"One of the Favourite

Supper Dishes in the home of

Lady Mac Brien

... AND HERE'S HOW I MAKE IT"

says Mrs. Shuker, cook at the residence of Lady MacBrien, wife of Major General Sir James H. MacBrien, K.C.B., C.M.G., D.S.O., Commis-

sioner of the Royal Canadian Mounted Police and former Chief of

General Staff, Canadian Militia.

*MACARONI WITH CHEESE AND WHITE SAUCE

Evaporated Milk adds that extra bit of flavour that extra smoothness to her recipes.

Here's what she says: "All the members of the MacBrien family like macaroni

Use the Best Tea

A Fresh Shipment of

Licorice, Rum & Butter, Fig and Date 60c nd Assorted; price per pound . 25c -oz. Jubilee tins -lb. Jubilee tins

DAIRY MILK CHOCOLATE BUDS

1-lb. 25c bags

....

Ormes Ita.

The Proneer Druggists

Fnones: 81 & 82 The Rexall Store Open Daily From 8 a.m. till 10 p.m. days and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

Are You Ready For Winter?

We have a fine selection of heaters ir types and sizes to assure the warmth and comfort of any ome. Heaters for wood, coal or oil burner installation in attractive finishes. Drop in and inspect our selection. You will find that our prices are right.

HUNTERS' REQUISITES

Gun Grease Gun Oil Flash Lights Shells and Cartridges in all gauges and calibres

THOMPSON' HARDWARE CO. LTD.

UNION STEAMSHIPS LIMITED Steamers leave Prince Rupert for Vancouver-S.S. CATALA EVERY TUESDAY, 1:30 P.M. Arriving Vancouver Thursday

S.S. CARDENA EVERY FRIDAY MIDNIGHT. Arriving Vancouver Monday a.m.

Weekly sailings to Port Simpson Anyox, Stewart and Name River points. Leave Prince Rupert Sunday, 8 p.m

Turther information regarding all sailings and tickets at-

PRINCE RUPERT AGENCY: Third Avenue

CANADIAN PACIFIC

O Vancouver via Ocean Falls and way ports-PRINCESS ADELAIDE, FRIDAYS, 10 P.M.

o Vancouver Direct-

PRINCESS LOUISE, Oct. 4th, 16th. PRINCESS NORAH, Oct. 25th, Nov. 3rd, 21st.

To Ketchikan, Wrangell, Juneau and Skagway-

PRINCESS LOUISE, Oct. 12th. PRINCESS NORAH, Oct. 21st, 30th, Nov. 17th.

W. L. COATES, General Agent, Prince Rupert, B.C.

It's interesting to know when reading the Daily News hat the people of the whole district are doing the same.

LOCAL NEWS

Mrs. Watt's dancing classes start Sat., Oct. 5, 1:30 p.m. For stepdancing Phone Blue 322. (230)

C. L. D. L. meeting Moose Hall, Sunday, October 6, 8 p.m. Speaker, C. J. McKendrick of Vancouver.

Walter Cross sailed last night on the Prince George for a vacation trip to Vancouver.

M. P. McCaffery returned to the city on last night's train from a trip to Burns Lake and Smithers.

Hear Dave Sadler, Radio Singer from the H. M. C. S. Skeena, tonight, 8 p.m. Pentecostal Assembly.

Baptist Church Bazaar and Carnival Saturday, Oct. 5, 2:30 to 10 p.m., next Thompson Hardware.

C. C. F. meeting Moose Hall, Saturday, Oct. 5, 8 p.m. Speakers, F. Roberts, Vancouver and J. E. Panter, candidate.

Don't forget bridge, whist and dance in Eagles' Hall, 8:15 tonight in aid of Boys' Band. Drawing for raffles. Admission, 25c. gaged for some time in the insur- ver, who has been on a trip

John Bowman is leaving Bilmor night on the Prince George for on tonight's train for Cheshire, Vancouver. Eng., via Winnipeg, Minneapolis, Chicago and New York, sailing from New York on the Lancastria verness are paying a brief visit to the city as the guests of Mrs. Wilon October 18.

Announcements

Baptist Bazaar, Oct. 5.

United Annual Supper October 8. ver.

Lutheran Church Bazaar Oct. 10. Metropole Hall.

Gyro ministrel show 11:15 p.m October 14, Capitol Theatre.

Canadian Legion Bazaar Oct. 17 Hygga's Bazaar, October 25.

dance Moose Hall October 30.

Hugh Martyn, vocal recital, November 1

Presbyterian Bazaar, November

Nov. 8, Moose Hall.

St. Andrew's Cathedral Bazaa.

Orange Ladies' pazaar. Nov. 28

St. Peter's Bazaar December 5.

United Bazaar, December 5.

Moose Hall

TONIGHT

Welle's Balloon Dance

Featuring

Freddie Graham Vancouver Radio Star Commencing 9:30 Adm. 25c

MACKENZIE'S FURNITURE

PILLOWS BY

SIMMONS 45 Pairs Pillows— \$1.50 from, per pair

327 Third Ave., Prince Rupert Phone 775



Lady Mac Brien

Lovely Ottawa bostess and well-known Canadian borsewoman, REST! wife of one of Canada's most distinguished soldiers. NESTLES MADIATED MILK

fers a more highly seasoned dish.) Frate cheese or shave it thin, add it to the in a baking dish. Sprinkle with grated cheese and brown in the oven. RS. SHUKER, like other cooks in Canada's finest homes, has found that Nestle's

with cheese and white sauce, but I've found it's best when made with Nestle's Evaporated Milk. In fact only when I use Nestle's do I get the delicious, creamy flavour that makes this dish so popular." Discriminating housewives throughout Canada use Nestle's Evaporated Milk-it simplifies their cooking and adds to its goodness. Nestle's is simply pure cow's milk with more than half the water removed. Nothing is added. It's twice as rich as ordinary fluid milk. And it's irradiated for Sunshine Vitamin D. You'll be surprised at the low cost of Nestle's. Order a

few tins from your grocer today.

1 cup Water
Leup Nestle's Evaporated Milk. Serves seven or

Break the macaroni into small pieces, and

took until tender in rapidly boiling salted

butter, adding to it the flour, and when well

and water. Cook until thick, stirring mean-

ended add the Nestle's Evaporated Mill

ile. (Pepper may also be used if one pre-

When the cheese is melted, pour the

ance business here, sailed last through this district and has been spending the past few days here as the guest of his brother, J. H. Thompson, will sail tomorrow morning on the Princess Louise for Alert Bay to pay a brief visit with

Dr. Alfred Thompson of Vancou-

Mr. and Mrs. F. R. Wilson of Inhis sister, Mrs. Potts, before proceeding to Vancouver.

Called south on account of the death of his mother, J. C. Hutchinson of the teaching staff of Booth Memorial School sailed last night on the Prince George for Vancou-

Jack McNeil arrived in the city on last night's train from Smithers and sailed on the Prince George for a business trip to Vancouver.

F. W. Lockyer, who has been en-

son's parents, Mr. and Mrs. H.

Cross, Fourth Avenue West.

Buckley, Shannon, prominently identified with mining development at Usk, arrived in the city on last night's train from the interior and sailed aboard the steamer Prince George for Seattle on business.

Mrs. F. B. Kemp, who has been Hill 60 Hallowe'en Tea, October engaged in field missionary work at Kitwanga for the Anglican Church, arrived in the city on last night's train from the interior and sailed aboard the Prince George for Vancouver whence she will proceed to Quebec where she will embark October 12 aboard the steamer Daughters of Norway Bazaar, Empress of Britain for her home in England.

Hyde

Office

315 Second Avenue

Queen Charlotte

3X, \$3.50 per M.

5X, \$4.50 per M.

RUPERT

Your Catering Needs

Skilfully Fulfilled We cater to socials, clubs, banquets, luncheons, dances,

dinners and bridge parties. Made to Your Order Nothing too large or too

LUNCHES PUT UP TO TAKE OUT

> Phone us any time. Give Us a Trial

Phone Black 625

THURSDAY, OCTOBER 3

7:00 p.m.-Topics of the Week,

7:45 King Cowboy, KNX. 8:00-Old Time Dance, CFCN. 10:00-Till Tomorrow, KJR.

> FRIDAY, OCTOBER 4 Short Wave-25 Metres

11:00 am.—BBC Orchestra, GSD, Daventry. 11:00 World Series, KDKA.

1:45 p.m.-DAR Program, KDKA. 5:00-Ireen Rich, KDKA, 31 metres. Standard Wave

7:00-First Nighter, KPO. 8:00-Musical Jigsaws, KJR. 9:45—Henri Damski's Orchestra,

9:30-Souvenirs of Song, KNX. KOL.

> SUPERIOR RADIO ELECTRIC Phone Blue 320

There is to enjoy your leisure than through

NEZTLESMILK

Our Rental Library... READ the best of the recent books of fiction, travel,

romance, adventure and mystery novels. New books are added every week right off the publisher's press. 75 cents fo rone month—change your book every day. Double subscription-2 books at a time to one home-\$1.25 per month. The most pleasure for the

least money.

Some Recent Titles:

Ann Bridge "ILLYRIAN SPRING" Buchan "HOUSE OF THE FOUR WINDS" "SACKCLOTH AND SILK" Deeping Phillip Gibbs "BLOOD RELATIONS" Jacobs "HONOUR COME BACK" Landau "SECRETS OF THE WHITE LADY" Morland "THE MOON MURDERS" Chambers "THE GOLD CHASE" "DEEP DARK RIVER" Baldwin "THE PURITAN STRAIN" McClung "CLEARING IN THE WEST" Glasgow "VEIN OF IRON" "THE DARK GLASS" "CASE OF THE BLIND MOUSE" Freeman



STEER BEEF Fresh Ox HEARTS Prime Rib, per lb. . 15c 8c lb. Ayrshire

BACON

Pot Roast, lb. 10c Cross Arm, lb.12c Brisket, per lb. 8c

Eggs, B Grade 950 Butter, Comet large, 3 doz. .. Mushrooms Fresh, lb. . Picnic Hams

Legs of Lamb

And Eastern Oysters Che Fresh Cottage Cheese, lb.

Fresh Ox

TONGUES

16c lb.

PORK

Tenders

25c 25c Legs of Pork

Remember You Can Get it at the Sterling