MILBURN'S HEART AND NERVE PILLS

Price 50c a box

Sorry To See Night Coming She Could Not Sleep

Mrs. K. McElroy, Kirkfield, Ont., writes:—"I was very nervous and run down, was short of breath, and had smothering feelings, and was sorry to see night coming as I could not lie down or go to sleep.

I was advised to use Milburn's Heart and Nerve Pills. I took seven boxes and am now completely relieved; can sleep fine all night, and have gained in weight."

Sold at all drug and general stores, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

A SATURDAY SERMON

Relying Upon God

(By Captain Ruby Steele, Salvation Army)

II. Chronicles 14:11, text: "And Asa cried unto the Lord his God and said 'Lord it is nothing with thee to help whether with many or with them that hath no power. Help us oh Lord our God.'"

How sad it is that so often it takes, calamity, distress, sickness or famine to cause men to cry unto God for help. The goodness of God ought to lead sinners to repentance and saints to a sweet reliance upon Him. Oh, the downess of men to respond to God's great love! Man needs God. Nations need God. Homes need God. What a sad thought indeed that too often men, as individuals, and people, as nations, are contented to go along without calling upon God when the sun shines and prosperity favors and things are running smoothly.

We find Asa at this time crying upon God who graciously heard and wrought a complete deliverance. It seems as though Asa would have learned the lesson of relying completely upon God. Yet later on, when another was was threatening, we find that Asa turned to the king of Assyria and trusted in him for help instead of relying upon the Lord his God. At this time he went down to defeat and the Lord sent a prophet who told him that his defeat was the result of his reliance on the king of Assyria.

How slow we, as the children of God, are to trust the loving care and Father heart of our God. A little girl of six had a problem facing her which was too great to master. Suddenly she thought of her father and said joyfully: "I'll go and get Daddy. He will solve this difficulty." She ran and told her father and came back prancing and saying: "My father is coming. He will do this for me." Her joy was supreme because she relied upon her father. What a rebuke is a child's simple faith in an earthly father to us as children of God. Oh, that in our distress, calamities and perplexities at times when we are at "Wits end Corner" when perhaps prosperity is lost, job is gone, the cupboard is bare, sickness or death has come into our home—oh, that then we would turn unto our Father and make our trust in Him! Oh that the Saints of God would turn unto Him in love, not only in their sorrows, but in their joys! Oh that sinners would seek the Lord and have their darkness turned to light! The arm of flesh is too short. Man needs God. Oh that family alters would be restored! Oh that men would just rely upon the Lord and thus bring joy and victory in their hearts, in their homes and thereby glorify the Great God who loved us with an everlasting love and treated us with loving kindness and tender mercies!

The Chamber of Commerce, at its meeting last night, again endorsed the campaign for the use of more fish by Prince Rupert people as a means of helping out the fishing situation.

"THESE HARD TIMES"

"The hard times and scarcity of money makes it more important than ever to economize. One way I save on clothes is by renewing the color of faded or out-of-style dresses, coats, stockings, and underwear. For dyeing, or tinting, I always use Diamond Dyes. They are the most economical ones by far because they never fail to produce results that make you proud. Why, things look *better* than new when redyed with Diamond Dyes. They never spot, streak, or run. They go on smoothly and evenly, when in the hands of even a ten year old child. Another thing, Diamond Dyes never take the life out of cloth or leave it limp as some dyes do. They deserve to be called 'the world's finest dyes!'"

S.B.G., Quebec

CHURCH NOTICES

ST. ANDREW'S CATHEDRAL

(Church of England)

Very Rev. J. B. Gibson, Dean

11 A.M., Morning Prayer and Holy Communion
7:30 P.M., Evening Prayer and Sermon
Sunday being the first Sunday in the month, Sunday School will be held at 2:30 p.m.
Mid-week Lenten service, Wednesday at 8 p.m.
Confirmation Class on Friday, at 7:30 p.m.

FIRST PRESBYTERIAN CHURCH

Minister, Rev. W. D. Grant Hollingworth, B.A.

11 A.M., Sermon Subject, "The Legend of the Rejected Stone"
12:15, Sunday School, all classes
7:30 P.M., Sermon 1 in series on
"CONTEMPORARY RELIGIOUS FAITHS"
March 6—"BUDDHISM" March 13—"CONFUCIANISM"
March20—"MOHAMMEDANISM" March 27—"CHRISTIANITY"
Special music at each service
All visitors welcome

CHRISTIAN SCIENCE

(Christian Science Society, Third St., Besner Block)

This Society is a branch of the Mother Church, the First Church of Christ, Scientist, in Boston, Mass. Sunday morning service at 11 o'clock. Subject, "MAN." Sunday School at 12:15. Testimonial meeting Wednesday at 8 p.m. Reading Room, Third St., Besner Block, open on Mondays and Thursdays from 3 to 5.

LOCAL NEWS ITEMS

Cambrai Chapter Tea, Mar. 19

Dr. J. H. Carson is still confined to his home with illness, having now been laid up for almost two weeks.

All Senior Basketball Players wishing to try for All-Star team be at Auditorium 2 p.m. Sunday. 54

Why pay more? Best Alberta sootless egg Coal $11 per ton. Albert & McCaffery Ltd. Phones 116 or 117. tf

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E. D. Hogan of Porcher Island is paying a brief visit to town, having arrived in the city from the cannery yesterday afternoon.

R. M. Benson, who arrived in the city earlier in the week on the Prince John from Queen Charlotte City, sailed last night on the ss. Princess Adelaide for Vancouver.

A request form the Retail Merchants' Association of Canada to the local Chamber of Commerce last night asking for support urging the making of issuing N.S.F. checks a criminal offense, was referred to the Legislative Committee.

More information in regard to the load line controversy was brought out at the meeting of the Chamber of Commerce last night and the committee having the matter in hand was asked to continue its campaign for a change which would do justice to Prince Rupert.

The Chamber of Commerce, at its meeting last night, was almost evenly divided as to whether it should again ask for the dredging of Metlakatla Bar. A resolution favoring action being taken was passed with one majority. The motion was by Paul Armour seconded by M. F. McCaffery and the chief opponent of the move was W. O Fulton

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Mate Simunovich of Vrononic, Dalamatian, Jugo-Slavia, who is on a globe-trotting tour of the world, arrived in the city on the steamer Prince George Thursday night after spending several days at Stewart and will leave here next Wednesday on the Princess Norah to Alaska and Yukon whence he will proceed to Asia. He has already travelled 41,000 miles.

The question of pulp export was again discussed at the meeting of the Chamber of Commerce last night and was finally left in the hands of the executive for action should such action be deemed advisable. The Chamber had already at a previous meeting endorsed the scheme and had sent a delegation to Victoria to try to induce the Government to give it consideration.

ANNOUNCEMENT

Jasper Wildfire Coal is now the hottest in the domestic field. Government analysis shows it to be the highest in B.T.U.'s and less ash. It starts quick and lasts longer. Furthermore, for your benefit don't think for one minute because our coal is lower in price that we are giving you a cheaper grade as other coal dealers may state to you.

Your next order "Jasper Wildfire," egg or lump. Note our adv. for cash prices and save your dollars. (tf) **Hyde Transfer—Phone 580**

Announcements

Pioneer Banquet March 10.

Moose Popular Dance, Friday March 11, Gents. 50c. Ladies 35c., door prizes. Refreshments.

St. Patrick Celebration, Catholic Hall, March 17.

Eagles' Social Dance Friday March 18, dancing 9:30 to 1:30 Gentlemen 50c. Ladies, refreshments. Everybody welcome.

Elks' Dance Thursday, March 24.

United Church Easter Sale March 31.

Scotch Dance April 1, I.O.D.E Boy's Band benefit.

Catholic Women's League Spring Sale April 7.

Presbyterian spring sale April 14

Bert's Taxi, Phone 678. "Service" is our motto. Give us a call. tf

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It costs no more to ride in a Nash Special then in any other car. Just call Nelson's Taxi 349. 56

Daughter of Empire meeting on Monday, 8 o'clock, I.O.D.E. Hall. members attend, friends invited. 54

John Luney, for drunkenness, was fined $25, with option of thirty days' imprisonment by Magistrate McClymont in city police court this morning.

W. H. Tobey, C.N.R. divisional superintendent, returned to the city on this morning's train from one of his periodical trips as far as Jasper Park on official duties.

BABY FRETFUL, RESTLESS?

Look to this cause

When your baby fusses, tosses and seems unable to sleep restfully, look for one common cause, doctors say. Constipation. To get rid quickly of the accumulated wastes which cause restlessness and discomfort, give a cleansing dose of Castoria. Castoria, you know, is made specially for children's delicate needs. It is a pure vegetable preparation; *contains no harsh drugs, no narcotics.* It is so mild and gentle you can give it to a young infant to relieve colic. Yet it is as effective for older children. Castoria's regulative help will bring relaxed comfort and restful sleep to your baby. Keep a bottle on hand. Genuine Castoria always has the name:

Chas. H. Fletcher

CASTORIA

CHILDREN CRY FOR IT

Mrs. B. E. Morgan of Billmor arrived in the city on this morning's train from the mill for a brief visit to town.

Miss E. C. Ballantyne of Smithers arrived in the city on the ss. Princess Adelaide last night from Vancouver and will proceed to the interior on Monday afternoon's train.

Alex Murray arrived in the city on the Princess Adelaide last night from Vancouver and will proceed by train on Monday afternoon to Stornoway, Scotland, accompanying the remains of his uncle the late William McIver, who died here this week and whose burial will take place in the Old Country.

The trade and commerce committee through its chairman, S. E. Parker, recommended at the meeting of the Chamber of Commerce last night that the president be empowered to establish a foreign trade bureau for the study of foreign trade possibilities for the port of Prince Rupert.

IMPORTED

GROCERIES

P. CRAVETTO HAS OPENED A GROCERY STORE

on the corner of Sixth Ave. and Fulton Street, handling all lines but featuring imported groceries.

Tip Top clothes are handled on the same premises.

BUY CANADIAN GROWN

Sweet Pea Seeds

Varieties and quality the WORLD'S BEST

Also up-to-date selection of DAHLIAS—Including all the latest types. Write for our Free Catalogue

CROSLAND BROS.
DUNCAN, B.C.

Quality has no substitute

'SALADA' TEA BLACK

Tea *"fresh from the gardens"*

LOCAL ITEMS

A. Rogers of Lockport, who has been paying a brief visit to the city, will sail by the Prince John tonight on his return to the Queen Charlotte Islands.

Mrs. M. Brown of Port Clements, who has been paying a brief visit to the city, will sail by the Prince John tonight on her return to the Queen Charlotte Islands.

The condition of Sam Morin, well known local carpenter and former resident of Alice Arm, who has been critically ill in the Prince Rupert Rupert General Hospital for several weeks is reported to be worse.

Capt. R. W. McMurray, marine superintendent of the British Columbia Coast Steamship Service of the Canadian Pacific Railway, was a visitor in the ctiy on the Princess Adelaide last night. He was making the round trip on the vessel.

The Chamber of Commerce last night decided that all it could do in the way of entertaining the British Tour party which was to visit Prince Rupert in the summer was to appoint a committee to meet them. As they were to be in the city only one hour no other entertainment would be possible.

Mrs. E. J. Palmer and Mrs. E. H. Palmer, who have been spending the winter in Vancouver, arrived in the city o the Princess Adelaide last night from the south and will sail tonight on the ss. Princc John for Crescent Inlet, Queen Charlotte Islands, where their husbands are officials of the J. P Morgan Logging Co.

WATER IS DISCUSSED

J. E. Boddie Interesting Speaker Before St. Peter's Young People Last Night

"Water" was the subject last night for a very interesting discourse of nearly three-quarters of an hour by J. E. Boddie, chief engineer for the Canadian Fish & Cold Storage Co., before the Young People's Society of St. Peter's (Seal Cove) Anglican Church. Mr. Boddie, in the course of his talk, gave many enlightening facts about water. He described some of the different formations of snow, hail and rain and told his listeners that, if the earth should be straightened out to become perfectly level, its entire surface would be covered with water to the depth of about two miles.

The popularity of the speaker and the interest which was taken in his talk was attested to by the vote of thanks, three hearty cheers and tiger which were accorded him at the conclusion of his remarks.

For the remainder of the evening the young people, numbering some forty in all, were the guests of the president, S. E. Sunbury, and Mrs. Sunbury. Games, dancing and music were enjoyed and delicious refreshments were served. Mike Colussi gave some very entertaining accordion solos. Tom Birrell, the club captain, was master of ceremonies.

Steamship Sailings

For Vancouver—
Tuesday—ss. Cardena 1:30 p.m.
Thursday—ss. Pr. George 10 p.m.
Friday—ss. Venture, midnight.
Ss. Princess Adelaide 10 p.m.
Mar. 13—ss. Prin. Norah p.m.
Mar. 23—ss. Prin. Norah pm.

From Vancouver—
Sunday—ss. Cardena p.m.
Wed.—ss. Pr. George 10:30 a.m.
Friday—ss. Venture p.m.
SS. Princess Adelaide p.m.
Mar. 9—ss. Prin. Norah a.m.

LOCAL STORE VERY BUSY

H. S. Wallace & Company's Sale is Going Strong and Patrons Pleased

The dissolution sale at Wallace's is still going strong and numbers of pleased patrons are returning again and again.

Today a Daily News representative visited the store and found everyone busy serving customers. Mr. Minns was very optimistic and expressed himself as well pleased with the business he is doing. He states that despite the rush, which has been very gratifying, the stock is large enough to keep the sale going for some time but that directly the volume aimed at has been attained the sale will be called off.

Next week, Mr. Minns says, he will have further announcements to make which should be of great interest to the ladies of this city.

OFFICERS OF ROYAL PURPLE

Mrs. F. M. Crosby is Honored Royal Lady For Year

The Ladies of the Royal Purple held their installation of officers on Tuesday evening in the new Elks' Home (Boston Hall), the ceremonies being conducted by Mrs. W. E. Williscroft, Past Honored Royal Lady of the order, after which about 80 members and members of the Elks joined in bridge and whist, supper being served at midnight. Officers for the year are:

Honored Royal Lady, Mrs. F. M. Crosby.
Associate Royal Lady, Mrs. G. Phillipson.
Loyal Lady, Miss A. Gurvich.
Lecturing Lady, Mrs. T. Caroff.
Secretary, Mrs. W. E. Williscroft.
Treasurer, Mrs E. Clapp.
Chaplain, Mrs. C. Larkin.
Conductor, Mrs. G. Ciccone.
Inner Guard, Mrs. P. Armour.
Outer Guard, Mrs. H. Menzies.
Three-year trustee, Mrs. G. Frizzell.

Doctor's Life-Work Continues to Benefit Thousands

A brilliant Canadian Physician, M.D., M.C., L.B.C.S., Edinburgh, Licentiate of the Royal College of Physicians, Edinburgh, post graduate of famous European hospitals, and one time President of the Ontario College of Physicians and Surgeons, experimented for 15 years to find a medicine which would act on the digestive and eliminative organs at once. The successful result he named Fruit-a-tives.

If you suffer from chronic constipation, poor stomach, kidney trouble, rheumatism, bad complexion or sluggish liver, try them. They will do what is claimed for them. 25c and 50c. All druggists.

Eagles Dance Much Enjoyed

Seventy Couples Present at Happy Affair in Aerie Hall

Another of the popular social dances of the local Eagles' Lodge was held last night in the Aerie Hall, about seventy-five couples being present to fully enjoy the affair.

Excellent music was furnished by Charlie Balagno and his Venetian Orchestra for the dancing which started at 9:30 p.m. and concluded at 2 a.m. Frank Fitzgerald was master of ceremonies and James Brown presided at the door. During the dance confetti and novelties were distributed and lent much to the general jollity.

At midnight delicious refreshments were served.

BABY'S COLDS

GLADIOLUS

10 Choice varieties in mixture
100 Bulbs prepaid for $2.50
FLOWERFIELDS COMPANY
Ask for list Duncan, B.C.

Queen Hatchery

36 W. Cordova St.
Vancouver, B.C.

Baby Chicks, Queen Quality Leghorn, Rhode Island Red, Barred Rock, of high egg production. Catalogue free.

QUEEN HATCHERY
36 W. Cordova St., Vancouver

Income Tax Returns

Save expense by having them prepared promptly and accurately.

GEORGE RORIE & CO.
Accountants and Auditors
243 Second Ave. W. Phone 387

H. S. OLSEN **EUROPEAN EXPERT WATCHMAKER**

Five years' apprenticeship at the Royal Danish Watchmaker School at Copenhagen, then 12 years abroad working in the big cities of Europe.

All Mail Orders Promptly Attended to. Prices Reasonable.

TERRACE, BRITISH COLUMBIA

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—

T.S.S. CATALA EVERY TUESDAY, 1.30 P.M.
Via Ocean Falls, arriving Vancouver, Thursday p.m.

T.S.S. CARDENA EVERY FRIDAY MIDNIGHT
Arriving Vancouver Sunday midnight approx.

Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points. Sunday, 9 p.m.

Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Second Avenue. Phone 568