

Face The Future Unafraid

DURING THIS WEEK, APRIL 17th to 22nd, Life Insurance Week, I have placed before you facts about what the Life Insurance Companies have done and what the Sun Life has done during the depression. But what these companies have done and what they will do WILL NOT DO YOU ANY GOOD unless YOU DO SOMETHING about it today.

- Do you want independent income after 60?
- Do you want to pay off a mortgage?
- Do you want to have funds available during the next depression?
- Do you want to know that your family will be able to pay the grocery bill, the rent and the coal bill?

Then invest in Life Insurance, the only investment that did not depreciate in the last three years and the only one guaranteed for the next twenty.

S. J. JABOUR

Northern B. C. Representative
SUN LIFE OF CANADA

Estimate the Number of Empty Film Spools Displayed in Our Window

Contest Closes May 31st

Prizes:

- First Prize—Kodak.
- Second Prize—Ten Free Enlargements

The New Panchromatic Roll Film is now in stock

This is the very latest supersensitive roll film.
Kodaks and Kodak Supplies

Developing and Printing -- Daily Service

The Rexall Store

Ormes Ltd.
The Pioneer Druggists

Phones 81 and 82

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver:
T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.
via Ocean Falls and Way Points. Due Vancouver Thursday p.m.
T.S.S. CARDENA EVERY FRIDAY MIDNIGHT.
Due Vancouver Monday a.m.
Weekly sailings to Port Simpson, Alice Arm, Anxox, Stewart and Naas.
Further information regarding all sailings and tickets at—
Prince Rupert Agency: Second Avenue. Phone 568

Announcements

- St. Peter's Church Spring Sale April 27.
- Meeting, Women's Auxiliary Canadian Legion, April 20, Legion Rooms, 8 p.m.
- Royal Purple Bridge-whist on Thursday, April 27.
- Anglo-Hean Y.P.A. play April 27-28.
- Women's Auxiliary, Canadian Legion, bridge and whist Oddfellows Hall, 8:30, May 1. Refreshments, prizes, dancing. Admission 25c.
- Ridley Home bazaar, May 4.
- Comedy—United Church May 4 and 5.
- Moose dances May 5 and 24.
- Variety Entertainment Presby. Church May 12.
- Basketball Benefit Dance May 12.
- Gambrai Chapter Tea May 20.

COASTAL SERVICE

From Prince Rupert for Ocean Falls, Powell River, and Vancouver
Thursdays, 10:00 p.m.
For Stewart and Anxox Wednesdays, 4:00 p.m.
Low Fares to the Old Country.
Full parties are from any agent.

CANADIAN NATIONAL

MANURE

For Sale
\$2.00 a Load

Dominion Dairy

Phone Red 608

LOCAL NEWS NOTES

For day and night Taxi service Phone 32.

Women of the Moose whist drive Tuesday, 8:30 25c.

Garden Earth, Manure, Phone 303, Casey Cartage, Prompt Service.

Mrs. William Goodrick sailed last night on the Princess Adelaide for a visit in Victoria.

Women's Labor League Whist and Dance, C.L.D.L. Hall, Tuesday, 8 p.m. Adm. 25c. Prizes, refreshments.

The fire department had a call at 11:15 last night to the Western Rooms where there was a chimney fire. No damage was done.

Edward Lipsett, who has been here for the past few weeks on business, sailed by the Princess Adelaide last night on his return to Vancouver.

S. C. Thomson, who has been on a brief business trip to Ocean Falls, returned to the city on the Princess Adelaide yesterday afternoon from the paper town.

Miss Nellie Gurvich left on last night's train for Terrace where she will spend the next month or so visiting at the farm home of Mr. and Mrs. George Hipp.

Alex Rix sailed last night on the Prince John for a trip to Port Clements, Queen Charlotte City and other Island points on Imperial Oil Co. business.

F. M. Dockrill, well known Telkwa coal mine operator, after a brief business visit to the city, returned on last night's train to his home in the interior.

Miss M. Princeton, who has been visiting in the city for the past two or three weeks, sailed by the Princess Adelaide last night on her return to her home in Vancouver.

A. Acteson, C. Haig and D. Cochran arrived in the city on the Princess Adelaide yesterday afternoon to attend a Masonic gathering here, sailing by the same steamer last night on their return to the paper town.

On a charge of trespassing George Wilson, who was found sleeping in a Canadian National shed one night this week, was fined \$5, with option of five days' imprisonment, by Magistrate McClymont in city police court yesterday afternoon.

SINGERCRAFT—The New Sewing Machine Art. FREE INSTRUCTION will be given in this fascinating work on Tuesday and Friday afternoons, from 3 to 5 P.M. at McRAE BROS. LTD. Use SINGERCRAFT on the New Electric Singers.

D. P. Miller of the local customs house staff, who will be in charge of the outpost at Stikine during the coming season, will sail Monday on the Princess Norah to take up his duties in the north. He will disembark at Wragell and proceed up the Stikine by river boat.

Having been committed for trial by Magistrate McClymont in city police court, Leonard Charles Griffiths and Vernon Leroy Rowe appeared this morning in County Court before Judge W. E. Fisher and, pleading guilty to charges of theft of gasoline from W. Brand's warehouse, the former was sentenced to three months' imprisonment while the latter was given suspended sentence. Sergeant W. J. Service, chief of the city detachment of the provincial police, prosecuted while T. W. Brown appeared in defence of the two youths. Gasoline thievery, the police state, is becoming a common offence in the city and the authorities intend to put a stop to it.

YE OLDE English Fish Shoppe
Phone 854 We Deliver
SPECIALS IN FRESH FISH
Red Cod Fillets, per lb. 10c
Halibut Fillets, per lb. 12 1/2c
Halibut, Sliced, per lb. 9c
Red Spring Salmon, per lb. 15c
White Spring Salmon, per lb. 8c
Crabs, each 15c
Smoked Fish a Specialty
Phone 854 Second Street

C.L.D.L. Dance tonight. Good music.

Seasoned Box-ends, \$4.00 per load, Albert & McCaffery, 44.

Miss Rose Couture and D. Hogan returned to the city on Thursday evening's train from Pacific where they spent a few days visiting.

R. W. Sinclair of Inverness canyery, who has been on a week's trip to Victoria, arrived in the city on the Princess Adelaide yesterday afternoon from the south enroute back to the Skeena River.

A. P. Allison, well known Queen Charlotte Island logging operator, arrived in the city on the Princess Adelaide yesterday afternoon from Vancouver and sailed last night on the Prince John for Queen Charlotte City where he is reopening his camp.

Mrs. A. H. Ray, mother of Mrs. A. G. Rix of this city, sailed last night on the Princess Adelaide for Vancouver whence she will proceed to Montreal where she will embark May 12 aboard the steamer Duchess of York for Liverpool. She is to take up future residence in England.

G. M. Pearson, well known Alice Arm miner, who arrived in the city Thursday evening from the north, sailed last night on the Princess Adelaide for Vancouver whence he will proceed to Montreal where he will embark on May 5 aboard the steamer Duchess of Bedford for a visit to his home in Stockholm, Sweden.

W. W. Wright, government agent at Atlin, who has been spending the past month in Victoria on official business, arrived in the city on the Princess Adelaide yesterday afternoon from the south and will be here until Monday when he will proceed on the Princess Norah to resume his duties in the north. Mrs. Wright and baby, who accompanied him south, are remaining in Victoria until navigation opens in the spring when they will return to Atlin. Mr. Wright will fly in from Carcross to Atlin, having come out by air last month.

Hotel Arrivals

- Prince Rupert
J. C. Bigham, C. H. Hoskin, J. F. Mussen, George W. Cripps, and A. L. Frew, Vancouver; E. S. Wadsworth, Montreal; W. W. Wright, Atlin.
- Savoy
R. G. Cunningham, Port Essington.
- Central
Cyril D. Morgan, Vancouver; J. Hadland, Oona River.
- Royal
M. Linstad, city.

JONES' Family Meat Market

- Shoulder Roast of Pork— 50c
4 lbs.
- Loin Pork Chops— 35c
2 lbs.
- Leg of Pork— 15c
per lb.
- Side Pork— 10c
per lb.
- Round Steak, 2 lbs. 50c
Onions, 4 lbs.
- Stirloin Steak, 2 lbs. 50c
Onions, 4 lbs.
- T-Bone Roast— 20c
per lb.
- Pork Sausage— 25c
2 lbs.
- Leg of Veal— 18c
per lb.
- Fowl— 25c
per lb.
- Rib Roast of Beef— 20c
per lb.
- Chicken— 25c
per lb.
- Local Eggs— 25c
per doz.
- Cooking Eggs— 50c
3 doz.

957 — Phone — 957

Pains Around Her Heart Tired Out After Doing Housework

Mrs. Henry Ranch, Muriel Lake, Alta., writes:—"Last fall I had bad pains around my heart, and each morning, after doing a little housework, I seemed to get dizzy and feel all tired out.
Seeing that Milburn's Heart and Nerve Pills were good for these troubles I sent for a box, and after taking the Pills for a few days I felt a whole lot better. Since then I have had no return of the dizzy spells and pains around the heart."



For sale at all drug and general stores; put up only by The T. Milburn Co., Ltd., Toronto, Ont.

Classified Ads

FOR SALE

\$25 or offer, Lot 19, Block 4, Section 7, Prince Rupert, indefeasible title. W. D. Carnegie, Lynnmuir, B.C.

JOHNSON outboard motors. New low price. Write or call for catalogue. Let us demonstrate. W. R. Love Electric Company, Prince Rupert, District Agents. 1m

FOR RENT

FOR RENT—Fine Bungalow, modern, oak floor, prominent corner. Half price. See Hart. 1f

FOR RENT—Store on Third Avenue in centre of business section. Will renovate to suit tenant. Thomas McClymont. (1f)

FIRST served, 1 month Free rent. All in first-class condition, furnished. Bath and Hot and Cold Water. Phone Red 807. 1f

Apartments For Rent

FOR RENT—Clean well furnished apartment. Phone Red 441. Palmer Apartments. 1f

WANTED

WANTED—Furnished bedroom and sitting room with partial board by married couple, preferably with private family. Apply Box 170. Daily News or Phone 98.

HELP WANTED

HOW to get a Government Job. Free Booklet. The M.C.C. Ltd., Winnipeg.

LOST

LOST—Police dog pup, 7 weeks old. Jack Joy, Pioneer Laundry.

MISCELLANEOUS

TWO collars with owner's name have been taken from Springer Spaniel Dog within the past three weeks. Any further tampering will be prosecuted.

WATER NOTICE
TAKE NOTICE that J. B. Woodworth, address 3857 Point Grey Road, Vancouver, B.C., will apply for a license to take and use 100 cu. ft. per second, and store 100,000 acre feet out of Cuglar Lake into Surf Inlet. This being the reconditioning of conditional water license 175-3. This water will be used for power purposes. This notice was posted on the ground on the eighteenth day of February, 1933. A copy of this notice and an application pursuant thereto and to the "Water Act" will be filed in the office of the water recorder at Prince Rupert. Objections to the application may be filed with the said water recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B.C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is March 16 1933.
J. B. WOODWORTH, Applicant

PERSONAL

PRIVATE Kindergartens pay. Advice given free by the Canadian Kindergarten Institute, Winnipeg.

GENTLEMEN—Purchase Personal Drug Sundries by Mail—Bargain Prices. Assortment of fifteen High Grade European Importations sent postpaid in plain wrapper for \$1.00. Catalogue Free. Adults Only. National Distributors, Box 443, Regina, Sask.

CLEANING & PRESSING

PRICES reasonable. Benckendorf, Third Ave., next door to Daily News.

HAIRDRESSER

PERMANENT WAVING! "Oil" \$3.50. "Ringlette" \$5.00. Nelson's Beauty Shoppe

PIANO TUNING

PIANOS Tuned \$3.00. Walker's Music Store. 1f

PAINTERS

PAINTING and Paperhanging Moller, Phone Red 802.

LAND ACT

Notice of Intention to apply to Essex Land
In Prince Rupert Land Recording District of Queen Charlotte Islands, and situate fronting Lot 999, Q.C.I.
Take notice that J. E. Morris of Prince Rupert, occupation Salesman, intends to apply for a lease of the following described lands:
Commencing at a post planted at the south-west corner of Lot 999, Q.C.I., thence 112.5 chains to the South-east; thence 17.5 chains to the South-west; thence 10 chains to the North-west and along high water mark to point of commencement, and containing 20 acres more or less.
JOHN ELLIS MORRIS,
Dated April 19th, 1933.

The AUCTIONEER

Packing—Crating—Wrapping & General Furniture Repairs
List your goods with me
GEO. J. DAWES
Phone—Black 120

For Your Health

Chiropractic
Ultra Violet Rays
Intra Red Rays
Massage
All at Reasonable Prices
W. C. ASPINALL D.C.
(Chiropractor)
Green 241 Phone Green 549
Exchange Block

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED BLACK COD

Prepared Daily By
Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT, B.C.

Amazing New Recipe— for Home Baking

"A wonderful success," says Mrs. F. Matthews of Abbotsford, B.C.

IT'S easy to make bread by the Quaker Method. Just imagine—no kneading, no setting the sponge! You actually bake lighter, more delicious bread, in half the time... and at less cost!

But you must use Quaker Flour and follow instructions in our booklet "The Quaker Method of Easy Bread Baking." Quaker Flour is of unvarying high quality because milled of the very finest wheat. Tested at every stage in the milling. Samples are baked in our own kitchen every day. If you're not satisfied that Quaker Flour is the finest you have ever used, your dealer will refund your money.

Write us for the booklet... or ask your dealer. The Quaker Oats Company, Saskatoon.

Quaker Flour
Always the Same Always the Best

Because it doesn't pay to advertise poor products, It does pay to buy those advertised.