Miss Jessie Marie De Both makes her delicious

Apple Dumplings *with* **Magic Baking Powder**

"WHEN a young housewife asks me what baking powder she should use," says Miss De Both, director of the famous De Both Home Makers' Cooking Schools, "this is my advice: Use the best—one that is pure, uniform and invariably dependable. You can't use second-rate baking powder and expect first-rate results.

"My experience with Magic has been particularly happy. I find that it never varies—that it is consistently reliable. And I know it is pure, and free from harmful ingredients."

Statements by other well-known cookery authorities give wholehearted support to Miss De Both's judgment. . . .

In fact, the majority of dietitians and cookery teachers throughout Canada use and recommend Magic *exclusively*.

Apple Dumplings

1 quart flour	1½ cups milk
2 teaspoons Magic Baking Powder	Sugar
½ teaspoon salt	Cinnamon
2 tablespoons butter	Apples

Sift into a bowl flour, baking powder and salt. Rub in the butter. Add cold milk to make soft dough. Turn out on to a floured board and roll into a sheet. Cut in squares. Peel and core the apples. Place an apple on each square of dough. Fill the core with a small piece of butter, sugar and a little cinnamon. Fold the dough over, taking care that there are no openings, as the steam inside dumpling cooks the apple while dough is baking. Brush dumplings with a little cream, and place in greased pans. Bake in moderate oven at 400° F. about 40 minutes. Serve with cream or hard sauce.

Tested and Approved by Chatelaine Institute Chatelaine Magazine

"CONTAINS NO ALUM." This statement on every tin is your guarantee that Magic Baking Powder is free from alum or any harmful ingredient.

Made in Canada

FREE COOK BOOK—When you bake at home, the new Magic Cook Book will give you dozens of recipes for delicious baked foods. Write to Standard Brands Ltd., Fraser Ave. & Liberty St., Toronto, Ont.

Rev. Evan Baker of Stewart arrived in the city from the north on the Catala this morning and will proceed later to Vancouver to attend conference. Mrs. Baker is at present in hospital here.

Prince Rupert DRY DOCK AND SHIPYARD

Operating three Dry Docks
Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels

Sawmill and Mining Machinery Repaired and Overhauled

Iron and Brass Casting

Electric and Acetylene Welding

50-ton Derrick for Heavy Lifts

SONS OF PASTORS

Forty Percent of Millionaires in This Country Children of Ministers, Says Roger Babson

Roger Babson is authority for the statement that 40% of the millionaires in the United States and Canada are sons of ministers. The daughters are not behind their brothers. A Presbyterian minister's daughter recently published a successful novel. Another is a popular contributor to the Atlantic Monthly. Others are eminent in social reform, politics and business.

The most remarkable instance is that of a Methodist preacher in London who had five daughters whom he supported and educated on less than $800 a year. One of them became the wife of the great painter, Sir Edward Burne-Jones Another married Sir Edward Poynter, president of the Royal Academy. The third married John Kipling and their son was Rudyard Kipling. The fourth married a Mr. Baldwin and their son was later the prime minister of England. We regret that the fifth remained unmarried.—The United Presbyterian.

Father of Mrs. Bulger Is Dead

John Galbraith Passes Away in Vancouver on Sunday at Age of Eighty-Four Years

John Galbraith, father of Mrs. John Bulger of this city, passed away recently at his home in Vancouver after a lengthy illness. The funeral took place from Grandview Funeral Home in Vancouver with Rev. J. S. Mulgrew officiating and interment in Mountain View Cemetery.

The late Mr. Galbraith, who was 84 years of age, is survived, besides Mrs. Bulger, by one other daughter, Mrs. C. P. Martin of Vancouver, and two sons, John H. Galbraith of Hartney, Manitoba, and Chris Galbraith of Capitola, Cal.

Mrs. Bulger has been in Vancouver for the past few years during her father's illness.

Steamship Sailings

For Vancouver—
Tuesday—ss. Catala .... 1:30 p.m.
Thursday—ss. Pr. George 10 p.m.
Friday—ss. Prin. Adelaide 10 p.m.
Ss. Cardena ..... midnight
May 4—ss. Prin. Norah ..... p.m.
May 15—ss. Prin. Norah ..... p.m.
May 25—ss. Prin. Alice ..... p.m.

From Vancouver—
Sunday—ss. Catala ..... p.m.
Wed.—ss. Pr. George .... 10:30 a.m.
Friday—ss. Cardena ..... p.m.
Ss. Princess Adelaide p.m.
May 11—ss. Prin. Norah ..... a.m.
May 21—ss. Prin. Alice ..... a.m.

For Naas River and Port Simpson—
Sunday—ss. Catala ..... 9 p.m.

From Naas River & Port Simpson—
Tuesday—ss. Catala .... 11:30 a.m.

For Stewart and Anyox—
Sunday—ss. Catala ..... 9 p.m.
Wed.—ss. Pr. George ..... 4 p.m.

From Stewart and Anyox—
Tuesday—ss. Catala .... 11:30 a.m.
Thurs.—ss. Pr. George ..... 8 p.m.

For Ocean Falls—
Tuesday—ss. Catala .... 1:30 p.m.
Thurs.—ss. Pr. George .... 10 p.m.
Friday—ss. Prin. Adelaide 10 p.m.

From Ocean Falls—
Wed.—ss. Pr. George .... 10:30 a.m.
Friday—ss. Cardena ..... p.m.
Ss. Princess Adelaide p.m.

From Queen Charlotte Islands—
May 12 and 26—ss. Pr. John a.m.

For Queen Charlotte Islands—
May 14 and 28—ss. P. John 10 p.m.

For Alaska—
May 11—ss. Prin. Norah ..... a.m.
May 21—ss. Prin. Alice ..... a.m.

From Alaska—
May 4—ss. Prin. Norah ..... p.m.
May 15—ss. Prin. Norah ..... p.m.
May 25—ss. Prin. Alice ..... p.m.

From Skeena River—
Friday—ss. Cardena ..... p.m.

The following is the scale of charges made for reading notices.
Marriage and Engagement announcement $2.
Birth Notices 50c.
Funeral Notices $1.
Cards of Thanks.
Funeral Flowers 10c. per name.

LOCAL ITEMS

Grotto Taxi. Phone 456. ....tf

Chimneys swept, stove pipes and gutters cleaned. Phone 5. tf

Reliable Messenger, Phone 131. Day or Night. Stand Besner Block. tf

Mrs. W. T. Kergin sailed this afternoon on the Catala for a trip to Vancouver.

Anglicans! Help stock Country Store at Ridley Home Bazaar. 104

Vancouver Bank Clearings for week ending April 28 was 10,849,133.

A Ratepayers' meeting, Moose Hall Thursday, May 5, 8 p.m., to receive report of Economy Committee. 105

Don't forget to save Thursday and Friday evening for those three plays in the Presbyterian Church. Tickets 50c. 104

Notice to Shoppers. Cut-Rate Shoe Store is moving from Meeker Block to 621 Third Avenue, next to McCaffery & Collart Ltd. You are invited to call at their new location.

Mrs. James Denholme of Tlell arrived in from Billmor this morning after spending a fortnight visiting with Mr. and Mrs. Martin Miller. She will be remaining in the city for some little time.

Frank L. Buckley of Vancouver is expected to arrive in the city from the south on the ss. Prince George tomorrow in connection with the furthering of plans for his local pulp mill project.

Rev. and Mrs. H. T. Allen of Terrace arrived in the city from the interior on this morning's train and sailed this afternoon on the Catala for Vancouver where they will attend the annual British Columbia conference.

Quite a number of fine donations were made at the tea and shower held yesterday afternoon at the Salvation Army Citadel in aid of the forthcoming Ridley Home bazaar. A number of ladies called and the affair was quite successful.

Chas. McKinnon, veteran school teacher of Vanarsdol, who is seriously ill, was brought to the city from the interior on this morning's train and taken on to Vancouver aboard the steamer Catala this afternoon. He is eighty years of age. His wife accompanied him south.

PRINCE RUPERT MAN FAILED TO RECOGNIZE PEOPLE ON THE STREET

Local man found he was unable to recognize friends on the street so thought it was about time he was having his eyes looked after. A thorough examination by G. F. Davey, Reg. Optometrist, in charge of the Optical Dept. of Max Heilbroner, Jeweler, soon revealed the trouble, a case of short sighted astigmatism.

The proper glasses, specially made to suit his case, gave normal vision at once and he is not passing up his friends now, can see them blocks away.

Hotel Arrivals

New Royal Hotel
THE HOTEL WORTH WHILE
Hot & Cold water: Steam Heat
75c. PER DAY AND UP
J. Zarelli
Telephone 281

La Casse Bakery
Phone 190
BREAD
4 Loaves for 25c
Phone For Delivery

Wed. Special
Peaches, Pears, Apricots 5 tins for 95c
Munro Bros.

Bring your Painting Problems to us. We will save you money. Gordon's Hardware. McBride St. Phone 311. tf

Ray Commons, accountant in the local branch of the Royal Bank of Canada, left on yesterday afternoon's train for Hazelton where he will spend the coming month engaged in relief duty.

Capt. A. Walker, marine superintendent of the Union Steamship Co., and Mrs. Walker were passengers aboard the steamer Catala today returning to Vancouver after having made the round trip north on the vessel.

Only a memory now CONSTIPATION

Once nearly crippled him

"I felt so wretched and crippled by constipation, headaches and dizziness that I was about ready to give up work. I tried Fruit-a-tives and got wonderful relief in a remarkably short time."—Mr. W. S., Westport, Ont.

Fruit-a-tives, the great discovery of a brilliant doctor, stimulates FIVE vital organs to work naturally. Try it! It is positively without an equal for overcoming constipation, headaches, backaches and indigestion; also illnesses of long standing, such as rheumatism. 25c. and 50c.

Fruit-a-tives
MAKE AND KEEP YOU WELL

Mrs. C. H. Orme, who has been on a visit to Hazelton, returned to the city from the interior on this morning's train.

Father Joseph Allard, O.M.I., arrived in the city on this morning's train after paying a visit to his former parish at Fort St. James as well as at Terrace.

M. A. Burbank, divisional engineer for the Canadian National Railways, returned to the city on this morning's train from one of his periodical trips up the line on official duties.

Union steamer Catala, Capt. A. E. Dickson, having been delayed by tidal conditions in the Naas River, returned to port at 1:30 this afternoon from Anyox, Stewart and other northern points and sailed about an hour later for Vancouver and waypoints.

John McTavish, son of Mr. and Mrs. D. D. McTavish of Victoria and grandson of Morte H. Craig, formerly of this city and now also residing in Victoria, arrived in the city Sunday from the Capital to join the staff of the Arctic Studio here.

P. G. Russell, assistant superintendent for the Canadian National Railways with headquarters in Smithers, arrived in the city from the interior on this morning's train for a brief visit here on official business and will return to Smithers tomorrow afternoon.

NOTICE

Men should not go to Anyox looking for employment as there are many there out of employment and no accommodation for more.
GRANBY CONSOLIDATED MINING, SMELTING & POWER CO.
(104)

Announcements

Ridley Home Bazaar May 5.

Three Plays, Presbyterian Church May 5th and 6th.

Moose Dance May 6.

Legion Band Concert May 13. 87

Eagles Butterfly Dance May 13. Ladies refreshments. Gentlemen 50c.

Spring Sale, St. Peters Church May 19.

Elks' Balloon Dance May 20.

WINNER IS MRS. MACEY

Writes Limerick Which is Adjudged Best in Supreme Coffee Contest

The winner in the Supreme Coffee limerick contest is Mrs. Harry Macey. Principal Hartness of the High School was asked to act as judge and he chose Mrs. Macey's verse as follows:

When in doubt as to what brand to buy,
A pound of Supreme you should try,
For the flavor is fine,
The aroma divine,
And it quenches your thirst when you're dry.

Several other limericks are highly commended and if the parties who submitted them will call at the office of Stewart & Mobley they will receive a pound of Supreme coffee each for their efforts.

A lady was asked by her guest,
Why her parties excelled all the rest.
She said, "Well I think,
"It's the coffee we drink,
"And of course, Supreme is the best."

There was an old fellow from Fife,
Been a bachelor all of his life;
Now it's plain to be seen,
That he is drinking "Supreme,"
For he's chasing around for a wife.

A guy at his doctor's suggestion,
When poor coffee had wrecked his digestion,
Fell in with the scheme
Of drinking Supreme,
Indigestion's now out of the question.

An old man so jolly and gay,
Collapsed on the street one cold day,
He did not mind dying,
When he heard St. Pete crying,
Supreme coffee my man; step thi way."

gave several coffees a test,
To find out which flavor was best
A taste of each kind
Soon decided my mind,
Supreme ranked first in the west.

KINDLING FREE

The Seal Cove Transfer will give to any customer who buys a cord of wood, stove length, a sack of kindling free. This offer is made for one week only. Phone Green 609. 106

"Build B. C. Payrolls"

Gives Help; Gives It

Every tin of Pacific Milk used helps British Columbia. Produced anywhere else it would not be so good. This British Columbia quality gives it popularity. The direct benefit to the people comes from the fact that it is particularly good and gives back to the province all it takes.

Pacific Milk
"100% B. C. Owned and Controlled"
PLANT AT ABBOTSFORD

MI-LADY
Beauty Shoppe
Kotex Special, 40c
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McRAE BROS., LTD.

TOMORROW

THE BEAUTIFUL NEW FORD WILL BE DISPLAYED

SEE IT AND GET FULL DETAILS AT OUR SHOWROOMS TOMORROW

S. E. Parker Ltd.
FORD DEALERS
Third Ave. East *Phone 83*

SOUTH

SPRING SAILINGS
From Prince Rupert for Vancouver, calling at Ocean Falls and Powell River.
10.00 p.m. Thursdays
For Anyox and Stewart
4.00 p.m. Wednesdays
Fortnightly service to Queen Charlotte Islands. Particulars on request.
TRAIN SERVICE
Passenger trains leave Prince Rupert Mondays, Wednesdays and Fridays at 3.00 p.m. for Edmonton, Winnipeg and points East.
For information call or write local agent or
H. McEWEN, D.F. & P.A.
Prince Rupert, B.C.
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Dr. Maguire - Dentist
ROOMS 7-8-9, SMITH BLOCK
525 - Phone - 525

UNION STEAMSHIPS LIMITED
Steamers leave Prince Rupert for Vancouver:—
P.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
Via Ocean Falls arriving Vancouver, Thursday p.m.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT.
Arriving Vancouver Sunday midnight, approx.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points. Sunday, 9 p.m.
Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Second Avenue. Phone 568.

ECZEMA RASHES & OTHER SKIN TROUBLES
Soothed & Healed by Zam-Buk.
Ointment 50c.— Medicinal Soap 25c.