**Miss Ann Adam's Recipe for Bran Muffins**

| | |
|---|---|
| ¾ cup bran | ¼ cup sugar |
| 1¼ cups flour | ¾ cup milk |
| ½ teaspoon salt | 1 egg |
| 3 teaspoons Magic Baking Powder | ¼ cup melted shortening |

Mix the bran with the sifted fine dry ingredients. Make a well in the centre and pour in the milk and well-beaten egg. With the fewest possible number of strokes, blend these ingredients and stir in the shortening. Half fill greased muffin pans and bake in a hot oven, 400° F., 15 to 20 minutes. A few chopped dates, lightly coated with some of the measured flour, may be added.

*Miss Ann Adam bakes her famous*

**Muffins**

*with Magic Baking Powder*

"When selecting ingredients for my recipes," says Miss Ann Adam, cookery authority of the Canadian Home Journal, "I consider three points — economy, health value, and successful performance.

"Magic Baking Powder meets them all. I use and approve Magic, because I know it is pure, and free from harmful ingredients, and because experience has taught me that I can count upon successful results with Magic every time."

Magic Baking Powder is used *exclusively* by the majority of cookery experts, dietitians, and housewives throughout Canada. In fact, Magic outsells all other baking powders combined!

*FREE COOK BOOK*—When you bake at home, the new Magic Cook Book will give you dozens of recipes for delicious baked foods. Write to Standard Brands Ltd., Fraser Ave. and Liberty St., Toronto, Ont.

Magic Baking Powder has been home-tested and approved by the Home Service Bureau of Canadian Home Journal, Toronto.

Made in Canada

"CONTAINS NO ALUM." This statement on every tin is your guarantee that Magic Baking Powder is free from alum or any harmful ingredient


Robert Arthur, jr., who has been residing for the past three years in Victoria, will be returning to the city on the Prince George tomorrow morning and expects to re-locate here. Mrs. Arthur and two children will be returning later.


**Prince Rupert DRY DOCK AND SHIPYARD**

Operating three Dry Docks
Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels

Sawmill and Mining Machinery Repaired and Overhauled

Iron and Brass Casting

Electric and Acetylene Welding

50-ton Derrick for Heavy Lifts


# LOCAL NEWS ITEMS

Hardtime tea 15c., Baptist Church April 6. Sale of work and home-cooking. 79

Reliable Messenger. Phone 131. Day or Night. Stand Besner Block. tf

Nick Coulter of Port Edward came in on this morning's train for a brief visit to town.

It costs no more to ride in a Nash Special then in any other car. Just call Nelson's Taxi 849. tf

Don't forget the fair cheap shop is on the water front, right next to Hunt's Store .Hair cuts 50c.; children 25c. Fleet Barber Shop. 83

T. W. Hall, inspector of schools, is paying a visit to Anyox and Alice Arm on official duties, having left for the north on the Catala Sunday night.

Mrs. H. W. Butler, wife of the Government Telegraph operator at Aiyansh, arrived in the city on the Catala this morning from the north for a visit to town.

Retail Merchants meeting, Boston Cafe, Tuesday, April 4, 6:30 p. m. Important business relative to Saturday night early closing by-law 79

Mrs. Stanley Mills of Terrace arrived in the city from the interior on this morning's train and sailed this afternoon on the Catala for a trip to Vancouver.

Miss Galbraith and Miss Young of Port Simpson, who have been visiting at Kincolith, arrived here on the Catala this morning from the north.

J. R. Duffy, former accountant of this city, who arrived a few days ago from Peru, disembarked here from the steamer Catala this morning after a brief visit to Anyox and will proceed from here to Vancouver later in the week.

The following is from the Twenty Years Ago column of the Vancouver Province: "Construction of a smelter, with a treatment capacity of 2,000 tons daily at Granby Bay, Portland Canal, for the Granby Consolidated Mining & Smelting Co., involving an expenditure of $1,000,000, will be started in May."

## Twenty Years Ago

**In Prince Rupert**

**April 5, 1912**

The Union Steamship Co.'s new ss. Chelohsin has been beached at North Pacific cannery after striking a reef in Skeena Slough between North Pacific and Dominion canneries. The passengers were put ashore at North Pacific and are coming in here by train. The steamer Vadso will take the freight off the stranded vessel.

The stranding occured during a heavy snowstorm.

Mayor S. M. Newton is still shrouding financial affairs of the hydro - electric development at Woodworth Lake in mystery. All he would say at a council meeting was that the limit had been reached.

Three steam shovels will be at work within a few days clearing the Grand Trunk Pacific Railway depot site here of rock.

**C.N.R. TRAINS**

Mondays, Wednesdays and Fridays ..... 3 p.m.

**From the East**

Tuesdays, Thursdays and Saturdays ..... 10:40 a.m.

Canada enjoys unique leadership in biggest dam in world, the Gouin.


**Stationery**

Office Supplies

Toys Charts

Books Radios

Sewing Machines

McRAE BROS., LTD.


Scribblers 7 for 25c. at the Dollar Store's Removal Sale.

Called east on account of bereavement in her family, Mrs. A R. Phillips left on yesterday afternoon's train for Youngstown ,Ohio.

Get your garden tools at Gordon's Hardware. We carry a complete stock of garden tools, seeds, fencing and poultry netting. Our prices are the best. Phone 311. tf

Hearing of evidence was completed yesterday afternoon before Judge F. McB. Young in the County Court case of Bryant Co. Ltd. vs. Thomas Tasker and adjournment taken until this afternoon when argument of counsel is to be presented.

Herbert Bradshaw of Prince George, Elmer Syney Baptiste of Isle Pierre and Samuel Duane McLean of Shelley have been appointed provincial election commissioners for Fort George electoral district. Hugh John Brown of Port Essington has received a similar appointment in Skeena electoral district.


**"Listen to me on INDIGESTION"**

**"Fruit-a-tives gave me lasting relief**

"Not only this, they helped me overcome constipation and severe headaches. I actually feel years younger."—Mrs. A. L., Cornwall, Ont.

Because it exerts a healthful influence on the stomach and FOUR other vital organs, Fruit-a-tives gives results far beyond those obtainable from ordinary remedies. A brilliant doctor spent 15 years perfecting Fruit-a-tives. It will make you feel fine in a very short time. Thousands of people have learned this. 25c. & 50c. a box.

**Fruit-a-tives**

MAKE AND KEEP YOU WELL


Miss Marguerite Moss, daughter of Mr. and Mrs. Ernest Moss of Alice Arm, returned on the Catala Sunday evening to her home in the north after a week's visit in the city with friends.

T. Van Dyk, district game warden for Northern British Columbia arrived in the city on this morning's train from Prince George and will be here for the next few days on official duties.

P. G. O'Bourke, well known pioneer prospector and miner of the Portland Canal district, was a passenger aboard the Catala this morning going through from Stewart to Vancouver. It is his first trip south since 1916.


**SOUTH**

WINTER SAILINGS

From Prince Rupert for Vancouver, calling at Ocean Falls and Powell River
10.00 p.m. Thursdays

For Anyox and Stewart
4.00 p.m. Wednesdays

Fortnightly service to Queen Charlotte Islands. Particulars on request.

TRAIN SERVICE

Passenger trains leave Prince Rupert Mondays, Wednesdays and Fridays at 3.00 p.m. for Edmonton, Winnipeg and points East.

*For information call or write local agent or*
H. McEWEN, D.F. & P.A.
Prince Rupert, B.C.

**Canadian National**

V-2


## Hotel Arrivals


**New Royal Hotel**

THE HOTEL WORTH WHILE
Hot & Cold water: Steam Heat
75c. PER DAY AND UP
J. Zarelli
Telephone 281


Mrs. D. Morgan, A. B. Hayes, A. C. Eckmann, and Gordon Graham, Seattle; Archie Long, Ketchikan.


**Wednesday Special**

Peaches, Pears and Apricots 5 two-lb. tins assorted ..... 95c

**Munro Bros.**


## "Psychology of Brains," Declares Alderman Casey

"There goes the psychology of the brains of Prince Rupert," declared Alderman Casey at the big meeting of ratepayers last night in answer to a rather inflammatory speech by G. W. Nickerson in which he suggested that he had no objection to a receiver but that costs must be brought down to the village level and that employees should take a sacrifice at a time like this. He also suggested that no taxes should be paid unless there was a change.

Ald. Casey continued: "When Sam Newton, Bill Montgomery and I were in the council the finances were kept intact but when brains came along they wanted a receiver. Anyone who says he won't pay taxes is an enemy of the city, a traitor to the city he lives in. Brains sold the hydro-electric. Too bad I've got to tell you fellows."

## Limericks For Local Contest

There is plenty of swing to the two limericks submitted below in connection with the Supreme Coffee contest:

Supreme as an item of chow,
Contains all that is wholesome and how!
It's the best on the market,
So get the old basket,
And shop for a pound of it now.

I know a young lady named Sue,
Who was courting a fellow named Blue,
As Supreme was her brand,
Her coffee was grand,
Now it's funny, her name is Blue, too.

## Many Attend His Lectures

**Dr. J. T. Mandy, Resident Mining Engineer, Back Today From Alice Arm and Stewart**

Dr. Joseph T. Mandy, resident mining engineer, returned to the city on the Catala this morning after having held lectures at Alice Arm and Stewart during the past week for prospectors and mining men. At each point there were large attendances at the lectures, Dr. Mandy reports, and much interest was displayed. In view of the depressed state of the market for silver and other metals, prospectors are giving a good deal of thought now to gold possibilities, Dr. Mandy reports.

A. O. Aves of the provincial taxation department returned to the city on the Catala this morning from a trip to Anyox and Stewart on official duties.

## Announcements

Seal Cove Parish Hall Dance. April 7.

Catholic Woman's League Spring Sale April 7.

C.N.R.A. bridge and whist April 8.

Presbyterian spring sale April 14

The "Laughing Cure" United Church April 14 and 15.

Eagles' Daffodil dance Friday, April 15. Admission, ladies refreshments gentlemen 50c. everybody welcome.

Anglican Cathedral Spring Sale, April 19.

Prince Rupert Singers April 20 Capitol Theatre.

Ridley Home Bazaar May 5.

Three Plays, Presbyterian Church May 5th and 6th.

Spring Sale, St. Peters Church, May 19.


# NOT BROKE!

## JUST MOVING

**We Are Moving Next The Family Shoe Store May 1st**

And are reducing our usual low prices as we would like to give you the job of moving our stock in preference to the transfer company.

**Below Are Just a Few Sale Prices**

| | |
|---|---|
| Ladies' Dresses at | 75c |
| Knitting Wool 7 skeins | $1.00 |
| Dennison's Crepe Paper at | 15c |
| Ladies' Aprons at | 75c |
| 10 Styles Cups & Saucers 6 for | 90c |
| Children's Dresses 3 to 14 years | 75c |
| Nice Variety Fancy Dishes, suitable for bridge prizes regular $1.00, at | 65c |
| Brazzieres at | 25c |
| Nice Line Children's Socks at | 25c |
| Clark's Crochet Cotton at | 10c |
| Artsyl Rope & Floss 12 skeins | 35c |
| Lingerie Crepe 4 yards | 90c |
| Belding's 80-Yard Sewing Thread, 2 | 25c |
| Fine Grade Linen Stationery regular $1.00, at | 65c |

**Sale Opens Wednesday Morning at 9.00 A.M.**

**THE DOLLAR STORE**


**TO WHOM IT MAY CONCERN:**

I, the undersigned, have on March 31, 1932, sold my interest in the Cow Bay Machine Shop to Girado Farola, and will not hereafter be responsible for any debts incurred therefor.

78 WILLIAM JOHN RICHARDS.


**MI-LADY Beauty Shoppe**

Revised Prices to Suit Your Pocket

Permanent Wave $5.00
Ladies' Hair Cut .. 35c
Children's Hair Cut 25c

Phone 655



**Income Tax Returns**

Dominion returns must be filed by 30th April

GEORGE RORIE & CO.
Accountants and Auditors
243 Second Ave. W. Phone 387



**SPECIAL**

From

**April 1 - April 15**

We will wash your—

Double Blankets for 60c
Single Blankets for 40c
Lace Curtains .....50c (per pair)
Scrim Curtains ....30c (per pair)
Pillows, each .....35c
Carpets .....35c (per square yard)

Let us help you do your spring house cleaning

Canadian & Pioneer Laundries Limited

**SPRING IS HERE!**

Get Your Garden Seeds and Equipment from

**Thompson Hardware Company Ltd.**



**UNION STEAMSHIPS LIMITED**

Steamers leave Prince Rupert for Vancouver:—

T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.
Via Ocean Falls, arriving Vancouver, Thursday p.m.

T.S.S. CARDENA EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.

Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points. Sunday, 9 p.m.

Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Second Avenue, Phone 568



*The Fish which made Prince Rupert Famous*

**"Rupert Brand" SMOKED BLACK COD**

Prepared Daily By

**Canadian Fish & Cold Storage Co., Ltd.**

PRINCE RUPERT, B.C.



**ECZEMA RASHES & OTHER SKIN TROUBLES**

Soothed & Healed by Zam-Buk.

*Ointment 50c.— Medicinal Soap 25c.*