



Nervous Fidgety children need this vital element stored in Oatmeal

Doctors discover nervousness, poor appetite, constipation, occur when diet lack this precious element often known as the yeast-estamin (B). It is worth of Quaker Oats contains more of it than 3 cakes of fresh yeast!

NOW youngsters poorly nourished for Vitamin "B"—which food experts say is often lacking in diets—can be generously supplied with this amazing nerve-nourishing element in delicious Quaker Oats breakfasts.

Medical records show that poor appetites disappear, constipation is corrected and physical development is more rapid after regular feedings of this precious food element so richly supplied by Nature in Quaker Oats.

Make this two weeks test Start at once to give your family the important benefits of Quaker Oats breakfasts, and see how much better everyone thrives on this great natural food. Quaker Oats is also further enriched by irradiation with the Sunshine Vitamin "D".



LOVELY ENGLISH CHINA If you like beautiful china—and what woman doesn't—buy the Quaker Oats package marked CHINAWARE—every one contains a lovely piece of china in a new blue and white scenic pattern.

FREE! NEW AUTHORITY ON FEEDING CHILDREN

Send coupon for free copy of this new booklet on feeding children. Latest discoveries of specialists discussed in simple terms. Write to The Quaker Oats Company, Saskatoon, Sask.

Name: _____ Address: _____ City: _____

LECTURE IS INTERESTING

Missionary Work Of Church Of England Subject of Discourse By Canon Gould Last Night

Canon S. H. Gould of Toronto, general secretary of the Missionary Society of the Church of England in Canada, was the speaker at a meeting last night in St. Andrew's Cathedral. In a very interesting manner, he told a good-sized audience of the success of the Restoration Fund campaign. He also described a recent visit he had made to Japan, China and India with particular reference to the missionary work of the church in those countries. General conditions were referred to and Canon Gould, among other things, showed how Christianity was breaking down the caste system in Northern India, giving a number of interesting illustrations.

Rt. Rev. G. A. Rix, Bishop of Caledonia, was in the chair and opened the proceedings. Canon W. F. Rushbrook gave the closing prayer and Dean Gibson pronounced the benediction.

L. E. Moody, well known Esk mining man, who has been paying a brief business visit to the city, returned to the interior on last evening's train.



NO TEETH! Isn't that Funny
Yes, but it's true, that's why your Canary needs Brocks to grind food into a digestible condition. Brocks Gravel is the finest hard gravel—washed, screened and sterilized. Gravel is also essential for your bird's claws and feet, and for cage sanitation. C-17
BROCK'S BIRD GRAVEL

Today's Weather

Hazelton—Cloudy, calm, 45.
Smithers—Cloudy, calm, mild.
Burns Lake—Cloudy, calm, 42.
Terrace—Cloudy, calm, 48.
Anyox—Raining, calm, 48.
Stewart—Raining, calm, 46.
Dead Tree Point—Raining, fresh southeast wind; barometer, 29.64; temperature, 52; light swell.
Triple Island—Raining, fresh southerly wind; sea choppy.

De Jong's Cash and Carry

Week-End Specials

- Kellogg's Corn Flakes—3 pkgs. 25c
- Mazola Oil—per 2-lb. tin 49c
- Malkin's Best COFFEE per lb. 39c
- Nabob Cut Green Beans—2 tins 23c
- Kadana Cocoa—per lb. 17c
- Quality 5-String Brooms—each 49c
- Regal Salt—Plain or Iodized, per shaker 10c
- Nabob Pork & Beans—2 tins 17c
- Malkin's Best SLICED PINEAPPLE per tin 21c
- Jinger Jinx BISCUITS 2 lbs. 23c
- Ensign Extract—Lemon or Vanilla, per bottle 15c
- Woodbury's Toilet Soap—3 cakes 25c
- Gold Dust Washing Powder per pkg. 23c
- Sunlight Laundry Soap—per carton 19c
- Bananas—2 lbs. 25c
- Grapefruit—4 for 23c
- Australian Oranges—large size 31c
- Cabbage—per lb. 5c

BUY FROM MUSSALLEM'S

Get the Habit and Deal With the Store That Started the Economy Way

HILL'S BROS. COFFEE Real Fancy Quality

- 4-lb. tin \$1.85
- 2-lb. tin 95c
- 1-lb. tin 49c
- BLUE RIBBON TEA—Red Label, per lb. 47c
- BLUE RIBBON BAKING POWDER, 3-lb. tin 79c
- AYLMER ORANGE MARMALADE, Fancy, qt. jar 33c
- ROYAL PURPLE ORANGE MARMALADE, 4-lb. tin 47c
- LIBBY'S CHILI CON CARNE, 2 tins 39c
- ICING SUGAR—2's 35c
- CARNATION MILK—24 tins \$2.25
- SUGARCRISP CORN FLAKES, 3 pkgs. 23c
- REMO CABBAGE—per lb. 4c
- FRESH COCONUTS—Good size, 2 for 19c

All Fruits and Vegetables at Reduced Prices

MUSSALLEM'S ECONOMY STORE

"Where Dollars Have More Cents" P. O. Box 575 Phone 18

Rufus Dudoward returned at the end of last week to his home at Port Simpson for the winter with his troling boat Mary D. after having spent the summer at the North Island troling grounds.

Mr. and Mrs. O. T. Sundal of Terrace were in the city yesterday on their way home after an extended trip East. Mrs. Sundal had been away for four months. After a visit at her home in the Maritimes, she was joined by Mr. Sundal and together they made a trip to the New York and thence through the Panama Canal enroute back. They arrived here aboard the steamer Prince George yesterday morning from Vancouver and proceeded last evening by train to Terrace.

MILLER'S FLORAL SHOP

We beautify the earth

FRESH ARRIVALS OF Cut Flowers

— and —

Potted Plants

on every boat. Special attention given to sprays, wreaths and marriage bouquets. All work guaranteed. Phone 777

Laughs—Thrills—Mystery!

it's every you ever sed on the screen! Year's greatest detest thrill, a grand film!

WILLIAM POWELL MYRNA LOY The THIN MAN

At 7:30 & 9:30 See it from the start Also Comedy and News LAST TIMES TONIGHT

CAPITOL

STARTS FRIDAY Janet Gaynor, Charles Farrell in "CHANGE OF HEART"

B.C. CLOTHIERS Ltd. Greatest Shoe Event!

Ladies' Fall Shoes of the finest makes and latest styles including Suede, Black and Brown Pumps, Oxfords, Ties and T-Straps are arriving daily. You can save \$2.00 and \$3.00 on a pair. You are cordially invited to look these over with hundreds of other great shoe bargains. Read on!

Ladies' and Children's Shoes

Ladies' Brown Suede pumps—Blunt toe, wonderful buy \$3.50 per pair

Ladies' Black Suede Oxfords—per pair \$3.50

Ladies' Brown and Black Suede Ties—Cuban heels, at \$3.50 per pair

Ladies' Pumps and Oxfords—to clear at \$1.95

Ladies' Brown and Black Overshoes—Any style, reg. \$1.75; now \$1.39

Men's Shoes

Hundreds of Men's Oxfords—per pair, from \$2.75 to \$3.95

Men's Solid Leather Boots—per pair, from \$3.50 to \$5.00

Rubbers

Ladies' Brown Rubbers—Broken sizes per pair 59c

Ladies' Dress Rubbers—Dominion make now, per pair 75c

Children's Rubbers—Dominion make per pair 65c

Children's Knee Rubber Boots—per pair \$1.85

School Shoes

Shoes for the High School Girls in all solid leather black and brown, Cuban heels per pair \$3.95

Children's Shoes—Cushion soles per pair \$1.95

Misses' Patent Straps—All sizes per pair \$1.75

Boys' and Girls' High Boots—Solid leather, reg. \$3.25; per pair \$1.95

Classic Shoes—For the children up from \$2.25

Boys' Shoes—Greb make, solid leather, extra strong, all sizes per pair from \$2.50 to \$2.95

Furnishings

Turnbull's Combinations—per suit \$1.45

Men's Fleece Lined Underwear—per garment 75c

Penman's Underwear—per garment 95c

Stanfield's and Gold Fleece Underwear at big Reductions!

Men's Light Color Trench Coats—waterproof, each \$5.95

Men's Black Dress Rubber Coats—per coat \$5.95

Boys' Towers Slicker Coats—big stock \$3.25

WOOD, COAL GRAVEL For Sale Wood Hauling

General Transfer BILLY BAGSHAW Phone Black 495

FURNISH YOUR HOME FIRST

Read this and you'll save money every time!

Pada 6-tube Radio \$20.00
Heaters, up from \$4.00

D. ELIO Furniture Exchange Auctioneer We Buy Gold
Green 421

Motors Heavy Duty Truck Motors

Suitable for fish boats also speed boat motors \$35 up

Christie Truck & Car Parts 1630 W. 1st. Ave., Vancouver

RADIO Interference

Sometimes originates in the chassis or tubes. To make a simple test, remove aerial and ground with the set turned on to full volume. If noise continues undiminished—

Phone Blue 320 and have an exact check made of your set's trouble.

SUPERIOR RADIO-ELECTRIC

Shenton's Sheet Metal Works

FOR YOUR FURNACE, OIL TANK, FOR YOUR ROOFING JOB

Prompt in Service, Low in Cost and a Good Job Done

Third Ave. E. Phone 33 Prince Rupert, B.C.

New Fur Coats

A large shipment of latest style Fur Coats have just arrived and are on display today

We have some very smart models in—

American Broadtail - Hudson Seal Caricul - Muskrat - Ermine Persian Lamb, Silver Fox trimmed

These coats are being sold at thirty percent lower than they can be purchased elsewhere. The quality is excellent, the styles the latest. The average woman looks her best in a fur coat and any one of these would make her feel like a—

MILLION DOLLARS

Prince Rupert ladies are invited to call and inspect the new stock even if not at present wishing to buy.

GOLDBLOOM

Federal Block Phone 522

McRae Bros. Ltd

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED BLACK COD

Prepared Daily By

Canadian Fish & Cold Storage Co., Ltd.

PRINCE RUPERT, B.C.