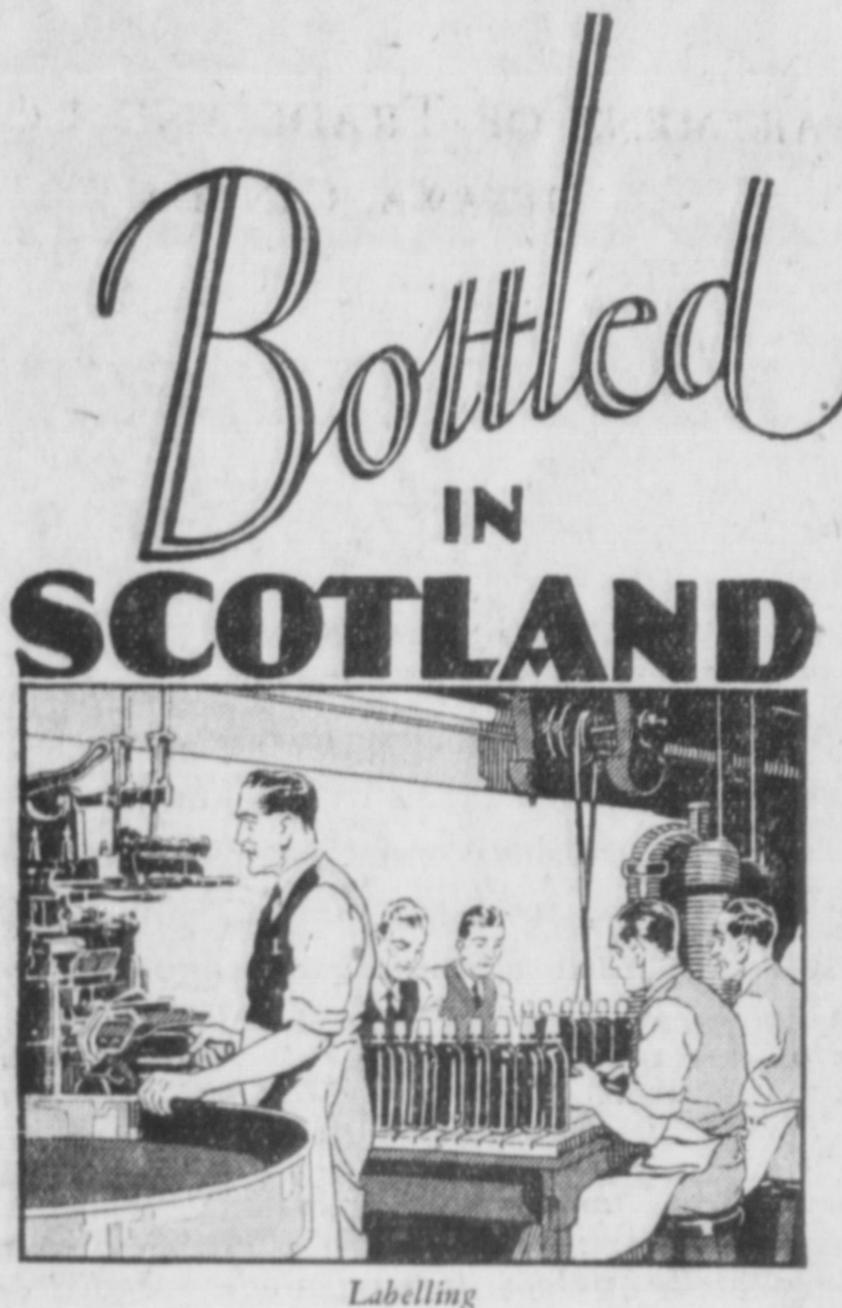
One Tube Mi 31 Tooth Paste — and —

One Bottle Mi 31 Antiseptic \$1.00 Value

Special, 60c

vines Lid. The Pioneer Druggists

Phones 81 & 82 Third Ave. & Sixth St. THREE GRADUATE PHARMICISTS



You can depend on "Perfection". It is the one Scots Whisky that is actually distilled, blended, aged-in-thewood and . . . BOTTLED . . . in Scotland. Famed for uniform high quality since 1807. Imported in 261/2 oz, and 40 oz. bottles only. Sealed with the convenient measuring cap.

"Smooth as a kitten's wrist"



This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert f or Vancouver:-T.S.S. CATALA EVERY TUESDAY, 1.30 P.M. Arriving Vancouver, via Ocean Falls, Thursday Noon approx, T.S.S. CARDENA EVERY FRIDAY MIDNIGHT

Arriving Vancouver Sunday midnight approx. Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas

River points. Sunday, 8:00 p.m. Further information regarding all sailings and tickets at -

PRINCE RUPERT AGENCY: Second Avenue,



ANT OF LOTTING

B. C. COAST STEAMSHIP SERVICE SAILINGS FROM PRINCE RUPERT To Ketchikan, Wrangell, Juneau, and Skagway.

March 7, 18 and 28.

STEAMSHIPS To Vancouver, Victoria, Seattle-March 11 and 22.

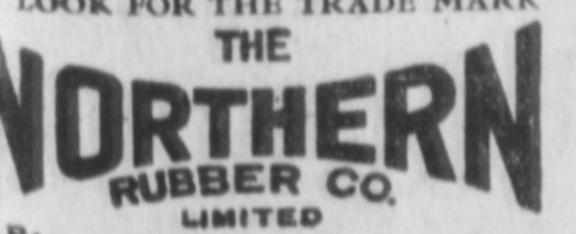
Princess Mary-Ocean Falls, etc. Vanco uver and Victoria, every Friday, 10 p.m.

W. C. Orchard, Gen. Agent, 3rdAv., Prince Rupert, Phone 31.

"NORTHERN" Rubber Footwear Equip your family, from baby to dad, with "NORTHERN" Rubbers, and enjoy the com-Women's "GALT" fort of good health.

'A style for every shoea rubber for every purpose"

Men's "BROCK" LOOK FOR THE TRADE MARK THE



A complete range of "Northern" Rubbers and Styl-Shus is on hand to meet your needs-at

Local Items

Ladies' Golf League tonight-Sunken Gardens.

Dinnerware, china, crockery, glassware, Heilbroner's Store.

ville-Simpson - Rupert, and Friday at 8 p.m. Exhibition pole Hall. Hall. Admission 50c.

days' imprisonment, in city police toria. court yesterday afternoon.

quet. Tickets \$1.25 at the door, in- aboard the Catala this morning cludes banquet and dance. Admis- bound for a trip to Victoria. sion to dance at 10 p.m. 50c. Premier Orchestra.

Clymont this morning on a charge business. of supplying liquor to Indians. The case was adjourned for eight days. counsel.

The regular monthly business nery. luncheon of the Prince Rupert Tuesday, was held today in the contests, novelties and what have Commodore Cafe. President C. C. you. Big time for everyone assured. Mills was in the chair.

Northland Navigation Co.'s motorship Norco arrived in port this morning from Ketchikan with two Dickson, returned to port at 10:15 few boxes of fresh halibut for trans- and other northern points with a shipment east over the Canadian very light passenger list and sailed National Railways. After discharg- this afternoon at 1:30 for Vancouing, the vessel sailed on her return ver and wayports. north.

Rink Company at Prince George in Annual Meeting

PRINCE GEORGE, March 10-The Prince George Skating Rinl Co., at its recent annual meeting. elected the following officers for the year:

President-W. J. Allen. /Secretary-Treasurer-P. Holm-Vice-president, Alex Wimbles. Secretary-treasurer, Percy Holm-

wood. Directors-John McInnis, A. M. Patterson, F. D. Whitemore. Paul Wieland, J. C. Pidgeon and George McCullagh.

The company conducts the local skating rink.

Gas Boat "PEG," 35 feet long, equipped with a 30 horsepower Kelvin engine. Built for a fish packer or cannery tender. Bids will be received by the undersigned up to noon, March 21, 1931. The highest or any tender not necesarily accep-

Boat may be seen at the Pacific Salvage Company's float, this city.

> C. L. MONROE, Official Administrator.

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ANNOUNCEMENTS

L. O. B. A. Bridge, Whist and Dance March 12.

St. Patrick's Concert, Catholic Hall, March 17.

Presbyterian Shamrock Tea, on

March 17, in Church Hall.

Inter-City Badminton Tournament-Premier vs. Rupert, followed by dance. Moose Hall, March 17

Baptist Easter Sale April 2. Easter Concert April 6 and 7. Direction Alex A. Connon, Moose

Catholie women's League Spring

Sale April 8. United Church Easter Bazaar.

April 9. Anglican Cathedral Easter Sale April 9.

Crib and Whist League Banquet Commodore Cafe April 10.

Presbyterian Easter Sale April 16

Daily News "Want Ads" bring quick results.

Billiards tonight Canadian Legion vs. Elks.

Glasses fitted by registered optometrist at Heilbroner's store.

T. J. Shenton, inspector of mines, is on a trip to Anyox this week on

The Elks Lodge is removing its Championship Basketball, Green- home from the present quarters in Thursday the Helgerson Block to the Metro-

Mr. and Mrs. George G. Bushby For drunkenness, William Stuart sailed on the Catala this afternoon was fined \$25, with option of 30 for a trip to Vancouver and Vic-

Dominion Constable E. G. Newn-Tonight at 7 p.m. Pioneer's Ban- ham of Kincolith was a passenger

58 Capt. W. P. Armour, local manager of the Pacific Salvage Co., sail-Dido Gurvich appeared in city ed this afternoon on the Catala for police court before Magistrate Mc- a trip to Vancouver on company

R. G. Johnston, manager of In-W. O. Fulton is acting as Gurvich's verness Cannery, is expected to arrive from the south tomorrow to arrange for the opening of the can-

Syro Club, which has changed its Elks' Novelty Dance on Friday. meeting days from Wednesday to March 13, at Elks' Home. Dance Balagno's orchestra. Eats galore. Admission 75c and 50c.

Union steamer Catala, Capt. A. E. carloads of frozen salmon and a this morning from Anyox, Stewart

> M. M. O'Brien, chief field enginsmelting Co., was a passenger on New Colf Course Smelting Co., was a passenger on board the Catala this morning returning to Vancouver after an inspection trip to the Big Missouri mine at Stewart.

Nechako Farmers' Institute Elects Its Officers For 1931

VANDERHOOF, March 10:-The strong. Nechako Farmers' Institute, at its annual meeting here recently, elected officers for the year as follows: President, Louis J. Preston.

Vice-president, T. B. Mitchell. Secretary-treasurer, Leslie Brain. Executive—Caleb Prout, John Carey, A. M. Stewart, Mr. Skit and Dr. W. F. Schultz.

Or piles are quickly relieved by Dr. Chase's Ointment

It is a serious matter to have piles and one person in four has them at one time or another. The annoyance and distress is great. It is difficult to obtain lasting relief. So much so that a surgical operation may be con sidered necessary. That is unless your physician is familiar with Dr. Chase's Ointment for many doctors recommend this treatment to their

For nearly half a century Dr. Chase's Ointment has been the never failing relief for itching, bleeding and protruding piles. It is now very generally known by the medical profession, and the public generally, as the standard treatment for this torturing ailment.

Ask your friends about Dr. Chase's Ointment for "users are boosters" in this case. Relief comes quickly and you can obtain the ointment at any drug store.

S. E. Parker Ltd.

Ford Dealers

Cars - Trucks - Tractors Tires - Accessories - Gas & Oil - Flat Rate Repairs -

Wrecking Service

Third Ave. East Phone 83

TELEPHONE 657 VALENTIN DAIRY FOR

SKEENA BRAND Creamery Butter &

Cottage Cheese

FRESH PASTEURIZED MILK AND CREAM DAILY Early Delivery Throughout the City

Now try this interesting

Miss Lillian Loughton, Dietitian of the Canadian & Magazine, suggests this attractive Luncheon Menu. You'll find it just as appetizing as it sounds. Try it. Of course, like many other good things, it's very easy to make up.

LUNCHEON MENU Cream of Celery Soup * Chicken Salad in Tomato Rings) Fresh Rolls Preserved Pears "Magic" Date Cookies*

Chase & Sanborn's Coffee

Miss Loughton says: "My successful baking results are due in large part to the freshness, uniformity and consistent high quality of Magic Baking Powder. I recommend "Magic" for all recipes calling for a baking powder. Even a beginner can use it confidently "



Put rolled oats into a bowl. Sift flour, baking pow-

harmful ingredient.

Look for this mark on every tin.

It is our guarantee that Magic does not contain alum or any

der and salt and sugar together; add to oats. Melt butter and lard, add to dry mixture with milk. Mix all together; roll, cut with round cutter and bake in moderate oven. Fill with following mixture: 1 pound chopped

dates, 1 cup brown sugar, 1 cup hot water. Cook well and put between cookies." Or finish cookies as illustrated. Have filling ready when you make cooky dough; when cookies are shaped with small cutter, cut centres from half the round; place a spoonful of the thick date filling on



at Prince George

This Will Be Objective of Interior Club During Coming Year

PRINCE GEORGE, March 10:-The Prince George Gold Club will concentrate its efforts this year in the attempt to provide for a more suitable course. The club has elected officers for 1931 as follows;

President, C. A. Pyne. Vice-President, Dr. Carl Ewert. Secretary-treasurer, W. L. Arm-

LEADING PUPIL

NEW HAZELTON, March 10:-Louis Parent was the class leader of Grade 8 in the mid-term examinations held recently.

* ADVERTISING COPY

MUST BE IN EARLY Copy for display advertise- * + ments should be in the hands + • of the printers not later than • * 3 p.m. the day prior to publi- * ♣ cation. This is necessary to en-+ able best positions to be se- +

TOO LATE TO CLASSIFY

WANTED experienced woman for fur store. Apply W. Goldbloom.

HOTEL ARRIVALS

Savoy Hotel

Prince Ruper:'s leading family hotel. Hot and cold water in all rooms A. J. PRUDHOMME, Prop.

New Royal Hotel

Cor. of Fraser and Fifth Sts.

I. Zarelli, Prop THE HOTEL WORTH WHILE Hot & Cold Water: Steam Heat 75c PER DAY AND UP Telephone 281

Royal

J. R. McDonald and S. Pearson city; Miss M. Robinson and George J. Robinson, Kitimaat.

Prince Rupert Phone 457 Large Cabaret SPECIAL DINNERS Thursdays and Saturdays DANCING

Every Saturday Night, 9 to 12 Dance Hall for Hire Accomodation for Private Parties



SHE'LL MAKE SOME MAN HAPPY

as you can tell from her letter. But she ent, dependable and economical. has what I wish every young girl hada real enthusiasm for cookery, and a source. It comes from clean herds real cleverness in ferreting out cooking | housed in clean barns, milked by clean

food cake, caramel nut cake, cherry ted, 134 Abbott St., Vancouver, B.C. pudding and so many of them I just

for a friend, and I made some of the were, especially the caramel nut cake. They all asked me who made all that, and they said me, but, boy! did they recipes! I told them from Carnation Company, and they said, gee, they never knew Carnation could do so much. So you see how all my friends appre-

ciate your delicious recipes." drop, gives cooking results that even vanilla, and beat until creamy. Spread the best of bottled milk cannot equal, on cake.

Pauline M-is just a young girl-| and that it is extraordinarily conveni-

Carnation Milk is protected at the hands into clean utensils.

But let me quote her own spon- I am giving you her favourite recipe taneous and delightful words: "I have below-Carnation Caramel Nut Cake. tried many of your recipes - salmon | Why not send for the Carnation Cook croquettes, creamed chicken, spinach Book and Baby Feeding Book? They au gratin, baked cauliflower, devil's are free. Address Carnation Co., Limi-

Carnation Caramel Nut Cake—11/2 can't name them. They were wonderful. cups pastry flour, 2 tsp. baking powder, "You see, we were giving a shower 1/4 tsp. salt, 1/4 cup Carnation Milk, 1/4 cup water, 13 cup shortening, 1 cup recipes, and the people just couldn't get over how good and delicious they nuts, ½ tsp. vanilla. Measure flour after sifting once. Resift with baking powder and salt. Dilute Carnation with water. Cream fat and sugar thorrush to me and ask how I got the oughly. Add well beaten eggs and beat until mixture is light and creamy. Dredge the nuts with part of flour. Add flour and milk alternately to the creamed mixture, beginning and ending with flour. Add nuts and vanilla. Bake in moderate (375° F.) oven. Ice with Pauline knows what you should know | Caramel Icing-2 cups light brown -that Carnation Milk, being simply sugar, 1/3 cup Carnation Milk, 1/3 cup pure whole milk, evaporated to double water, 1 thsp. butter, 1/2 tsp. vanilla. richness and "homogenized" so that Mix sugar and Carnation diluted with the cream is broken up into finest par- water; cook until it forms soft ball in ticles and distributed through every | cold water. Add butter. cool, add

USE THE SAFEGUARDED

Only purest whole milk, safeguarded at the source by the strictest cleanliness in the care and in the milking of the cows, and then evaporated to double richness goes into Carnation cans. These cans are then hermetically sealed to continue the protection until Carnation reaches you. To save on butter and cream and get wonderfully fine textures, use Carnation Milk in all your cooking. (See recipe above.)



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