



FIRE D because he was always tired

IN EVERY WALK of life you meet the "Drowsy Bills" . . . men and women who are losing out because they are always tired. They try hard enough . . . but most often the poisons from constipation sap energy and strength—and bring illness, defeat and old age prematurely.

What a pity, when eating a delicious cereal could prevent it all! Kellogg's ALL-BRAN is guaranteed to relieve both temporary and recurring constipation! Two tablespoons daily—at every meal, in severe cases.

Kellogg's ALL-BRAN brings relief in a natural, healthful way, by sweeping the intestines of all poisonous wastes.

Eaten regularly, it helps keep the system healthfully clean. Isn't this far better than taking pills and drugs that are often habit-forming and may become ineffective?

ALL-BRAN also adds iron to the blood. It is a delicious cereal with milk or cream. Use it in cooking too. Recipes on the package. At your grocer's. Made by Kellogg in London, Ontario.

**Kellogg's
ALL-BRAN**

Safe Robber Caught Through Milk Bottle



Finger Print Identifies Him

A series of safe robberies in a number of factories had baffled the police for months. The robbers were experts. They never left a trace. They were adepts in avoiding patrolmen, and burglar alarms.

Then they made a slip—they always do. One night the safe in a suburban factory was blown open and \$4,700 in cash and securities stolen. There were no clues. No finger prints were found on the safe.

However, a stenographer noticed that a bottle of milk on an outside platform was minus its cream. A finger print expert "dusted" the bottle and sure enough—a set of five finger prints showed up. One of the robbers had helped himself. At police headquarters the finger prints speedily established his identity. He was soon behind bars awaiting trial.

Your Finger Prints on Food Dangerous to You

This crook knew his finger prints were dangerous to him. He avoided touching anything with bare fingers—until one time he forgot and the penalty for him was arrest and imprisonment. Your finger prints will not send you to prison because you do not commit crimes but they are dangerous to you if you forget that they may be laden with disease germs.

Germs are all about us. We cannot escape them. You clasp hands with people. You touch things that other hands have touched—a door knob, a telephone. Those other hands may have checked a cough or a sneeze and become charged with germs.

How to be Safe

The germs your hands have picked up will get on foods you eat—a candy, a fruit, a biscuit and so into your system, to cause you illness. Colds and flu are most commonly spread this way. Life Extension Institute says germs of 27 diseases may be communicated through the hands.

What can we do to be safe? Wash many times a day and always before a

meal with the right soap. No ordinary soap will do. It should be Lifebuoy. It contains a germicide. Laboratory tests have proved that it kills deadly disease germs where other soaps fail.

A Beauty Soap Too

Blended from two wonderful palm oils, Lifebuoy is a beauty soap as well as a germicide. It is a true aid to skin health and to complexion beauty. You too will want to enjoy Lifebuoy every day. Millions do, the world over.

There is no perfume in this luxurious and protective soap—just a safety scent you will learn to like. It vanishes after use. A bath with Lifebuoy's rich, penetrating lather will keep you safe for many hours against body odour. Children, particularly need Lifebuoy's germ-protection. The Lifebuoy bath guards them against infection which may be present in scratches and bruises.

Keep Lifebuoy handy for the family to use. It pays. Get a supply from your dealer today.

Lever Brothers Limited, Toronto

Stops
Body
Odour

Lifebuoy
Health Soap
A Luxury Soap Plus a Germicide

Zam-Buk
A WONDERFUL
"SKIN SPECIALIST"
IN A TWO-INCH BOX
50c
ALL
DRUGGISTS

PROHIBITION IN STATES

Progress Said To Be Made According to the Director of Prohibition in Address

WASHINGTON, July 21.—In an address on prohibition delivered here, Amos W. W. Woodcock, director of prohibition said in part:

"During the past year the Bureau of Prohibition has, I think, made real progress in that its organization has been completed. Its agents have been systematically trained, and its cases have been numerous and well made. Of course the public wishes to know to what extent the unlawful traffic in intoxicating liquor has been stopped. We cannot answer that very satisfactorily. What we do know is the number of cases made. What we do not know is the number of violators who are not caught. But, of course, that is the same unknown quantity we have in respect to violations of most laws.

"Statistics are not particularly inspiring, but they are at least facts. It has been our policy to avoid the spectacular. What may seem most uninteresting to the public may be the best test of the efficiency of our bureau.

"Last year the Bureau made 62,735 cases for prosecution in the Federal Courts, and 12,630 for prosecution in the State Courts, or a total of 75,365. There were 53,173 cases terminated in the Federal Courts, and convictions in 50,334. There were 29,372 jail sentences. Fines aggregating \$5,497,566.40 were imposed. There were 6,378 permanent injunctions granted. There were 8,245 automobiles and 21,321 stills seized.

"When the Bureau was separated from the treasury one year ago there was allowed to it \$9,038,800. The last Congress in the Deficiency Acts gave it \$584,590 additional, so that the total for the year was \$9,623,390. We will turn back to the Treasury about \$100,000, which we have saved through economies here and there.

"The direct cost of the Bureau itself is therefore something under .08 per capita. This method of accounting does not include the cost of the increase in U.S. Attorney's offices, of the Coast Guard and Customs Services, the exact amount of which can not be fixed, nor does it credit the amount of fines or the value of the seized property. It is not known at this present time what portion of the fines have been collected or how much has been realized from the seized property. All these facts should be considered if we are to state the entire cost of enforcing prohibition.

At its meeting last night the city had before it a letter from R. S. Woods asking the city to provide access to his property on Summit Avenue. The matter was referred to the Board of Works for recommendation.

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Ready By Noon

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We Deliver Phone 667

Suits Made To Your Measure

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DODGE CARS AND TRUCKS

Every drop real quality



PACIFIC MILLS PAYS DIVIDEND ON PREFERRED

Income Tax of Company Amounts to Over Six Hundred Thousand Dollars

VANCOUVER, July 20.—Pacific Mills Ltd. added \$412,498.74 to earned surplus for the 16-month period ended April 30, 1931, after making provision for Dominion and provincial income taxes totalling \$625,266.61, and dividends to preference shareholders aggregating \$179,757. The termination of the fiscal year of the company was changed from December 31 to April 31 with the result that the profit and loss summary has reference to a 16-month period.

The report of A. B. Martin, president, states that the condition in the newsprint industry is still very unsatisfactory, a condition which has been accentuated by the general business depression. Reduction in consumption of newsprint has not permitted the operation of the plant to capacity as had been anticipated and in addition current prices are substantially less than a year ago.

The report shows net profit for the 16 months before payment of preferred dividends at \$625,266.61. The net profit for the 12 months ended December 31, 1929, was \$356,562.84.

Mr. Martin's report points out that during the 16-month period the sum of \$580,389.81 was expended in additions and improvements to properties, including the new converting plant at Vancouver which cost about \$120,000. Bonds amounting to \$365,800 were redeemed, reducing the bonded indebtedness of the company as at April 30, 1931, to \$3,867,200.

The president stated that the liquid position of the company is being maintained on a sound basis with current assets at April 30, of \$3,246,038.47 and current liabilities of \$515,853.

The city council on recommendation of the finance committee decided to accept the offer of Henry Cherry for Lot 126, Block 20, Section 2 of \$30 provided the purchaser pays the taxes for this year. This lot is on Moresby Avenue where there is no road constructed at present.

Man in the Moon

There was a sign in the ship, "Not to be used except in case of fire," so the boys nailed it over the coal bin.

As the mayor of Hole-in-the-Wall remarked, Things are rather quiet in this neck of the woods.

"I wouldn't go near father if I were you, George," said Mabel. "Not for a few days at least."

"But on what grounds does your father object to me?" he asked.

"Well," answered Mabel, "from what he said, I should say he would object to you on any grounds within a mile of the house."

Jake says there's one thing about this new style of paving. You are not likely to slip but you may catch your toe in one of the rocks and trip.

Jake also remarks that a lot of the unemployed seem to be behind the counters in local stores.

OIL FUEL FROM COAL

Lord Rutherford Urges National Research on Conversion of Coal Into Smokeless Oil

LONDON, July 21.—Lord Rutherford, the famous scientist who recently made his maiden speech as a member of the House of Lords, dealt therein with the question of producing oil from coal and spoke optimistically on the matter. As Sir Ernest Rutherford he was MacDonal Professor of Physics, McGill University, Montreal, from 1893 to 1907, and of recent years Cavendish Professor of Experimental Physics and Director of Cavendish Laboratory, University of Cambridge; Professor of Natural Philosophy, Royal Institution, London, and chairman of the Advisory Council of the Department of Scientific and Industrial Research.

Lord Rutherford drew the attention of his fellow peers in the House of Lords to the present low price of oil and said under present conditions it was impossible to convert coal into oil at a cost comparable with that of natural oil. Sooner or later oil prices would rise again and the situation then might be materially different.

Experiments, Lord Rutherford said, had shown that it was scientifically possible to provide the bulk of Great Britain's oil by the treatment of her coal supply. The carbonization process could provide a smokeless fuel, but its use depended on how far the nation was prepared to pay for a pure atmosphere. Development of oil by the hydro-generation method depended on how far the nation was prepared to pay for independence in the matter of oil supplies.

Lord Rutherford was strongly of the opinion that in the national interest research on the general utilization of coal for the production of oil and other products should be vigorously prosecuted.

Local Wedding Last Evening

Miss Lillian Fraser of New Westminster Becomes Bride of James Lewis Owen

There was a quiet wedding last night at the home of Mr. and Mrs. Claude Symes, Fifth Avenue East, when Miss Lillian Fraser of New Westminster became the bride of James Lewis Owen of Prince Rupert, formerly of McBride, Rev. A. Wilson officiating.

The bridesmaid was Miss Frances Wall and Mrs. G. L. Jenkins was matron of honor.

Following the ceremony a wedding feast was served.

WE LEAD

In Price and Quality

WE ALWAYS TRY TO SAVE YOU MONEY. WE EXPECT YOUR LOYAL SUPPORT. HERE ARE A FEW ITEMS FOR YOUR APPROVAL.

Sugar—	\$5.40
100 lb. sack	
Sugar—	55c
10 lbs.	
Certo—For preserving	95c
3 bottles	
Malkin's Best Tea—	44c
per lb.	
Malkin's Best Prunes—Med.	24c
2-lb. pkg.	
Malkin's Best Pineapple—	74c
Sliced or crushed, 3 for	
New Potatoes—	24c
13 lbs.	
Eggs—Fresh Firsts	55c
3 doz.	
Bread—Raisin included	7c
per loaf	
Heinz Ketchup—	65c
3 bottles	
Fels Naptha Soap—	74c
10 bars	
Empress Plum Jam—	38c
4-lb. tin	

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TWO SHOWS — 7 & 9 p.m.
Admission — 20c & 65c
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SPECIAL—"W Plan"



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MARLENE DIETRICH and Victor McLaglen
In a Romantic Thriller

"DISHONORED"

With Lew Cody and Warner Oland. The flaming star of "Morocco" in a new triumph—more fascinating than ever as "X-27," mysterious, beautiful spy. A Paramount Picture.

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Cartoon—"PENTHOUSE BLUES"

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OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern
Makers, Founders, Woodworkers, Etc.
ELECTRIC AND ACETYLENE WELDING

Our Plant Is Equipped to Handle All Kinds of
MARINE AND COMMERCIAL WORK
PHONES 43 AND 385

WE ARE OFFERING: DISCOUNT ON COAL

For Cash at the Rate of 50c Per Ton

Alberta Lump, \$13.50, for cash, \$13.00

Alberta Egg, \$12.50, for cash, \$12.00

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HYDE TRANSFER—PHONE 580

PHONE 580

MERCURY SOCKS WEAR WELL

AND ARE VERY SMART

50c, 75c and \$1 — Buy yourself a few pairs.
They're the goods all right — Nifty as can be.

Early Ad. Copy is appreciated