IT NEVER PAYS TO TAKE CHANCES WITH DOUBTFUL BAKING POWDER. I USE AND APPROVE MAGIC. IT IS ALWAYS DEPENDABLE"

HOME SERVICE BUREAU — CANADIAN HOME JOURNAL

SAYS MISS ANN ADAM, *popular writer of food articles for the Home Service Bureau of the Canadian Home Journal*

MAGIC

—costs not quite ¼ of a cent more per baking than the cheapest inferior baking powders. Why not use this fine-quality baking powder and be sure of satisfactory results?

"CONTAINS NO ALUM." This statement on every tin is your guarantee that Magic Baking Powder is free from alum or any harmful ingredient.

Made in Canada

ANTIFREEZE

per gallon, $3.00

Extra Heavy Rubber
HOT WATER BOTTLES
English Made
$1.50

English Wooly Toys
Dogs, $1.25

Special in Toffee
RUM & BUTTER
39c lb.

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The Pioneer Druggists
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The Fish which made Prince Rupert Famous

"Rupert Brand"
SMOKED
BLACK COD

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Steamers leave Prince Rupert for Vancouver:—
T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
For Ocean Falls, due Vancouver, Thursday P.M.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT,
Due Vancouver Monday a.m.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas
Further information regarding all sailings and tickets at —
Prince Rupert Agency: Second Avenue. Phone 568

CANADIAN PACIFIC

Steamers leave Prince Rupert for Vancouver via Ocean Falls and Way Ports:
Princess Adelaide, Fridays 10:00 p.m.
For VANCOUVER: direct:
Princess Louise, Oct. 16, 25; Princess Norah, Nov. 3
For KETCHIKAN, WRANGELL, JUNEAU and SKAGWAY,
Princess Louise, Oct. 12, 21; Princess Norah, Oct. 30
For Reservations and Information
W. L. COATES, General Agent, Prince Rupert, B.C.

LOCAL NEWS NOTES

Silversides Bros. for Wallpaper, Glass, Paint and Muresco.

Mrs. T. H. Johnson sailed last night on the Prince George for a brief trip to Vancouver.

Prince Rupert Badminton Association will hold its annual meeting Oct. 31, 8 p.m., City Hall. 251

Hyggas Bazaar and dance Metropole Hall, Friday, 8 p.m. Sale of fancy work. Admission free. Everybody welcome. 249

The Liberal Campaign Committee will welcome any subscription however small to help meet Mr. Pattullo's campaign expenses which must be raised locally. tf

Special meeting Prince Rupert Lodge Number 63, I.O.O.F., Friday Oct. 27, 8 p.m. Official visit Grand Warden E. G. Turner. Rebekahs at 9 p.m. 249

Two new members were in attendance at the Rotary Club yesterday. They were Max Heilbroner, the jeweller, and R. G. Van der Sluys, proprietor of Van's Bakery.

After some trouble with snow on the lower Skeena earlier in the week, traffic is back to normal on the local line of the Canadian National Railways. Last night's train from the East arrived at 11:15, one hour and fifteen minutes late.

A. W. Tennant, chief auditor for the Canadian Pacific Railway with headquarters in Vancouver, arrived here Wednesday afternoon after having made the round trip to Skagway aboard the steamer Princess Norah on official business and will proceed south on the Princess Adelaide tonight.

YOUR LIVER'S MAKING YOU FEEL OUT OF SORTS

Wake up your Liver Bile
—No Calomel needed

When you feel blue, depressed, sour on the world, that's your liver which isn't pouring its daily two pounds of liquid bile into your bowels. Digestion and elimination are being slowed up, food is accumulating and decaying inside you and making you feel wretched.

Mere bowel-movers like salts, oil, mineral water, laxative candy or chewing gum, or roughage, don't go far enough.

You need a liver stimulant. Carter's Little Liver Pills is the best one. Safe. Purely vegetable. Sure. Ask for them by name. Refuse substitutes. 25c, at all druggists. 52

Mrs. George P. McColl returned to her home in Port Simpson yesterday after a brief visit to the city. She came over Wednesday afternoon during the storm aboard the Flewin & Brown fish packer Taplow II.

Mrs. Michael Walters and daughters, Velma and Norma, will sail on the Princess Adelaide tonight for Ocean Falls where they will take up residence, joining Mr. Walters who is now in the service of the Pacific Mills there. They are pioneer residents of the city and their departure will be regretted by numerous friends.

SUMMIT CASH MEAT MARKET

Saturday Specials

Leg of Pork—per lb.	15c
Leg of Veal—per lb.	15c
Leg of Lamb—per lb.	15c
Fine Rib Roll—per lb.	12½c
Round Steak—per lb.	12½c
Pork Chops—per lb.	18c
Veal Cutlets—per lb.	15c
Lamb Chops—per lb.	15c
Hamburger—3 lbs.	25c
Stew Beef—3 lbs.	25c
Bologna—per lb.	15c
Pot Roast—4 lbs.	35c
Liver, 1 lb. and Bacon, 1 lb., sliced	25c
Spare Ribs—3 lbs.	25c

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END THOSE HEADACHES

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"For two years I suffered continually from dizziness, headaches, weak stomach and bad nerves. I was very run-down and discouraged. Nothing seemed to do me any good. I tried 'Fruit-a-tives' more by accident than design, and I certainly wish I'd taken them earlier. They made me feel so well and happy that I wonder now if I ever was sick."

Fruit-a-tives . . . all drug stores

Miss F. I. Wiltsie of the Port Simpson Hospital nursing staff sailed last night on the Prince George for Vancouver whence she will proceed to California to pay a visit with an uncle who resides near Los Angeles.

R. W. Sinclair of Inverness cannery sailed last night on the Prince George for Vancouver whence he will proceed on a trip to New York and elsewhere in the east. He plans on returning via the Panama Canal, sailing from New York November 17 on the Grace Line motorship Santa Teresa for San Francisci.

Commissioner Friedrich, veteran officer of the Salvation Army, who recently retired from active service of the Army after an interesting and varied career during which he occupied numerous positions of great responsibility, and Staff Captain Joseph Acton of Wrangell, divisional commander for Northern British Columbia and Alaska, will be here at the end of this week after attending the recent Dominion Army Congress in Toronto and will proceed next Monday morning on the Princess Norah for Petersburg to conduct the annual Alaska Congress there. Commissioner Friedrich and Staff Captain Acton will conduct meetings at the local Citadel on Sunday.

Pains After Eating?
Try This!

Pains after eating are generally due to an excess of acid in the stomach that forms gas and causes belching, heart burn, bloating, sour stomach and indigestion. Bisurated Magnesia taken after meals will give such quick and pleasing relief you will be surprised. Any druggist will tell you ordinary Bisurated Magnesia is fine for sour acid stomach conditions. It should be in every home. It works.

Announcements

Hyggas Bazaar, October 27.

Tennis Club Hallowe'en dance rollic October 27.

Hill 60 Hallowe'en Tea Oct. 28.

"The Little Clodhopper" United Church Nov. 2 and 3.

Eagles' Dance November 3.

Presbyterian Bazaar Nov. 9.

Nov. 9-10 Cathedral Dramati Society presents 4-Act Comedy "Ol. Susan." Cathedral Hall.

Moose Bazaar, November 9 and 10.

Anglican W. A. Bazaar, Nov. 16

Philharmonic Society concert, November 21.

Presbyterian Church Play "Consequences" Nov. 24.

W. A. Canadian Legion Bazaar, Eagles Hall, Dec. 5.

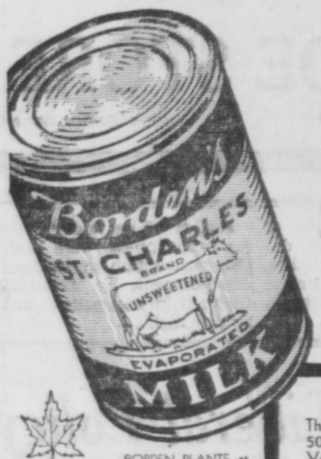
Hogmanay Dance, Queen Mary Chapter, December 29.

. . . . in Soups and Creamed Sauces

TASTE the fresh sweet flavor of pure country cream! Blending so well in savory soups, giving rich velvety body to sauces—there's nothing like St. Charles Evaporated Milk to make good meals better.

St. Charles Milk is evaporated to creamy richness. All herds are rigidly inspected—plants are spotless and shining. Sixty per cent. of the natural water is removed and nothing is added. No wonder St. Charles is the safest, finest flavored milk you can buy.

Our new cook book "The Good Provider" will give you cooking secrets any French Chef might envy. 80 pages—186 recipes—full color illustrations of tempting dishes. Just mail the coupon and it's yours.



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Hotel Arrivals

Royal

Jonas Willman, Usk.

Old Empress

W. Herman, city.

Central

W. Franz and J. Murphy, C.N.R.

Prince Rupert

Aubrey C. Peck, F. W. Hawe and A. C. Knight, Vancouver; W. C. Stevens, Kispiox; Maurice McArlle, Salmon Cove; E. C. Turner, New Westminster; Mrs. Sawyer, Salvus; A. Watt, C.N.R.; E. L. Perrin, city.

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BEEF HEARTS each . . . 25c	COMET BUTTER 3 lbs. . . . 69c	Local ROASTING CHICKENS lb. 25c

BEEF

POT ROAST lb.	10c
Rump Roast lb.	15c
PRIME RIB lb.	15c
BRISKET lb.	8c

Introducing FRUIT Mince Meat 2 lbs. . . . 25c

STERLING COMET SPECIAL

CHOICE VEAL

SHOULDER lb.	10c
CHOPS 2 lbs.	25c
RUMP lb.	15c
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FRESH OX TONGUES lb. 15c

LARD 2 lbs. 25c

BACON COMET DELICO pkg. 11c

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