

Dr. Wood's

Contracted Bad Cold
Believed Getting Pneumonia

Miss Marguerite Croft, R.N., Chester Basin, N.S., writes:—"Last winter I contracted a very bad cold. Nothing I tried gave me any relief from the severe pains in my chest, and I believed I was getting pneumonia. My father told me one night he had a new cough medicine for me to try. Before I had taken a half bottle of Dr. Wood's Norway Pine Syrup the pain was greatly relieved. I took two bottles and my cold had disappeared."

Price 35c. a bottle; large family size 65c.; at all druggists and dealers; put up only by The T. Milburn Co., Ltd., Toronto, Ont.

Norway Pine Syrup

SPECIAL! SPECIAL!

L. T. Piver's Face Powder
Assorted Odors

Special Price, 50c

Ormes Ltd.
The Pioneer Druggists

Phones 81 & 82 Third Ave. & Sixth St.
THREE GRADUATE PHARMICISTS



"How do you get him to chew his food?"

"I give him Shredded Wheat and it's so crisp he has to chew it—the more he chews it the better he likes it and the more nutriment he gets out of it. Many children bolt down their food without chewing—that means imperfect digestion, poor teeth and unhealthy gums. Shredded Wheat with milk makes a perfect food for growing children, and it's perfectly delicious with bananas or stewed fruit."

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.

SHREDDED WHEAT

WITH ALL THE BRAN OF THE WHOLE WHEAT

UNION STEAMSHIPS LIMITED
Steamers leave Prince Rupert 1 or Vancouver:—
T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
Arriving Vancouver, via Coeur d'Alene, Thursday Noon approx.
T.S.S. CARMEN EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points, Sunday, 8:00 p.m.
Further information regarding all sailings and tickets at—
PRINCE RUPERT AGENCY: Second Avenue, Phone 568

B. C. COAST STEAMSHIP SERVICE
SAILINGS FROM PRINCE RUPERT
To Ketchikan, Wrangell, Juneau, and Skagway.
March 7, 18 and 28.
To Vancouver, Victoria, Seattle—
March 11 and 22.
Princess Mary—Ocean Falls, etc. Vancouver and Victoria, every Friday, 10 p.m.
Agents For All Steamship Lines
W. C. Orchard, Gen. Agent, 3rd Ave., Prince Rupert, Phone 31.

TELEPHONE 657
VALENTIN DAIRY FOR
SKEENA BRAND
Creamery Butter & Cottage Cheese
FRESH PASTEURIZED MILK
AND CREAM DAILY
Early Delivery Throughout the City

Dr Alexander
X-RAY SERVICE
PHONE 575
BESNER BLOCK
DENTIST

Local Items

Dinnerware, china, crockery, glassware, Heilbronner's Store.

A. E. Parlow, district forester, returned to the city on yesterday afternoon's train from a brief trip to the interior on official business.

T. W. Brown returned to the city on yesterday afternoon's train from Smithers where he attended a session of County Court, which was held there this week.

Judge F. McB. Young returned to the city on yesterday afternoon's train from Smithers where he conducted a session of County Court this week.

Dugald Campbell of the Canadian Linotype Co., after a brief trip to New Hazelton, arrived in the city from the interior on yesterday afternoon's train and sailed last night on the Prince George for Vancouver.

E. C. Manning, assistant provincial forester, in the course of a trip through the north on inspection duties, arrived in the city from the interior on yesterday afternoon's train. Mr. Manning was formerly district forester here. He will sail tonight on the Cardena for Victoria.

T. B. Campbell, totem pole preservation engineer for the Canadian National Railways, arrived in the city from Hazelton on yesterday afternoon's train and, accompanied by Mrs. Campbell, sailed last night for Vancouver whence Mr. Campbell will proceed for a trip to New York, Mrs. Campbell going to California.

Kenneth McIvor appeared in city police court this morning before Magistrate McClymont on a wilful damage charge in connection with the breaking of a door in the Prince Rupert Hotel beer parlor last night and was fined \$20 with option of fourteen days' imprisonment, in addition to being assessed \$15 damage.

ZAM-BUK
Clears The Skin Of
ECZEMA & RASH
Ointment 50c. Medicine 50c. 25c.

BUSH'S
Grocerteria

Good Health Demands
Good Food!

See Those Listed Below

Fresh Eggs—	per doz.	25c
Sweet Juicy Oranges—	per doz.	20c
	4 doz.	75c
Sunlight Soap—	per pkt.	20c
Pure Loganberry	Jam, 4-lb tin	50c
Pure Plum Jam—	4-lb. tin	50c
Pure Strawberry	Jam, 4-lb tin	60c
Royal City or Nabob	Tomatoes 2's, 2 for	25c
Pure Lard—	per lb.	20c
3-lb.	pail	60c
5-lb.	pail	\$1.00
Clark's Vegetable	Soup, per tin	10c
Clark's Tomato	per tin	10c

Bush's Grocerteria

FREE DELIVERY

TELEPHONES — 211 & 212

SUFFERED FOR 50 YEARS



If you suffer from constipation, read this enthusiastic letter from Mr. R. J. Foster (address on request).

"I have been constipated for the last 50 years—taken all kinds of drugs with only momentary relief. I have been using your ALL-BRAN six weeks. It has given me permanent relief. I can heartily recommend it to be a certain remedy for constipation."

Eat this pleasant cereal and overcome constipation in a natural, safe way. Two tablespoonfuls of Kellogg's ALL-BRAN daily. In stubborn cases, serve with each meal. Do this and banish pills and drugs from your life.

Kellogg's ALL-BRAN also adds needed iron to the diet. Look for the red-and-green package at your grocer's. Made by Kellogg in London, Ontario.

Kellogg's
ALL-BRAN

Billiards tonight Grotto vs. Canadian Legion.

The case of Andrew Swanson, charged with being the inmate of a disorderly house, has been further adjourned in city police court.

Miss F. B. Kemp of Kitwanga arrived in the city from the interior on yesterday afternoon's train and sailed last night on the ss. Prince George for Vancouver.

For being the inmate of a disorderly house, Babe O'Reilly was fined \$25, with option of thirty days' imprisonment, by Magistrate McClymont in city police court this morning.

Miss Dorothy Martin, student nurse in the Prince Rupert Hospital, sailed last night on the ss. Prince George for Tranquille, where she will take a two months' course in the sanitarium. She will pay a visit to her home in Calgary before returning to duty here.

Returning to service after having undergone repairs at Victoria following a recent stranding near Walker Lake, C.P.R. steamer Princess Mary, Capt. S. K. Gray, arrived in port at 2:30 this afternoon from the south and will sail at 10 p.m. on her return to Vancouver and waypoints.

SATURDAY SPECIAL

Two-Layer
Devil Food Cake

Two Kinds
Each
30c

Order Your Hot Cross Buns Early

The Electric Bakery
We Deliver Phone 667

S. E. Parker Ltd.

Ford Dealers

Cars — Trucks — Tractors
Tires — Accessories — Gas & Oil — Flat Rate Repairs — Wrecking Service

Third Ave. East Phone 83

Kaien Motors
Limited

General Garage and Service Station

CHEVROLET and BUICK

Open Day and Night

Phone 52 Third Avenue

Glasses fitted by registered optometrist at Heilbronner's store.

Mrs. P. M. Rayner, who has been visiting in the interior, returned to the city on yesterday afternoon's train.

At 4:30 yesterday afternoon the fire department had a chili to extinguish a grass fire at the corner of Seventh Avenue and Dunsmuir Street. No damage was done.

P. E. Wilson, Prince George barrister, arrived in the city from the interior on yesterday afternoon's train. He is the guest while here of his son-in-law and daughter, Mr. and Mrs. H. G. Kennedy.

Skeena Liberals
Favor Highway;
Outside Capital

TERRACE, March 27—Discussion at the Liberal convention here on Tuesday revealed that practically the whole of the district is in favor of the construction of the B. C.-Alaska highway, but not with B.C. money.

Dancing in Mental Hospitals Allowed Now in Ontario

TORONTO, March 27—Dancing in mental hospitals is one of the radical changes in Ontario institutions for which Hon. Dr. J. M. Robb is responsible. To the Local Council of Women Dr. Robb read a letter from a doctor expressing appreciation of patients in an Ontario hospital for a radio which, at the minister's suggestion had been installed shortly before Christmas.

"I found the patients in one ward dancing the Lancers while another called off," the letter read. "Our mental hospitals are no longer glorified jails," said the doctor. "They are hospitals in which we treat individuals in an effort to restore them to society."

SPECIALS

— for —
Friday & Saturday

LIFEBUOY SOAP—	per bar	7c
SARDINES—Crown Brand	in Olive Oil, per tin	12c
SEEDLESS RAISINS—4-lb.	Market Day pkg. per pkg.	47c
SHREDDED WHEAT—The Ideal	breakfast food	11c
GOLD MEDAL MAYONNAISE—The	finest, 8-oz. jar	25c
LOBSTER—Eagle Brand	per 1/2-lb. tin	36c
SEEDED RAISINS—Sun-	maid, 15-oz. pkg.	14c
ASSORTED BISCUITS—A very nice	assortment, fresh stock	34c
2 lbs.		65c
DROMEDARY DATES—	per pkg.	20c
APPLES—Unwrapped	Winesaps	23c
firm and juicy	4 lbs.	\$2.15
per box		
CLASSIC CLEANSER—	per tin	7c
SAANICH WHOLE CLAMS—	per tin	16c
WEINERS—Made by Gainers, fresh	and delicious	24c
per lb.		
LIBBY'S RIPE OLIVES—	9-oz. tin	25c
DAVIES GELATINE—	per pkg.	19c
ORANGE JUICE—	per 1/2-gal. can	95c
CHOCOLATE EASTER NOVELTIES	From	5c to 25c

Watts' Grocery

PHONE 55 PHONE 56

"THE BEST FOR LESS"

Annual SATIN-GLO Special Sale

March 27 to April 4 Inclusive

SPECIAL DISCOUNTS ON

Satin-Glo Enamels
Satin-Glo Varnish Stains
Regular Satin-Glo

Ten cents reduction on quarter-pints
Fifteen cents reduction on half-pints
Twenty-five cents reduction on pints
Fifty cents reduction on quarts
One dollar reduction on half gallons

— For Sale By —

Thompson Hardware Co. Ltd.

255 Third Avenue

Telephone 101

WONDERFUL FOR ECZEMA

This itching, smarting, disfiguring skin disease has at last met its match. The combination treatment — TRU-BLOOD — the renowned blood cleanser — and Buckley's Ointment act on it like magic. Just read this letter from Mrs. Jackson Devereaux, Sahanatan, Muskoka:

"March 31st, 1929.
"Please forward me another bottle of TRU-BLOOD and two boxes of Buckley's Ointment. I find these to be the greatest remedy for Eczema."
Your druggist can supply you."

TRU-BLOOD

A Buckley PRODUCT

TONES THE BLOOD

TRU-BLOOD

CLEARs THE SKIN

Asserts Bossy Suckles Snake

Owner of Cow Is Prepared to Swear to Truth of Story

WILLMAR, Sask., March 27:—Snake and fish stories usually are taken with the proverbial grain of salt. Yet sometimes there is truth behind them. One of Willmar's farmers comes to bat with the claim for the last word in snake stories.

A dairy farmer, owner of a good herd of milk cows, noticed that one of his cows was withholding milk and not coming home with the herd at milking time. He decided an investigation was in order and this is what he discovered.

The cow would go by a bluff, near a slough. She would "moo" there as if calling a calf. Then she would lie down and through the grass would creep a common garter snake and help himself. The owner of the cow is ready to take an affidavit as to the veracity of the story.

Infantile Paralysis Medical Treatment

Injection of Infected Horse's Blood Will Avert Malady

LONDON, March 27—A medical discovery which has proved of great value in the treatment of infantile paralysis has been disclosed by Dr. James Collier, physician to St. George's Hospital, to the National Hospital for Nervous Diseases, and to the Royal Eye Hospital. Dr. Collier says: "A doctor at St. George's Hospital recently succeeded in injecting the virus of the infantile paralysis into a horse. It is now possible to obtain that horse's blood, which, if injected into a patient in time, will avert paralysis." He added that the horse being a valuable animal was living in luxury.

St. Paul's Chimes Silenced Because They're Nuisance

LONDON, March 27:—The famous chimes of St. Paul's Cathedral have been silenced at nights under the instructions of Dean Inge, a man climbing into the tower and stopping the chimes after 8:30 p.m. and setting them going again at 6:30 a.m. Dean Inge considers the chimes a nuisance at bedtime hours, but there are many people in London who want them to continue throughout the night, and a controversy has sprung up over the matter. The clock has been going about 200 years. It was silenced during the war.

So exact are their tools, watchmakers in Switzerland can split a hair into 500 strips and measure the thickness of each one.

ANNOUNCEMENTS

Baptist Easter Sale April 2.

Easter Concert April 6 and 7. Direction Alex A. Connon, Moose Hall.

Annual Daffodil dance, I.O.D.E. Hall, Easter Monday.

Catholic women's League Spring Sale April 8.

United Church Easter Bazaar, April 9

Anglican Cathedral Easter Sale April 9.

Crib and Whist League Banquet Commodore Cafe April 10.

Moose Whist Drive and Dance, Friday, April 17.

Presbyterian Easter Sale April 16

Gyro Hoedown May 1.

The

Butcherteria

Is now known as the

Capitol Market

Phone 455

HOTEL ARRIVALS

Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms.
A. J. PRUDHOMME, Prop.
Cor. of Fraser and Fifth Sts.

Savoy
Mrs. C. O. Young, city.

New Royal Hotel

J. Zarelli, Prop.
THE HOTEL WORTH WHILE
Hot & Cold Water, Steam Heat
75c PER DAY AND UP
Telephone 281

Royal
L. Bonduk, Amesbury; M. Rogers Vancouver; W. F. Rudland, Metlakatla; George V. Dyer, Anyox.

Boston Grill

Phone 457 Prince Rupert
Large Cabaret
SPECIAL DINNERS
Thursdays and Saturdays
DANCING
Every Saturday Night, 9 to 12
Dance Hall for Hire
Accommodation for Private Parties