

THE Kellogg Company of London, Ontario, has always considered wheat and bran among nature's greatest foods.

Kellogg's PEP Bran Flakes - made of toasted wheat-have essential elements which build energy and strength. Eaten with milk or cream they provide easy-to-digest nourishment. There is enough bran in PEP to be mildly laxative.

For years, active, energetic people have shown a preference for PEP. It is the flavor of these better bran flakes that has made them the favorite.

"Keep going with PEP" is a reminder to people of all ages who enjoy the feeling of fitness. Here are nourishing wheat and healthful bran in a delicious form.

Try PEP on this personal guarantee: "Buy a package from your grocer. If you are not satisfied and delighted - return the empty package and we will gladly refund your money." Made by Kellogg in London, Ontario.





Palpitation of the Heart Merves Bad - Could Net Sleep

Mrs. Fred Bingham, Swift Current, Sask., writes:- "I was bothered with palpitation of the heart, and my nerves were so bad I could not aleep.

was getting desperate and confided my trouble to a friend who recommended me to use Milburn's Heart and Nerve Pills, I purchased a box and got such relief I would gladly recommend them to all who are troubled as I was."

For sale at all drug and general stores; put up only by The T. Milburn Co., Lad.,

Good Chocolates

are always

Fresh Chocolates

Candies deteriorate with age. That is why people like to buy from us. We handle the best makes and sell large quantities so we are continually turning over our stock. Customers can depend on always getting fresh chocolates at our store.

Handle Neilson's Various Lines

Including some very nice gift boxes and also Sapps. A box of chocolates is one of the most acceptable gifts a person can receive. They can always be given without

Ormes Ita. The Dioneer Druggists

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:-T.S.S. CATALA EVERY TUESDAY, 1:30 P.M. via Ocean Falls and Way Points. Due Vancouver Thursday p.m.

S. S. VENTURE EVERY FRIDAY MIDNIGHT. Due Vancouver Monday a.m.

LOCAL NEWS NOTES

For day and night Taxi service Phone 32.

Customs collections for the Hall, Thur., March 2nd. month of February were \$7,557.73.

Cohoe Salmon, 5c, per pound, Frizell's.

Fines in the city police court for the month of February amounted to \$146.00.

Mrs. A. Dowther returned home on the Prince Rupert this morning from the south.

J. Boyd fisheries inspector for this district arrived home on the Prince Rupert this morning.

Several miners from Prince Rupert boarded the boat this morning bound for work at Anyox.

J. J. Payne, of the firm of Fraser and Payne, arrived home from a buying trip in the south this morning.

The steamer Prince Rupert arrived in port this morning from the south at ten o'clock sailing for Anyox and Stewart at the noon

The meeting of the Gyros next Tuesday will be a joint one with the Board of Trade when the speaker will be Harold Brown ma- BE GUEST nager of the Union Steamship Company and past president of the Board of Trade in Vancouver.

T. H. Johnson, manager of the Canadian Fish & Cold Storage Co., is leaving Friday for England accompanied by Mrs. Johnson. They plan to be away for three months. during which time they will visit Mr. Johnson's father and Mrs. Johnson's people, all of whom are also combine a little business with

WEATHER FOR THE MONTH OF FEBRUARY

High barometer 30.59 on Feb. 9 Low barometer 29.26 on Feb. 22. High temperature 50 on Feb. 3. Low temperature 19 on Feb. 9. Precipitation 6.4 inches. Sunshine 36.3 hours.

Presbyterian Sunday School Concert March 3.

Moose Dance March 3.

Eagles' Dance March 3. Prizes. Adm. Gents. 50c., ladies 25c.

Reyal Purple Bridge Elks' Home-

March 7. Admission 35c.

Pioneers' banquet-dance, March,

Rebekah Tea March 15.

Catholic Ladies' Big Supper and Social March 17.

Prince Rupert Badminton, Assn.

Dance March 17, Moose Hall.

Presbyterian Spring Sale Apri

Catholic Spring Sale and Social,

ELITE BEAUTY PARLOR Mrs. Sutherland

Operating the latest Shelton

Croquignole Oil Steam Permanent Waving

Machine

For Appointment Phone 499

from fruit juices dinary food tasty and appetiza healthy stomach. Use Purity

Phone Red 720

Moose Lodge meets tonight.

Basket Social Dance, C. L. D. L

Miss E. M. Earle returned home on the Prince Rupert this morning after a brief business trip, the south.



General Manager Union Steamship Company to Address Chamber of Commerce on Tuesday

On Tuesday of next week Harold Brown, general manager of the Union Steamship Company will be the getting on in years. Mr. Johnson will guest of honor of the Prince Rupert Chamber of Commerce at a luncheon in the Commodore Cafe when wind, sea smooth. Mr. Brown will give an address on "The General Outlook."

Word was received in the city by the Chamber of Commerce that Mr. Brown would be making the round trip next week on the steamer Catala. John Dybhavn, vice-president of the chamber at once wired him asking if he would be their guest at noon Tuesday and a reply was

American Sentinel, 20,000 pounds, 4.4c and 3c. Royal Fish Co. Ivanhoe, 6,500, 4.9c and 2c, Cold

Storage. Sirius, 7,000, 4.7c and 2c. Cold

Tillicum, 5,000, 4.9c and 2c, Atlin to the board. Viking, 9,000, 4.7c and 2c. Atlin Arcade, 8,000, 4.9e and 2c, Atlin

Zerembo, 11,000, 4.7c and 2c, Cold Storage.

Canadian

JONES'

Market

Liver, 1 lb. Bacon, 1 lb. Loin Pork Chops-Loin Lamb Chops-35c Loin Veal Chops-Round Steak-Good Pot Roast of Beef-10c Lamb Stew, 4 lbs. Turnips, 10 lbs. Veal Stew-Shoulder Veal-

Pork Sausage-

INCIPIENT RIOT CUT SHORT BY POLICE AFTER STONES THROWN AND BATONS USED

(Continued from page one)

The strikers stood on top of the 50 hill taunting the police for awhile. Inspector Shirras and Sergeant Service with a small body of policemen came up toward them and the strikers backed up the cinder path and then headed for the rock pile behind the post office and armed themselves with missiles in defiance of the police. The police advanced on them but were driven back with a shower of rocks that might have caused some real damage.

The police then formed and, with their batons, drove the rioters up past the post office and broke the crowd up, the strikers fleeing in all directions. This last rush broke the riot and order was soon regained.

The Prince Rupert at the first sign of trouble pulled out into midstream and stayed there. Freight and other necessities were lightered to her as quickly as possible by the Salvage Princess and the boat pulled out for Anyox about noon.

Several of the policemen received minor cuts from flying rocks. Sergt. Service received some bad body bruises and cuts on the head. It was necessary to take one of the policemen to the hospital. He had received bad blow behind the ear in the skirmish on the waterfront.

A bystander who was watching the trouble from beside the post office was acicdentally hit on the head by a swinging baton of one of the policemen who was driving the

Since the trouble the police have patrolled Second Avenue and the waterfront not allowing any of the strikers to congregate.

Today's Weather

Langara-Overcast, light easterly

Triple Island-Part cloudy, moderate easterly wind, smooth sea. Dead Tre Point-Cloudy, Irsh ouhet west wind barometer 29 .-84, temperature 35, heavy swells. Princ Rupert-Part cloudy, light south east wind, barometer 29.36, temperature 33, light chop.

Board to Trade Lore For Labor

REGINA, Sask., March 1:- The Regina Vocational and Collegiate LOST-Black and Pearl "Parker' Board have adopted a form letter whereby school dues may be paid by labor wherever possible.

Parents or guardians will be ask ed to sign promissary notes fo: unpaid dues to be paid for service ; of parents or guardians suitable

At Big Reductions

Everything to go by March 31

Fixtures for sale. All to go at cost

Get Your Bargains

Phone 775 \$90.00 \$21.75

Cream, 6'x72", each

ELECTRIC

IRONS

Wonderful convenience at little cost

Low prices invite you to equip your home electrically. A percolator and toaster for the dining table; a new electric iron for the kitchen. Get one or all of these faithful, efficient servants now on display at interesting prices with convenient terms arranged if desired.

Northern British Columbia Power Company Limited

Classified Ads

FOR RENT

Phone Green 698.

NEWLY Renovated modern flat, Rand Block. Max Heilbroner. to

NEW 5-room modern house, concrete base, heating plant, built in kitchen. Phone Black 512. tt.

LOST

pen. Finder please return to Daily News Office.

WILL the party who was so taking tire and wheel from in front of 80 Taxi please return before we prosecute.

FOUND

FOUND-Seven keys on a ring. Apply Daily News Office.

PIANO TUNING

TRANSFERS

CAMERON'S Transfer-Wood Coal moving, chairs for rent.

PAINTERS

PAINTING and Paperhanging Moller, Phone Rea 802.

Prince Rupert DRY DOCK SHIPYARD

Operating three Dry Docks Total capacity 20,000 tons

Shipbuilders and Ship Repairers for Steel and Wood Vessels Iron and Brass Casting Electric and Acetylene Welding

50-ton Derrick for Heavy Lifts

Sawmill and Mining Machinery Repaired and Overhauled

WANTED.

HOUSES for rent. Bottom price CASH for good grade wardrobe trunk. Apply Box 169. Daily

HAIRDRESSER

PERMANENT WAVING \$1.95 & up Ladies', Men's Hair Cutting. Nelson's Beauty Shoppe.

CLEANING & PRESSING

PRICES reasonable. Benkendorf, Third Ave., next door to Daily

> SPECIAL For FEBRUARY Only

Shelton Steam Oil Permanent Wave

\$2.50 and up Including Shampoo Mrs. Hickey's Beauty Parlor 121 Second Ave. Phone 301

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PRINTING Office Supplies

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Packing-Crating-Wrapping & General Furniture Repairs List your goods with me

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