Lumbago Backache Rheumatism

arrest Leave a trip



A CID poisons in the blood are the most frequent cause of pains and aches.

Failure of the kidneys to eliminate uric acid poisons from the blood gives rise to such painful and distressing ailments as backache, rheumatism and lumbago.

To get rid of such pains and aches the action of the kidneys must be aroused and there is no way this can be so quickly and certainly accomplished

as with the use of Dr. Chase's Kidney-Liver Pills. You can positively depend on Dr. Chase's Kidney-Liver Pills for prompt and thorough relief. After half a century of success they will not disappoint you.

Kidney-Liver Pills

For sale at all drug stores

ISLANDS

(Prepared by a Resident of Long Standing)

RESOURCES

The Queen Charlotte Islands have the last and only great stand of Sitka Spruce in the world.

The Queen Charlotte Islands have the largest stand of Cypress or yellow cedar in the world. This timber for railroad ties will outlast treated or creosoted ties as three to one . There are millions of yellow cedar poles on the Islands and it is believed by many that a very high grade of turpentine can be extracted from the trees; also oil for mining and flotation purposes,

Queen Charlotte Islands have very large red cedar timber stands. When recently examined by Japanese experts it was pronounced to be the toughest and best in the world. Large quantities of this timber are suited for piling, which when treated with creosote will outlast fir four to one. There are millions of feet of alder on the Islands for which there is said to be a ready market in Japan.

Queen Charlotte Islands have over 100 miles of gold-bear-

ing sand on the east and north coast beaches.

Extensive copper deposits and gold-bearing quartz are known to exist. Also antimony, iron and other ore showings have attracted considerable attention.

For many years oil prospectors have been attracted by oil seepages at various points. There are extensive oil shale beds and evidences of natural gas. Coal is known to underlie a considerable part of the country.

SPORTSMAN'S PARADISE

The Islands are a sportsman's paradise. Black bear are numerous, and there are also plenty of deer, wild cattle, ducks, geese, pheasants and quail. King salmon can be caught with



Pink salmon abound in countless numbers and Chums run

up the creeks in the proper season.

The Islands have fine razor clams and scallop clams, said to be the only extensive beds in the British Empire. The scallop, a rival to the oyster, has not yet been introduced to the world's markets. They are found in the neighborhood of Naden Harbor, Rose Spit, Tow Hill and Skidegate Inlet.

Crabs abound in the waters adjacent to the mouths of streams on the north and east coast of Graham Island.

Other commercial fish found in the adjacent waters include grey fish, sable, various varieties of flat fish, herring and sardines.

THE CLIMATE

The climate of the Islands is mild and tourists who wish to get out of the beaten paths will find it a wonderful change from usual routes of travel. There is a great field fer archeological and natural history studies, for mining ventures, for timber industries, for oil speculation, for sport or just as a place to loaf and enjoy life.

Exercises By Mission Band

Children's organization of First Presbyterian Church is Closing Down Until Fall

There was a large attendance of Sunday-School children as well as interested parents and other grown-ups present in the social parlors of the First Presbyterian ing closing exercises of the Mission 117. Band, of which Mrs. J. R. Morison is the leader, with Miss Winnie Cameron as assistant were presen-

The evening's program consisted of a program of recitations, musi- ment. cal selections, etc., by the primary children and two plays by the older children.

Contributing to the primary program were Billy Hadden, who played violin solos, accompanied by duties. Mrs. J. S. Black, Eileen Fesby and Ronald Jones, who sang a duet, Molly Frew, who sang a solo, Joyce Gawthorn and Pat McClymont, who sang a duet, Ian and Sheila McRae, who also sang a duet, and Betty Bremner, who gave recitations. Mrs. A. J. Webber sang several delightful vocal solos.

play entitled "Funny Visitors" were Pat McClymont, Joyce Gawthorne, Dorreen Grant, Margaret Morin, Mary McMillan, Molly Frew, Donald

Hadden, Betty Bremner, Ian Rob- Falls district on official duties. on today's train for Montreal ertson, Jean McCrimmon and Faith

presented to the children making and Mrs. Trorey are passengers on it Edinburgh, Scotland. the best scrap books. Woollen board the Prince Robert today goballs made by the children were ing north to make the round trip | Chris Graham, well known local collected and will be presented to to Skagway. the children's ward of the Prince

suitable remarks were made by George yesterday from Vancouver, where he has been receiving treatthe pastor, Rev. W. D. Grant Hol- where they have been visiting, and ment at the hands of specialists.

assisted by Mrs. W. J. Marshall ager of the Giscome sawmill. and Mrs. A. J. Webber, the latter being pianist. Tom Marshall acted; as cashier. | marine department, who has been

the Mission Band are having a Channel, where a new aid to naclosing party with serving of ice vigation was recently installed, recream and cake. The Band will re- turned to the city from down the sume activities in the fall.

With a total of 142 passengers! on board, including some sixty Mrs. Wright Davies and son left Il round trip tourists among whom on today's train for Montreal lare ten or twelve persons who have where, on Juy 1, they will embeen attending the recent Rotary bark on the steamer Athenia for a International convention in Seat- visit to Mrs. Davies' home near Friday, Saturday & tle, C.N.R. steamer Prince Robert, Liverpool, England. Going to Eng-Capt. H. E. Nedden, arrived in port and with them is ilttle John Barlat 10 o'clock this morning from ton, daughter of Mr. and Mrs. Vancouver and Ocean Falls and Thos. Barton of this city. | | will sail at 3 o'clock this afternoon | for Skagway and other Alaska Rev. F. E. Anfield, superintenpoints whence she will return here dent of the Indian Industrial I. B. C. Assorted Biscuitssouthbound next Wednesday morn- School at Alert Bay, who has been

Keopens Saturday, 11 a.m.

Thoroughly Renovated Bright and Cheery

Hotel Arrivals

New Royal Hotel

THE HOTEL WORTH WHILE Hot & Cold water: Steam Heat 75c. PER DAY AND UP J. Zarelli

C. S. MacGregor and J. Smith,

Telephone 281

COAL!

Satisfaction guaranteed with our Famous Edson Alberta & Bulkley Valley Coal; No. Bulkley Valley Timothy Hay. Wheat, Oats & Barley, Pratts Baby Cinck Food, Seeds & Fertilizer.

PHONE 58 & 558

LOCAL NEWS ITEMS

Rate Shoe Store before buying evening on the Prince George for elsewhere. It will pay you. 148 a trip to Wicteria.

Montreal Importers' Fire Sale Moose Picnic Digby Island Sunwill be on soon. Keep your money day, June 26. Boats eave Cow Bay till then for the real bargains. 148 10-1. Adults 50c. Children free. tf

The cheapest fuel in town, big Mrs. R. G. Emmerson of Digby load slab wood \$3.25. Albert & Island sails this evening on the

William McGlip sailed last night on the Cardena for Swanson Bay where he is to be stationed in the service of the fisheries depart-

vincial police, sailed yesterday af- 8.30 p.m. at C.L.D.L. Hall, 2nd Ave. ternoon on the Prince George for W. Bring your wives. Important. a brief trip to Stewart on official

Moose Picnic tomorrow at Digby per cent commission. For particu-Island, Boats leave Cow Bay 10-1, lars apply W. D. Vance, Secretary. Band in attendance. Sports, Prizes. Adults 50c. Children free. 148

night on the Prince John for Sel- been receiving medical treatment Those who took part in a primary wyn Inlet, Queen Charlotte Is- in Vancouver, returned from the lands, where he will spend the south on the Princess Adelaide yessummer vacation.

Grant, Eileen Feasby and Ian Mc- Consolidated Mining & Smelting who has been on a visit to the Co.'s assay office here, sailed last Chatham Sound Packing Co.'s can-In a missionary play entitled night on the Princess Adelaide for nery at Humpback Bay, Porcher "Closing of Beanville School" those a trip to Vancouver. Island, in which he is interested,

Annie Petersen, Clifford Carlyle, R. B. Gregor, assistant district for Vancouver. Hjordis Skaland. Ralph Morin, He- forester, returned to the city on en Doctor, Jean Cameron, Nancy the Prince Robert this morning Mrs. M. M. Lamb and two daugh-Bremner, Duncan McRae, James from a week's trip to the Ocean ters, Georgina and Margaret, left

King. George E. Trorey director of board the steamer Athenia for a During the evening prizes were Henry Birks & Co. of Vancouver, visit to Mrs. Lamb's native home

Mrs. Morison, the leader, was at Giscome. Mr. Church is man-

W. L. Stamford, agent for the This afternoon the children of on a trip to Boat Bluff in Dean coast on the Princess Adelaide yesterday afternoon.

accompanying Indian pupils from the school to their homes in various parts of this district, sailed last night on the Prince John on his return to Alert Bay via the Queen Charlotte Islands.

Mrs. A. J. Squire and daughters, Joan an dNorma, left on today's train for Montreal where they will embark on July 1 aboard the ss. Athenia for a visit to Mrs. Squire's home in Liverpool, England. They were accompanied by nine-year old Margaret Webster of this city who will go to Aberdeen, Scotland.

Charles Balagno, who is an ama teur gardener of considerable renown, called up yesterday to say that he had found a fine spray the best cure for spit bug. If washed off several times, the bug gave up the fight and refused to function in the objectionabe manner which is so repugnant to all who raise flowers.

Announcements

Moose picnic, Digby Island, Jun

Eagles' Dance July 1. Admission, Gents 50c. Ladies 25c. No refresh-

Eagles' Picnic, Grassy Bay, July "Where Dollars Have More Cents"

Canadian Legion Picnic, Digby Island, July 17.

Make a point of visiting the Cut, Mrs. G. J. Dawes is sailing this

Church last evening when pleas- McCaffery Ltd., Phones 116 and Prince George for a vacation trip tf to Vancouver.

> Cinderella Dance tonight in Moose Hall. Gentlemen 50c. Ladies 25c. Ladies coming before 9.30 free.

A meeting of unemployed mar-Inspector John Macdonald, pro- ried men will be held on Sunday,

Salesman wanted. Fairboard Get your basket packed for the membership tickets now ready, 20

T. A. Bryant, teacher of the In-Mike McCaffery, jr., sailed last dian school at Metlakatla, who has terday afternoon.

G. Dunn, who is in charge of the W. Brand of London, England, taking part were Kitty Cameron, sailed last night on the Cardena

where they will embark July 1 on

locomotive engineer for the Canadian National Railways, returned Rupert Hospital. Mrs. V. V. Church and children to the city on the Prince Robert In the course of the proceedings, arrived in the city on the Prince this morning from Vancouver lingworth. left on today's train for their home His health is now much improved.

For Everyone

Why Cook When You Can Buy Cheaper?

Monday

20c

29c

Peek Freans Golden Puff

Biscuits, 1/2-lb. pkg.

1 10	
Soda Biscuits-10c pkg.	29c
4 for	
Fresh Strawberries-Arriv-	10c
ing Saturday, 1 box	100
Royal City Pork & Beans-	23c
16 oz., 3 for	
Lobster Paste-1/4's, for de-	35c
licious sandwiches, 3 for	000
Veal Loaf—Square tins	31c
Libby's, 2 for	OTC
Canada Dry Ginger Ale—	1.75
pints, per doz	H. H.
Felix Ginger Ale—	1.45
pints, per doz	
Canned Fruit—Cherries,	Grape-
fruit, Apricots,	25c
small size, 2 for	200
Aylmer Chicken Paste—	25c
small tins, 2 for	
Sunkist Oranges—	95c
4 doz	000
2 Lettuce—	
1 Cucumber—	(41 b 2) Th
1 lb. Hothouse Tomatoes—	50c
all for	**
Fresh Cherries—	45c
2 lbs. for	100
Fresh Plums—	350
2 lbs. for	000

25c 4 for 35c Cooked Ham-Machine sliced. 1 lb. for Chocolate Bars—For picnics 25c 10 for

Bread-Fresh

Mussallem's Cash & Carry Store

319 Third Avenue-Phone 18 & 360

CHURCH NOTICES

FIRST PRESBYTERIAN CHURCH

Minister, Rev. W. D. Grant Hollingworth, B.A. Organist, John E. Davey

11 A.M., Communion Service 12:15, Final Session of Sunday School

7:30 P.M., Sermon Subject, "POWER OF SYMPATHY"

CHRISTIAN SCIENCE

(Christian Science Society, Third St., Besner Block)

This Society is a branch of the Mother Church, the First Church of Christ, Scientist, in Boston, Mass. Sunday morning service at 11 o'clock. Subject, "CHRISTIAN SCIENCE." Sunday School at 12:15. Testimonial meeting Wednesday at 8 p.m. Reading Room, Third Street, Besner Block, open on Monday and Thursday from 3 to 5.



Sorry To See Night Coming She Could Not Sleep

Mrs. K. McElroy, Kirkfield, Ont., writes:-"I was very nervous and run down, was short of breath, and had smothering feelings, and was sorry to see night coming as I could not lie down or go

I was advised to use Milburn's Heart and Nerve Pills. I took seven boxes and am now completely relieved; can sleep fine all night, and have gained in weight."

Sold at all drug and general stores, or mailed direct on receipt of price by The T. Milbum.

EUROPEAN EXPERT H. S. OLSEN EUROPEAN EXP

Five years' apprenticeship at the Royal Danish Watchmaker School at Copenhagen, then 12 years abroad working in the big cities of Europe.

Prices Reasonable. All Mail Orders Promptly Attended to.

TERRACE, BRITISH COLUMBIA

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED

Prepared Daily By Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:-P.S.S. CATALA EVERY TUESDAY, 1:30 P.M. Via Waypoints, arriving Vancouver Thursday a.m. T.S.S. CARDENA EVERY FRIDAY MIDNIGHT. Arriving Vancouver Sunday midnight. approx. Weekly sailings to Port Simpson, Alice Arm. Anyox, Stewart and Naas

River points, Sunday, 8 p.m. Further information regarding all sailings and tickets at -Phone 568 PRINCE RUPERT AGENCY: Second Avenue.

Retain the cedar oil in the wood, affording extra and better preservation than kiln-dried shingles from which the essential oil has been evaporated. Our shingles are made on Queen Charlotte Islands and, as a home product, deserve your preference. Shingle makers wages on the Islands are spent eventually in Prince Rupert, while Vancouver wages never come north. Support a home industry and your own welfare by specifying Air Dried Shingles.

Prices: No. 15X \$3.75; No. 13X \$3.25 HYDE TRANSFER—PHONE 580

