

SAVED FROM LIFELONG MISERY



And a Dangerous Operation, by Taking "FRUIT-A-TIVES"

Mrs. M. J. GORSE
3928 Union St., Vancouver, B.C.
I suffered with all the symptoms of Female Trouble, with chronic Constipation and constant Headaches. I had pains low down in the back and sides of the body. I tried various remedies without relief, and then put myself under a doctor's care and he advised me to have an operation. I refused.

Then, I started taking 'Fruit-a-tives'; and from the outset, I felt better, and this medicine has completely relieved me of all my misery and suffering. My weight was only 148 pounds and now it is 168 pounds. I am free of pain and headaches and the terrible Constipation; and what saved me from misery is the splendid fruit medicine, 'Fruit-a-tives'."

MRS. M. J. GORSE.
50c. a box, 6 for \$2.50, trial size 25c.
At all dealers or sent postpaid by
Fruit-a-tives Limited Ottawa, Ont.

Boston Grill

The Best Place
to Eat

MENU ON THE COUNTER

We have
No 50c Lunches
We employ
All White Help
Open all of the
24 hours.

Look out for Tomorrow's
Menu in the same place

SMITH & MALLETT

PLUMBING AND HEATING ENGINEERS

Estimates furnished.

Address, 3rd Avenue, head
of Second Street.

Phone 174 — P. O. Box 274

\$2650.00

buys 2 lots, 7 room house,
complete furnishings, coal
and wood supply.

The easiest possible terms

DOUGLAS SUTHERLAND
523 Third Ave.

For comfort, courtesy
and service
go to

The SAVOY HOTEL

F. T. Bowness
Manager

Phone 37 P.O. Box 1704

Hotel Prince Rupert

EUROPEAN PLAN
\$1.50 per day and up.

FIRST-CLASS CAFE
A La Carte.

The "Gartland" Boarding House
416 Sixth Avenue East
Near Drydock
Board by Month or Week. Phone Red 245

XMAS RUSH ON THIS EVENING

Stores Will Be Open Until 10
O'clock Next Week.

Merchants in the city report
that business is fairly brisk right
at present but a rush is expected
today and all next week before
Thursday. The stores will remain
open on Monday, Tuesday and
Wednesday evenings till 10 o'clock
for the convenience of the Christ-
mas shoppers.

Fancy goods appear on the list
this week and much of it is at
fancy prices. Turkeys arrive to-
morrow morning and it is expected
it will sell at 65c per pound.
The butchers advise to buy early
as the supply may be limited.

Following is the market list
for today:

Meats.

Sirloin steak	40c
Beef, pot roasts, lb...22c to 25c	
Beef, chuck roast, lb.23c	
Beef, rib roast, lb.32c	
Beef, boiling, lb.20c	
Hamburger, per lb.25c	
Stewing beef, per lb.25c	
Corned Beef, per lb.22c	
Lamb, leg45c	
Lamb, loin,45c	
Mutton, stewing25c	
Mutton, shoulder roast,28c	
Veal, stewing,25c	
Veal shoulder roast22c	
Leg of veal30c and 40c	
Dripping, per lb.25c	
Pork sausages3c	
Tomato sausages30c	
Pork, leg.45c	
Pork chops30c	
Pork, shoulder,40c	
Ayreshire bacon, sliced55c	
Bacon, piece, per lb.65c	
Bacon, sliced, per lb.70c	
Ham, sliced,60c	
Ham, smoked,55c	
Salt backs45c	
Turkeys, per lb.65c	
Chickens, per lb.50c	
Fowl, per lb.45c	
Ducks, per lb.45c	
Geese, per lb.45c	
Pickled pork, per lb.45c	
Cooked ham, sliced, per lb.70c	
Spare Ribs per lb.25c	
Roast ham75c	
Bologna, per lb.30c	
Jellied tongue60c	
Broilers55c	
Rabbits, each,75c	

Dairy Produce.

Butter	70c
Butter (cooking) per lb.60c	
Cheese, per lb.40c	
Limberger cheese, per lb.60c	
Eggs (case)85c	
Washington Eggs (fresh)81.00	
Strictly new-laid eggs81.10	
Margarine45c	
Comb honey50c	

Fish.

Frozen salmon, per lb.30c	
Salmon, 2 lbs.35c	
Iod fillets, smoked,20c	
Fresh black cod, 2 lbs.35c	
Finnan haddie,2 lbs.35c	
Halibut, per lb.25c	
Herring kippered, 2 lb. for35c	
Salt Herring, each,10c	
Flounder, Fillets, lb.20c	
Salt Acadia Cod, 2-lb. boxes55c	
Oysters, per dozen,50c	
Bulk Oysters, Pint,81.00	
Crabs, large,20c	
Shrimps, lb.25c	
Skate, per lb.10c	

Vegetables

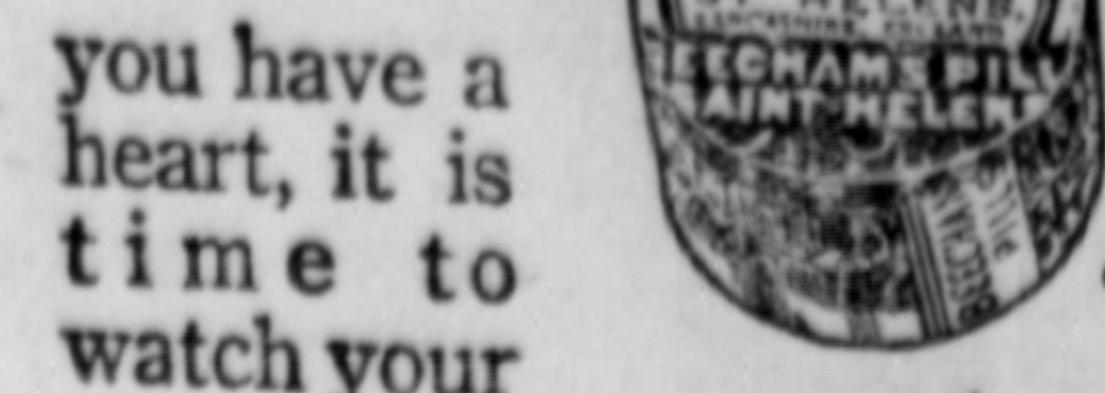
Onions, dry, per lb.12 1/2c	
Spanish Onions, per lb.15c	
Carrots, per lb.3 1/2c	
Turnips, per lb.3 1/2c	
Celery, per bunch,15c	
Beets, per lb.5c	
Cabbage, per lb.8c	
Sweet potatoes per lb.12 1/2c	
Cauliflower40c	
Head Lettuce15c	

Fruit.

Bananas60c	
Grapefruit (Florida) 15c and 20c	
Lemons35c	
Dates (drom)30c	
Figs, cooking, lb.30c	
Oranges, Valencia, 35c, 50c & 60c	
Christmas Oranges81.00	
Jap Oranges, per box81.00	
Black Emperor grapes30c	
Grapes, Malagas,40c	
Apples, McIntosh Red81.25	
Jonathan No. 181.25	
Cox Orange apples81.25	
Cooking apples81.25	
Cranberries, per lb.40c	
Canned Italian prunes25c	
Raisins, per lb.30c	
currants, per lb.50c	
Peel, per lb.33 1/3c	
Mixed Nuts, per lb.30c	
Cluster Raisins, box.15c	
Table Figs, per pkg.81.00	
Glazed Cherries, lb.50c	
Pears, doz.20c	
Mince Meat20c	

Albert & McCaffery, Ltd., have just received a shipment of five hundred doors and windows—the most and varied stock in Northern B. C.

When You Know



you have a heart, it is time to watch your stomach. Palpitation and other signs of "heart trouble" usually mean indigestion, produced by food poisons that irritate every part of the body—heart included.

BEECHAM'S PILLS

Relieve and Benefit

Largest Sale of Any Medicine in the World.
Sold everywhere in Canada.
In boxes, 25c, 50c.

PACKERS SELL ALL INTERESTS EXCEPT MEAT

Make Arrangement with U. S. Department of Justice Under Anti-Trust Law.

CHICAGO, Dec. 19.—The five big Chicago packers will dispose of all the interests controlled by them except those directly allied with meat. This is arranged under an agreement reached with the United States Department of Justice for the settlement of the anti-trust suit against them.

NOTICE

Notice is hereby given that an application will be made to the Legislative Assembly of the Province of British Columbia at the next session on behalf of the Association of Professional Engineers of British Columbia for a Private Bill to incorporate the said Association, and that Bill will be known as THE BRITISH COLUMBIA ENGINEERING PROFESSION ACT for the purposes of governing and regulating the practice of Civil, Mining, Metallurgical, Mechanical, Electrical and Chemical Engineering in the Province of British Columbia, and the qualifications and requirements of engineers, and the discipline of its members and for the acquiring of real and personal property and the disposal of the same and for the general management of the Association.

Dated at the City of Vancouver, B. C., his 5th day of December, A. D. 1919.
H. S. TOWBIN
H. F. KERGIN,
Dated October 11th, 1919.

LAND ACT

IN THE SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS. TAKE NOTICE that Thomas B. Strain, of Vancouver, B. C., occupant, returned soldier, intends to apply for permission to lease the following described foreshore land:

Commencing at a post planted on east bank of Kitsault River; thence south 20 chains; thence east 80 chains more or less to Illois River; thence north 20 chains more or less to lot 50 thence west following shoreline to point of commencement and containing 160 acres, more or less.

H. R. FOWLER,
H. F. KERGIN,
Dated October 26th, 1919.

THOMAS B. STRAIN,
W. E. Green, agent.

Dated 26th October, 1919.

SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that I, Peter Plumbo, of Prince Rupert, B. C., prospector, intend to apply for a licence to prospect for coal and petroleum over the following described lands on the West Coast of Graham Island, British Columbia, commencing at a post planted on the south shore of Canoe Pass and 4 miles south of the northeast corner of Robert Reid's coal and petroleum licence number 10460; thence north 80 chains, thence west 80 chains, thence south 80 chains, thence east 80 chains to the point of commencement.

PETER PLUMBO.

Dated July 27, 1919.

Dated September 25th, 1919.

SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that Charles E. Burgess, of Bay Point, California, hotel-keeper, intends to apply for a licence to prospect for coal and petroleum over the following described lands on the south shore of Canoe Pass and 4 miles south of the northeast corner of Robert Reid's coal and petroleum licence number 10460, thence north 80 chains, thence west 80 chains, thence south 80 chains, thence west 80 chains to the point of commencement.

CHARLES E. BURGESS.

By Hans K. Christensen, Agent.

Dated October 9th, 1919.

CLASSIFIED ADVERTISING

Phone 98

WANTED

WANTED—Men to fill positions as automobile repairmen and drivers. The demand for skilled men in the automobile business never was as great as it is at the present time. We will train you in a short time with the latest and