# EASTER CANDIES
## and NOVELTIES

*Easter Eggs, Bunnies, Chickens and Egg Cups, Easter Egg Dyes*

We Are Now Showing These Lines For Easter

Prices Range From 5c to 25c

The Rexall Store

**Ormes Ltd.**
*The Pioneer Druggists*

Phones 81 and 82



WATCH FOR THE OPENING

of Our

# BIG SALE of ELECTRIC REFRIGERATORS

New Models
New Low Prices
New Features

Commencing Monday, April 17

Northern British Columbia Power Company Limited



# Coal! Coal!

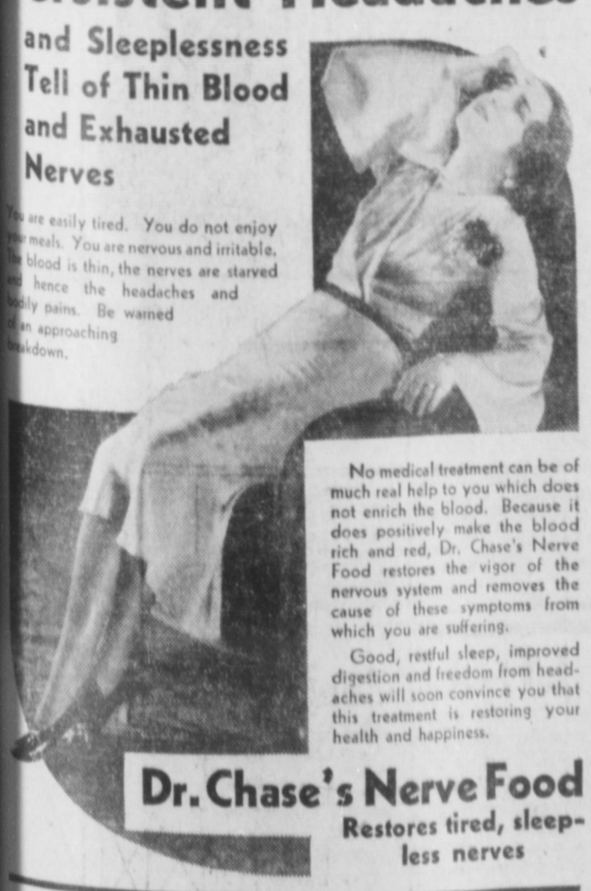
| | |
|---|---|
| MINEHEAD EGG—Per ton | $11.50 |
| MINEHEAD LUMP—Per ton | $12.50 |
| JASPER LUMP—Per ton | $12.50 |
| JASPER EGG—Per ton | $11.50 |

Dry Jack Pine and Cedar

HYDE TRANSFER—PHONE 580



# Persistent Headaches and Sleeplessness Tell of Thin Blood and Exhausted Nerves



You are easily tired. You do not enjoy your meals. You are nervous and irritable. The blood is thin, the nerves are starved and hence the headaches and bodily pains. Be warned of an approaching breakdown.

No medical treatment can be of much real help to you which does not enrich the blood. Because it does positively make the blood rich and red, Dr. Chase's Nerve Food restores the vigor of the nervous system and removes the cause of these symptoms from which you are suffering.

Good, restful sleep, improved digestion and freedom from headaches will soon convince you that this treatment is restoring your health and happiness.

**Dr. Chase's Nerve Food**
Restores tired, sleepless nerves


# CONDIMENTS IMPORTANT

**Authority States Salt and Lemon Juice Used to Advantage in Preparing Fish Dishes**

By Mrs. Evelene Spencer)

OTTAWA, April 11: (CP)—Salt and lemon juice are the two greatest miracle workers in the seasoning of fish dishes.

Worcester and anchovy sauce and tomato or mushroom catsup are also good condiments with fish. For a fish salad, finely minced parsley, dill pickle, raw onions and capers, with plenty of lemon juice add flavor and relish and a titillation to one's sense of taste. In the case of a fish entree or sauce, good butter, eggs and cream, of course, add richness.

The line of demarcation between skilled and unskilled cooks often lies in their use of seasoning alone. The unskilled cook may produce a dish very attractive to the eye, either with a nicely browned surface or an artistic garnish, and if it were only a matter of appearance it might pass muster. Food, however, is cooked to be eaten, not as a show object, and I know of no other meat stuff which can be made or marred in the cooking and seasoning as fish can be. Fish prepared without salt in the cooking will be flat and insipid. When it comes to fish salads or entree dishes made from left-over fish, they are made or ruined by the seasoning alone.

But there is no royal road to right seasoning. It takes experience and judgment to get the right amount—no more, no less. If the dish is a mixture like a salad or an entree, the seasonings must be carefully added and blended with frequent tasting. Every skilled cook tastes until judgment declares the flavor to be just right. To add further condiments at this point is simply to ruin the dish.

---

On recommendation of the finance committee, the city council last night appointed George L. Rorie auditor for the year at a salary of $750 per year.

---

WATER NOTICE

TAKE NOTICE that J. B. Woodworth address 3857 Point Grey Road, Vancouver, B.C., will apply for a license to take and use 100 cu. ft. per second, and store 100,000 acre feet out of Cugar Lake into Surf Inlet. This being the reconditioning of conditional water license 175-3. This water will be used for power purposes. This notice was posted on the ground on the eighteenth day of February, 1933. A copy of this notice and an application pursuant thereto and to the "Water Act" will be filed in the office of the water recorder at Prince Rupert. Objections to the application may be filed with the said water recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B.C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is March 16 1933.

J. B. WOODWORTH,
Applicant


**For Your Health**

Chiropractic
Ultra Violet Rays
Intra Red Rays
Massage

All at Reasonable Prices

W. C. ASPINALL D.C.
(Chiropractor)
Green 241 Phones Green 549
Exchange Block


# LOCAL NEWS NOTES

Basketball, Auditorium tonight, 7.30.

---

**For day and night Taxi service Phone 32.** tf

---

Try for prize at Rebekah Hard Time Dance tomorrow.

---

Garden Earth, Manure, Phone 303, Casey Cartage, Prompt Service. tf

---

Presbyterian spring sale tomorrow afternoon. Home cooking, candy, sewing.

---

Canadian Legion B.E.S.L. half yearly meeting, Wednesday, April 12, 8 p.m. Election of officers.

---

On recommendation of the Soldier's Housing committee, an offer of William Brass for rearranged payments on his house was accepted by the city council last night.

---

Today's regular weekly luncheon of the Prince Rupert Gyro Club in the Boston Cafe took the form of a business session. President T. W. Brown was in the chair and there was a good attendance of members.

---

Having been delayed somewhat by having had to make special calls at Cassiar and B. A. cnnneries in the Skeena River with cannery crews, Union steamer Cardena, Capt. A. E. Dickson, arrived in port at 12:40 noon today from Anyox, Stewart and other northern points and sailed at 1:30 p.m. on schedule for Vancouver and waypoints.

## Announcements

Presbyterian Spring Sale April 12

Rebekah hard time dance 35c., April 12.

Elks' Dance, April 13 Balagno's Orchestra.

Queen Mary Chapter Daffodil dance April 17.

Moose Dance, April 17.

Catholic Spring Sale and Socia. April 18th.

Anglican Spring Sale and tea, April 19.

United Church Easter Sale April 20.

Recreation Club Scotch dance April 21.

St. Peter's Church Spring Sale April 27.

Meeting, Women's Auxiliary Canadian Legion, April 20, Legion Rooms, 8 p.m.

Anglican Y.P.A. play April 27-28.

Ridley Home bazaar, May 4.

Comedy—United Church May 4 and 5.

Variety Entertainment Presbyterian Church May 12.


JONES'

**Family Meal Market**

| | |
|---|---|
| Stewing Veal, 2 lbs. | 50c |
| Peas, 1 tin | |
| Shoulder Veal— | 50c |
| 4 lbs. | |
| Leg of Veal— | 15c |
| per lb. | |
| Veal Chops— | 35c |
| 2 lbs. | |
| Spare Ribs— | 25c |
| 3 lbs. | |
| Shoulder of Lamb— | 15c |
| per lb. | |
| Lamb Chops, 2 lbs. | 50c |
| Peas, 1 tin | |
| Round Steak, 2 lbs. | 50c |
| Onions, 4 lbs. | |
| Sirloin Steak, 2 lbs. | 50c |
| Onions, 4 lbs. | |
| Eggs— | 50c |
| 3 doz. | |

957 — Phone — 957


**Seasoned Box-ends, $4.00 per load. Albert & McCaffery.** tf.

---

Frank Condell was fined $5 this morning in the city police court for driving without a chaffeur's license.

---

Mr. and Mrs. A. J. Webber are removing residence from McBride Stereet to one of the Johns' houses on Sixth Avenue East.

---

At the meeting of the city council last night reports from the fire chief and city hall janitor for March were read and ordered filed.

---

Mr. and Mrs. E. W. Tucker have removed residence to the house in Westview formerly occupied by Mrs. Dan Murray who have moved to Calgary.

---

The fire department had a call yesterday morning at 11:30 to the home of W. E. Williscroft, 604 Thompson Street, where sparks from the chimney had burned a hole in the roof. There was about $10 damage.

---

Mr. and Mrs. Reg Kelsey have moved residence to the house on Fifth Avenue East formerly occupied by Constable and Mrs. G. S. Blaney, who have left for Anyox. Mr. and Mrs. R. G. Macaulay are taking the house vacated by Mr. and Mrs. Kelsey.

---

Mayor Stephens, at the city council meeting last night, reported that he had taken the liberty of sending telegrams in connection with the steamer Prince Rupert being taken south for repairs and that he would like the council to pass a motion that the bills in connection with same be paid on presentation. A motion was to that effect put to the council and passed.

---

Letters were read at the city council meeting last night from Reid McLennan and Dr. R. G. Large in connection with the refusal of the relief committee to grant Mr. and Mrs. Florin relief for a child they had recently adopted. According to the letters it was doctor's orders that the child was adopted. It was the opinion of some members of the council that, if relief was to be granted to these people for the child, they would be falling away from the principles of the relief committee. On motion of Ald. Basso-Bert it was decided to refer the matter back to the committee.

**When you're HEALTHY you're HAPPY**

HAPPY days are usually healthy days. Why not add to these sunshiny days!

Poor health and constipation go hand in hand. Get rid of common constipation by eating a delicious cereal.

Tests show that Kellogg's ALL-BRAN provides "bulk" to exercise the intestines, and vitamin B to tone the intestinal tract. ALL-BRAN is also twice as rich in iron as an equal weight of beef liver.

The "bulk" in ALL-BRAN is much like that in leafy vegetables. How much better than taking pills and drugs—so often harmful.

Two tablespoonfuls daily are usually sufficient. If not relieved this way, see your doctor.

At all grocers. In the red-and-green package. Made by Kellogg in London, Ont.



**MANURE**

For Sale

$2.00 a Load

**Dominion Dairy**

Phone Red 608



# "SALADA" TEA DOWN 10c a lb.

SAME FINEST QUALITY

BROWN LABEL NOW 25c ½ lb.



Dr. Wood's Norway Pine Syrup

**After Whooping Cough Cough Hung On**

Mrs. T. Upper, Willard Ave., Toronto, Ont., writes:—"Two years ago my children had whooping cough, and after that a nasty cough seemed to hang on which worried me very much.

I read about Dr. Wood's Norway Pine Syrup, and thought I would give it a trial. I found that after giving it to them for a while their cough left them entirely."

Price 35c. a bottle; large family size 65c; at all drug and general stores; put up only by The T. Milburn Co., Ltd., Toronto, Ont.


# Classified Ads

## FOR SALE

FOR SALE— English Baby Pram, good as new. Phone Green 589.

## FOR RENT

FOR RENT—Modern stucco house on Biggar Place. Phone Green 378. tf

FOR RENT — Newly renovated house, 1807 7th Ave. East. Phone Blue 697. 89

RENT reduced to $18 a month. Apply to owner, Suite 4, Levin Apartments. dw

FOR RENT—Fine Bungalow, modern, oak floor, prominent corner. Half price. See Hart. tf

FOR RENT—Store on Third Avenue in centre of business section. Will renovate to suit tenant. Thomas McClymont. (tf)

## HAIRDRESSER

PERMANENT WAVING!
"Oil" $3.50 "Ringlette" $5.00.
Nelson's Beauty Shoppe

## CLEANING & PRESSING

PRICES reasonable. Benkendorf Third Ave., next door to Daily News.

## PIANO TUNING

PIANOS Tuned $3.00. Walker's Music Store tf

## PAINTERS

PAINTING and Paperhanging. Moller, Phone Red 302.


**PRINTING**
Office Supplies
Rose, Cowan & Latta
Phone 234



The **AUCTIONEER**

Packing—Crating—Wrapping & General Furniture Repairs

List your goods with me

GEO. J. DAWES
Phone—Black 120



Prince Rupert **DRY DOCK AND SHIPYARD**

Operating three Dry Docks
Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels

Iron and Brass Casting

Electric and Acetylene Welding

50-ton Derrick for Heavy Lifts

Sawmill and Mining Machinery Repaired and Overhauled



UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—

T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
via Ocean Falls and Way Points. Due Vancouver Thursday p.m.

T. S. S. VENTURE EVERY FRIDAY MIDNIGHT.
Due Vancouver Monday a.m.

Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas

Further information regarding all sailings and tickets at —
PRINCE RUPERT AGENCY: Second Avenue. Phone 568