"Now . . . the Picture of Health!"

"I AM sending you a picture of my baby, Warren Richard," writes Mrs. Matheson, of Box 137, Lac Megantic, Quebec.

"He is now eight months old and weighs 27 pounds and is the picture of health. Since putting him on Eagle Brand we have never had any trouble with him. He is well and contented and I certainly recommend Eagle Brand to any other mother who is having trouble with the feeding of her baby."

If you are unable to nurse your own baby, follow the advice of hundreds of thousands of mothers, and try Eagle Brand. The coupon below will bring you a copy of "Baby's Welfare."

The Borden Co. Limited, 107
50 Powell St., Vancouver, B.C.
Please send me new edition of "Baby's Welfare," containing feeding schedule, pictures and histories of Eagle Brand babies.
Name .....
Address .....
Prov. .....

Eagle Brand CONDENSED Milk

Jasmine Cosmetic Table

On Display in Our Window
This beautiful Prize for
"Know Your Actor's Voice" Contest

A Dental Plate Brush Free
With each purchase of
Dental Plate Fix, 50c
For holding plates

You will be pleased to learn that we have the agency for

PAGE & SHAW CHOCOLATES
A full assortment just arrived

Latest Razor Blade Prices

Gillette Blue Blade, 5 for	25c
Gillette Blue Blade, 10 for	50c
Auto Strop Blades, 5 for	25c
Auto Strop Blades, 10 for	50c

Ormes Ltd.
The Pioneer Druggists
The Rexall Store Phones: 81 & 82

CANADIAN PACIFIC

Steamers leave Prince Rupert for Vancouver via Ocean Falls and Way Ports:
Princess Adelaide, Fridays 10:00 p.m.
For VANCOUVER: direct:
Princess Louise, Sept. 7th., 15th., 24th., Oct. 5th.
for KETCHIKAN, WRANGELL, JUNEAU and SKAGWAY.
Princess Louise, Sept. 2nd., 11th., 20th., Oct. 1st.
For Reservations and Information
W. L. COATES, General Agent, Prince Rupert, B.C.

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:—
T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
Due Vancouver Thursday p.m.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT.
Due Vancouver Monday a.m.
Weekly sailings to Port Simpson, Alice Arm, Anyox, Stewart and Naas
Further information regarding all sailings and tickets at —
Prince Rupert Agency: Second Avenue. Phone 568

LOCAL NEWS NOTES

Silversides Bros. for Wallpaper, Glass, Paint and Muresco.

New fall hats just in, sizes 21 to 24. Deniers. 210

Wood and Coal! One Load of Wood and One Ton of Cal $14.00. Albert & McCaffery. tf

W. Goldbloom left last night for the east on business. While there he will arrange with manufacturers for the disposal of the coming season's furs. 210

Much interest is being taken in the "Know Your Star's Voice" contest at the Capitol Theatre and in the wonderful list of prizes offered those who take part.

C.P.R. steamer Princess Adelaide, Capt. S. K. Gray, is due in port at 4 o'clock this afternoon from the south and will sail at 10 p.m. on her return to Vancouver and waypoints.

At the luncheon of the Rotary Club yesterday, President John Dybhavn in the chair, Foster Willan was formally received into the club as a member, the official charge being delivered by Dean Gibson.

Trevor Williams of the office staff of the Northern British Columbia Power Co. returned to the city on the Prince George Wednesday after having spent several weeks holidaying in Vancouver and Victoria.

Mrs. M. Silverthorne and Miss Rose Barrett of Houston, who have been spending the summer in the Atlin district with Mr. Silverthorne, arrived in the city from the north on the Princess Louise yesterday afternoon and will proceed on this evening's train to the interior.

Joseph W. Kehoe, well known Ketchikan attorney, was a passenger aboard the Princess Louise yesterday afternoon going through for a trip to Seattle.

F. H. Middlemiss, Post Office inspector, was a passenger aboard the Princess Louise yesterday afternoon returning to Vancouver after a trip to Atlin and elsewhere in the north on official duties.

Rev. Father G. Edgar Gallant O.M.I., well known Roman Catholic Church priest at Skagway, was a passenger aboard the Princess Louise yesterday afternoon going through for a trip to Seattle and elsewhere in the south.

Dr. Andrew Henderson of Powell River, grand master of the Masonic Lodge of British Columbia, who has been on a trip to Dawson and elsewhere in the north, was due in the city on the Princess Louise yesterday afternoon to pay an official visit to the local lodges last night but failed to arrive. He is expected on the next boat from the north but may not stop over here.

Fall Train Service

(Effective from August 28 to October 2)

Passenger trains leave Prince Rupert every Monday, Wednesday and Saturday at 7.30 p.m., connecting at Jasper for all points East and South.

During the Fall season trains from the East will arrive on Tuesdays, Thursdays and Sundays at 8 p.m., making connection with steamers for southern ports which leave Prince Rupert on Thursdays and Sundays at 10 p.m.

Low Summer Fares until October 31st!

For information, write or phone
CITY TICKET OFFICE
528 - 3rd Avenue, Prince Rupert
V-104R-33

CANADIAN NATIONAL

Wm. Irvine M.P., C.C.F. Speaker, in Moose Hall Friday, 8 p.m. 210

C. P. Balagno has resumed his music classes. Phone Green 280 for terms.

Dido Gurvich sailed last night on the Prince George for a trip to Vancouver.

Lee Gordon of the sales department staff of the Northern British Columbia Power Co. sailed on the Prince George last night for a trip to Vancouver.

END THOSE HEADACHES

Fruit-a-tives the quick, sure way

"For two years I suffered continually from dizziness, headaches, weak stomach and bad nerves. I was very run-down and discouraged. Nothing seemed to do me any good. I tried 'Fruit-a-tives' more by accident than design, and I certainly wish I'd taken them earlier. They made me feel so well and happy that I wonder now if I ever was sick."

Fruit-a-tives . . . all drug stores

Mrs. J. W. Nicholls and family returned to the city at the first of the week after having spent the summer vacation camping at Lakelse Lake.

Mrs. William Rance, who has been on a four-months' vacation trip to her home in Eastbourne, England, returned to the city from the Old Cuntry on last evening's train.

Mrs. L. W. Waugh and daughter, Genevieve, returned to the city at the first of the week after having spent the summer vacation camping at Lake Kathlyn.

Russell Dow and Howard Platts of Woodsville, New Hampshire, members of the Cambridge University mountain engineering party, which made an ascent of Mount Fairweather, Alaska, during the past summer, arrived in the city from Ketchikan on the Prince George last evening and will proceed East on tomorrow night's train.

Announcements

25th Anniversary Supper United Church September 11.

L.O.B.A. Bridge, Whist and dance Sept. 14.

Eagles' dance September 15, admission ladies 25c. Gents 35c. Refreshments.

Oddfellows Oldtime Dance, September 22.

Lutheran Church Bazaar, October 12.

Catholic Bazaar October 10.

Jones' Family MEAT MARKET

Phone 957 Phone 957

Rump Roast of Beef— 4 lbs.	50c
Rib Roast of Beef— per lb.	15c
Sirloin Tip— per lb.	15c
T-Bone— per lb.	20c
Round Steak— per lb.	15c
Sirloin Steak— 3 lbs.	50c
Leg of Veal— per lb.	15c
Leg of Lamb— per lb.	20c
Shoulder Lamb—Boned and rolled, per lb.	20c
Lamb Chops— 3 lbs.	50c
Fowl— each	65c
Swift's Pure Lard— 2 lbs.	25c

C.L.D.L. Dance every Thur. and Sat. Good music. Metalakatla Orchestra. 210

Inspector John Shirass, provincial police, sailed last night on the Prince George for a trip to Vancouver.

William Goldbloom sailed last night on the Prince George for a business trip to Vancouver and Winnipeg.

The case of Ernest Lewis, charged with supplying liquor to Indians, is being heard in city police court this afternoon.

Orme Stuart of the staff of Ormes Limited drug store sailed last night on the Prince George for a trip to Vancouver.

John McTavish, son of Mr. and Mrs. D. D. McTavish, sailed last night by the Prince George on his return to Victoria after having spent the summer on the staff of the Arctic Studio here.

O. Bergseth of Seattle, who has been spending the summer in Ketchikan engaged in fish buying, was a passenger aboard the Princess Louise yesterday afternoon returning to the Puget Sound city.

Senator A. D. McRae of Vancouver, who has been on a trip to the Juneau district in connection with mining interests he has there, was a passenger aboard the Princess Louise yesterday afternoon returning south.

A. B. Trites, well known Vancouver mining man, who has been on a brief trip into the Juneau district in connection with interests he has there, was a passenger returning south aboard the steamer Princess Louise yesterday afternoon. Sir Stephen Lennard, who is in the stock brokerage business in Vancouver, and Lady Lennard were passengers aboard the Princess Louise yesterday afternoon returning south after a holiday trip to the Atlin district.

Merely routine business in connection with the activities of the organization was taken up at a meeting of the Women's Auxiliary to the Canadian Legion which was held last evening in the Legion rooms. Mrs. Jack Preece, the president, was in the chair and there was a good attendance of members. It was decided to hold a telephone bridge on September 21 with Mesdames Preece, Rayner, Anderson, Rockwell and Schubert organizing the groups.

Miss A. Collison, sister of Indian Agent W. E. Collison of this city, was here aboard the Catala Tuesday afternoon returning to Vancouver after having spent the summer at Kincolith with her brother-in-law and sister, Dr. and Mrs. D. J. McDonald. Also aboard the Catala going south were Jock and Arthur McDonald, sons of Dr. and Mrs. McDonald, enroute to Kingston, Ontario, where they are studying medicine at Queen's University and Colin and Jean, younger children, who are attending school in Vancouver. All have been spending the summer at Kincolith

RARE Opportunity

For Finest
Tailor-Made Suits

We all are tired of cheap clothes, now times are better and depression has come to the end. We take this opportunity to offer to the better-dressed public our finest—
English Worsted, Indigo Serge, Blarney, Heatherhill and Foxhound Tweeds, Flannels, Etc.
At a bigger saving than ever was experienced in Prince Rupert.

Reg. $40 SUIT— Special for	$32
Reg. $45 SUIT— Special for	$37
Reg. $48 SUIT— Special for	$39
Reg. $50 SUIT— Special for	$42

(Extra Trousers, $10)
This price good for 30 days only

LING — Tailor
The high class tailor and reliable dry cleaner
Second Ave.—Near Post Office

Back to school with PEP

September! Healthy youngsters turn their energy to school. Keep them feeling fit and full of energy. Start every day with a bowlful of Kellogg's PEP Bran Flakes.

Crisp. Delicious with milk or cream. Truly, better bran flakes. Packed with nourishment. Plus enough bran to be mildly laxative.

Kellogg's PEP BRAN FLAKES

MADE BY KELLOGG IN LONDON, ONTARIO

Mrs. Perkins of Hays Cove Circle bought some corn at Phillips Grocery Wednesday and when she opened the parcel she found a cluster of six cobs all joined at the base. She says she had a double cob before but never six on one base.

C.P.R. steamer Princess Louise, which was in port yesterday afternoon southbound from Skagway to Vancouver, had a total of 220 passengers on board. Eleven persons disembarked from the vessel here while three took passage from here for the south aboard her.

Saturday Specials

Sterling Food Markets Ltd.

Phone 62 Phone 63

LAMB		Cooked Meats		VEAL	
LEGS lb.	20c	VEAL LOAF Piece, lb.	20c	RUMP lb.	15c
STEW lb.	10c	Sliced, lb.	25c	STEW lb.	10c
BEEF		BOLOGNA Piece, lb.	14c	**BEEF**	
POT ROAST lb.	10c	Sliced, lb.	17c	RIB ROAST lb.	15c
CROSS ARM lb.	12c	WEINERS 2 lbs.	35c	RUMP lb.	17c

Dominion 3 lbs. for 69c **BUTTER** Sterling 3 lbs. for 72c

PORK			
BUTTS lb.	16c	1 lb. LIVER	
CHOPS lb.	17c	½ lb. DOM. BACON Both for	20c
17 Only Young DUCKS each	65c	STERLING COMET SPECIAL FRESH MUSHROOMS lb.	40c
		COTTAGE ROLL, lb.	15c
		Picnic Hams each	50c

OLD EMPRESS HOTEL

Home of the Fisherman, Logger, Miner
ROOMS—$10 per month, $3 per week, 50c per night
SHOWER BATHS
Third Avenue Phone 946
JIMMIE CICCONE

NEW ROYAL HOTEL

J. Zarelli, Proprietor
"A HOME AWAY FROM HOME"
Rates $1.00 up
50 Rooms, Hot & Cold Water
Prince Rupert, B.C.
Phone 281 P.O. Box 196