Thrifty Housewives Buy Quality

"SALADA" TEA

611

"Fresh from the Gardens"

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—

T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.

Via Ocean Falls and Waypoints, arriving Vancouver Thursday afternoon.

T.S.S. VENTURE EVERY THURSDAY MIDNIGHT.

Arriving Vancouver Sunday morning.

Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas River points, Sunday, 8 p.m.

SPECIAL WINTER EXCURSION RATE, ROUND TRIP, PRINCE RUPERT TO VANCOUVER, $32.

On sale Nov. 10 to Feb 28, return limit March 31, 1933.

Further information regarding all sailings and tickets at

PRINCE RUPERT AGENCY: Second Avenue Phone 568

How to make MASHED POTATOES more delicious

Here is a recipe for glorifying the lowly potato, that is sure to meet with popularity even in the most exacting of families. You'll love the smooth texture, delicious creamy taste and snowy whiteness of mashed potatoes with Nestlé's Evaporated Milk. The creamy consistency of the milk itself is imparted to the potatoes, giving them an unusually fine body and flavour. About four times as much milk substance can be included with Nestlé's Evaporated Milk as when market milk is used—another good way of putting more milk in food—always important where children are concerned.

Mashed Potatoes

6 Potatoes (medium size) Salt
2/3 cup Nestlé's Evaporated Milk
Pepper, if desired

Boil potatoes in jackets. Remove skins and mash. Add Nestlé's Evaporated Milk. Beat well while and fluffy. Add more Nestlé's Evaporated Milk if required. Season with salt and pepper if desired. Pile lightly on a hot dish. Yield: 6 servings. Mashed potatoes prepared with Nestlé's Evaporated Milk are easily molded into potato cakes and they brown beautifully.

NESTLÉ'S EVAPORATED MILK

NESTLÉ'S—World's Largest Producers and Sellers of Condensed and Evaporated Milk. 433

SPECIAL
For FEBRUARY Only
Shelton Steam Oil
Permanent Wave
$2.50 and up
Including Shampoo
Mrs. Hickey's Beauty Parlor
121 Second Ave. Phone 301
Next Clapp Block

MACKENZIE FURNITURE

Used Furniture

1 Dining Table, 2 Large Oak Chairs, 1 Couch, Tapestry Upholstered; 1 Baby Carriage, Wicker, $10.00. We allow on your furniture for new.

Phone 775 327 Third Avenue

RENT

A Radio, Sewing Machine, Typewriter

McRAE BROS., LTD.

Advertise in the Daily News

Visit England On Vacation

Chief Petty Officer Young Leaving This Evening and Will Live In Victoria

Chief Petty Officer Young of the local R. C. N. V. R. unit is retiring after 36 years of service in the navy and R. C. N. V. R. Mr. Young has made himself very popular amongst the younger folk of the city and his absence will be greatly felt. Mr. and Mrs. Young have had some wonderful presentations made to them this week by the organizations that have been connected with their work.

They will sail on the Prince Rupert this evening to spend a few days in the south from where they will travel across the continent to sail on the Aquitania on March 2 for Southampton, England, on an extended vacation. They expect to return to Victoria where they will make their home.

C. N. R. Trains

For the East—
Mondays, Wednesdays and Fridays ..... 9:30 p.m

From the East—
Tuesdays, Thursdays and Saturdays ..... 10:15 p.m.

The Prince Rupert will arrive at 8 p.m. this evening and will sail for Vancouver at 10.

Gunner Selvig Announces That He Has Added a Grocery Department To the Butcher Shop

Now you can get all your requirements at one place. Very low prices for cash only. All groceries delivered with meat orders

Gunnar Selvig

303 Third Ave. Phone 765

FOR SALE
Fresh Fish Daily
Aboard Helen II—Cow Bay

Shoe Repairing

Bring your shoes to the

Shu-Craft

We rebuild them
Satisfaction Guaranteed

M. MacARTHUR

Third Ave. Next Federal Blk.

LOCAL NEWS NOTES

C.L.D.L. Masquerade dance Feb. 16.

For day and night Taxi service Phone 32. tf

W. Strachan will sail on the ss. Prince Rupert for Vancouver tonight.

Anglican Men's Annual Banquet Thursday, Feb. 16, at 6.45. Admission 50c. 39

J. Boyd, Inspector of Fisheries, will be a passenger aboard the ss. Prince Rupert on its way south.

The ss. Venture which is taking the place of the Cardena will arrive in port at 9:30 this evening.

Anyone having castoff lose or clothing which they are willing to donate to the needy phone Red 738. tf

There were no fish sales today. Boats arriving were: Gony, 10,000; Gulvick, 9,000; Embla, 16,500; Melville, 16,000.

COUGHS
Apply over throat and chest
—swallow small pieces of—
VICKS VAPORUB
Over 21 Million Jars Used Yearly

Fish will be given away at the Salvation Army Citadel tomorrow between the hours of 10 and 12 a. m. and 4 and 6 p.m.

P. R. Nichol, assistant tax commissioner of the C.N.R., will sail on the Prince Rupert this evening for Vancouver.

The Tuxis basketball team will leave Saturday morning for Essington to play the team that was down here a few weeks ago.

Members of the Ward Room Mess of the local R.C.N.V.R. and Navy League made presentation of a silver cigarette case suitably engraved to Chief Petty Officer Young last night on the occasion of the severing of his connection with the local unit. A presentation of a handbag was also made to Mrs. Young.

$100.00
A month for life, at any age you wish for a few cents per day. Information without obligation.
J. A. MORRIS
The Manufacturers' Life Insurance Co.
225 Second Ave. Phone 782

JONES'
Family Meat Market

Prime Rib Roll, 4 lbs. No. 1 Pure Jam, 1 tin	$1.00
Shoulder Pork, 4 lbs. Apples, 4 lbs.	50c
Shoulder Lamb, 5 lbs. 1 Green Cabbage	75c
Leg of Pork—per lb.	12½c
Leg of Lamb—per lb.	20c
T-Bone Roast—per lb.	20c
Rump Roast—per lb.	15c
Pot Roast—per lb.	10c
Pork Chops—2 lbs.	25c
Tomato Sausage—per lb.	10c
Pork Sausage—2 lbs.	25c

957 — Phone — 957

COAL! COAL!

Our Famous Edson, Alberta and Bulkley Valley Coals are guaranteed to give satisfaction. Try a ton of No. 1 Bulkley Valley. We also sell Timothy Hay, Wheat Oats and Barley.

Prince Rupert Feed Co.
58 — Phones — 558

Valentine Dance Moose Hall on Friday, 9:30, admission 25c.

ATTENTION. Mass delegate meeting, Friday, Feb. 17, 8 p.m., at Hays Block, 217 Second Ave., Prince Rupert. 40

Miss Margaret Kergin will sail on the Prince Rupert this evening for Vancouver and from there to New York where she will sail on the Italian liner Rex for Gibraltar. She will spend some time on a vacation with her brother Fred in Spain. After that she will go to England to take up a post-graduate course in nursing.

Announcements

Moose Valentine Dance Feb. 17.

Supper-Carnival, Feb. 17—Food-Fun-Frolic at First United.

Oddfellows' Old Time Dance February 17th.

Rebekah Bridge, Whist, Feb. 22.

C.N.R.A. annual ball, Moose Hall February 24.

Old Time Dance, St. Peter's Parish Hall, Seal Cove, Feb. 27.

Royal Purple Bridge Elks' Home March 7. Admission 35c.

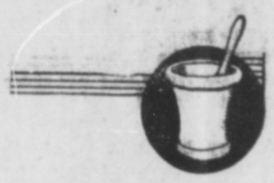
Pioneers' banquet-dance, March 10.

Rebekah Tea March 15.

Presbyterian Spring Sale Apr. 12.

Catholic Spring Sale and Social, April 18th.

Your Dollar's Worth in DRUGS



CERTAINLY in drugs, good dependable quality comes first! But you don't have to pay fancy prices to get the best. Highest quality drugs are not sold at cut prices, but you can always buy them here thriftily — at the lowest prices consistent with reliable quality.

ORMES LTD.
The Pioneer Druggists

Use Purity Brand Italian Olive Oil With your food. It is the best lubricant for the system. It will insure good health and is prescribed by physicians. Very low price now.

Pete Bruno—Distributor

Fresh Milk and Cream Daily

VALENTIN DAIRY

Phone 657

TOOK PILLS FOR 30 YEARS, THEN CEREAL BROUGHT RELIEF

Mr. Forsythe Endorses ALL-BRAN for Constipation

If you suffer from headaches, loss of appetite and energy or any other of the frequent effects of constipation, read this voluntary letter:

"After taking pills and tablets for about thirty years for constipation, I started to take your ALL-BRAN three times a day according to directions. Today I can eat cheese, and that is binding, and certainly feel fine."—Mr. Ed. Forsythe. (Address furnished upon request.)

Science says ALL-BRAN provides "bulk" to exercise the intestines, and vitamin B to further aid regular habits. In addition, ALL-BRAN is rich in blood-building iron.

The "bulk" in ALL-BRAN is much like that of leafy vegetables. Inside the body, it forms a soft mass which gently clears the intestines of wastes.

Isn't this pleasant "cereal way" far more healthful than using patent medicines—so often habit-forming?

Just eat two tablespoonfuls daily. In serious cases use with each meal. If not relieved this way, see your doctor.

Get the red-and-green package at your grocer's. Made by Kellogg in London, Ontario.

Chief Petty officer Anslow from Esquimalt arrived in the city yesterday on the Prince Rupert to take the place of Chief Petty officer Young at the barracks of the local R.C.N.V.R.

WEEK-END Money-Savers

PASTRY FLOUR—Australian, 5-lb. sacks, per sack	18c
FRESH CURRANTS—per lb.	14c
DESSICATED COCONUT—per lb.	16c
MINCE MEAT—Argood Bulk, per lb.	13c
ICING SUGAR—per 2-lb. pkg.	15c
MOLASSES—Real Quality per 2-lb. tin	14c
ROYAL YEAST CAKES—per pkg.	7c
NABOB COFFEE—per lb.	41c
FINE BULK COCOA—2 lbs.	25c
TEA—Our "Victory" Blend, per lb.	23c
PURE LARD—per 1-lb. pkg.	10c
PICNIC HAMS—Average weight 5 lbs. per lb.	10c
FRESH SAUSAGE—per lb.	10c
QUALITY JAM—Beach's 4-lb. tins. Packed in Strawby, Raspby, Peach Logan & Apricot per tin	43c
PEACHES—"Lynn Valley" Brand, No. 2 tins, per tin	16c
PEARS—"Lynn Valley" Brand, No. 2 tins, per tin	13c
BROOKFIELD FRESH EXTRA EGGS—Special per doz.	29c
CATSUP—Aylmer Brand per large bottle	15c
SUNLIGHT SOAP—per carton	17c
PALMOLIVE SOAP—per cake	6c
CASTILLE SOAP—per large bar	14c
QUAKER CORN—per tin	11c
AYLMER SIEVE 2 PEAS—2 tins	27c
SELECT BABY CLAMS—per large tin	12c
CONCORD GRAPE JELLY—per 12-oz. jar	20c
OLD ENGLISH MEAL—For Baking or Cereal, per pkg.	22c
SINGAPORE PINEAPPLE 3 tins	25c

$5.00 Orders Delivered Free

Thrift Cash & Carry

Phone 179 201 Third Ave

"CARRY AND SAVE"

Mail Orders Have Our Prompt Attention

BURDOCK BLOOD BITTERS

Stomach Trouble After Her Meals

Mrs. Collingwood Maynard, Port Hill, N.S., writes:—"I suffered from pains in my stomach, and headaches, after eating my meals.

A friend advised me to take Burdock Blood Bitters, and after having done so I found a great change in me. Now I never have any trouble with my stomach, and headaches are a thing of the past."

For sale at all drug and general stores; manufactured for the past 53 years, only by The T. Milburn Co., Ltd., Toronto, Ont.

Classified Ads

FOR SALE

MUST SELL— Lot 425, Range 5, Usk, 87 acres, also Lots 27-28, Block 9, Section 7, Prince Rupert Indefeasible titles. No reasonable offer refused. C. H. Hickman 2233 Brighton Avenue, Victoria B.C. 3x

FOR SALE bronze monolite standard electric lamp with 250-watt globe, giving delightfully soft indirect light, particularly recommended for bridge parties. Original price $47.50. Will sell for $10. Phone Blue 272.

FOR RENT

HOUSES for rent. Bottom price. Phone Green 698.

STORE for Rent. Third Avenue adjoining Wrathall's, low rental. McClymont. tf

VERNON Apartments, 139 Second Avenue. Housekeeping rooms newly renovated. Phone Red 421 tf

TRANSFERS

AMERON'S Transfer—Wood Coal moving, chairs for rent. tf

HAIRDRESSER

PERMANENT WAVING $1.95 & up Ladies', Men's Hair Cutting. Nelson's Beauty Shoppe.

PIANO TUNING

PIANOS Tuned $3.00. Walker's Music Store. t.

EXCHANGES

WILL trade Dodge Sedan in good condition for Shingle Bolts or ..... Apply Ross Mackay.

WANTED to swap for boys rubber tired, 4-wheel wagon, large size, one Boy's 3-wheel Tricycle in good shape. Billy Polford, 140 9th Ave. West or Bo 531.

¾ Bed complete with spring and mattress, heater complete with pipes and stove-board, coil spring and mattress for full-sized bed, camp bed and mattress, exchange for Cord Wood Blocks. Phone Red 928.

For Your Health

Chiropractic
Ultra Violet Rays
Intra Red Rays
Massage

All at Reasonable Prices

W. C. ASPINALL D.C.
(Chiropractor)
Green 241 Phones Green 549
Exchange Block

WANTED

WANTED TO BUY—Chesterfield, must be in good condition. Cash for suitable article. Apply Box 165, Daily News.

WANTED to buy for cash—Single sewing machine Treadle with attachments, must be in good condition. Box 531 Pilfold, 140 Ninth Avenue West.

LOST

LOST—Glasses on Third Avenue. Finder please return to Daily News Office.

PAINTERS

PAINTING and Paperhanging. Moller, Phone Red 802.

CLEANING & PRESSING

PRICES reasonable. Benkendorf, Third Ave., next door to Daily News.

"GOVERNMENT LIQUOR ACT"

NOTICE OF APPLICATION FOR CONSENT TO TRANSFER OF BEER LICENCE

NOTICE IS HEREBY GIVEN that on the 16th day of February next the undersigned intends to apply to the Liquor Control Board for consent to transfer of beer licence No. 2451 and issued in respect of premises being part of the building known as Central Hotel situate at the corner of Seventh Street and First Avenue in the City of Prince Rupert upon the lands described as Lots Eleven (11), Twelve (12), Thirteen (13) and Fourteen (14), of Block Ten (10), Section One (1), Map 923, Prince Rupert Land Registration District of the Province of British Columbia, from Central Hotel Limited, Licence to Cora Elizabeth Black of Prince Rupert, British Columbia, the transferree.

DATED at Prince Rupert, British Columbia, this 12th day of January, 1933.

CORA E. BLACK,
Applicant and Transferree.

PRINTING
Office Supplies
Rose, Cowan & Latta
Phone 234

The AUCTIONEER

Packing—Crating—Wrapping & General Furniture Repairs

List your goods with me

GEO. J. DAWES
Phone—Black 120

Advertise in the Daily News.

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED BLACK COD

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Canadian Fish & Cold Storage Co., Ltd.

PRINCE RUPERT, B.C.