To End RESTLESS, TOSSING SLEEPLESS NIGHTS

FRAYED and jangled nerves . . . nights of restless tossing and miserable wakefulness . . . fitful dozing crowded with anxious thoughts . . . awake at or before dawn and no more sleep till rising hour . . . mornings of listless weariness, forcing yourself to the daily tasks—no mere sedative can correct these conditions. You need Ovaltine, a tonic food beverage for nerves, body and brain.

Ovaltine—"The World's Best Night Cap"

Ovaltine corrects the causes of sleeplessness—feeds the worn-out nerves and fatigued body-cells. One cup just before retiring, immediately allays any digestive unrest that may be keeping you restless and awake, soothes and feeds the nerves, and allows the overly-alert brain to relax. Deep restful sleep follows quickly and naturally.

Ovaltine is a highly concentrated extraction of ripe barley malt, rich creamy milk and fresh eggs from our own and specially selected farms. *Do not mistake ordinary malt and cocoa flavoured beverages for Ovaltine,* or expect them to have the same beneficial effect upon your system. Ovaltine is the original and supreme Tonic Food Beverage. There is no satisfactory substitute for it.

Ovaltine is widely used in hospitals and nursing homes, not only for sleeplessness but for building up the health and strength of convalescents, for expectant and nursing mothers, and for aged folk who need extra nourishment. It is also widely used as a family beverage where there are growing children—at meals, between meals and at bedtime.

OVALTINE RUSKS

For firm teeth and healthy gums eat Ovaltine Rusks. They combine Canadian wheat flour and Ovaltine granules, and offer a much higher food value than ordinary rusks or biscuits.

Ovaltine is sold at all good stores, in 50c, 75c, $1.25 and special $4.50 family size tins; also served at soda fountains.

'OVALTINE'
TONIC FOOD BEVERAGE
Builds-up Brain, Nerve and Body

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Cheapest Way of Reaching the People

The cheapest way of reaching practically all the people of Prince Rupert and district is by means of the classified columns of the Daily News.

Nearly everyone has something they could turn into cash through the "For Sale" column. Perhaps they have a house to rent. Here is the chance. Spend 50c on a classified advertisement and secure a tenant rather than have it idle.

If a girl wishes a position or a housewife wishes help, the best means of getting supplied is through a want ad.

Dressmakers sometimes want work; small storekeepers want to move their goods; or maybe you need an article that has been used rather than pay the price for new. Give the Daily News classified columns a trial. Many have been very pleased at the result.

TELEPHONE 98
THE DAILY NEWS

—and drop in later and pay the bill. The charge is small.

Let the Daily News Classified Ads. work for you.

WATERFRONT WHIFFS

Future For Whaling is Uncertain—Large Anchovy Schools on West Coast Useless

The vagaries of international exchange and world markets will dictate the policy of the west coast whaling industry this year. Whale products, like pulp and paper and similar products, are in competition in world markets with the output of Scandinavian countries, whose exchange has been severely depreciated since Britain abandoned the gold standard. Officials of the whaling industry in British Columbia are now studying the far reaching effects of this situation before they determine whether or not to send their vessels into the North Pacific to hunt the big mammals. In the normal years the Consolidated Whaling Corporation, largest concern of its kind on this side of the Pacific, operates eleven whalers and whaling tender in the west coast whaling campaign, but last year, owing to a general decline in prices whaling operations were suspended. The catch in an average year amounts to about 300 whales. Chief products of the industry are oil, whalebone, meal and fertilizer. The various by-products and refined products from these commodities number more than a score because almost every part of the whale carcass is utilized. Meanwhile whaling masters and biologists are speculating on the probable effect of a long moratorium on whaling. A prolonged suspension of whaling operations will naturally result in increasing the whale population of the North Pacific. The situation is working out in accordance with the predictions of old-time fishermen who have claimed that there will always be whales in the sea because the cost of whaling will rise to such an extent as the schools gradually become depleted that its continuance will become unprofitable, thus always leaving a sufficient number of whales to continue the species.

* * * *

Large schools of anchovies, in splendid condition, have made their appearance off the west coast of Vancouver Island, and every herring seine has been filled with tons of this fish. However, as anchovies are regarded as without commercial value here, they are dumped overboard as soon as caught. Many hours have been spent by fishermen in clearing their nets of the anchovies, prized in many other markets. Anchovies have made a fairly regular appearance off the west coast each fall for several years, but seldom in such large quantities as at the present time. Years ago a determined attempt was made by a British Columbia fishing company to market these fish, as is done in Europe. In spite of exhaustive market research and careful experimental packing, it was found that the cost of production was too great for the venture to be pacticable. Although conditions may have altered since the first attempt, there is apparently no commercial use being made of anchovies.

* * * *

Rift in the ranks of the Deep Sea Fishermen's Union as between the American and Canadian factions of the organization was not difficult to perceive on Tuesday of this week when, owing to preponderance of vote at Seattle and Ketchikan as against the vote of Prince Rupert, members decided by a total vote of 148 to 86 in favor of closing the Prince Rupert branch. Seattle voted 105 to 48 in favor of closing the Prince Rupert office and Ketchikan 39 to 19 in favor of such action. Prince Rupert voted 19 to 4 against the closing of the branch.

Some observers see in the vote on this issue a reprisal on the part of Seattle and Ketchikan against a move which was mooted last year in Prince Rupert to close the port to American vessels. If such was the case, it simply appears that business sentiment on the part of the American fishermen was stronger than the union principle.

With the closing down of the Deep Sea Fishermen's Union at Prince Rupert, after having operated a branch at the port for many years, speculation is rife as to what the Prince Rupert halibut men shall now turn to if they are to continue as an organized body. Steps have already been taken to bring the Canadian halibut men under the banner of the Northern British Columbia Fishermen's Association which heretofore has been largely a salmon men's organization. It has also been suggested that the Canadian halibut men may organize independently of any existing association. No doubt, action of some kind will soon be taken. A meeting of halibut fishermen has been called for tomorrow to discuss future organization.

J. M. Morrison, agent of the Deep Sea Fishermen's Union at Prince Rupert for the past three years, finds himself in a peculiar situation. While he was elected agent at Prince Rupert by a margin of 115 to 79 over Einar Larsen, his only opponent, the office was abolished by the referendum so Mr. Morrison is without the position although favored for it.

Signs of the times could be seen in one vote of 186 to 46 opposing the raising of dues and in another vote of 185 to 49 favoring a cut from $45 to $40 per week in the salary of agents.

Harold Grottle was elected agent at Seattle, being accorded 120 votes as against 96 received by the present incumbent, Thorvald Kipperberg. Gust Olsen was re-elected agent at Ketchikan by a vote of 154 to 85 received by two opponents.

P. B. Gill of Seattle was re-elected secetary-treasurer of the Union without opposition.

* * * *

The Department of Marine announces that the black steel can buoy on the east side of the channel about one mile southward of Lawn Point gas and whistle buoy, entrance to Skidegate Inlet, will be discontinued and a red steel conical buoy established on the west side of the channel about one and three-quarter miles southward of Lawn Point gas and whistle buoy. The change will be made without further notice.

Twenty Years Ago

In Prince Rupert

January 2, 1912

Ald. S. M. Newton will be a candidate for mayor at the civic election this month. Ald. J. H. Hilditch is mentioned as a possibility to oppose him. It is reported that the following are ready to run as aldermen on the Newton ticket: A. W. Edge, Thomas Maitland, W. E. Collison, H. F. McRae and L. Bullock-Webster.

Mr. and Mrs. E. A. Woods entertained a few nights ago at a delightful party in their cosy bungalow at the corner of Borden and Taylor Streets. It was the first anniversary of their marriage and about thirty persons were present.

The fishing steamer Celestial Empire, Capt. Hughes, was forced by stress of weather to take shelter in Refuge Bay, Porcher Island, over the New Year holiday weekend. The crew and fishermen of the vessel were invited to participate in the New Year celebration at the school house there.

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