present are as follows:

Potatoes, Kamloops Gems,

10 lbs.

bunch

Beets, bunch

Parsley, bunch

Turnips, 8 lbs.

Carrots, Cal., bunch

Sweet Potatoes, 3 lbs.

Hothouse tomatoes, lb.

Green Onions, bunch

Asparagus, Terrace, lb.

Garlic, imported, per lb.

B. C. Head Lettuce, 7c to

Yellow Newtons, fancy, lb.

Apples

Fruits

Valencia Oranges, doz. 20c to75

Grapefruit, Florida, 121/2c to20

Dried Fruits

Australian Almeria Grapes, lb.

Strawberries, B.C., basket

Cal. Cabbage, lb.

Spinach, B.C.

Radishes, bunch

box

B. C. new. lb.

Green Peas, B.C., 2 lbs.

Winesaps, fancy, lb.

Lemons, Cal., 20c to

Rhubarb, outdoor, lb.

Bananas, lb.

Cal. Cherries, lb.

White Figs. lb.

Citron Peel

Prunes, 30-40, lb.

Prunes, 40-50, lb.

Prunes, 60-70, 1b.

Canteloupes, 20c to

Black Cooking Figs, 1b.

Dates, bulk, lb.,

Lemon and Crange Peer

Raisins, Australian seedless, lb

Raisins, Cal. seedless, ... 2 lbs.

Aust. Pastry Flour, 10 lbs.

Local new laid, doz.

Fancy, cartoned, lb.

Comb Honey

No. 1 Creamery, 3 lbs.

B.C. Fresh Extras, cartoned

Bulkley Valley fresh, doz.

Butter

Honey

Extracted Honey, per jar 20c to 30

Prince Rupert

Grapefruit, Calif., 5c to .

Victoria Cauliflower, 20e to

New Zealand onions, 6 lbs.

Cucumbers, 15c to

Vegetables

Vacation Is Near



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\$1.10, \$1.15, \$1.45 Boys' & Youths' Dress Boots & Oxfords, all kinds

of leather to meet your requirements Prices-

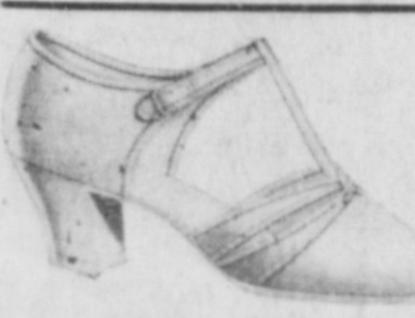
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Women's or Growing Girls' Tennis or Running Shoes, any color. Prices-

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Women's Boudoir Slippers, good selection 49c of colors. Price

Misses' and Children's Patent Leather Strap

Slippers & Oxfords, black or brown calf. Prices 98c, \$1.15, \$1.25, \$1.65

Infant's Shoes, Straps, Etc. Prices-49c, 59c, 79c, 89c

Misses' and Children's Running Shoes, Straps or



79c, 85c 59c, 69c,

CUT RATE SHOE STORE

JONES'

Market

Shoulder Roast Veal- per lb.	10
Veal Stew, 3 lbs. Carrots, 1 bunch	25
Lamb Stew, 2 lbs	25
Stew Beef, 2 lbs. Carrots, 1 bunch	25
Round Steak, 2 lbs. New Potatoes, 3 lbs.	50
Leg Roast Veal— per lb.	15
Veal Chops— 2 lbs.	35
Shoulder Roast Pork— 4 lbs.	50
Pork Chops—	25

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GUIDES ARE

Of Organization, is Busy While Here

Last evening Miss K. McMahon, field secretary of the Girl Guides of Canada, inspected the local guides in the Cathedral Hall. There was a e splendid turn-out and a most interesting evening was spent. Miss McMahon presented service stars to the following guides of the First Prince Rupert Company:

Third Year Stars-Patrol Leaders Freda Mussallem, Eileen Yates, Jean of having a radio C McLean and Honora Silversides and on your boat this Guides Merle West and Nancye summer will more C Dawes.

Second Year Stars-Patrol Se- of installation, Batconds Edna McLean, Venetia Feero tery type, all wave and Muriel Eby and Guides Mary, receivers can now Orme, Alma Dybhavn, Catherine be designed and Baker, Joan Baker, Geraldine Cade, built to meet your 35c Victoria Stamford, Marjorie Silver- individual require- sides and Margaret Christiason. ments. Out of town

20c First Year Stars—Guides Jean service calls made. Watt, Audrey Watkinson, Peggy Blackhall, Genevieve Waugh and Nancy Bremner. The patrol challenge cup for

badge work and general all round proficiency in the Sixty-Eighth I O. D. E. Company was presented to Amaranthe Bury, leader of the Daffodils, the winning patrol. This evening Miss McMahon, who

inspects the Brownie Packs this afternoon, will leave for Prince George after meeting the First Prince Rupert Ranger Company.

passenger returning from a trip to first condition of international Vanarsdol last evening by train.



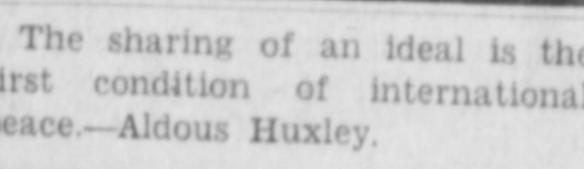
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N. M. McLean of Seal Cove was a The sharing of an ideal is the peace .- Aldous Huxley.



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Sawmill and Mining Machinery Repaired and Overhauled

Ronald Colman, Kay Francis, Phyllis Barry and Henry Stephenson Starred in "Cynara"

"Cynara," a moving picture in-New Potatoes, Cal. & B.C. 3 lbs. .25 spired by the well known poem Comedy-"MAIDS A LA MODE" 25 "Cynara" by Ernest Dowson and the 2.25 novel "An Imperfect Lover" by 08 Robert Gore-Brown, comes as the .07 feature offering to the screen o 25 the Capitol Theatre here this mid-.07 week. The story is that of a man .11 and wife, devoted, upright and 20 faithful, until the wife goes away; 25 when the husband, casually and 25 meaning to be kind, becomes in-25 volved with a shop girl, the wife 25 coming home to contemplate the .03 wreck of their lives and face with 30 him the task of building anew. It is California Celery, head, 15c. to 22 a quiet, human story that might 35, happen to anyone. It is a humanly 12 romantic drama with no melodra-10 matics, no villains and no theatrics.

Ronald Colman, the fine English .08 actor, plays the part of the hus-25 band. Kay Francis, sleek and finely 03 groomed as ever, is the wife, while Phyllis Barry, a newcomer from the English stage, has the important role of the shopgirl. Henry Stephenson has the part he played in the stage production.

WHIFFLETS

From the Waterfront

With Capt. William Mounce, re-35 gularly pliot of the steamer Catala, 25 in command, Union Steamship Co. has its freighter Chilliwack back in service on the coast on account of the heavy movement of freight to cannery points. The vessel, after having called with cargo at various points in the Skeena River, left Port 15 Essington at 12:45 noon yesterday 12 for the Naas River. Following the taking over of command of the Chilliwack by Capt. Mounce, Alex C. 15 McLennan has taken over duty for 15 the summer as pilot of the Catala. .18 An absentee now from the north-17 ern run of the Union company is 12c. to .15 Capt. John Muir, regularly pilot of the steamer Cardena, who has assumed command of the steamer 1 40 Chelohsin on the logging camp run out of Vancouver, relieving the veteran skipper, Capt. George F. Gaisford, who has been ill for some time. Capt. Muir is being relieved on the Cardena by Pilot John L. Malcolm-

& DELICATESSEN

We invite you to try our new drink FRY'S CHOC+O-CREAM 10c Hot Chocolate, per cup

Chocolate Bars, Mixed Candy, Box Chocolates

Wrapped), Buns. Sandwiches made to order

Soft Drinks, Ginger Ale, Ice Cream,

We carry Fresh Milk, Cream, Buttermilk, Etc.

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Wednesday & Thursday



FRIDAY and SATU "THE FLAG LIEUTENANT"

I HAVE BEEN FAITHFUL

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Novelty-"DANGEROUS OCCUPATIONS"

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To make Puffed Wheat and Rice twice as crisp · · · richly nourishing.



*Here are the daintiest, coolest, crispest of cereals. Yet they're packed with energy! A single dish of Puffed Wheat or Rice, with milk and sugar, is as richly energizing as a baked potato or lamb chop. That's because these grain foods are shot from guns ... thus every food cell broken

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completely digestible.

A luxury cereal, Yes! But now Puffed Wheat and Rice are within reach of every purse. Prices are sharply reduced.

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