



To End RESTLESS, TOSSING SLEEPLESS NIGHTS

Ovaltine is widely used in hospitals and nursing homes, not only for sleeplessness but for building up the health and strength of convalescents, for expectant and nursing mothers, and for aged folk who need extra nourishment. It is also widely used as a family beverage where there are growing children—at meals, between meals and at bedtime.

OVALTINE RUSKS

For firm teeth and healthy gums eat Ovaltine Rusks. They combine Canadian wheat flour and Ovaltine granules, and offer a much higher food value than ordinary rusks or biscuits.

Ovaltine is sold at all good stores, in 50c, 75c, \$1.25 and special 14.50 family size tins; also served at soda fountains.

FRAYED and jangled nerves . . . nights of restless tossing and miserable wakefulness . . . fitful dozing crowded with anxious thoughts . . . awake at or before dawn and no more sleep till rising hour . . . mornings of listless weariness, forcing yourself to the daily tasks—no mere sedative can correct these conditions. You need Ovaltine, a tonic food beverage for nerves, body and brain.

Ovaltine—"The World's Best Night Cap"

Ovaltine corrects the causes of sleeplessness—feeds the worn-out nerves and fatigued body-cells. One cup just before retiring, immediately allays any digestive unrest that may be keeping you restless and awake, soothes and feeds the nerves, and allows the over-alert brain to relax. Deep restful sleep follows quickly and naturally.

Ovaltine is a highly concentrated extraction of ripe barley malt, rich creamy milk and fresh eggs from our own and specially selected farms. Do not mistake ordinary malt and cocoa flavoured beverages for Ovaltine, or expect them to have the same beneficial effect upon your system. Ovaltine is the original and supreme Tonic Food Beverage. There is no satisfactory substitute for it.

OVALTINE

TONIC FOOD BEVERAGE
Builds-up Brain, Nerve and Body



A. WANDER LIMITED, London, England, and Peterborough, Canada

Cheapest Way of Reaching the People

The cheapest way of reaching practically all the people of Prince Rupert and district is by means of the classified columns of the Daily News.

Nearly everyone has something they could turn into cash through the "For Sale" column. Perhaps they have a house to rent. Here is the chance. Spend 50c on a classified advertisement and secure a tenant rather than have it idle.

If a girl wishes a position or a housewife wishes help, the best means of getting supplied is through a want ad.

Dressmakers sometimes want work; small store-keepers want to move their goods; or maybe you need an article that has been used rather than pay the price for new. Give the Daily News classified columns a trial. Many have been very pleased at the result.

TELEPHONE 98
THE DAILY NEWS

—and drop in later and pay the bill. The charge is small.

Daily News Want Ads. Bring Quick Returns

District News NEW HAZELTON

Roads throughout the district have been in very bad condition recently. Mild weather, slush and traffic have combined to make them very treacherous and the going extremely bad.

The ice harvest from Hospital Lake will probably get under way this week. It is planned to put up the usual quantity for use in the summer.

A public school is to be opened at Remo near Terrace at once. A conference on the matter was recently held at Terrace between School Inspector T. W. Hall and residents of Remo.

A meeting of the directors of the Hazelton Hospital was held on Saturday night for the purpose of preparing for the annual general meeting.

Owing to sudden fluctuations in the weather, numerous children in town are on the sick list and unable to attend school.

The local skating rink is now in splendid shape. It is expected that hockey will be played soon.

BURNS LAKE

The Burns Lake and District Board of Trade, at its annual meeting last week, elected the following officers for the coming year: President, P. V. Tallon; vice-president, B. A. Smith; secretary, Rev. E. S. Fleming; council—H. J. Jewell, A. M. Ruddy, Sidney Godwin, C. R. McLeod, S. Anderson, P. Brunell, H. T. Nicholls and Dr. T. C. Holmes.

A daughter was born last Tuesday night in the Burns Lake Hospital to Mr. and Mrs. O. H. Miller of Palling.

In spite of hard times, the local liquor store had a very busy time over the Christmas and New Year season, it is reported.

Miss L. McNair is visiting at Houston with Mrs. Watson, who was formerly a member of the staff of the Burns Lake Hospital.

Norman Schreiber has been busy for the past few weeks freighting out supplies to his new store at Ootsa Lake which was opened with a dance recently.

Two local boys were given one month each in jail when it was discovered that they were in possession of gasoline belonging to the Department of Public Works.

A. E. Brown of Decker Lake was a visitor in Burns Lake last week.

The coldest night experienced so far this winter was last Tuesday when the thermometer dropped to 22 degrees below zero.

The Burns Lake Farmers' Institute had its annual meeting and election of officers on Saturday.

Miss L. McNair R. N., before leaving here recently, was the guest of honor at several farewell social functions. One party took place at the Manse where Miss Mc-

Kaien Motors

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1929 Chevrolet Sedan
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COAL

Buy the real Coal—our famous Edson and Cassidy-Wellington—in any quantities. Also Bulkley Valley Hay, Grain and Robin Hood Flour.
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PHONES 58 AND 558

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COLDS
BUCKLEY'S
MIXTURE
is Canada's standard remedy. It cures all other cough and cold preparations. BETTER—that's why—and DIFFERENT.
Acts Like a Flash
A SINGLE SIP PROVES IT

Nair was presented with the beautiful painting of a local scene done by E. Trousdell.

Frank Carroll and Sivert Anderson of Decker Lake were here to attend the annual meeting Tuesday night of the Burns Lake and District Board of Trade.

Kurt Unger of Francois Lake has been spending a few days in town on business.

Mrs. Blanch of Bald Hill lost her purse recently and has placed the matter in the hands of the police.

Dr. Agnew, Vancouver dentist, is paying a visit here.

A very enjoyable card party was held on Saturday night at the Decker Lake Community Hall.

The tenth carload of breeding cows is about to be distributed in this district.

A few days ago Rev. E. S. Fleming entertained the members of the Canadian Girls in Training at the hospital. Some interesting lantern slides were shown.

PRINCE GEORGE

The Women's Auxiliary to the Canadian National Recreation Association here elected officers for the year at a meeting last Friday afternoon in the engineering office at the local station.

Chief Justice Aulay Morrison has ordered a change of venue from Prince George to Kamloops for the third trial of Carl Fredericks, who is charged with the murder of Max Westphal at Trembleur Lake in June, 1930.

MONDAY'S SPECIALS

- Gold Dust— 55c
- 2 pkgs. for
- Soap Chips— 27c
- 2 pkgs. for
- Coleo Toilet Soap—Equal to 25c
- Palm Olive, 4 cakes for
- Rairsex Toilet Soap— 25c
- 6 cakes for
- Malkin's Best Grape Fruit— 25c
- 2's, per tin
- Empress Plum Jam— 28c
- 2's, per tin
- Fraser Valley Orange 45c
- Marmalade, 4's, per tin
- Aylmer Tomatoes—2½'s 35c
- 3 tins for
- Feed Wheat— \$1.70
- per 100-lb. sack
- Turnips— 25c
- 10 lbs. for
- Onions—Good stock 25c
- 6 lbs. for
- Leeks— 5c
- per bunch
- Australian Dried Peaches— 40c
- 3 lbs. for
- Shelled Walnuts—¼'s 35c
- per lb.
- Purity, Five Roses and Robin Hood Flour—49's \$1.50
- per sack

OUR SUPPLIES ARE ALWAYS FRESH

Our Meat Department is operated in conjunction with our down town stores and all orders placed with us are guaranteed to give satisfaction both as to quality and service. This meat delivery service is free.

Mussallem's Cash & Carry Stores

"Where Dollars Have More Cents"
No. 1 Store Fifth Ave.—Phone 18-84
No. 2 Store 319 Third Av.—Phone 360
No. 3 Store 727 Third Av.—Phone 375

BANCROFT FEATURED

Virile Star Central Figure in "Rich Man's Folly." Current Attraction at Capitol Theatre

"Rich Man's Folly," current attraction at the Capitol Theatre featuring the ever popular and virile George Bancroft, is a story of intriguing interest. Bancroft plays the part of an ambitious money-grabbing shipbuilder who stifles all his gentler qualities for money and a mad ambition.

It is the kind of a part in which Bancroft excels. He virtually lives the part of hard-fisted domineering man. He has the experience and talent technique to interpret the role splendidly indeed.

The picture is filled with incidents with the clash and clang of a great shipbuilding plant and its thousands of workers. It is a great industrial epic in which photography as well as the players has an important role.

In the cast, besides Bancroft, are many screen favorites whom the fans love to see including Frances Dee, Robert Ames, Juliette Compton, David Durand and others.

Get quick results with a want ad



Monday and Tuesday
TWO SHOWS — 7 and 9 p.m.
Feature Starts at 7:37 & 9:17
ADMISSION — 20c & 60c

George Bancroft

"Rich Man's Folly"

With Francis Dee and a great cast. What good is wealth in the face of a great human crisis? A Paramount Picture

Comedy—
"MADMOISELLE IRENE"

Screen Song—
"GALLAGHER & SHEEN"

WEDNESDAY & THURSDAY
"GIRLS ABOUT TOWN"

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This dressing will make an old top look like new. It is absolutely waterproof, softens and preserves the leather.

Price, 75c per pint, postage paid

Gesco Safety-First Windshield Cloth

This wonderful cloth is chemically treated and will prevent the windshield from becoming foggy during a rainstorm. Keeps the vision clear by making the rain run right off. The harder it rains, the better it works. Simply rub cloth over wet windshield. For the safety of himself and others, every auto-owner should have one of these wonderful cloths.

Price each, 50c postage paid

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