7 Up Lemon Soda Country Club Lime Ricky Niagara Maid Grape Juice Pioneer Logan Juice

CANADA DRY-

Just Orange, Sparkling Water Lime Ricky, Ginger Ale

CANDY SPECIALS

Sharp's Toffeeper half pound bag ary Arliss Vanilla or Chocolate Wrapped 30C

Caramels, per pound

Ormes Ltd. The Proneer Druggists

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Vancouver via Ocean Falls and way ports-PRINCESS ADELAIDE, FRIDAYS, 10 P.M.

Vancouver Direct-PRINCESS CHARLOTTE, July 6th, 17th and 27th. PRINCESS LOUISE, July 13th, 24th, Aug. 3rd. PRINCESS ALICE, July 20th and 31st.

Ketchikan, Wrangell, Juneau and Skagway-PRINCESS CHARLOTTE, July 1st, 12th, 22nd. PRINCESS LOUISE, July 8th, 19th, 29th PRINCESS ALICE, July 15th, 26, Aug. 5th.

For information and reservations call or write W. L. COATES, General Agent, Prince Rupert, B.C.

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver-CATALA EVERY TUESDAY, 1:30 P.M. Arriving Vancouver Thursday S. CARDENA EVERY FRIDAY MIDNIGHT. Arriving Vancouver Monday a.m.

points. Leave Prince Rupert Sunday, S p.m .

ther information regarding all sailings and tickets at-

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urniture Exchange

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LOCAL NEWS NOTES

'his afternoon's train arrived | Be warm and comfortable by ridime at 2:15 p.m. ing in 32 Taxi-it costs the same.

as low as \$1.50 a day, plus 7c. 2 the city on Saturday afternoon's

William Brown jr. will leave on omorrow evening's train for a 10day visit to Terrace.

Mrs. George B. White returned to to Vancouver. the city on Saturday afternoon's train from a week's visit to Terrace.

city on the Catala last night from Bridge River district a trip to Vancouver. Mrs. Rochester and family are remaining in Mr. and Mrs. William Petman, the south for another month. They were passengers aboard the are at Crescent Beach near Van- Catala last night going through to

Robert Wilson returned home on the Prince George this morning F. S. Walton, C. N. R. roadmaster, from the Unuk River district to returned to the city on Saturday attend the funeral of his son, the afternoon's train from a trip to the late Norman Wilson, who passed interior as far as Pacific on official away last week.

holiday visit to Ketchikan, return- will be the guest of Mrs. T. Aitken ed to the city from the north on for the next few weeks. the Prince George his morning.

Island wireless station staff re- Northern British Columbia and the turned to the city on the Prince Rupert Saturday evening from the guest of his parents, Mr. and Mrs. John Mellor.

Dr. and Mrs. W. S. Kergin Premier arrived in the city on the Prince Rupert Saturday night from the north to spend a month's holiday here as the guests of Dr. Ker gin's parents, Dr. and Mrs. W. T. Kergin, Fourth Avenue West.

P. C. Miller, who has been spending a holiday at Stikine visiting niece. Canadian customs officer at that! point, returned to the city from the north on the Princess Charlotte Saturday afternoon.

Dr. J. E. Rice of Victoria, presi- It's the ent of the Pacific Mutual Benefit 117 Association of British Columbia, Women who has been on a trip to Juneau, passed through the city on the Princess Charlotte Saturday afternoon on his way south. While here Know C. Redgrave-Gunner. superintendent of the association.

Miss Ruth Stewart, formerly a teacher in the high schools of Prince Rupert and Smithers, was in the city on Saturday from train to boat accompanied by her sister who lives with her at Qualicum Beach. They had been spending a couple of weeks holidaying at North Bulkley as guests of Mr. and Mrs. Archie McInnes.

Miki Doi of Haysport School Mrs. D. L. Jones, teacher, has passed her Entrance Examination! with 405 marks, while Elva Simonds, who attended Haysport School till the middle of May, has also passed, having obtained 402 marks. Their many friends of this city will be pleased to hear that they intend to attend Prince Rupert High School.

Announcements

Anglican Tea at Mrs. Good's, Au-Catholic Church Bazaar October 2 and 3.

Baptist Bazaar, Oct. 3.

Canadian Legion Bazaar Oct. 17. Presbyterian Bazaar, November

Orange Ladies' bazaar. Nov. 28.

MOOSE HALL

RENTAL RATES .\$25.00 Public Meetings A room suitable for smaller meetings is now available on the ground floor, rental rate,

\$4.00 For engagements phone the Club Steward, 640 or Red 412.

You can rent a car at Walker's Miss Swanna Olafson returned to train from a brief trip to her home at Osland.

> couple of weeks in town, left at the end of the week on his retu

Robert Stuart, who left the city recently for the south, has taken a H. B. Rochester returned to the position at the Pioneer mine in the

Premier where they will make their

W. Johnstone and Master John Wilson, son of Mr. daughter, Miss Edith Johnstone and Mrs. J. S. Wilson, left at the who have been on a two weeks week-end for Houston where he

G. A. Yardley, inspector of cus-Staveley J. Mellor of the Digby toms, who has been on a tour of Yukon on official duties, was a RECEPTION passenger aboard the Prince RECEPTION George today returning to Victoria

> Mrs. B. R. Harrison of Vancouver, who has been visiting in Regina, arrived in the city on Saturbrief visit here with Mrs. J. O. Red- And Mrs. Even Evensen Are die, Fifth Avenue West. On leaving for Vancouver, she will be accompanied by Mrs. Reddie who will pay There were 160 persons present a visit in the south. Mrs. Harrison at the Oddfellows' Hall Saturday lived in Prince' Rupert about 25 night when a surprise reception years ago and is Mrs. Reddie's was tendered under the auspices

> > "Build B.C. Payrolls"



tainable for cooking.

vacuum packing and the larger were read by Mrs. Gunnar Selvig. vitamin content.

Pacific Milk

JONES A CABABA Y AIM COM MANY D

PHONE-957

Hamberger, 3 lbs.

Tuesday and Wednesday Specials

Onions, 1 lb	200	S
Boiling Beef, 3 lbs.	25c	C
Carrots, 1 bunch	200	A
Stew Veal, 3 lbs.	25c	7
Carrots, 2 lbs	200	Į
Shoulder Veal, 5 lbs.	50c	
New Potatoes, 5 lbs	0.300	
Shoulder Lamb, 5 lbs.	75c	1
New Potatoes, 5 lbs.	A STATE OF S	4
Pot Roast of Beef, 5 lbs.	50c	1
New Potatoes, 5 lbs		
Leg of Veal, 5 lbs.	75c	
New Potatoes, 5 lbs	100	
Veal Chops, 2 lbs.	50c	
New Potatoes, 5 lbs		ı
Stew Beef, Boneless, 3 lbs.	25c	j
Carrots, 1 bunch	-00	ı
Boiling Fowl-	20c	Ì
per lb		ł
Roasting Chicken—	22c	ľ
per lb		1
Corn Beef-	25c	1
5 lbs	***	1
Round Steak, 2 lbs.	40c	1
New Potatoes, 5 lbs	***	4
Beef Liver—	25c	
2 lbs		

LCVES TO EAT THIS CEREAL, IT CHECKED HER CONSTIPATION

Kellogg's ALL-BRAN Helped Miss Kesterke

We quote from her letter: "Three years ago, I became constipated.*
I tried many laxatives. But as soon as I got used to each kind, I began to get the same trouble.

"Last summer I was on my vacation. They served Kellogg's ALL-BRAN. I just loved it. I eat Kellogg's ALL-BRAN every morning, take any more laxatives."-Miss Margaret Kesterke. Address on

*Due to insufficient "bulk" in

Tests show Kellogg's ALL-BRAN provides "bulk" to aid elimination. ALL-BRAN is also rich in vitamin B and iron.

The "bulk" in ALL-BRAN is gentle. It resists digestion better than the fiber in fruits and vegetables, so it is often more effective.

Isn't this food safer than risking patent medicines? Two tablespoonfuls of ALL-BRAN daily are usually sufficient. If seriously constipated, use with each meal. See your doctor, if you do not get relief.

Use as a cereal, or in cooking. Sold by all grocers. Made by Kellogg in London, Ontario.

Keep on the Sunny Side of Life

WAS HELD

day afternoon's train to pay a Rev. and Mrs. L. C. Jensen and Mr. Are Honored

> of the Ladies' Aid of St. Paul's Lutheran Church to Rev. and Mrs. Lawrence C. Jensen, who were married recently in Oklahoma, and Mr. and Mrs. Even Evensen, who were celebrating their silver wedding anniversary. The hall was decorated tastefully with pink and white roses and the two couples sat at the head of the table under an arch of roses. A delicious cold supper was served.

Several presentations were made with suitable remarks. On behalf of the congregation, Dr. H. O Johnsen presented Rev. and Mrs. Jensen with a silver tea service Women who use a case a month, and tray and cake plate and serand have done for several years, wer. A similar presentation was write us that it is better than made to Mr. and Mrs. Evensen it has ever been and they have by Oscar B. Sather. Poems, writalways found it the best ob- en for the occasion by Mrs. John Servig in honor of Mr. and Mrs. This, we might add, is due to Jensen and Mr. and Mrs. Evensen.

On behalf of the Moose Lodge, presentation was made to Mr. and Mrs. Evensen of a cut glass bowl by Ole Stegayig. From the Sons of Norway Mr. and Mrs. Evensen reeived a silver flower basket, theil presentation being made by T. Murvold.

To Mr. and Mrs. Jensen Miss lara Wikdal presented for the Luther League a carving set. Suitable responses were made in

each case. The musical program opened with the singing of a Norwegian hymn and included piano solos by Peter Lien, duets by Mrs. A. Dyb-PHONE-957 havn and Mrs. Peter Husoy, piano solos by Mrs. H. O. Johnsen and vocal solos by Mrs. Karl Dybhavn

The proceedings closed with the singing of "Home, Sweet Home." The committee in charge conisted of Mrs. Jack Ivarson, Mrs. Chris Johnson, Mrs. Erickson, Mrs. . Dybhavn, Mrs. Peter Husoy, Mrs. Magnus Hyeding and Mrs. Hans Underdahl.

Mr. and Mrs. D. G. Borland and family, who have been on a vacation trip to Nanaimo, are expected to return to the city from the south aboard the Prince Rupert Wednesday morning.

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Hotel Arrivals

Prince Rupert Bert T. Phililps, Ocean Falls; A. C. Knight and J. N. Browning, Vancouver; B. L. Jameson, Calgary; H. L. McKenney, Terrace; E W. Wright, Kamloops; Mr. and

Mrs. J. G. Sims, Fort Worth, Texas; Mrs. Clark Reed, Rosetown, Sask. S. C. May, C. N. R.; Mr and Mrs J. W. Johnston and daughter, Edmonton; T. Eric Jones, Victoria; H. McDonald, Stewart.

Royal C. H. McLeod, Nelson; Wah Soon Inverness; Mrs. F. Anderson, Anyox; A. E. Lawson, city; Mrs. B. F. Stewart, Smithers.

Sayoy H. J. Smith, John I. McDonald, J. J. Chalifoux and Roy Smith ity; Bill Flewin, Cape St. James

Mail Schedule

or the East Mondays, Wednesdays and Frirom the East-

Tuesdays & Thursdays 10:20 p.m. Saturdays2:15 p.m. For Vancouver-Mondays .

Tuesday 12:30 p.m. Wednesdays (train) 4:30 p.m Friday 11 p.m Saturdays4 p.m. and 5 p.m. rom Vancouver-Monday a.m. pany, Dept. L-7, Box 353, Hamil-Wednesday 10 a.m. ton, Ont. Thursday (train) 10:15 p.m |

Saturday (train)2:15 p.m. or Anyox and Stewart-Sunday 7 p.m FURNISHED Housekeeping rooms, rem Anyox and Stewart-Tuesday11:30 a.m. Saturday 5 p.m. er Naas River and Port Simpson-

from Naas River and Port Simpson PAINTING and Paperhanging Tuesday,11:30 a.m or Queen Charlotte Islands-July 6 and 20 _____ 9 p.m. From Queen Charlotte Islands-

or Alaska-Monday

C. N. R. Trains For the East-Mondays, Tuesdays, Wednesdays and Fridays From the East-

Want Ads

WANTED

WANTED-Competent woman for general housework on farm. References. Call at White Apartments, Room 9, Mrs. Hanson.

Phone Red 444.

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ALESMEN To sell liquid roofing cement. Selling plan allows you to beat competition. Canadian made. Shipped from Winnipeg. The United Builders Co., 600, Euclid Ave., Cleveland, Ohio, U. S. A.

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PELTON Water Wheel 22 inches. Everything complete, ready for pipeline. Price \$100. H. Lindberg, Refuge Bay, B.C

SAVE 75%. Buy your Druggists' sundries and supplies direct from manufacturer, through our Mail-Order Dept. We have everything. All personal items are mailed poetpaid by us in plain, sealed package. Send for Free mail-order catalogue, N-R Mfg. Com-

FOR RENT

PAINTERS

Moller, Phone Red 802.

LAND ACT

July 4 and 18 a.m. Notice of Intention to Apply to Lease

Take notice that Clarence Edgar Salter, of Haysport, B.C., occupation can-

mile south of Lot 6710, Range 5, Coas District, thence north-east 41.8 chains: south south-west 30.5 chains; thence point of commencement, and containing Mondays, Saturdays 2:15 p.m. 53.1 acres more or less. OLARENCE EDGAR SALTER Tuesdays, Thursdays .. 10:20 p.m. Dated June 4th. 1935.

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