DISTRESS

digestion will be vastly improved.

Things will taste better and you

will feel better in so many ways.

system is properly alkaline you are

not so susceptible to sickness and

colds. That you are no longer

troubled with constipation, or with

headaches, gas on the stomach. An

Ask for Phillips' Milk of Mag-

alkaline balance builds resistance.

nesia, which is the preparation of

magnesia prescribed and recom-

mended by your own doctor for

correcting excess acid. 50c bottles

are sold at drug stores everywhere

mouth, you should use a milk of

magnesia tooth-paste. Your teeth

are worthy of the best dentifrice.

Try Phillips' Dental Magnesia,

which contains 75% concentrated

Phillips' Milk of Magnesia.

To avoid the condition of acid

in the dominion.

Also, you will find when your

GET RID of that old dread of indigestion, and eat without

When food ferments; disagrees;

lies like lead in the stomach, it is a

sign of too much acid. The stomach

nerves have been over-stimulated.

The quick corrective is an alkali.

Don't resort to burning doses of

soda-take instead, an antacid that

will correct the condition. Phillips'

A spoonful of this soothing alkali

restores the proper alkaline balance

to an acid-soaked system. Then the

stomach, liver and bowels function

what you need when bad breath or

coated tongue indicate too much

acid. Take a spoonful today, and

for several days, and see how soon

it sweetens the entire system. Your

Phillips' Milk of Magnesia is

fear of distress.

Milk of Magnesia!

as they should.

void winter ills-drink MAITI



TONIC FOOD BEVERAGE

FRESH ROASTED

IT IS DATED

"SUPREME" Brand is Fresh Roasted

Fragrance and Flavor

We choose our green coffee from the highest standards. The final decisions are always based just the same as yours are-ON FRAGRANCE and FLA-VOR.

Mother of Prince

George Woman

Sarnia, Ontaria, where interment

SUMMARY

and 3s to 6c and 3c.

3c to 5.1c and 3c.

and 3c.

and 3c.

be and 3c.

5° and 3c.

nd 3c.

American - 145,800 pounds, 5c

Canadian-40,500 pounds, 5c and

AMERICAN

Paragon, 44,000, Pacific, 5c and

Radio, 31,000, Booth, 5c and 3c

Leviathan, 20,000. Atlin, 5.3c and

Coolidge, 18,000, Booth, 5.2c and

Defence, 11,000, Cold Storage, 6c

Viking, 9,500, Cola Storage, 60

Discovery, 9,000, Cold Storage, 6c

Actor. 3,300, Booth, 6c and 3c.

CANADIAN

Domino II., 7,500, Cold Storage

Teeny Milly, 4,500, Cold Storage.

Atli, 5,000 ,Cold Storage, 5c and

Bayview, 6,000, Atlin, 5.1c and

Edward Lipsett, 6,000, Atlin, 50

SOLD ONLY IN ONE-POUND AIR-TIGHT CARTONS A POUND FREE WITH EVERY TEN COUPONS

Stewart & Mobley, Ltd.

Coffee Importers & Roasters Prince Rupert, B.C.

ocal items

Mr. and Mrs. James McAleenan, who have been spending the past few weeks in Vancouver, are passengers aboard the Prince George today returning to Stewart.

Jack Allistone, who has been tak- mother of Miss Emily Cullum ing naval training in Esquimalt, re- Prince George and a resident of turned home on the Prince George the province for 23 years. There this morning. Enroute home, he are two daughters and three sons. stopped off at Vancouver for a visit. The remains were forwarded to

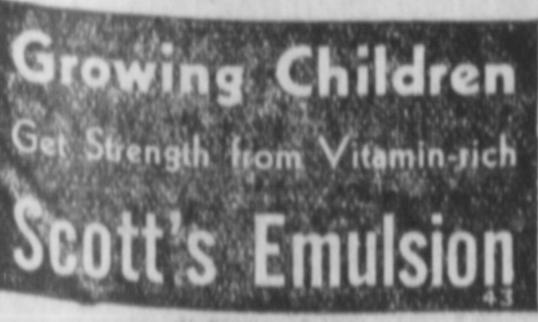
John R. Morgan arrived in the will take place. city on the Prince George this morning from Vancouver and will proceed by the Prince John Saturday night to his logging camp at Crescent Inlet, Queen Charlotte Islands. Meantime, he will pay a visit to Billmor sawmill at Porpoise Harbor.



COAL! COAL!

Satisfaction guaranteed with our Famous Edson Alberta & Bulkley Valley Coal; No. 1 Bulkley Valley Timothy Hay, Wheat, Oats & Barley, Pratts Baby Chick Food, Seeds & Fertilizer.

Prince Rupert Feed Co PHONE 58 & 558



SKEENA BRAND AND CREAM DAILY

Early Delivery Throughout the City

TELEPHONE 657

VALENTIN DAIRY FOR Creamery Butter & Cottage Cheese FRESH PASTEURIZED MILK

LOCAL NEWS ITEMS

Twenty percent. off all dresses, Elks' Stag Whist and Bridge one week only. Demers. 84 April 14th. Admission 50c., 8 p.m.

Reliable Messenger. Phone 131. Day or Night: Stand Besner Block, hall Friday, April 15, 7 p.m.

Dr. and Mrs. A. E. Perry and for Prince Rupert Singers April 20. Miss E. Turner of Port Simpson are paying a brief visit to the city. having arrived in town yesterday.

Mail orders for nemstitching re- l'hursday, 8 p.m. turned by next mail at the Dollar

ailed yesterday afternoon on the and Friday. Catala for a trip to Ocean Falls on official business.

Canadian Legion Members! Ha!f yearly general meeting will be held Wednesday, April 13, at 8 p.m. Business: Election of officers, etc.

The Grotto Cigar Store is now operating their own taxi service. Phone 456. Driver: Reuben Scherk. Operating day and night. Just Phone 456. We do the rest

R. J. Kenmuir and Thos. Kaye, officials of the Union Oil Co., arrived in the city from Vancouver on the Prince George this morning, being here on company busi- ther died last week:

Word has been received here that Miss Betty Wright, formerly of this city and now living in Ocean Falls, is to be married Saturday to Dan McMasters of Ocean

Capt. William Palmer, is due in Stockholm, Sweden. port at 4 o'clock this afternoon from Skagway and other Alaska points and will sail at 5 p.m. for Jancouver and Victoria.

pert Unemployed Association, left to her home in Regina. on this afternoon's train for Cedarvale to look into conditions in the unemployment relief camps in Passes in South that district.

C.N.R. steamer Prince George. Capt. H. E. Nedden, arrived in port The death occurred in Vanon time at 10:30 this morning from couver on Sunday of last week of Vancouver, Powell River and Oc-Mrs. Margaret Cullum, aged 39 ean Falls and will sail at 4 o'clock steamer Chelohsin which recently this afternoon for Anyox, Stewart struck a rock in the Skeena Slough and other northern points whence The vessel is now on the ways at she will return here tomorrow ev- the Wallace shipyard in Vanening southbound.

SPECIAL Halibut Landings

April 1 - April 15

We will wash your-Double Blankets for 60c Single Blankets for 40c Lace Curtains50c (per pair) Scrim Curtains 30c (per pair) Pillows, each35c

Carpets35c (per square yard) Let us help you do your

spring house cleaning

Canadian & Pioneer Laundries Limited

Prince Rupert DRY DOCK AND

SHIPYARD Operating three Dry Docks Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels Sawmill and Mining Machinery

Repaired and Overhauled Iron and Brass Casting Electric and Acetylene Welding

50-ton Derrick for Heavy Lifts

Baseball annual meeting city

Reserve your seat now at Orme's home cooking.

Football Association City Hall on town.

Come to the United Church and nee the lady who laughs to order A. E. Parlow, district forester, in the "Laughing Cure" tomorrow

Stop Itching Skin Troubles

A Real Antiseptic Gets Results Ecsema, chafed skin, rashes, and other skin troubles quickly yield to D.D.D. This pure cooling liquid penetrates the skin, soothing and healing the irritated tissues. ITCHING STOPS INSTANTLY. D.D.D. is clear and your druggist gives your money back. D.D.D. gives ekin health. (Use only D.D.D. Soap).

W. J. McCUTCHEON, DRUGGIST

staff returned to the city on the Prince George this morning from

Exceptionally good value in Lawn Mowers. Made in Canada Prices from \$7.00. Gordon's Hardware. Phone 311.

Carl Alfred Seaberg, fisherman farmer of Porcher Island, left or this afternoon's train for Montreal where he will embark on April 21 C.P.R. steamer Princess Noran, for a visit to his native home in

Mrs. H. T. Dunn, who has been paying a visit here with her sister. Mrs. R. E. Benson, is sailing on the Princess Norah this after-W. Mohoney, member of the cen- noon for Vancouver, where she tral committee of the Prince Ru- will pay a visit, before returning

Twenty Years Ago

In Prince Rupert

April 13, 1912 It will cost \$30,000 to repair the

couver where repairs will be car-

The newly established \$6,000,000 power plant of the city of Winnipeg has been taken over by a rivate company.

Sir Ernest Shackleton declares that, despite the fact that both the North and South Poles have now been reached, there is still plenty of new land for explorers to penetrate, including Northern Canada.

Announcements

Presbyterian spring sale April 14

The "Laughing Cure" United Church April 14 and 15.

Eagles' Daffodil dance Friday, April 15. Admission, ladies refresh ments gentlemen 50c. everybody welcome.

Anglican Cathedral Spring Sale,

Prince Rupert Singers April 20 Capitol Theatre.

Elks' Dance. April 22.

Ridley Home Bazaar May 5. Three Plays, Presbyterian Church

May 5th and 6th.

* announcement \$2.

Birth Notices 50c.

Cards of Thanks.

Funeral Notices \$1.

notices.

aname.

Spring Sale, St. Peters Church.

* Marriage and Engagement *

Funeral Flowers 10c. per 4

E. Walsh, Vancouver; A. Jackson,

Stationery The following is the scale + + of charges made for reading +

Office Supplies

Charts Toys Radios Books Sewing Machines

McRAE BROS., LTD.

Ramsay's Cream Sodas 200 per carton .

Munro Bros.

Presbyterian Spring Sale tomorrom afternoon. Sewing, candy and

A. Fisk of Prince George arrived in the city from the interior on General meeting Prince Rupert yesterday's train for a brief visit to

> Miss E. G. Lenox, M.D., of the Anglican Japanese Mission here eturned to the city on the Prince George this morning from a brie trip to Vancouver.

Mrs. W. O. Fulton, who has been on a three weeks' visit to Vancouver and elsewhere in the south, returned home on the ss. Prince George this morning.

Mrs. F. G. Dawson, who has been visiting at Vancouver and elsewhere in the south during the past few weeks, returned to the city on the Prince George this

W. R. Lindsay, assistant general L. H. Haworth of the elevator nanager of the Granby Co., and Ars. Lindsay are passengers on board the Prince George today a trip to Vancouver where his fa- returning to Anyox after a trip to Vancouver.

> Miss A. Ewait of the nursing staff of the Port Simpson General! Hospital was a passenger aboard the Catala yesterday going through for a holiday visit to Vancouver.

SAVED IMPORTED DRESS

"After a little wearing, a lovely green voile-an imported dress-lost color so completely that it was not wearable. A friend who had admired it asked me why I wasn't wearing it any more. On hearing the reason, she advised dyeing it and recommended Diamond Dyes. To make a long story short, it turned out beautifully. I have a lovely new dress that really cost just 15c-the price of one package of Diamond

"I have since used Diamond Dyes for both tinting and dyeing. They do either equally well. I am not an expert dver but I never have a failure with Diamond Dyes. They seem to be made so they always go on smoothly and evenly. They never spot, streak or run; and friends never know the things I dye with Diamond Dyes are redyed at all!"

Mrs. R.F., Quebec.

Queen Hatchery

36 W. Cordova St. Vancouver, B.C.

Baby Chicks, Queen Quality Leghorn, Rhode Island Red, Barred Rock, of high egg production. Catalogue free.

QUEEN HATCHERY 36 W. Cordova St., Vancouver

MI-LADY

Beauty Shoppe

Revised Prices to Suit Your

Pocket

Permanent Wave \$5.00

Ladies' Hair Cut .. 35c

Children's Hair Cut 25c

Phone 655

Hotel Arrivals

New Royal Hotel

THE HOTEL WORTH WHILE

Hot & Cold water: Steam Heat

75c. PER DAY AND UP

J. Zarelli

Telephone 281

Mr. and Mrs. Olaf Olsen and C.

ALL OUR COALS ARE IN A

RUPERT MOTORS

Garage and Service Station

Distributors of

DODGE AND PLYMOUTH CARS

DODGE COMMERCIAL VEHICLES

Phone — 566 — Phone

(Night Calls — 161)

DRY SHED Delivered Dry to Your Bin. You are assured in getting full weight

JASPER WILDFIRE EGG-Per Ton, \$12.50; Cash Price \$11.50 JASPER WILDFIRE LUMP-Per Ton, \$13.50; Cash Price .. PEMBINA EGG-Reg. Price, \$12.50; Cash Price These Coals are from Alberta.

Dry Jack Pine and Cedar

HYDE TRANSFER—PHONE 580

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:-T.S.S. CATALA EVERY TUESDAY, 1.30 P.M. Via Ocean Falls, arriving Vancouver, Thursday p.m.

T.S.S. CARDENA EVERY FRIDAY MIDNIGHT Arriving Vancouver Sunday midnight approx. Weekly sailings to Port Simpson, Alice Arm. Anyox. Stewart and Naas River points. Sunday, 9 p.m.

Further information regarding all sailings and tickets at -PRINCT RUPERT AGENCY: Second Avenue.

Use it._and Save Money

CARNATION gives surer success and finer results in cooking. That is why it is economical. Cuts cream costs in half. Carnation is pure, unsweetened, evaporated milk containing all the essential food values of whole milk-rich butterfat, vitamins and minerals.

Use Carnation for creaming coffee, fruits and cereals. In cooking, makes foods richer, tastier and finer-textured. Approved by medical authorities for baby feeding - that's how good it is!

Write for free Cook Book and Baby Book Carnation Co., Limited, 134 Abbott St., Vancouver, B.C.

Carnation

MILE PROM CANADIAN COWS, PACEED IN CANADA IN CANADIAN-MADE CANS

AND GASES

Jet Strength from Vitamin-rich

Dally News Want-Ads bring results.