A Private Income of $100 a month for Life

. . . from age 55!

IF IN GOOD HEALTH
—$100 A MONTH.

IF IN ILL HEALTH
—$100 A MONTH.

IN CASE OF DEATH
—$10,000 CASH.

Just picture it.
At 55, while still well and vigorous, to come into a private income (over and above other revenues), guaranteed for the rest of your life, of $100 a month. You simply make yearly or half-yearly deposits of an agreed amount for a specified period, at the end of which you begin to receive a monthly income for life.

That's only part of the story.
If, meanwhile, through sickness or accident you should become totally disabled, you cease paying premiums and receive $100 a month during such disability. At age 55, the regular income of $100 a month, unimpaired, comes into effect.

Look how your family is protected.
Should you die at any time before reaching 55, your family receives $10,000.

This is but one example of a variety of plans which the Sun Life of Canada has for every age, condition, and amount. Fill in and forward this form (which involves you in no obligation) and exact figures suited to your individual need will be sent you.

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HEAD OFFICE MONTREAL

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Montreal, Canada.

Without obligation on my part please send full particulars of your $100-a-month-for-life plan as outlined in your advertisement in .....
(Name of paper)

Name (Mr., Mrs. or Miss).....

Address (Street).....(City).....

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NORTHERN B. C. REPRESENTATIVE

The Consolidated Mining and Smelting Company of Canada, Ltd.
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OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern Makers, Founders, Woodworkers, Etc.
ELECTRIC AND ACETYLENE WELDING

Our Plant Is Equipped to Handle All Kinds of
MARINE AND COMMERCIAL WORK
PHONES 43 AND 385

NEWS OF THE MINES

AROUND PRINCE RUPERT

B. C. Silver Planning Mill—Esperanza Development to Be Resumed—H. S. Munroe Now In South Africa

Directors of the B. C. Silver Mines Ltd. consider that the property has reached the stage when erection of a mill is warranted and this matter is now under consideration. With this in view, development since August 31 has been largely in the way of preparing the ore bodies for milling. This statement featured the report of directors presented to shareholders at the annual meeting of the company recently by C. A. Banks, president and general manager. Mr. Banks stated further that, in preparing ore bodies for milling, a raise from No. 6 level on what is known as the B2 ore body has disclosed values of between $30 and $50 a ton across the width of the raise—five feet, six inches—and additional ore exists in the walls. "The average value of the ore bodies disclosed to date," stated Mr. Banks' report, "will make a good grade mill product." The Premier Gold Mining Co. Ltd holds a 38% interest in B. C. Silver and the two properties lie side by side. The Selukwe Co. of London, Eng., holds $879,509 of an authorized and issued capital of $1,500,000. Mr. Banks' report shows that all development work during the company's fiscal year ending August 31, 1930, was concentrated on No. 6 level where the Premier-B. C. Silver ore zone has now been traced for a distance of 2,400 feet and where, to date, four ore bodies have been found. The possibilities of the ore zone have by no means been exhausted by the work accomplished to date and it is probable that additional important ore shoots will be discovered by further exploration. A large amount of development work done to date has been in the nature of opening up the zone in order that it may be more fully prospected later. The total drifting, cross-cutting and sideswiping during the year was equivalent to 3850 feet of drifting. Development work was satisfactorily carried out during the year by D. H. Rae. The balance sheet as at August 31 shows that $91,929 was expended on general development and prospecting during the year, bringing total development costs to date to $677,888.94.

Definite work is expected in the very near future as to plans being made for resumption of operations under new management of the well-known Esperanza mine at Alice Arm. Seattle interests, who have made ararngements to acquire a large block of stock, do not actually obtain control of the company which is still held by British Columbia shareholders. It is planned to develop the larger ore veins on the various properties when operations commence. On the Alice property, there is a vein six feet wide carrying good silver values and on the Esperanza is a vein four feet wide carrying silver and gold values. There is also another vein, 12 feet wide, in which gold values predominate. In addition, there are a number of smaller high grade silver veins. Assisting Harry Bowyer in making financial arrangements for a resumption of development is Angus Macdonald who has been associated with the company for several years. The Esperanza Co. now controls a total of 19 claims.

Potentially the biggest development in the history of the copper industry is taking place in Rhodesia where eventually one billion tons of copper ore, with a copper content ranging 3.3% to 7.5%, is expected to be mined, according to H. S. Munroe, consulting engineer of the Rhodesian Anglo-American Co. and formerly general manager of the Granby Co.

EXPANSION IN MINING

The mining industry has shown continued expansion during 1930, says the monthly letter of the Royal Bank of Canada. Many new projects have been completed and extensive development work carried on. Prices of many products have shown radical declines and some operations have been curtailed or discontinued. Increased production, on the other hand, has been reported in many important fields. The output of gold, silver, copper, nickel, lead, zinc, natural gas and petroleum, all showed increases during the first nine months over the corresponding period of 1929. When complete returns are available for the year, several new high records of production will be shown. This is abundant evidence of the strength and vitality of the Canadian mining industry.

Among the recent developments in the Canadian mineral industries is one which holds promise of making substantial savings for the newsprint industry. It is hoped that by making use of a new process for burning Canadian pyrite ore, invented by Mr. Horace Freeman of Shawinigan Falls, Que., that the newsprint industry can advantageously discontinue annual purchases of more than four and one half million dollars worth of sulphur from abroad. In addition to direct savings to the newsprint and chemical industry amounting to about one million six hundred thousand dollars a year, the by-product of this process, iron ore, would supply one-eighth of the total annual iron ore requirements of Ontario and Quebec.

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Malkin's Best Coffee— per lb. 55c
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Malkin's Best Jams—All varieties, 4's, per tin 70c

Robin Hood Flour
49's Per Sack
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This quality is hard to beat
Pineapple Sliced—2's 9 tins for $1.00

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LOSE FAT THIS WAY

No matter how fat you are or how much you hate to get out and walk a couple of miles—

If you will take half a teaspoon of Kruschen Salts in a glass of hot water every morning for 30 days—

You will feel so good—so energetic, and the urge for activity will be so great that you will immensely enjoy a daily walk of several miles—and lose fat.

Why will Kruschen Salts make this great change for the better in me—it is natural for you to ask.

Because Kruschen is a blend of the six vitalizing salts Nature says your body must have to keep every organ, gland and nerve in the body buoyantly healthy.

While you are losing fat you will be gaining in energy—in endurance—in ambition. Your skin will grow clearer, and your eyes will sparkle with the good health that Kruschen brings. The old arm chair won't hold you any more—you'll want to be up and doing—you'll enjoy work and active recreation and you'll sleep like a top. You'll lose fat, and probably live years longer.

Interior Man Weds In South

Miss Annie Lane of Nanaimo Becomes Bride of Robert McGregor of Quick

NANAIMO, Jan. 5:—A very pretty but quiet wedding took place at the home of the bride's parents when Rev. Canon H. V. Hitchcox united in matrimony Annie Mary (Nancy), daughter of Mr. and Mrs. Joseph Lane, of Chase River, to Robert McConnell McGregor, of Quick, B.C. Attending the bride was Miss Mary McKnight, of Vancouver, as bridesmaid, while little Gwennie Lane, niece of the bride, made a charming flower girl. The groom was supported by E. T. Lane. Miss Helen Ritchie of West Vancouver, played Mendelssohn's "Wedding March," and during the signing of the register "At Dawning" was rendered by A. R. Lane. Following the ceremony, luncheon was served, after which the happy couple left on their honeymoon. They will take up their residence in Quick.

W. L. Larkwortny, well known New Hazelton merchant, will board today's train in the interior and proceed to his native home in Stratford, Ontario, for a visit.

Getting Up Nights

If Getting Up Nights, Backache, frequent day calls, Leg Pains, Nervousness, Rheumatism, Acidity, Burning, Smarting, Bladder Irritation, or Kidney Weakness makes you feel tired, depressed and discouraged, try the Cystex Test. Works fast, starts circulating thru the system in 15 minutes. Praised by thousands. Don't give up. Try Cystex (pronounced Siss-tex) today, under the Iron-Clad Guarantee. Must quickly stop these conditions, improve restful sleep and energy, or money back. Only 75c at all drug stores.

Mussallem's
MEAT
Market

Lamb Chops— per lb. 25c
Loin Veal Chops— per lb. 25c
Shoulder Roast of Veal, 5 lbs. $1
Stewing Veal— 3 lbs. 50c
Leg Roast of Veal— per lb. 25c
Round Steak— per lb. 25c
Sirloin Steak— per lb. 30c
Shoulder Pork— 5 lbs. $1
Fresh Side Pork— 3 lbs. 50c
Loin Pork Chops— per lb. 30c

Mussallem's Meat Market
Phones 18 & 84 417 Fifth Ave. E.

Mrs. Frank Breeze Passes In South

Was Sister of Mrs. F. McB. Young, and Herself Well Known In North

Mrs. Winnifred E. Breeze, wife of J. Frank Breeze, well known northern mining man and sister of Mrs. Fred McB. Young of this city, died last Wednesday at her home in Vancouver following a brief illness. Mrs. Young was present in Vancouver at the time of her sister's death. The funeral took place in Vancouver on Friday afternoon, Rev. E. D. Briden officiating.

The late Mrs. Breeze was born in Nanaimo, the daughter of Mr. and Mrs. T. W. Glaholm, one of the pioneer families of Vancouver Island. Her mother was Margaret McGregor who was the first white child born in Nanaimo. In addition to her husband, Mrs. Breeze is survived by a married daughter, her mother, a brother and two sisters.

Mrs. Breeze was quite well known and popular in Prince Rupert and the Atlin district. General sympathy will be extended to Mrs. Young on the death of her sister.

Frank D. Rice, B.C.L.S., returned to the city on yesterday afternoon's train from a trip to Port Essington on professional business.

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CANADA'S FINEST Entertainment

SATURDAY and MONDAY
TWO SHOWS — 7 & 9 P.M.

RICHARD ARLEN & FAY WRAY
— in —
"SEA GOD"
A Daredevil Adventure and Love Romance
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Comedy—
"THE FRESHMAN'S GOAT"
AUDIO REVIEW

Novelty—
"JAZZ PREFERRED"

Admission — 20c & 65c
Feature Starts at 7:40 & 9:40

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7 ROOMED HOUSE—Fully Modern, Hot Air Furnace. Fifth Avenue East. Very easy terms $4,000
9 ROOMED HOUSE—Fully Modern. Fine Harbor View. Terms arranged $7,500

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GRUEN WATCHES

Brilliant Jewelry . . for the year's gayest season!

With the holiday season comes a constant round of social activities. Parties, dances, dinners, theatre, opera! You'll be there, of course. And we've assembled here just the right pieces of smart, modern jewelry to wear with your newest frocks! . . . Brooches, rings, pendants, bracelets that will delight you as much as their moderate prices will surprise you. Come in—soon.

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