


**Suffered From Heart Trouble Became Weak and Run Down**



Mrs. Wm. Dlotte, Glensandfield, Ont., writes: "For a long period I suffered from heart trouble, and became very weak and run down. I tried various remedies, but they did me no good. One day I met a friend and told her of my trouble. She said she had had heart trouble for two years too, but after using Milburn's Heart and Nerve Pills for a short time she had been relieved of her trouble, so I got two boxes and after taking them I was again feeling fine, and always recommend H. & N. Pills to anyone complaining of heart trouble."

Price 50c a box

Sold at all drug and general stores, or mailed direct on receipt of price by The Milburn Co. Ltd., Toronto, Ont.

**SPECIAL! SPECIAL!**

**LAVENDER FACE LOTION**

— and —

**LAVENDER TALCUM**

85-cent Value

**Both for 50 cents**

**Ormes Ltd.**

*The Pioneer Druggists*

Phones 81 & 82 Third Ave. & Sixth St.

THREE GRADUATE PHARMICISTS

**BULKLEY VALLEY COAL**

THE BETTER COAL

Analysis

volatile matter, 29.32; ash, 6.76; fixed carbon, 62.87; b.t.u.'s, 13917

Being low in volatile it will not block your pipes. Being low in ash, you are not buying cinders. Being high in fixed carbon means long lasting quality. Being high in British Thermal Units means more heat value per pound.

**Order Now. Your Dealer Can Supply You.**

**For Sale-Here are some Snaps**

FIFTH AVENUE EAST—4-roomed house with bath \$1,200. \$500 cash, balance arranged.

EIGHTH AVENUE WEST—Lot, and 4-roomed house with bath, \$1,000. Balance on easy terms.

Houses on English Hill, Summit Avenue, Borden Street and any part of the city at reasonable prices and terms.

**McCAFFERY, GIBBONS & COLLART, LTD.**

THIRD AVENUE W. TELEPHONE 11

**UNION STEAMSHIPS LIMITED**

SPECIAL WINTER EXCURSION FARES

Tickets on sale from Nov. 15, 1930 to Feb. 28, 1931 (with final return limit March 31, 1931)

**PRINCE RUPERT TO VANCOUVER \$40.00 RETURN**

Steamers leave Prince Rupert for Vancouver—

T.S.S. CATALA EVERY TUESDAY, 1.30 P.M. Arriving Vancouver, via Ocean Falls, Thursday Noon approx.

T.S.S. CARDENA EVERY FRIDAY MIDNIGHT Arriving Vancouver Sunday midnight approx.

Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points, Sunday, 8:00 p.m.

Further information regarding all sailings and tickets at—

PRINCE RUPERT AGENCY: Second Avenue, Phone 568

**CANADIAN PACIFIC**

**B. C. COAST STEAMSHIP SERVICE**

SAILINGS FROM PRINCE RUPERT

To Ketchikan, Wrangell, Juneau, and Skagway, February 7 and 21.

To Vancouver, Victoria, Seattle—February 11 and 25.

Princess Mary—Ocean Falls, etc. Vancouver and Victoria, every Friday, 10 p.m.

Agents For All Steamship Lines

W. C. Orchard, Gen. Agent, 3rd Ave., Prince Rupert, Phone 31.

**Phone 566**

**Rupert Motors**

Garage and Service Station

**DODGE and BANTAM AUSTIN**

Distributors

FENDER AND BODY WORK A SPECIALTY

**TELEPHONE 657**

VALENTIN DAIRY FOR SKEENA BRAND

**Creamery Butter & Cottage Cheese**

FRESH PASTEURIZED MILK AND CREAM DAILY

Early Delivery Throughout the City

**Dr Alexander**

X-RAY SERVICE

PHONE 575

BESNER BLOCK

**DENTIST**

**COAL**

Buy the real Coal—our famous Edson and Cassidy-Wellington—in any quantities. Also Bulkley Valley Hay, Grain and Robin Hood Flour.

Prince Rupert Feed Co

PHONES 58 AND 558

**Local Items**

Glasses fitted by registered optometrist at Heilbronner's store.

Knockout Crib Tournament in Legion Rooms Tuesday, Feb. 17 at 8 p.m.

W. J. Greer is erecting a residence on Sixth Avenue just west of Eberts Street for Laurie Lam-bly.

B. Jensen, who injured his foot some time ago when engaged in halibut fishing operations, having since been a patient in the Prince Rupert General Hospital, sailed last night on the Prince Mary for Vancouver where he will receive further treatment.

Charles Fy. Blaney, travelling agent for the Canadian Pacific Railway (Ocean Traffic), both transatlantic and transpacific, left this morning by train to visit points in the interior. He spent a couple of days in Prince Rupert and also was at Stewart and Anyox.

Delayed by awaiting for tide in the Skeena River last night, Union steamer Catala, Capt. A. E. Dickson, arrived in port at 1.30 this morning from the south and sailed an hour later on her return to Vancouver and waypoints. This is the last trip of the Catala on this run and she will be relieved next week by the steamer Camosun while the Cardena comes north tomorrow on the Vancouver-Prince Rupert-Anyox-Stewart route.

**The Heart is the Human Engine**

The motor car which stalls by the roadside or the aeroplane which drops into the sea is no more helpless than the human body when the heart plays out.

The heart is the human engine. If supplied with suitable nourishment and not overstrained by unwise eating and living, the heart is a prodigious worker and meets all ordinary emergencies.

When the nerves weaken the action of the heart weakens. Restore the feeble nerves by the use of Dr. Chase's Nerve Food and immediately you strengthen the action of the heart.

This is the most certain way to overcome heart weakness, and the time to begin treatment is to-day—now. You can no better afford to delay than can the pilot in the aeroplane. When you receive the danger signal from the heart it is time to apply the restorative—Dr. Chase's Nerve Food.

Dinnerware, china, crockery, glassware, Heilbronner's Store.

Radio station KJR of Seattle last night played a number at the request of Miss Mary Houghtaling of Prince George.

During the absence of Sergeant W. J. Service on a trip to Vancouver, Constable George Blaney is acting in charge of the city police force in the day and Constable Malcolm Martin at night.

George Russell, for drunkenness, was fined \$25, with option of thirty days' imprisonment, by Magistrate McClymont in city police court this morning.

Northland Navigation Co.'s motorship Bellingham arrived in port at 4 o'clock this morning from Ketchikan with four carloads of frozen halibut for transmission east over Canadian National Railways. After discharging, the vessel cleared on its return to Ketchikan.

Alex McKinnon, who has been working at the Premier mine, left on this morning's train for St. John, New Brunswick, where on February 20 he will embark on the steamer Montrose for Glasgow enroute to his home in Rosshire, Scotland. When conditions improve Mr. McKinnon intends to return to this country with his family.

On the front page of the last Grande Prairie Herald is featured a large map showing proposed routes of a Pacific Coast railway outlet for the Peace River country. The way that lines might take to Prince Rupert are clearly shown. After having had twenty years of promises, the paper suggests that a few years of real action might be in order.

**CANADIAN PACIFIC**

**CANADA'S GREATEST STEAMSHIPS**

Empress of Britain 42,000 Tons

Empress of Japan 26,000 Tons

**FROM ST. JOHN TO GLASGOW-BELFAST-LIVERPOOL**

Feb. 20, xMarch 20 ..... Montrose  
February 27 ..... Montcalm  
xMarch 6 ..... Melita  
March 13 ..... Montclair  
March 27 ..... Duchess of Richmond  
xNot calling at Belfast.

**To Greenock-Liverpool**

April 2 ..... Duchess of Atholl

**FROM NEW YORK TO CHERBOURG-SOUTHAMPTON**

March 14 ..... Duchess of Bedford

**FROM VANCOUVER**

To Hawaii-Japan-China-Philippines  
xFeb. 28, xApril 25 Empress of Japan  
March 14, May 9 ..... Empress of Asia  
xMar. 28 xMay 23 Emp. of Canada  
April 11 xJune 3, Empress of Russia  
including call at Honolulu.

Apply to Agents everywhere or  
**J. J. FORSTER**  
Steamship Genl. Pass. Agent  
C. P. R. Station Vancouver.  
Telephone Trinity 1151

**ALIKE**

in Luxurious comfort

STEAMERS SOUTH EAST

**CANADIAN National offers many luxuries and comforts which add pleasure to your trip South by Steamer or East by Train.**

Sailings from Prince Rupert to Vancouver, thence via Tri-City Service to Victoria and Seattle, Thursdays 10.00 p.m.

For Anyox and Stewart, Wednesdays 4.00 p.m.

Regular services to North and South Queen Charlotte Islands. Particulars of sailings, rates, etc., on request.

Passenger trains leave Prince Rupert for Edmonton, Winnipeg, and points East every Monday, Wednesday and Saturday at 11.30 a.m.

**Canadian National**

R. F. McNAUGHTON  
District Passenger Agent  
Prince Rupert, B.C. W-144

**ANNOUNCEMENTS**

Anglican Cathedral augmented choir concert (direction H. W. Brocklesby) Moose Hall, Feb. 16.

A college boy gets the surprise of his life, in "The Mayor and the Manicure," at Moose Hall Feb. 16.

Diplomats and politicians can benefit by certain lessons for public men in "The Mayor and The Manicure," at Moose Hall, Feb. 16.

Mayors are mayors, and manicures are manicures; but when the mayor "manicures" the manicure—See "The Mayor and the Manicure," at the Moose Hall, Feb. 16.

Women of Mooseheart Legion whist drive and dance, Feb. 19.

Royal Purple bridge and whist, Friday, February 20, Elks' Home. Admission 50c.

Next Royal Purple Bridge-whist series Monday, February 23.

Anglican Tea, Mrs. Woodland's Fifth Avenue, February 24.

"Melvina's Courtship," at United Church February 26, 27.

Moose Whist Drive and Dance Feb. 27.

Eagles' Smoker March 6.

L. O. B. A. Bridge, Whist and Dance March 12.

St. Patrick's Concert, Catholic Hall, March 17.

Catholic women's League Spring Sale April 8.

Presbyterian Easter Sale April 16.

**PROGRAM OF MERIT**

Popular Artists to Present Entertainment on Monday Night

The enthusiastic reception accorded the efforts of the Prince Rupert Singers in the spring of 1929 has prompted members of that organization to prepare another program of similar style. This program, which will be given in the Moose Hall on next Monday, February 16, is under the auspices of the St. Andrew's Cathedral Choir, and will be assisted by many members from other local musical organizations. A well balanced program has been arranged consisting of mixed choruses, male voice choruses and quartets, ladies' choruses, trios, instrumental numbers, and will include a one-act play.

The musical program is under the direction of H. N. Brocklesby with the accompaniments by Mrs. E. J. Smith. The musical items have been chosen with care and will include sea songs, negro spirituals, Scottish folk songs, Indian melodies and a variety of ballads. The popular soloist—William Beaumont, will be heard in a cello solo, while Mrs. E. J. Smith, Miss N. Lawrence and Wm. Beaumont will present an instrumental trio.

The play to be presented in this entertainment is under the able direction of Alex Cannon, assisted by Jimmy Farquhar, well known to the theatre goers of Prince Rupert by his varied character presentations. Other members of the cast include the vivacious Connie Thorn and Jean Robertson. The last, but not least, member of the cast is Fred Bagshaw, whose inimitable antics are too well known to be repeated. "The Mayor and the Manicure" is a riot of laughter and when presented by such a cast should leave nothing to be desired in the way of entertainment.

As admission to this concert has been set at the nominal figure of 50c, a very large audience is expected, and since there are no reserved seats an early attendance is requested.

**HOTEL ARRIVALS**

**Savoy Hotel**

Prince Rupert's leading family hotel. Hot and cold water in all rooms.

**A. J. PRUDHOMME, Prop.**

Cor. of Fraser and Fifth Sts.

Savoy  
L. Martin, Terrace.

**New Royal Hotel**

I. Zarelli, Prop

**HOTEL WORTH WHILE**

Hot & Cold Water; Steam Heat  
**75c PER DAY AND UP**

Telephone 281

Royal  
J. Galate, city; Mr. and Mrs. Le-Ross, Pacific.

**Boston Grill**

Phone 457 Prince Rupert

Large Cabaret

**SPECIAL DINNERS**

Thursdays and Saturdays

**DANCING**

Every Saturday Night, 9 to 12

**Dance Hall for Hire**

Accommodation for Private Parties

**DR. HUGH L. DICKEY**

**SPECIALIST**

Eye, Ear, Nose and Throat

At St. Elmo Hotel

Eyes Tested For Glasses

**Rowe's Sheet Metal Works**

Have Removed

From Third Ave. W. to

**227 2nd Ave. W.**

(The Old Stand)

Where they will be pleased to meet all their old friends and patrons.

**Church Services**

**FIRST BAPTIST CHURCH**

Rev. F. W. Daffoe, D.D., Minister

Morning services, at 11 o'clock. Subject, "ONLY GOD COULD DICTATE THE BIBLE." Bible School at 12:15. Evening service at 7:30. Subject, "THE RENASCENCE OF THE SENCE OF GOD." Wednesday evening at 8 p.m. study in the Book of Revelation. Welcome to all services.

**ST. PAUL'S LUTHERAN CHURCH**

Corner Eighth and Ninth East

Minister, Rev. John H. Hanson

Sunday morning worship at 11 o'clock (English). Song by Junior Choir. Subject, "JOSEPH." Sunday School at 12:15. Seal Cove Sunday School at 12:15. Evening worship at 7:30 (Scandinavian). Duet by Mrs. Karl and Anton Dybhavn. Subject, "ELIJAH." Friday at 3 p.m. World's Day of Prayer at the St. Paul's Lutheran Church. You are all welcome to our services.

**ST. ANDREW'S CATHEDRAL**

(Church of England)

Very Rev. J. B. Gibson, Dean

Holy communion at 8 a.m. Morning prayer and sermon at 11 o'clock. Anthem, "O Saviour of the World." Sunday School at 12:30. Evening prayer and sermon at 7:30. Anthem, "Incline Thine Ear." Next Wednesday being Ash Wednesday there will be services in the Cathedral at 8 p.m. Confirmation classes will be held in the Cathedral Friday next at 7:30 p.m.

**CHRISTIAN SCIENCE**

(Christian Science Society, 245 Second Avenue West)

This Society is a branch of the Mother Church, the First Church of Christ, Scientist, in Boston, Massachusetts. Sunday service at 11 a.m. Subject, "SOUL." Sunday School at 12:15. Testimonial meeting, Wednesday, 8 p.m. Reading Room, 245 Second Avenue, open Mondays and Thursdays from 3 to 5.

**FIRST PRESBYTERIAN CHURCH**

Minister, Rev. J. Kennedy

Morning worship at 11 o'clock. Subject, "OUR REFUGE." Sunday School and Junior Bible Class at 12:15. Evening service at 7:30. Subject, "THE ROCK OF GIBRALTAR AND NORTH AFRICA."

**FIRST UNITED CHURCH**

Pastor, Rev. A. Wilson, B. A.

Morning worship at 11 o'clock conducted by Rev. C. E. Motte, Sunday School at 12:15. Evening service at 7:30. Father and Son Service to be conducted by the Tuxis Square.

**If BABY HAS COLIC**



**CASTORIA**

COLIC comes suddenly. Your first intimation that something is wrong may be a warning cry in the night. If you have a bottle of Castoria handy you needn't worry, for a little of this pure vegetable remedy will soon have baby his happy self again; let him go back to sleep.

Castoria is always the sensible thing to give an ailing child. When a child is restless, fretful, with coated tongue, bad breath and lack of appetite, it is a mother's standby. Most mothers give Castoria an important place in their homes. Ready for sour stomach, constipation, or upset. When buying Fletcher's Castoria always look for Chas. H. Fletcher's signature on the wrapper. This identifies the genuine product.

Made in Canada

**FURNITURE SPECIAL**

1 Only 8-piece Oak Dining Room Suite with gateleg extension table and Windsor back chairs ..... **\$125.00**

Club Terms, \$29 Down, Balance \$12 Per Month

**Barrie's Home Furnishings**