

"Of course Shredded Wheat is our breakfast every day in the year and we sometimes have it for lunch with luscious ripe berries and cream. Shredded Wheat with milk gives the children Vitamin Band the mineral salts which their growing bodies need. Having Shredded Wheat once a day they are sure of getting the needed nutritive elements—also all the bran in the whole wheat which, you know, induces regular habit."

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.



# CHREMMEN WHEAT

# WITH ALL THE BRAN OF THE WHOLE WHEAT CACH & DEIVER PRICES

CHOIL & DEFIATURE LUI	CLO
LEADER TOILET PAPER—  8 rolls	25c
POST'S BRAN FLAKES— per pkg.	12c
P. & G. NAPTHA SOAP— 6 cakes	24c
EGGS—FRESH EXTRAS per dozen	25c
EGGS—FRESH PULLETS  per dozen	21c
PEANUT BUTER—In Bluk 2 lbs. for	25c
PRUNES—Del Monte per lb.	10c
ONTARIO CHEESE—  per lb.	22c
MALKIN'S BEST STRAWBERRY JAM—New Pack per 21/2-lb. jar	44c
ORANGES—SUNKIST  5 dozen	95c
CHOCOLATE ECLAIRS— per lb.	25c
MALKIN'S BEST JELLY POWDER—All Flavors per pkg.	5c
Telephone your order and pay the driver	

'WE GUARANTEE EVERYTHING WE SELL'

Q&SGROCERY

Phones: 227 & 228

600 Seventh Avc. East

WE ARE OFFERING:

For Cash at the Rate of 50c Per Ton Alberta Lump, \$13.50, for cash, \$13.00 Alberta Egg, \$12.50, for cash, \$12.00 Pembina Egg, \$12.50, for cash, \$12.00

HYDE TRANSFER—PHONE 580

PHONE 580

### Dry Cleaning & Pressing

Lower than Vancouver prices We call for and deliver

M. T. LEE CO. 323 3rd Ave. W. Phone 663

Next Benson Studio

NATURAL PURE Fresh Milk

Free from any preservative or treatment whatever. Milked and delivered daily from our own cows. Four successive years Government Grade A certificate Health and Sanitation. A trial solicited. Satis-

faction guaranteed. PRINCE RUPERT DAIRY

# Baptist Sunday School Picnic

day when a good sized crowd made just as warm as usual. the trip to Digby Island. The weather man was kind and a delight- Here's to the pessimist, ful frolic was indulged in. Boats Who sees the whole world blue were loaned for the occasion by J. The sun will never shine again D. Thurber, Clifford Gilker, W. If his sad wail comes true. Wrathall, J. Armstrong and Mr. Glass. The winners in the races The difficulty with some of the were as follows:

Boys, 6 to 8-Dick Cameron, Elmer Eburne.

Boys, 8 to 10- Dave Houston, lights go out. Dick Cameron, Melburn Eburne. Ella Krause, Joyce Edwards.

Russel Cameron. Girls, 10 to 12-Velma Thurber

Russel Cameron, Dick Cameron. | climb-

Girls. 12 to 14—Velma Thurber Dorothy Grimble, Eva Morris, Ei- suppose. leen Hamblin and Vivian Wrathall Girls, over 14—Edith Johnstone. Cath. Mussallum, Vivian Wrathall.

and Houston Bros. Girls, 3-leg race— Velma and Dorothy, Eva and Vivian.

Boys, sack race, under 14-Velma Thurber, Dorothy Blake.

Johnstone. Married Ladies' race-Mrs. Eburne, Mrs. Houston and Mrs. Lin-Thin Ladies' race-Mrs. Boulter

and Mrs. Calvin.

#### HARD TIMES INEVITABLE

ers, Alice Arm Herald Observes In Commenting on Situation

creased taxes mean that they are their benefit. forced to buy less. This naturally decreases the demand for goods and FREE! - GOLD DUST - FREE! more men are thrown out of work because of overproduction. History has invariably shown that the least taxed country is the most prosperous. If money is scarce among the

# Week-End Specials

Granulated Sugar-

l	10 lbs	396	1
1	Malkin's Best Peas—Size 3 per tin	15c	-
١	Malkin's Best Custard	55c	
ı	Malkin's Best Prunes—	20c	-
	2-lb. pkg Dutch Maid Mayonnaise—	45c	-
	Aylmer Peaches—1's	25c	
l	Aylmer Pears—1's	25c	
l	2 tins	40c	
	5-lb. tin	* W. J. W.	The second second
	4-lb. tim	55c	
	Christies' Graham Wafers— 1-lb. pkg.	25c	
	Fine Stilton Cheese— per lb.	25c	
	Swift Premium Bacon— Sliced, per lb.	40c	
	Pickled Boneless Pigs Feet- per 9-oz. jar	35c	
	Sunkist Sweet Oranges— 5 doz.	95c	
	Fresh Apricots— 2 lbs.	25c	
	Fresh Plums—	700	

6-lb. basket

P. GAMULA. Proprietor Fifth Street.

## Man in the Moon

he failure of the wheat crop, the invisible profits of the merchants The annual Baptist Church Sun- and the sad wail of the profesday-School picnic was held yester- sional mourners, the July sun is

American law cases is that when Children, 3 to 6 years-Audrey they are decided the present gen-Green, Peter Pederson and Marvin eration will be dead and the chil-Calvin. dren won't know how they started.

A boxer has discovered a new Girls, 6 to 8-Jean Krause, Betty punch. It's called the curfew wal-Blake, Austrie Peterson. . lop, because, when it hits you your

Girls, 8 to 10-Velma Thurber | Man in restaurant-Give me four sandwiches to take out. Boys, 10 to 12- Bob Houston Proprietor-Joe, dress up four

Dorothy Grimble, Joy Green, and Vegetarian-Yes. Ever since I port at 10:45 this morning from Ella Krause. have given up meat I have had a Vancouver, Powell River and Ocea 1 Boys, 12 to 14— Bob Houston desire to attain greater height—to Falls and sailed at 3 o'clock this

#### Boys, 3-leg race—Cameron Bros. GETTING HIMSELF BEAUTIFUL BLACK EYES

A beauty expert says that a woman in order to have beautifu hair, should have her husband pull Girls, over 14—Eva Morris, Edith her treesses every day.—Prince A! bert Herald.

### BARGAIN. Bigger Than Ever

It doesn't seem that long but it's When Money Scarce Among Work- two years since we opened our store on Third Avenue and since that time we have enjoyed the public patronage and very much appre-Says the Alice Arm and Anyox ciated their support, and take this Herald: "There are hundreds of opportunity to thank all who have thousands of people in Canada liv- contributed to our success. We ening a hand-to-mouth existence. In- deavor to keep prices reduced for



This Free Scouring Powder-

to our 19c sale.

Toilet Rolls—	19c
Malkin's Best Jelly Powders	19c
4 pkgs	Tac
Malkin's Best Extracts— per bottle	19c
Malkin's Best Corn—	19c
Canadian Cheese	19c
per lb.	
Corned Beef—  per tin	19c
Arrowroot Biscuits-	19c
per 1-lb. pkg.	
FRUITS & VEGETABL	ES
Royal Anne Cherries— per lb.	16c
Bing Cherries—Large	19c
Navel Oranges—	19c
per doz.	
Head Lettuce—Large	19c
Fresh Spinach—	
3 lbs.	19c
1 Cucumber 2 Green	19c
New Potatoes—	40-
10 lbs	190
Look over our list and stock	

rders mailed or shipped promptly. 70c Mussallem's Cash and

Carry Stores

Phone 18 & 84 417-423 5th Ave. 319 3rd Ave. -

## Mrs. Stevens Of Skidegate

SKIDEGATE, July 10 - A very enjoyable bridge party was held recently at the home of Mrs. E. C. Stevens, Skidegate. There were four tables. The out-of-town guests were Mr. and Mrs. G. H. Jolliffe, Mrs. A. Du Val, Mrs. R. MacKenzie, Mrs. A. Christenson and G. D. Beattie, all of Queen Charlotte City, and Mr. and Mrs. O. G. Ma :-Intyre, of Anyox, S. DuBois and D. DuBois of Philadelphia. The first, prize for bridge was won by Mr. Beebee of Skidegate, and Mis. Andy Christenson. The consolation prizes were won by G. Jolliffe and Mrs. R. MacKenzie. A very delicious luncheon was served at 12:33 after which round table games were enjoyed. At 2:30 the party

grunts to go wałking. C.N.R. steamer Prince George. Capt. Neil McLean, arrived in afternoon for Anyox and Stewart. Friend-And look for nuts, I whence she will return here southbound tomorrow evening.

#### SATURDAY SPECIAL

Lunch or Lemon Cakes Each 20c

The Electric Bakery We Deliver Phone 667

## Fri. and Satur.

TWO SHOWS - 7 & 9 P.M.



Here is the Picture You've Been Waiting For

# 'A Connecticut Yankee'

With Maureen O'Sullivan, Myrna Loy and Others The world's most successful creator of laughs, turning them out faster than ever in a new and merry comedy of Old and Merry England

Musical Review—"STORY BOOK PARADE" PARAMOUNT NEWS

Feature Starts at 7:25 & 9:25 ADMISSION-20c & 65c SATURDAY MATINEE at 2:30-15c & 40c-Feature Starts at 2:55

Monday & Tuesday—"THE WAY OF A SAILOR"

### More Value For Today's Dollar at Kaien Motors Ltd.

See us for appraisals on your used car. Estimates on repairs. Jobs, anything in the automobile line. Satisfaction guaranteed. KAIEN MOTORS LIMITED - PHONE 52



# Bring your best Prince Rupert

The Fair Board is anxious to encourage residents in the districts around Prince Rupert to bring their best to the

Which will be held the

### WEEK IN SEPTEMBER

Local residents believe that they can grow flowers better than any place within two hundred miles. Can they? The Fair Board would like to have the districts pit their horticultural skill against the Prince Rupert Flower Society and see if they cannot wrest away some of the prizes, especially that for the best floral display.

A cordial invitation is extended to all to compete. Further information can be obteained from

Secretary W. D. Vance

or from The Daily News, Prince Rupert, B.C.