The Red Army that Calls You "General"

You'll need a microscope to see these soldiers of yours. They are so small that thirty thousand of them side by side only measure one inch. Yet there are billions of them serving you.

These soldiers - known to medical science as red corpuscles - give your blood its red color. They carry haemoglobin (iron-nutriment) to every nerve, fibre and tissue of your body. If these little red corpuscles become too few or do not carry enough haemoglobin look out for trouble. For it is the weakening of this army that is a danger signal of health. Persons who are rundown, anæmic, nervous, easily tired, lack vitality and strength are generally those whose red corpuscles and haemoglobin (iron-nutriment) are below normal.

There is, fortunately, a treatment that soon builds up both red corpuscles and iron-nutriment and by actual test of blood under the microscope this remedy proved its blood-building worth.

The test was applied to a group of run-down people and the blood of each one was found to be decidedly below normal. The competent authority who supervised the tests, instructed each person to take Dr. Williams' Pink Pills -called pink because they have a pink sugar coating - for 30 days, and then return for another blood test!

In that short period Dr. Williams' fine old remedy infallibly demonstrated what it can do for run-down, anæmic people. The gains made in health and strength were remarkable. The people looked and felt much better and the microscope showed how their red corpuscles had been increased and their iron-nutriment, too!

These tests form a reliable guide for you if you, too, are run-down. Take Dr. Williams' Pink Pills. The shortages of your blood will be made up and strength, vitality and vigor will return. All druggists have Dr. Williams' Pink Pills at 50c, the full-size package.

Spring Cleaning

Start early and save money on your requirements

CHLORIDE OF LIME—1's 2 pkgs. GOLD DUST CLEANSER-1's, 3 pkgs. BON AMI-Cake or Powder SOLVENE SHREDDED SOAP, 3 tins PEARL WHITE SOAP-5 bars FELS NAPTHA SOAPper box

PRINCESS SOAP FLAKES 3 pkgs. SUPER SUDS-Large 3 pkgs PALMOLIVE SOAP-27c 6 for

HANSLICK-For clean- 100 ing hands, 2 tins PINEOLA—The Miracle 50C Cleaner, 12-oz. tin 2-lb. 95c 5-lb. \$1.90 Highly recommended for all

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Empire's Beauties Enticed to Hollywood



An interesting group of passengers on the ss. Manhatten on its arrival in New York from Europe was this quartette of foreign beauties, winners in a contest conducted by a film company in an effort to gather material from Europe to build up new stars. Left to right, the girls are - Loretta Walker, Lucille Du Toit, Qwenilian Gill, and Nita Harvey.

WHIFFLETS

From the Waterfront

Having put in here for a few hours for engine repairs while on a Hight from Ketchikan to Seattle, Pilot S. Simmons of Juneau hopped off at 3 o'clock Saturday afternoon with his seaplane for the south.

With a fair sized list of passen-5:45 yesterday afternoon from the midnight. south and sailed at 8 p.m. for Anp.m. for Vancouver and waypoints. ter of ceremonies.

Capt. W. W. Mounce, well known on the north coast as pilot of the Entertained With steamer Catala, has now assumed Entertained With 690 command of the company's motorship Comox which operates be-49c ween Bowen Island and West Howe Sound points. He is relieving the 29c regular skipper of the Comox who Mr. and Mrs. H. B. Rochester Hosts is taking annual vacation.

> A few small boats brought in halibut at the end of the week, from 7c to 10c per pound being paid for the fish which is being absorbed by the local fresh fish market.

According to word received in the city from Seattle, H. E. Lokken manager of the Seattle Halibut Vessel Owners' Association, and those engaged in dancing enjoyed Harold Grottle, representing the themselves in the commodious din-Deep Sea Fishermen's Union of the ing room which was tastefully de-25c Pacific, last week presented a request on behalf of the American streamers and balloons in keeping 900 halibut fleet to the United States government at Washington for 25c fund of between \$800,000 and \$1,-000,000 to finance the freezing by Garden Seeds now on display. Sel- the fleet of surplus halibut this ect yours now while our stock is season. An answer was promised by the government some time between today and Thursday of this week.

C. N. R. Trains

For the East-

From the East-Tuesdays, Thursdays and Satur- by the guests.

Dances at Empress ladies' first, Mrs. Max Heilbroner; G. W. Laidler, local manager of

One Hundred Persons Present At Affair Saturday Night-Also One Thursday Night

About one hundred persons were in attendance Saturday night at 1 the dance in the Empress Social Club. Tom Barton was master of ceremonies and music was by Julius gers, Union steamer Catala, Capt. Welle and His Night Owls. Dancing James Findlay, arrived in port at was in progress from 9 p.m. until

There was also a dance at the 25C yox, Stewart and other northern Empress Club Thursday night with points whence she will return here about seventy-five persons present comorrow morning and sail at 1:30 and Oscar Wingham acting as mas-

Delightful Party

To Over One Hundred Friends At Bridge and Dance

Mr. and Mrs. H. B. Rochester entertained about one hundred of their friends at a delightful bridge party and dance Saturday night at their home in the Prince Rupert Hotel. The spacious lobby was given over to the bridge tables while corated with green and yellow with the St. Patrick's Day season.

A feature of the evening was the

balloon dance which created much merriment as the dancers vied with each other for first place. Mrs. L. W. Patmore, who had successfully protected her balloon against terrific onslaughts, won the prize. Music for dancing was furnished by Mrs. J. S. Black's Orchestra and G. P. Tinker was a genial master of ceremonies. Delicious refreshments were served at midnight and the happy party broke up at 1 a.m. with the singing of "For They Are Jolly Mondays, Wednesdays and Fri Good Fellows" in henor of Mr. and 5:30 p.m Mrs. Rochester who had been placed in the centre of a large circle

. 10:15 p.m. Prize winners at bridge were:

Club Are Enjoyed men's first, A. J. Prudhomme; con-

consolation, Mrs. John Manson; solation, W. J. Alder.

STORY BY TOLSTO

"Resurrection' 'is Filmed Under Name "We Live Again" With Anna Sten and Fredric March Starring

An idyllic courtship between an aristocratic young cadet and an apple-cheeked peasant girl becomes a grim struggle through misery and despair toward happiness and peace in the screen play "We Live Again," re-titled from the well known Tolstoy novel "Resurrection," which is the first of the week feature on the screen of the Capitol Theatre here. The Russian countryside in the days of the czars forms the early setting of the film. Colorful religious festivals, gypsy songs, breath-taking cavalry maneouvres. Moscow. heavy with food, wine and debauched gaiety, sombre gray prisons, a trial; that gambles with human lives, the exile with which prisoners were punished in that day are among the! episodes in the unfolding of the

Anna Sten and Fredric March head the cast with lovely young Jane Baxter, a recent importation from England, C. Aubrey Smith, Jessie Ralph, Sam Jaffe, Mary Forbes and a huge cast of Russians, recruited from Doukhobor colonies in California and Canada, taking part in the cast.

W. H. Malkin Co. Ltd., sailed on the Catala last evening for a business trip to Anyox and Stewart. He will return Thursday night.



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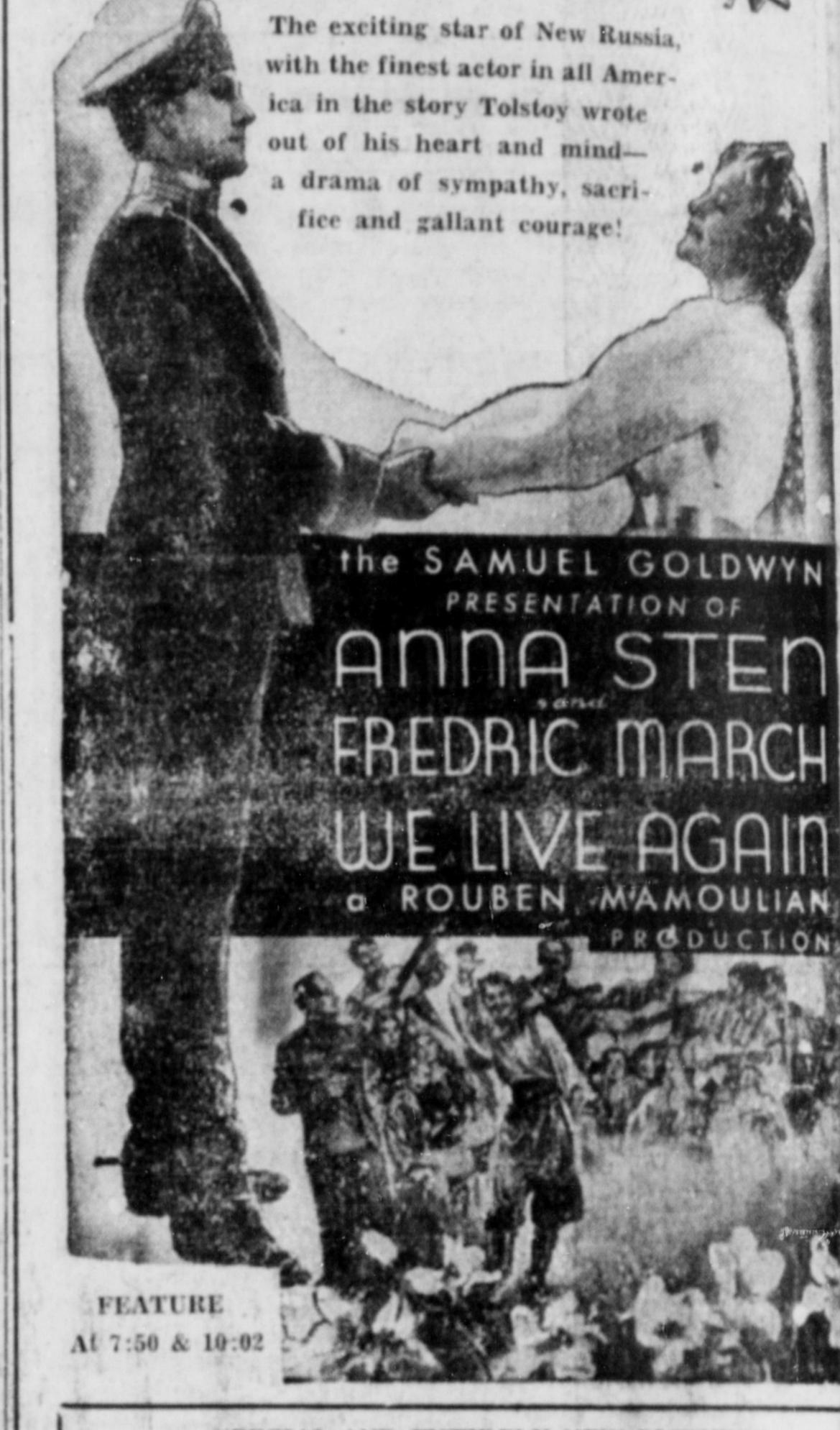
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