STILL MORE CARE for your Protection

CARNATION is "Protected at the Source" through the fostering of better dairy stock. Then, Carnation field men check and re-check dairying methods used to produce milk destined for Carnation condenseries. And then comes still more scientific testing until the can is finally hermetically sealed. In cooking Carnation makes favorite recipes better. Use it with coffee, fruits and cereals. You'll find Carnation economical. Approved by highest medical authorities for baby feeding-that's how good it is!



Write for free Cook Book and Baby Book Carnation Co., Limited, 134 Abbott St., Vancouver, B.C.

Carnation



Mountie Officers

Sergeant Thomas Brice to Receive

Treatment For Badly Frozen

Sandys-Wunsch and Brice were

brought out from Liard Post to

ANNOUNCEMENT

Jasper Wildfire Coal is now the

nottest in the domestic field. Gov-

thermore, for your benefit don't

coal is lower in price that we are

giving you a cheaper grade as other

Your next order "Jasper Wild-

Spare Ribs, 2 lbs.

Cottage Rolls-

and 2 lbs. Krout

and 1 lb. Lard

shoulder Pork, 4 lbs.

and 2 lbs. Rhubarb

The adder is the only vicious ser-

pent found in Great Britain.

coal dealers may state to you.

Skagway by airplane.

Feet-Is Invalid Now

AND CASES

SALE

ntire contents of the

is sale starts—

RIDAY, FEBRUARY 19, at 1:30 p.m. and will continue tually regain full use of the limbs.

SATURDAY AFTER-OON AND SATURDAY EVENING

Announcements

oose Badminton Dance Feb. 10 pust Church supper Feb. 19.

s. Everybody welcome.

opening dance, Feb. 26.

oneer Banquet March 10. t, Patrick Celebration, Catholic Phone 958

Catholic Women's League Spring

Your Back The Weak Point then get your kidneys right by using Dr. Chase's Kidney-Liver

few people are in perfect. There is a weak spot some-When you get tired or your back aches or is weak and sore; may have headaches; there wi dryness of the skin, pains in the neys is by using Dr. Chase's idney-Liver Pills. They are bound action of the kidneys, liver and thereby ensure the of poisons from the

LOCAL NEWS ITEMS

is our motto. Give us a call.

Moose Badminton Club Dance, Phone 73. tonight. Peppy music for dancing, tables for cards. Good refreshments. Price 50c. All Welcome. 39

Bridge and badminton, C.N.R. courts, Friday, 7 p.m., aid Crippled Children's Hospital Society. Hotel, who has been on a brief Admission 25c.

The provincial police boat P.M. L. 4, in charge of Corp. A. W. Stone Inlet area and will be here for the next several days.

City Badminton Championship Tournament opens Thursday, Feb. 25. Enrties for all events close Wed., Feb. 24, 5 p.m. Players please note entries can be handed in at their own clubs.

BABIES THRIVE on Vitamin-Rich

Judge H. A. Robertson of Prince George arrived in the city on this morning's train from the interior to take some local County Court work for Judge F. McB. Young. who is still away on sick leave

In Vancouver Now C.N.R. steamer Prince John. at 5 o'clock this morning from Vancouver via the Queen Charlotte giving name, address and age. Islands and will remain over here until 10 o'clock Saturday night when she will sail on her return south over the same route.

Inspector T. V. Sandys-Wunsch and Sergeant Thomas Brice, both Rev. Dr. J. Wesley Bready of Toof the Royal Canadian Mounted ronto, who is here in the course of Police detachment at Liard Post, a lecture tour of Canada under the who passed through here at the auspices of the National Associa first of the week, have arrived in tion of Canadian Clubs, was the Vancouver, Sergeant Brice, who speaker today at the weekly lunchwas formerly stationed here, is suf- eon of the Prince Rupert Rotary fering from severely frozen feet and | Club in the Commodore Cafe, his is a virtual cripple at present. His subject being "Unemployment Infeet were frozen last November surance and the Dole." G. H. while on patrol. As a result of Munro, president of the club, was treatment he is to receive in the in the chair. south, it is expected he will even-

rnment analysis shows it to be the highest in B.T.U.'s and less ash. It starts quick and lasts longer. Fur-

think for one minute because our We were the first in the city to introduce a policy that brought down prices and lowered the cost of living. Consumers when making their purchases should bear this in mind fire," egg or lump. Note our adv. for and before buying elsewhere give cash prices and save your dollars. thought to the prices maintained by Hyde Transfer-Phone 580 our stores. We quote a few of our low priced foodstuffs

-Fresh Firsts

	THE RESIDENCE OF THE PARTY OF T	3 doz	100
	○○	Cottage Roll Ham-	17c
	SQUARE DEAL	Der lb. Creamery Butter— 2 lbs.	45c
	Meat & Fish Market	Joney Graham Wafers— per pkg.	20c
	CASH & CARRY	Sweet Mixed Biscuits— Fresh, 3 lbs.	95c
c	Phone 958 Third Ave.	Aylmer Brand Tomatoes— 2½'s, 6 tins for	68c
2	THURSDAY & FRIDAY SPECIALS	Interior Potatoes—Good \$ cookers, per sack Onions—	1.50 25c
	Weenies, 1 lb. 30C and 1 lb. Krout	Rhubarb— per lb.	10c
	Liver, 1 lb. 25C	Spinach—Fresh and green	15c
	and ½ lb. Bacon	Sweet Potatoes— 3 lbs.	25c
	Lamb Chops,	now hoad	10c
	Loin of Lamb, 4 lbs. \$1.00	per doz	55C
Pork Steak, 2 lbs. 9032 45		You will find our lines fr	esh, of

good quality and prices to suit today's pocketbook 45c Mussallem's Cash & 16c Carry Stores

Where Dollars Have More Cents" No. 1 Store Fifth Ave .- Phone 18-84 No. 2 Store 319 Third Av.-Phone 360 No. 3 Store 727 Third Av.-Phone 375

Bert's Taxi, Phone 678. "Service", For Transportation to the polls tf Thursday call Citizen's Committee Rooms, opposite Commodore Cafe.

> Why pay more? Best Alberta sootless egg Coal \$11 per ton. Albert & McCaffery Ltd. Phones 116 or 117.

Mrs. J. L. Jollymore of the Savoy 40 trip to the interior, returned to the city on this morning's train

Charles Wilson of Lake Kathlyn of Ocean Falls arrived in port yes- is paying a brief business visit to terday afteroon from the Rivers the city, having arrived on this morning's train from the interior. He will return to Lake Kathlyn tomorrow or Monday.

> AMAZING NEW DOUBLE SIGHT GLASSES

5,000 OFFERED ON FREE TRIAL.

Readers of this newspaper are invited to take advantage of the sensational offer of a large Toronto spectacle house which has perfected a new double sight spectacle. These latest most up-to-date ing. Dr. Ritholz Optical Co., Dept there. NX-43, 29 Melinda St., Toronto Ont., are offering these \$18.00 value spectacles at only \$1.98 on 10 day FREE Trial, with the understanding that they will amaze and do-Capt. Neil McLean, arrived in port ight you or there will be no cost. Write today for 10 day free trial



And Now He's His Mother's Pride and Joy

"CHE'LL never raise him!" whiso pered the neighbors behind their hands-and indeed it looked like it, for Baby Jim was a tiny mite and didn't thrive on his bottle. Then his Mother tried Eagle Brand, and to everyone's astonishment Baby Jim ceased fretting and began to gain steadily. Grandfather now lays claim to his wonderful disposition-but his mother smiles quietly and

remembers Eagle Brand. Eagle Brand has reared countless thousands of infants to maturity over a period of 74 years. Experience has proved that it is a reliable, safe and an entirely satisfactory food where the mother is unable to nurse her own baby. Write for Baby Welfare and Record Book. The Borden Co., Limited Homer Arcade Bldg.,



TELEPHONE 657 VALENTIN DAIRY FOR SKEENA BRAND

Creamery Butter & Cottage Cheese FRESH PASTEURIZED MILK AND CREAM DAILY

Early Delivery Throughout

Our Famous Edson and Bulkley Valley COAL, No. 1 Bulkley Valley Wheat, Oats and Barley, Pratt's Chick Food, Seeds and Fertilizers.

PHONE 58 & 558

Quality has no substitute



Tea "fresh from the gardens"

Annual Supper Baptist Church, tomorrow (Friday) Feb. 19, at 6:30. 75c. Don't miss it.

Fleet Cafe, home of good eats. next to Hunts' Store on waterfront reopens for business Monday morning, under same management.

by rubbing on

spectacles with large clear full Robert Ogilvie of Fort St. John vision lenses are guaranteed to has been appointed a coroner, the mprove the vision and enable B.C. Gazette announces. Di J. W. wearers to read finest print, work, Vosburgh of Stewart has been apsew, see far or near. They are in- pointed medical liealth officer and sured against breaking or tarnish- medical inspector of the school

VALUES In Quality Foods

Corn Flakes—Quaker Brand per pkg. . Minced Clams-Pioneer Brand, per tin Split Peas— 25c

White Beans-25c 6 lbs. Oxo-Large 22C 13c Fancy Biscuitsper 1-lb. pkg. Pickles-Sweet & Sweet

Mustard, per 38-oz. jar

SWIFT'S SOAP SPECIAL

2 tins Classic Cleanser— 1 pkg. Quick Arrow Chips-1 large cake Maxine Elliot Soap 1 large Rubber Play Ball— 65c

\$1.05 Pure Olive Oilper 1/2-gal. tin Gold Dust-Cleans & scours s 25c per large pkg. 21c Sunlight Soapper carton 19c Sliced Peaches—Aylmer choice quality, No. 2 tins Bartlett Pears-No. 2 tins 18c Quaker choice Quality, ea. Green Beans-No 2 tins 10c Choice quality, each Fresh Hothouse Rhubarb--11c

Watts' Grocery

PHONE 56 PHONE 55 THE BEST FOR LESS

Hotel Arrivals

New Royal Hotel THE HOTEL WORTH WHILE Hot & Cold water: Steam Heat 75c. PER DAY AND UP J. Zarelli Telephone 281

BUY CANADIAN GROWN

Sweet Pea Seeds

Varieties and quality the WORLD'S BEST

Also up-to-date selection of DAHLIAS-Including all the latest types. Write for our Free Catalogue

CROSLAND BROS. DUNCAN, B.C.

"DEMER'S"

ANOTHER SLASH IN PRICES WE NEED THE MONEY

	MONULI
\$1.50 Weldrest Service	
\$1.95 Weldrest Chiffon	
\$19.50 Silk Dresses now	\$12.95
\$15.00 Silk Dresses now	\$9.50
6 Odd Dresses each	\$4.95
7 Evening Dresses half price, from	\$7.50 to \$17.50

Come and See These Bargains

UNION STEAMSHIPS LIMITED

leave Prince Rupert for Vancouver:-T.S.S. CATALA EVERY TUESDAY, 1.30 P.M. Via Ocean Falls, arriving Vancouver, Thursday p.m. CARDENA EVERY FRIDAY MIDNIGHT

Arriving Vancouver Sunday midnight approx. Weekly sailings to Port Simpson, Alice Arm. Anyox. Stewart and Naas River points. Sunday, 9 p.m.

PRINCE RUPERT AGENCY: See and Avenue. Phone 568



End this scraping with an

ELECTRIC TOASTER Why put up with the delay, annoy-

ance and waste of burnt toast? Toast electrically instead and save countless footsteps . . . with every slice crisp, fresh, golden-brown and piping-hot, all ready for buttering. Toast this pleasant, easy way, right on your dining table. Models for every purse at very low prices, including the marvelous new Auto-

POWER COMPANY, LTD.

Because it doesn't pay to advertise poor products, It does pay to buy those advertised.