendered, those contributing to the program being Mrs. E. J. Smith piano solo; Misses Maxine Heilbroner and Ruby Krikevsky, piano duet, nd Miss Audrey Parkin, accompanied by Mrs. J. S. Black, violin solo.

Miss Annabell Mathews is the highest paid woman in the Federal Service of the United States She is the only woman member of the U.S. Board of Tax Appeals.

Friday and Saturday TWO SHOWS -- 7 & 9 P.M. Feature starts 7:40 and 9:40

Sat. Matinee at 2:30, 15c & 40c—Feature Starts 3:10



Fun For All the Family in Mark Twain's Delightful Story

"HUCKLEBERRY FINN"

A PARAMOUNT PICTURE

With Jackie Coogan, Mitzi Green, Junior Durkin, Jackie Searl Real Kids in a Real Story of Adventure and Romance Comedy-"S. S. MALARIA" Mickey Mouse-"PIONEER DAYS" PARAMOUNT NEWS

GUM FOR THE KIDDIES AFTER THE MATINEE Monday & Tuesday-"IT'S A WISE CHILD"

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED

Prepared Daily By

Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.

STARTING SATURDAY AT 9 A.M.

Again ANNETTE Offers



Staggering

Fur Trimmed Coats

60 Elaborately Fur Trimmed Coats, in Chunga and Broadcloth, regular values \$25.00 to \$55.00

SPECIAL-

\$17, \$28, \$38

REMEMBER-You save from 33 1-3 per cent to 50 on every coat

Eugenie Hats

20 EUGENIE HATS, To clear in red, black, brown and \$2.65 green felt. SPECIAL

DRESSES

100 DRESSES in Satins, Flat Crepes and Travel Tweeds. Here are dresses picked from our Vancouver stock, selling at less than half their original price—

\$3.65, \$8.45, \$10.75

EXTRA SPECIAL-24 EVENING DRESSES, just arrived from our Vancouver stock. In pastel shades and black. Exceptional values at-

500 Pairs Silk-to-the-top Chiffon Hose. Does not rain-spot. All the latest colors and sizes. Special.

ANNETTE'S Ladies' Wear Co., Ltd.

