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Phone No. 178
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Grand Hotel Free Employment Office
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Block	Section	Price
34	8	\$325.00
14	8	650.00
36	7	2,000

See our list of buys in other parts of the city

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Windsor Hotel
First Avenue at Eighth Street
Newly Furnished and Steam Heated Rooms
FIRST CLASS BAR AND DINING ROOM IN CONNECTION
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The only hotel in town with hot and cold water in rooms. Best furnished house north of Vancouver. Rooms 50c up. Phone 37. P.O. Box 129.
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European and American plan, steam heated, modern conveniences. Rates \$1.00 to \$2.50 per day.
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S. O. E. B. S.
The Prince Rupert Lodge, No. 318, Sons of England, meets the first and third Tuesdays in each month in the Carpenters Hall, at 9 p.m.
F. V. CLARK, Sec.
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THE COSY CORNER

DEVOTED PRINCIPALLY TO THE INTERESTS OF WOMEN

This is a little section of the paper, which from day to day will be devoted to subjects of special interest to women. Any and all of the ladies of Prince Rupert are invited to contribute to its columns, and to take part in its discussions. Suggestions and criticisms are invited by the editor. The hope is expressed that "The Cosy Corner" will fill a social need.

PAPER BAG COOKING

Original Method as Discovered in Switzerland

Paper-bag cooking is by no means uncommon on the continent. The "bakes" managed by professional "bake" makers along the shores at various seaside resorts always have one paper-bag course, often more. A traveller in Switzerland, writing of some of her experiences for an American publication, says:

"When staying in a Swiss chalet, where pots and pans seemed to be scarce, I was curious as to how so many appetizing dishes could be prepared for a meal with a small stove and few pots. Going to town one day, I was requested to bring back a considerable quantity of thick grease proof paper. Such an unusual demand for a household where no cooked food or butter appeared to be sent out! Later, I was asked to help in the task of cutting paper for bags of various sizes; also, I was told these were used for cooking in the chalet.

"Then at once I realized the secret of the many delicious dishes that I had enjoyed, for no flavor or juices can escape in this method of cooking.

"I was also let into the secret of the bag-making, the paste for these being prepared with a well-beaten egg, mixed with flour to a thin paste. Two sheets of paper were cut to the size needed to contain a shoulder of lamb. These were smeared with the paste along both sides and one end, about an inch and a half deep. The sheets were then laid on each other, the two pasted parts touching, the bag was dried and ready for use, the paste hardening further when in the oven."

WOMAN AND MAN

Strength and Proportion of the Sexes Compared by Science

Woman's strength at most is only about two-thirds of that of man, while her height is as sixteen to seventeen and her weight as nine to ten. In woman the trunk is, relatively to the arms and legs, longer than in man. The head is also carried less upright, and the gait is comparatively unsteady and indirect. The greater length of the first finger, as compared with the third, is a feminine peculiarity. This relation, seldom found in man, is not uncommon among women.

Woman's lung capacity is in proportion to her size much less than man's, and the amount of carbonic gas expired is consequently less. Differences in the blood are well marked and are said to be significant. In woman it contains a less number of red corpuscles—about 4,500,000 in a cubic millimetre to 5,000,000 in a man.

Have you learned that "keeping boarders" is a business matter—and that it involves timely advertising in the classified columns of The News?

MAKING A NEEDLE

Dates Back to the Earliest Days. Probably Eve Used One

The early manufacture of needles was accompanied by more difficulties than at the present day and that these now very common articles were not within the reach of everybody, for the poorer housewives had to do their mending and sewing with very clumsy articles fashioned either of wood or fish bones. Later on the best needles were made largely in Spain, and Stowe tells us that "a negro made fine Spanish needles in Cheapside, but would never teach his art to any."

England, it would seem, learned the manufacture in which she now excels from Germany. The "Needlemakers' Company" originated in the reign of Henry VIII., and received their first charter of incorporation in 1556, and many curious powers were granted them.

It was at Long Crendon, in Buckinghamshire in 1650, that the wholesale manufacture of needles commenced, but Redditch soon became the centre of the industry, and has remained so ever since. It is, however, only three-quarters of a century that the process of manufacturing needles by machinery has been in operation, and the innovation was met by riotous opposition.

It takes in all about nine days to make a needle, and the cost per ton to the manufacturers is somewhere about 60 pounds. There are about forty thousand of the smallest-sized needles to a pound avoirdupois, but no counting is ever done nowadays by hand.

Find the Right Grocer

—AND—

Your Table Troubles End

We sell the Right Groceries, Provisions, Fruits and Vegetables that are healthful this weather.

Ideal Provision House

Third Ave., near 6th St. Phone 190

UNION S.S. COMPANY OF B.C., Ltd

The new steel Passenger Steamer

"Camosun"

leaves

Prince Rupert every Sunday at 9 a.m. for Vancouver, arriving Monday afternoon.

For Stewart City on arrival from Vancouver Friday night.

Northbound, leaves Vancouver Wednesdays at 9 p.m.
Steerage Fare - \$5.00

The "Camosun" is the only steamer on the run having water-tight bulkheads and double bottom, thus ensuring safety of passengers in case of collision or wreck.

J. H. Rogers, Ticket Agent.

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PRINCE RUPERT, B. C.

F. W. HART
UNDERTAKER & EMBALMER
STOCK COMPLETE PHONE 62

ITEMS OF SPORT

Arthur Bues of Seattle, turned in a hit last week that the fans will talk about for a long time to come. In the fifth inning, with Householder on second, Arthur caught the ball right on the nose. It went down the field and almost as high as the birdman was when he circled over Seattle. Netzel backed up on the ball and much to his surprise and chagrin found his back against the flagpole. He could not remedy the situation, because the ball hit the pole well above his head and shot off to the left. Bues had an easy time making a real home run inside the grounds and scoring Householder ahead of him.

Ty Cobb, the "Demon Tiger," has the greatest ambition ever possessed by a ball player—that of making 300 hits in one season.

Frank Chance will not likely take his place on the Chicago Cubs lineup again. Hereafter he will direct the team from the bench.

New York, July 26.—Tom Kennedy, for two years amateur heavyweight champion boxer of America, has signified his intention of turning professional. Kennedy's first match will be with Al Pauser, who is a hard-hitting heavyweight of good class. They will meet at the National Sporting Club on August 4th.

Some eastern players continue to come back year after year. Albert Dade and Jim Kavanagh have been fawelling it for some time but still stick.

The Alberta provincial championship tennis tournament will be held at Calgary, August 7th to 12th inclusive. Entries must be forwarded to the Hon. Secretary Archer J. Toole, Post Office Box 2093, Calgary, not later than August 2.

Shortstop Bush of the Detroit is a member of the Society for the Prevention of Cruelty to Ball Players. He states: "I have never had the spikes on my shoes sharpened. I don't believe in it, for the reason that I may dangerously cut another player. I suppose if I would sharpen up and go spike-first into the bases the opposing players would have more respect for my base-running ability. I am losing stolen bases right along. Yet, I haven't the heart to spike and maybe maim a player for life."

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For Stewart, Thursdays and Sundays at 8 a.m. Special fare on Sunday boat, \$9.50 return including meals and berth.

Pr. Prince Albert sails for Port Simpson, Nass River, Masset, Naden Harbor, Wednesdays, 1.00 p.m.

and for: Queen Charlotte Island points, Saturdays 1 p.m.

Railway Service to Copper River Mixed trains from Prince Rupert Wednesdays and Saturdays, 1 p.m., returning Thursdays and Sundays 5.20 p.m.

The Grand Trunk Railway System connecting with trains from the Pacific coast operates a frequent and convenient service of luxurious trains over its double track route between Chicago, Toronto, Montreal, Quebec, Halifax, Portland, Boston, New York and Philadelphia. Atlantic Steamship bookings arranged via all lines. Full information and tickets obtained from the office of

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J. G. McNab - General Agent

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... FOR ... HAZELTON

MONDAY, JULY 24th

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H. B. Rochester - Agent

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Carries complete stock of Drugs. Special attention paid to filling prescriptions.
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LIME BRICK PLASTER CEMENT SHINGLES, LATH, BLACKSMITH COAL

ROGERS & BLACK Phone 116

Palace Ice Cream Parlor

2nd Ave., next to old office of Optician, sell only STOKES' ICE CREAM
Best made in Seattle. Fruit and Candy, wholesale and Retail. Look for flash sign at night SAM GOWEN, Proprietor Phone 350

City Scavenging

Mr. J. G. Weston announces that he has commenced work for the city. All orders received at the Office, 5th St. - Phone 42

Prince Rupert Lodge, I.O.O.F.

NO. 63
Meets in the Helgeson Block
Every Tuesday Evening
All members of the order in the city are requested to visit the lodge.

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