

BURDOCK BLOOD BITTERS

Covered With Bolls on Arms, Back and Neck

Miss Margaret Higgins, Dymont, Ont., writes:—"I was covered with bolls on my arms, face and neck. I used plasters and other remedies with no result. My attention was drawn to Burdock Blood Bitters, so I decided to get a bottle. The results were marvellous, as in no time the bolls had completely disappeared, and my skin was clearer and fresher than ever."

For sale at all drug and general stores; manufactured, for the past 51 years, only by T. M. H. Co., Ltd., Toronto, Ont.

PARKE DAVIS & CO.'S

Special Extract of Vanilla

"Makes Good Things Taste Better"

This is a superior product unexcelled as a flavoring in cooking and confectionery.

3-oz. bottle\$.50
6-oz. bottle90
16-oz. bottle 2.00

Ormes Ltd.

The Pioneer Druggists

Phones 81 & 82 Third Ave. & Sixth St.
THREE GRADUATE PHARMICISTS

THE CONSOLIDATED MINING & SMELTING COMPANY OF CANADA, LIMITED

TRAIL—BRITISH COLUMBIA

Manufacturers of **ELEPHANT** Brand CHEMICAL FERTILIZERS
Producers & Refiners of **TADANAC** Brand ELECTROLYTIC

AMMONIUM PHOSPHATE
SULPHATE OF AMMONIA
TRIPLE SUPERPHOSPHATE

LEAD-ZINC
CADMIUM-BISMUTH

BRITISH COLUMBIA

TRIANGLE TOUR

To Ketchikan, Wrangell, Juneau and Skagway—May 20, 30, June 8
To Vancouver, Victoria and Seattle—May 13, 24, June 3

PRINCESS MARY
For Butedale, Ocean Falls, Namu, Alert Bay, Campbell River, Vancouver, Victoria—Friday, at 10 p.m.

Full information from W. C. Orchard, General Agent Cor. 3rd Ave. & 4th St. Phone 31

You don't need 'sea legs' on the great **TRIANGLE TOUR**

Nineteen hundred miles of sightseeing... a 600-mile cruise on mirror-smooth, summer seas... an exciting rail trip through the Kitwanga country, with its totem poles and its legends... Jasper National Park, smart society rendezvous, Canada's mountain playground. Through the majestic scenery of the Rockies... the picturesque pastoral lands of the Fraser Valley.

Such is Canada's finest scenic vacation! Vancouver, Prince Rupert, Jasper! Start from any point in the Triangle... and make the trip in either direction. Side trip to Alaska from Prince Rupert at slight additional cost.

R. F. McNAUGHTON,
General Passenger Agent Prince Rupert, B.C.

CANADIAN NATIONAL

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—
T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.
Arriving Vancouver, via Coastal Falls, Thursday Noon approx.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.
Weekly sailings to Port Simpson, Alice Arm, Anxox, Stewart and Naas River points, Sunday, 8:00 p.m.

Further information regarding all sailings and tickets at—
PRINCE RUPERT AGENCY, Sec. and Avenue, Phone 568

NATURAL PURE **Fresh Milk**

Free from any preservative or treatment whatever. Milked and delivered daily from our own cows. Four successive years Government Grade A certificate Health and Sanitation. A trial solicited. Satisfaction guaranteed.

PRINCE RUPERT DAIRY
Box 895 Phone 287

S. E. Parker Ltd.

Ford Dealers

Cars — Trucks — Tractors
Tires — Accessories — Gas & Oil
Flat Rate Repairs — Wrecking Service

Third Avenue Phone 83

Local Items

Dinnerware, china, crockery, glassware, Heilbronner's store.

J. A. Hinton left on this morning's train for a business trip to Prince George.

Mr. Frank Knott sailed last night on the Prince Charles for a trip to Vancouver.

Whist, Crib and Dance, aid of Prince Rupert Boys' Band, Moose Hall, 8:30 tomorrow night. Ladies 50c men 75c. Five dollars given for winning ticket.

Tom Hanson, for drunkenness, was fined \$25, with option of thirty days' imprisonment by Magistrate McClymont in city police court this morning.

W. L. Newell of Stewart, who was here on jury service at the Supreme Court Assizes, sailed on Saturday afternoon by the Prince Charles on his return north.

A. G. McDonald, who has been studying in Vancouver, was a passenger aboard the Catala yesterday afternoon bound for Kincolith where he will spend the summer vacation with his parents, Dr. and Mrs. D. G. McDonald.

Fank Manley, pioneer of the Yukon country in the Gold Rush days, who was one of those who made a success of mining there, was a passenger aboard the Princess Alice Saturday bound for Skagway enroute to Dawson.

A luncheon of the Prince Rupert Gryo Club in the Commodore Cafe today took the form of a farewell to M. H. Blott, one of the popular members, who is about to leave for Vancouver to reside. Mr. and Mrs. Blott sail for the south on the Catala tomorrow afternoon.

SAILINGS FROM PRINCE RUPERT

To Ketchikan, Wrangell, Juneau and Skagway—May 20, 30, June 8
To Vancouver, Victoria and Seattle—May 13, 24, June 3

PRINCESS MARY
For Butedale, Ocean Falls, Namu, Alert Bay, Campbell River, Vancouver, Victoria—Friday, at 10 p.m.

Full information from W. C. Orchard, General Agent Cor. 3rd Ave. & 4th St. Phone 31

Your Chief Engineer

... knows everything from the largest turbine to the smallest pump on board your ship.

He is probably a Scot, and taciturn, but if you meet him you will be infected with his enthusiasm for his cherished engines.

Sailings weekly from Montreal
Cabin rates from ... \$130
Tourist Third Cabin ... \$105
Third Class Round Trip \$155

Special Seasonal Third Class Round Trip Excursion Rate \$129.

Information from
622 Hastings Street W.
(Phone Seymour 3048)
Vancouver
or any steamship agent

Sail CUNARD ANCHOR-DONALDSON

How Women Lose Fat In England

How would you like to lose unhealthy fat that you don't need and don't want, and at the same time feel better than you have for years? How would you like to lose your double chin and your too prominent abdomen, and at the same time make your skin so clean and clear that it will compel admiration? How would you like to get your weight down to normal, and at the same time develop that urge for activity that makes work a pleasure and also gain in ambition and keenness of mind? Get on the scales to-day and see how much you weigh—then get a bottle of Kruschen Salts. Take one-half teaspoonful every morning in a glass of hot water, and when you have finished the first bottle weigh yourself again. Now you will know the pleasant way to lose unsightly fat, and you'll also know that the six vitalizing salts of Kruschen have presented you with glorious health. That's the way Englishwomen keep slim—why not you?

Phone 32 Taxi for special rates, day and night, for large parties. Experienced drivers.

Mrs. W. D. Grant Hollingworth will receive Thursday, May 14 from 3 to 6 at the Manse. 110&112

W. Brocklesby arrived in the city on the Catala yesterday afternoon from Vancouver, being here to pay a visit with his son and daughter-in-law, Mr. and Mrs. H. N. Brocklesby.

Rev. Alfred Wilson, pastor of First United Church, sailed last night on the Prince Charles for Vancouver where he will attend the annual British Columbia Conference.

Provincial Constables Tait and Oland of Burns Lake, who were witnesses at the Supreme Court Assizes here last week, left by this morning's train on their return to the interior.

Capt. L. Sheppard, Frank Warner, W. Melvor and W. Strachan, local Dominion Fisheries officers, returned to the city on the Catala yesterday afternoon from Vancouver where they attended an official conference.

Percy Andrews and Roy Moore were excused from further service on the petit jury at the present session of the Supreme Court Assizes this morning when T. W. Brown explained to Mr. Justice W. A. Macdonald that they were anxious to return to their farms at Kitwanga where seeding operations are now in progress.

J. J. Hilliard, United States customs officer at Eagle, Alaska, was a passenger aboard the Princess Alice Saturday bound for Juneau whence he will proceed later to his post in the interior. During the past winter he has been, as usual attached to the staff of the United States customs comptroller in San Francisco.

The City Council, Chamber of Commerce and Japanese Assor are jointly tendering a Reception Banquet to Mr. Seiji Yoshihara, who is on a Goodwill Flight across the North Pacific from Japan, in the Commodore Cafe at 6:30 p.m. the day of his arrival, (probably between the 16th and 20th.) It is very desirous that there be a representative and enthusiastic attendance. Please get your ticket early at Orme's Drug Store, Yokohama Barber Shop, Heilbronner's Jewelry Store or Secretary Chamber of Commerce. \$1.50 each

"BUILD B. C. PAYROLLS"

A Patron For 12 Years

"Pacific Milk has been used in our home for 12 years," writes Mrs. William Edmonds of Kamloops. "It was the first milk we bought when we came to British Columbia, and though I had used evaporated milk before no milk seemed quite like this. I got better results in cooking right away."

This is but a portion of Mrs. Edmonds' letter.

PACIFIC MILK

Factory at Abbotsford, B.C.
100% B.C. Owned and Controlled

HOTEL ARRIVALS

Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms.
A. J. PRUD'OMME, Prop.
Cor. of Fraser and Fifth Sts.

Savoy
W. A. Breen, Usk; A. Gregory, Skeena; L. Wester and R. Hansen, C.N.R.

New Royal Hotel

I. Zarelli, Prop.
THE HOTEL WORTH WHILE
Hot & Cold Water; Steam Heat
75c PER DAY AND UP
Telephone 381

Royal
A. March, "city"; Wah Soon, Inverness; Gus Carlsen, Stewart.

Boston Grill

Phone 457 Prince Rupert
Large Cabaret
SPECIAL DINNERS
Thursdays and Saturdays
DANCING
Every Saturday Night, 9 to 12
Dance Hall for Hire
Accommodation for Private Parties

DR. HUGH L. DICKEY
SPECIALIST
Eye, Ear, Nose and Throat
Eyes Tested for Glasses
At St. Elmo Hotel

Glasses fitted by registered optometrist at Heilbronner's store.

Furs remodelled, cleaned and repaired. An experienced cutter Goldbloom's Fur Shop.

George Rorie returned to the city on yesterday afternoon's train from a business trip to Terrace.

Mr. and Mrs. L. G. Bristowe of Victoria are round trip passengers aboard the steamer Catala on its present trip north.

Local people for whom radio station KJR of Seattle played Selections Saturday night were Miss Josephine Rousseau and Mrs. Camilla Weir.

G. W. Dunn, who is in charge of the Consolidated Mining & Smelting Co.'s assay plant here, sailed last night on the Prince Charles for a trip to Vancouver.

Mrs. Jack Wood (Annette Stone) who has been on a three-weeks' trip to Vancouver, returned to the city from the south on the Catala yesterday afternoon.

Be sure to attend the Free Cooking School conducted by Miss Frances Thompson at the I.O.D.E. Hall, 2:30 to 4:30 and 8 to 10 p.m. on Monday, Tuesday, Wednesday and Thursday of this week. 110

Mr. Justice W. A. Macdonald and M. S. Bryan, official reporter who are here in connection with the holding of Supreme Court Assizes, will leave on Wednesday morning's train for Prince George in which city Assizes will open on Thursday.

With a good-sized list of passengers, Union steamer Catala, Capt. A. E. Dickson, arrived in port at 5 o'clock yesterday afternoon from the south, sailing at 8 p.m. for Anxox, Stewart and other northern points whence she will return here tomorrow morning southbound.

An Income for Life—Guaranteed!

Here is the picture of a Life Income plan that combines protection, savings and income for retirement.

It provides for You... a definite monthly income commencing at a certain age, and continuing for life, with a guaranteed minimum number of months by income checks. Or, if you so desire, you may withdraw a substantial amount in cash when the plan matures.

It provides for You... a definite monthly income if you become totally disabled by sickness or accident. All deposits are waived during such disability, and the plan remains in full force.

It provides for Yours... a substantial estate if you die before the plan matures. An income for life may be substituted if desired.

It provides for Yours... twice the amount of the estate, or twice the income, if death results from accidental causes. This plan combines a life income for retirement with complete family protection.

TODAY, while it is fresh in your mind... fill in and mail the coupon for full information.

Confederation Life Association

Toronto, Canada

Without obligation, send me full information regarding "An Income for Life—Guaranteed."

Name.....
Address.....

WALTER PURKIS, Representative
BOX 414, PRINCE RUPERT

Mr. and Mrs. George McIlmoyle of Hazelton are visitors in the city having arrived from the interior on yesterday afternoon's train.

Mrs. E. R. Cox, who acted as interpreter at the Supreme Court Assizes here last week, left by this morning's train on her return to her home in Hazelton.

Rev. Kinley was a passenger on board the Catala yesterday afternoon going through from Vancouver to the Naas River. He is an Anglican Church clergyman.

Miss Phyllis Lamb, after having spent the week-end at Cassiar with her mother and father, Mr. and Mrs. James Lamb, returned to the city on yesterday afternoon's train.

Mrs. D. L. McIntominey of Anxox, who has been visiting for some time in Vancouver, was a passenger aboard the Catala last evening returning to the smelter town.

James Stewart arrived in the city on the Catala yesterday afternoon from his studies at the University of Vancouver in British Columbia to spend the summer vacation with his parents, Mr. and Mrs. D. G. Stewart, Fourth Avenue East.

A. E. Parlow, district forester, returned to the city on yesterday afternoon's train from a trip to the interior on official business.

Mrs. George Casey, jr., who has been on a visit to Smithers, returned to the city on yesterday afternoon's train from the interior.

H. V. Moorehouse, manager of the B. C. Packers canning operations in the Namu area, arrived there from Vancouver on the sa. Catala at the week-end.

D. C. Stuart returned to the city on the Catala yesterday afternoon from a brief trip to Ocean Falls on business in connection with the taking of the forthcoming census.

Gordon Sloan, who is appearing for the plaintiff in the case of Halverson vs. Brown and White at the session of the Supreme Court Assizes here, will sail by the Catala tomorrow afternoon on her return to Vancouver.

A. M. Johnson, K.C., who acted as crown prosecutor in the criminal cases at the Supreme Court Assizes here last week, left on this morning's train for Prince George where he will act in a similar capacity at the Assizes there.

SKIN COVERED WITH ECZEMA—Now Clear and Healthy

Marvellous Healing by Well Known Remedy

There is nothing so simple in its origin and afterwards so difficult to get rid of as skin disease. On the first sign of irritation, roughness, or eruption, anoint the place with Zam-Buk. This herbal ointment will speedily banish all trouble.

When the skin is already aflame with eczema, or poisoned or ulcerated, Zam-Buk is the one external application powerful enough to get to the root of the disease. It quickly replaces unhealthy tissue by new clear skin. You will be astounded at the quick soothing and healing of Zam-Buk.

MEDICAL TREATMENT BRINGS NO RELIEF

"My daughter's face and neck were covered with a mass of sores, which our doctor diagnosed as eczema. He prescribed treatment which we tried for two months without relief. The poor child's face had to be swathed in bandages and she was confined to the house. I was about to call in a skin specialist, when I heard how Zam-Buk had healed many sufferers from this dread disease, so I purchased a box of ointment and tablet of soap. After a few days treatment there was a great improvement; day by day the sores disappeared and within a month my daughter's face was entirely cleared of any sign of the terrible disease, without a single scar. I can't say too much of the wonderful healing power of Zam-Buk."—Mrs. H. A., Toronto, Ont.

IF YOU have a sore inflamed or blotchy skin, or suffer from salt rheum, scalp troubles, poisoned wounds, or piles, you will find Zam-Buk quickly soothing and healing. It is also a marvellous first-aid for cuts, burns, etc. Zam-Buk Ointment 50c. box, Zam-Buk Medicinal Soap 25c. cake.

W. A. Breen, Usk; A. Gregory, Skeena; L. Wester and R. Hansen, C.N.R.

Boston Grill

Phone 457 Prince Rupert
Large Cabaret
SPECIAL DINNERS
Thursdays and Saturdays
DANCING
Every Saturday Night, 9 to 12
Dance Hall for Hire
Accommodation for Private Parties

Would you be inconsistent as this?

Scraggly, unshaven beards are like dull, unpolished shoes... both are entirely out of keeping with your pride of personal appearance... so keep your shoes at all times smart with "NUGGET" which waterproofs the shoes as it polishes.

"NUGGET" SHOE POLISH

The NUGGET TIN opens with a twist!