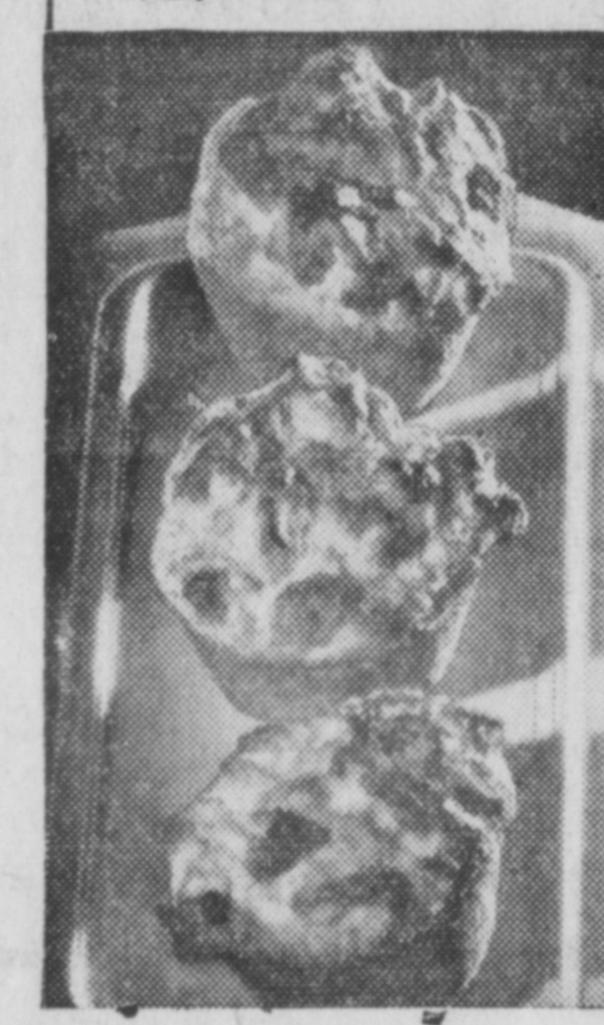
Miss Ann Adam's Recipe for **Bran Muffins**

34 cup bran 34 cup milk 114 cups flour teaspoon salt teaspoons Magic 1/4 cup melted Baking Powder shortening

Mix the bran with the sifted fine dry ingredients. Make a well in the centre and the milk and well-beaten egg. With the fewest possible number o in the shortening. Half fill greased muffin pans and bake in a hot oven, 400° F., 15 to 20 minutes. A few chopped dates, lightly coated with some of the measured flour, may be added.



Miss Ann Adam bakes her famous Muffins

with Magic Baking Powder



"When selecting ingredients for my recipes," says Miss Ann Adam, cookery authority of the Canadian Home Journal, "I consider three points - economy, health

value, and successful performance. "Magic Baking Powder meets them all. I use and approve Magic, because I know it is pure, and free from harmful ingredients, and because experience has taught me that I can count upon successful

results with Magic every time." Magic Baking Powder is used exclusively by the majority of cookery experts, dietitians, and housewives throughout Canada. In fact, Magic outsells all other baking powders combined!

FREE COOK BOOK-When you bake at home, the new Magic Cook Book will give you dozens of recipes for delicious baked foods. Write to Standard Brands Ltd., Fraser Ave. and Liberty St., Toronto, Ont.



that Magic Baking Powder is free from alum or any harmful ingredient-

solidation of sidewalk local im- liffe. provement bylaws totalling \$119,city council 'last night.

LOCAL NEWS

Vancouver bank clearings for the week ending June 2 amounted to \$13,139,081.

The latest in Summer Footwear - City accounts for two weeks endand Running Shoes for men, la- ing June 3 totalling \$20,090.72 were dies, and children are being sold at passed for payment at last night's hard-time prices at Cut Rate Shoe council meeting. Store. Next Rupert Bakery, 3rd Ave.

visit to town.

new schedule which calls for her nally reconsidered and adopted non, is reported due in port at 10:30 year. Queen Charlotte Islands and will remain over here until 10 o'clock Friday night when she will sail on her return south over the same

Terms of Aldermen

accomplishing something of value if it reduced the size of the council and placed a city manager at the head of affairs.

Voting in favor of Ald. Casey's motion, which was seconded by Ald. McCutcheon, were Ald. Casey, Ald. McCutcheon, Ald. Pillsbury, Ald. Rudderham and Ald. Linzey with Ald. Collart. ' Ald. Black and Ald. Macdonald opposed.

Favors Smaller Council

After the vote had been taken, Ald. Casey stated that he agreed with Ald. Collart's view that it would be wise to reduce the size of the council. He asked how this could be effected and was advised by City Soligitor E. F. Jones that it the council.

ties giving notice of the annual go on probation, convention to be held at Nelson toat the convention.

that a delegate will be sent to the been rescinced. convention.

NO HALIBUT IN

the local fish exchange this morn-

BURNS LAKE

Mr. and Mrs. E. L. Perrin of Prince Rupert were visitors in Burns Lake last week.

Jonas Glans is making rapid proress with the construction of new sidewalks in the village.

A daughter was born last Wednesday evening at the Burns Lake Hos- June 18. A bylaw providing for the con- pital to Rev. and Mrs. C. A. Hinch-

476.98 and authorizing the issu- The ladies of Burns Lake are orance of debentures for same was ganizing a softball team and some given introductory readings by the interesting games are looked forward to in the near future.

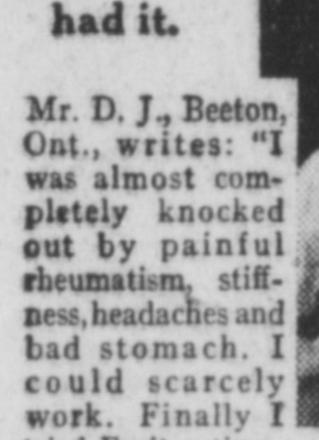
LOCAL NEWS

Mr. and Mrs. Roy Lancaster and family arrived in the city on this morning's train from the interior.

Rev. Father E. M. Leray O. M. I., W. E. Walker, manager of Arran- Roman Catholic Church parish nesday, June 8, at 8 p.m. dale Cannery, arrived in the city priest at Stewart, sailed by the Caon the Catala this morning from tala Sunday night on his return the Naas River for a brief business north after having spent two or three weeks in the city.

Making her first voyage under The city council last night fideparture from Vancouver and bylaw providing for the hypothe-Prince Rupert alternate Friday cation to the Royal Bank of Canevenings instead of alternate Sa- ada, as security for advances which turday evenings, C. N. R. steamer have been made the city, taxes Prince John, Capt. Dan MacKin- which are due to the city this

You'd he'd ever had it.



tried Fruit-a-tives. In a short time all my pains and aches were gone. I call myself a new man." The superiority of Fruit-a-tives over ordinary remedies rests on the fact that it stimulates FIVE vital organs to work remedy, the discovery of a brilliant

could be done by bylaw passed by A boy of juvenile age appeared before Magistrate McClymont in These matters came up in con- city police court yesterday afternection with the reading of a letter noon on a charge of theft of two from the Union of B. C. Municipali- bicycle wheels. He was allowed to

ward the end of this month and in- The B. C. Gazette announces the viting resolutions to be considered appointment of C. D. Pogson of suggested to the city council last Port Essington as marriage com- night that it might be wise to ad- Valencia Oranges, doz 25c to The council decided to pay its an- missioner and district registrar nual dues of \$65 for membership in vital statistics in place of Rev. W. there was no labor shortage in the the union although it is not likely H .Pierce whose appointment has

The owner having abandoned the gestion. property after having been given due notice, the city council decided No boats being in with catches, last night, on recommendation of on the finance committee, to call for on Atlin Avenue, Westview, which was built by Alex Holmberg under the Soldiers' Housing Scheme.

Announcements

Rebekah Tea June 9.

Eagles' Social Dance June 10, refreshments. Gentlemen

Eastern Star Tea June 15.

Salvation Army Sale of work Prices

Presbyterian Missionary Tea on

Prince Rupert DRY DOCK AND SHIPYARD

Operating three Dry Docks Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels Sawmill and Mining Machinery Repaired and Overhauled

Iron and Brass Casting Electric and Acetylene Welding 50-ton Derrick for Heavy Lifts

Seville Orange Mar- 35C malade, large jars

Munro Bros.

Regular monthly meeting of the Canadian Legion will be held Wed- market at present. New fruits in-

rived in the city on this morning's train for a brief visit to town.

city on this morning's train from a brief business trip to Skeena River cannery points. \$1.00 for your old Electrical Ap-

pliance when traded in on a new Hotpoint Iron, Toaster, Percolator at Gordon's Hardware, McBride St

recommendation from the Board of Works that a city-owned building at 920 Comex Avenue which has been condemned as being unsafe, be ordered demolished was adopted by the city council last night. At the suggestion of Ald. Casey, it was decided to advertise for offers for the materia in the building.

opted a recommendation from the finance committee that an offer from A. E. Ames & Co. for \$2,000 City of Prince Rupert six percent Fowl, No. 1, lb. hydro-electric bonds due April 1, Roasting Chicken, lb. cent be accepted and that \$2,000 of Veal, loin, lb. Province of Ontario bonds from Beef, pot roast, lb. 15c and

Albert Farrow, steamboat inspec- Beef. steak, lb. 25c to tor, who has been spending the Lamb, leg, lb. past two or three weeks at White- Lamb chops, ib. ern river and lake boats, is expec- Cottage Rolls, lb. ted to arrive here Friday morning Ham, picnic, first grade, lb Dorothy Alexander and, after Pork shoulder. 1b. spending a few days here on offi- Pork, loin, lb. cial duties, will proceed to his Pork, leg, lb. headquarters in Vancouver.

In view of statements appearing Veal, shoulder, lb. in the press that men might be taken on for pulp mill construc- Newtons, fancy, box tion here this fall, Ald, Collart lb. and warning unemploye against coming here. No action was taken by the council on the sug

New Royal Hotel THE HOTEL WORTH WHILE Hot & Cold water: Steam Heat 75c, PER DAY AND UP Zarelli Telephone 281

C. Johnson, city; C. Day, Vancou

Moose picnic, Digby Island, Juni Reduced Why Send Out of Town For

Plumbing Goods? 4-Piece Plumbing Outfit -

Complete with trimmings Compare this with Eaton's

pay the freight. Labor charges reduced from \$1.50 to \$1.25 per hour

Smith & Mallett Ltd. Phone 174

Satisfaction guaranteed with our Famous Edson Alberta & Bulkley Valley Coal; No. Bulkley Valley Timothy Hay, Wheat, Oats & Barley, Pratts Baby Chick Food, Seeds Fertilizer.

FRUITS AND VEGETABLES

New Spring Lines Being Featured at Present on Local Retail Market-Prices Moderate

being featured on the local retail 134 clude strawberries, green gooseberries and cherries which are op-Nick Coulter of Port Edward ar- ening at fairly moderate prices. The fresh vegetables include radishes, green onions, green peas, hothouse cucumbers and bunch turnips and

remains steady but butter is weak.

Petail prices current here at pre-

*	THE PERSON PROPERTY AND ASSESSMENT OF THE PERSON OF THE PERSON PROPERTY AND PERSON PROPERTY OF THE PERSON PROPERTY	P
v	sent are as follows:	
r	Butter	
	Fancy cartoned, lb.	.28
à	No. 1 Creamery, 3 lbs.	.75
e	Flour	
f	Flour, 49's, No. 1 hard wheat	1.60
	Pastry Flour. 10 lbs	.50
-	Aust. Pastry flour, 10 lbs	40
i	Fish	
1	Smoked Kippers, lb	.15
F	Salmon, fresh, lb.	.25
	Halibut, lb.	.15
1	Eggs	
	B.C. Fresh Pullets, doz	.21
_	B.C. Fresh Firsts, doz	.23
_	B.C. Fresh Extras, doz	.25
r	Local, new laid, doz	.00
0	Ments	
	Flowd Mo 1 lb	20

Beef, roast, prime rib, 1b Lamb, shoulder, lb.

Pork. dry salt, lb.

Lemons, Calif., large 30c to Grapefruit, California, 5c to Canteloupes, Mexican, each Rhubarb, field, lb Bananas, 2 lbs Aust. Almeria Grapes, lb.

Cherries, Bing. Cal., lb. Strawberries, B.C., 2 baskets Gooseberries, 2 lbs. Wheat, No. 3 Alberta Wheat, Bulkley Valley Oats Shorts Middlings Barley Laying Mash

Oyster Shell 2.90 Beef Scrap Ground Oil Cake Fine Oat Chops Crushed Oats Fine Barley Chop Vegetables

Beets, bunch Asparagus, Terrace, Ib. Parsley, bu Florida Celery, head Spinach, B.C., lb. 8c to

Onions, lb. catalogues and remember, we

P.O. Box 274

PHONE 58 & 558

Spring fruits and vegetables are G. W. Johnstone returned to the carrots.

The flour, sugar and egg market Meat prices are showing a tendency

	Retail prices current here at	pre-
	sent are as follows:	
	Butter	
	Fancy cartoned, lb.	.28
1	No. 1 Creamery, 3 lbs.	.75
	Flour	
	Flour, 49's, No. 1 hard wheat	1.60
	Pastry Flour. 10 lbs	.50
	Aust. Pastry flour, 10 lbs	40
	Fish	
	Smoked Kippers, lb	.15
1	Salmon, fresh, lb.	.25
	Halibut, lb.	.15
	Eggs	
-	B.C. Fresh Pullets, doz	.21
1	RC Fresh Firsts doz	93

1933, at \$97.65 yielding nine per- Ham, sliced, first grade singing fund be sold to purchase Beef, boiling, lb., 10c to121/2 from the north abourd the steamer Bacon, side, sliced, best grade

Ayrshire Bacon, 1b.

New Potatoes, Texas, lb. Garlic, imported, per lb. Cabbage, local, green Head Lettuce, 2 heads Hothouse tomatoes, 1b. Radishes, 3 bunches B. C. Cauliflower, 25c to

Green Onions, 3 bunches Bunch Turnips, 2 bunches Bunch Carrots, bunch Parsnips, lb. Leeks, bunch . Hothouse Cucumbers, each

Green Peas, lb. Dried Fruits Extracted Honey, per lar Comb Honey Dates, bulk, 8c to .. Lemon and Crange Peel Citron Peel Black Cooking Figs, lb.

White Figs, lb. Apples, dried Peaches, peeled Apricots, lb. Prunes, 40-50, lb Raisins, Cal. seedless, 2 lbs. Currants, lb

Compare the

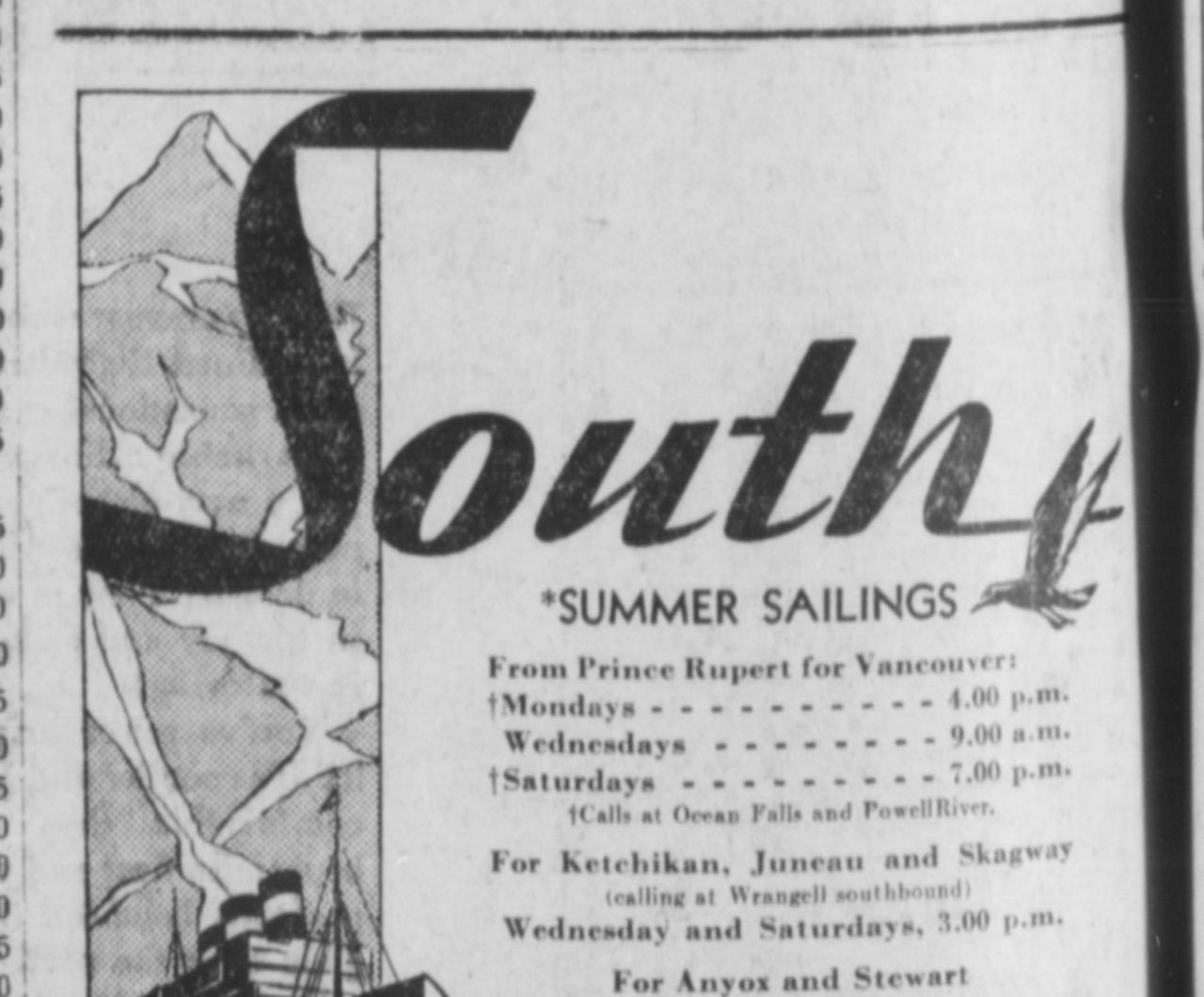
Kellogg's Corn Flakes have a crispness and flavor that no other corn flakes equal. There's even a difference in the fresh aroma when you open the packages.

For 25 years Kellogg's have been the standard of quality. When you are offered a substitute, it is seldom in a spirit of service.

Remember, every red-and-green package is sold with the personal guarantee of W. K. Kellogg: "If you don't think Kellogg's the finest corn flakes you ever tasted, return the empty package and we will refund your money."

Always oven-fresh in the inside WAXTITE bag - which is sealed - a patented Kellogg feature. Sold by all grocers. Made by Kellogg in London, Ontario.





Passenger trains leave Prince Rupert Monday, Wednesday and Saturday at For information call of H. McEWEN, D.F. & P.A

Prince Rupert, B.C.

12.30 p.m. for Edmonton. Winnipeg and points East. *Effective June 13th

Fridays 3.00 p.m.

Fortnightly service to Queen Charlotte

*TRAIN SERVICE

Islands. Particulars on request.

CANADIAN NATIONAL

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver: P.S.S. CATALA EVERY TUESDAY, 1:30 P.M. Via Ocean Falls arriving Vancouver, Thursday p.m. T.S.S. CARDENA EVERY FRIDAY MIDNIGHT Arriving Vancouver Sunday midnight, approx

further information regarding all sailings and tickets at

PRINCE RUPERT AGENCY: Second A venue

River points, Sunday, 8 p.m.

Because it doesn't pay to advertise poor products, It does pay to buy those advertised.

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED

Prepared Daily By Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.