

### LOCAL NEWS NOTES

and comfortable by riding—it costs the same.

rent a car at Walker's \$1.50 a day, plus 7c.

W. A. Xmas Bazaar Nov. 21 at 3 p.m. Supper served by men of the con- (267) Adm. 35c.

### Baby's Cold

Proved best by two generations of mothers. **VICKS VAPORUB**

There has come, the walrus buy your Old Country Cards. Darby ones at Store, 2-5c.

Legion, B. E. S. L., meeting with Women's Auxil- postponed till Monday, No- 25. Tenth Anniversary of of Canadian Legion.

Brown of this city was to local amateur radio today in the effort to touch with Mr. Essey who present engaged in mining Vital Creek country.

Constable Harold of Massett arrived in the Islands on the Prince this morning, having in his Edgar Wilcox who is fac- charge of false pretences in with the obtaining of a money from McLaren's Mu- here.

Canadian Legion, B. E. S. L., monthly meeting tonight. (267)

Christmas cards, exceptionally fine assortment. Special discounts on orders placed at store. Max Heilbronner. (Dec. 4)

Miss Florence Johnston, sister of S. D. and Trevor Johnston of this city, arrived on the Prince George this morning from Vancouver to pay a brief visit here.

A meeting of the entertainment committees of the Canadian Legion and the Canadian Legion Women's Auxiliary was held last night to complete arrangements for the observance next Monday of the tenth anniversary of the founding of the Legion.

J. M. Gottfried, superintendent of Canadian National Telegraphs for British Columbia and Alberta with headquarters in Edmonton, is paying a brief visit to the city on inspection duties in the course of a trip to the coast, having arrived on the Prince George this morning from Vancouver.

Mr. and Mrs. William Brooks-bank, who have been on a honeymoon trip to Vancouver, Seattle and other southern cities following their recent marriage, returned to the city on the Prince George this morning to take up residence in the Smith Block. The bride was formerly Miss Audrey Parkin, daughter of Mr. and Mrs. A. T. Parkin.

Al Small of the Swift-Canadian Co. returned to the city on the Prince George this morning from a trip south.

Mrs. J. A. Barry was among those serving at Mrs. George Frizzell's trousseau tea on Sunday in honor of her daughter, Miss Laura Frizzell.

Charles Wilson of Lake Kathryn arrived in the city on last night's train from the interior for a brief business visit to town. He returns to the interior on this evening's train.

### WAKE UP YOUR LIVER BILE—

Without Calomel—And You'll Jump Out of Bed in the Morning Rarin' to Go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You get constipated. Your whole system is poisoned and you feel sour, sunk and the world looks punk.

Laxatives are only makeshifts. A mere bowel movement doesn't get at the cause. It takes those good, old Carter's Little Liver Pills to get those two pounds of bile flowing freely and make you feel "up and up". Harmless, gentle, yet amazing in making bile flow freely. Ask for Carter's Little Liver Pills by name. Stubbornly refuse anything else. 35c.

Mrs. M. C. Madill of the People's Store, who has been on a trip to Vancouver and the prairies, returned to the city on the Prince George this morning.

Mr. and Mrs. James Denholme and son, Jim, and Mr. Denholme's mother are visitors in the city from Tlell, having arrived last night on the Prince John from the Islands.

Rev. C. D. Clarke, pastor of First United Church, was an interesting speaker today at the regular weekly luncheon of the Prince Rupert Gyro Club in the Commodore Cafe. President S. J. Jabour was in the chair and there was a good attendance of members with a few guests.

The Gyro Hoedown, the rollicking fun-spreed of the fall season, will be held in the Moose Hall November 22. The music will be dispensed by Charlie Balagno's syncopators, the decorations will be very rural, and everything will follow out the hard-time dance idea. Don your old clothes, make yourself feel comfortable and join the Gyros in having a real big night of fun and frolic. Admission only 25c. Complete program will be broadcast 10 to 12 p.m. (267)

### TENDERS

Sealed tenders will be received by the undersigned up to noon on Saturday, November 30th, 1935, for: One 7 1/2 H.P. General Electric Motor. One Ammonia Compressor. The highest nor any tender not necessarily accepted. G. L. RORIE, Trustee of the property of Frizzell's Limited. (Nov. 16, 20, 27)

### Announcements

- St. Andrew's Cathedral Bazaar. Nov. 21.
- Gyro Hoedown, Moose Hall, November 22.
- Toc H Bridge, November 27, 8:30.
- Orange Ladies' Bazaar, Nov. 28
- Christmas tree social, Catholic Hall, November 28.
- Lecture Recital, Mrs. Mandy, Baptist Church, November 29.
- United Bazaar, December 5.
- Comedy "Bunty Pulls the Strings", Presbyterian Church Dec. 5 and 6.
- S. O. N. Ski Club dance December 6. Drawing for radio.
- Toc H Christmas Cheer Novelty Dance, Moose Hall, December 6.
- Hogmanay Dance, Oddfellows' Hall

**MOOSE HALL**  
**Bridge and Dance**  
Friday, November 29th  
Under Auspices of Junior Order of Moose

## "Lady Tupper ALWAYS PRAISES MY LIGHT, FLUFFY OMELETTES"

... AND HERE'S HOW I MAKE THEM"

says Mary Simkins, cook at the Winnipeg residence of Lady Tupper, wife of Sir Charles Stewart Tupper, Bart., K.C.; and managing director of the Winnipeg Players' Guild.



Lady Tupper

... wife of Sir Charles Stewart Tupper, Bart., K.C., Winnipeg, and daughter of Chas. Morse, K.C., one time Registrar of the Eschbequer Court, Ottawa. Lady Tupper holds a prominent place in Winnipeg Society and is known throughout Canada for her work in connection with the Winnipeg Players' Guild.

"I FIND," says Mary Simkins, "that by using Nestlé's Evaporated Milk in this recipe my omelettes are lighter, have a more uniform texture and do not fall. Nestlé's Milk also imparts a delicious, rich, creamy flavour."

You'll find Nestlé's Evaporated Milk ideal for your cooking needs too. Remember, it's simply the finest cow's milk with more than half of the water removed. Nothing is added—and because its generous butter-fat content never varies, Nestlé's always gives uniform cooking results.

Add the extra goodness and richness of Nestlé's Evaporated Milk to your cooking. Try it in soups, sauces, creamed dishes, desserts, cakes, etc., and see for yourself how much better it makes them—and how economical it is to use.

Try Nestlé's for cooking—try it in your coffee. Your grocer can supply you.



### ★ Creamy Omelette

1/2 cup Nestlé's Evaporated Milk  
1 tablespoon cornstarch  
1 tablespoon melted butter  
1/2 teaspoon white pepper  
4 eggs  
1/4 teaspoon salt

Serves four persons

Beat egg yolks and whites separately. Add the cornstarch mixed with the milk to the yolks, also the salt and pepper. Stir in the melted butter. Last fold in the stiffly beaten whites. Have a heaping tablespoon of oil, butter substitute or butter heated hot in an iron skillet. Turn in omelette mixture. Cook over a moderate fire. When firm fold one-half over the other and serve at once on a heated platter. Jelly, minced ham, parsley or onions may be added to this omelette before folding.



### Timely Recipes

#### CANADIAN APPLES

The apple without question is the king of fruits. Whether fresh, dried or evaporated or canned, it is a wholesome food, easily prepared, attractive and palatable at all times. The sound tart apples are the most suitable for preserving but care should be taken to use them in their proper season. When this is done, spices need not be added as their flavor cannot be improved.

Due to the large amount of pectin contained in apple juice, it may be used in other fruits to give a jelly consistency to jams and marmalades. There is no waste to good apples; even the core and paring may be utilized for jelly. To store apples in the home, the atmosphere should be dry and the temperature low and cool.

**Apple Marmalade**  
Wash, quarter and cut into small pieces coarse-grained Canadian-grown apples. Add cold water and cook slowly until very soft. Rub through strainer, and for each cup of apple pulp add 3/4 cup of sugar. Add grated lemon rind and lemon juice, allowing one-half lemon to every six cups of apple pulp. Cook slowly, stirring very frequently until thick. Put up in jars or glasses and cover with paraffin wax. When cold, the marmalade should cut like cheese or jelly. Preserved ginger cut fine may be added, using one tablespoonful for every six cups of pulp.

### Hotel Arrivals

**Prince Rupert**  
A. Berner, Telkwa; H. H. Brown, J. M. Cave, Harold Lanning, E. C. Nevison and M. S. Duffus, Vancouver; C. W. Swanson, Butedale; Mrs. G. Kelly, Old Massett; James Martin and Noel V. Taylor, Massett; Robert Voy, Queen Charlotte Islands; Dan. B. Cray, Montreal; Mr. and Mrs. Stanley Bishopric Jr., Portland, Ore.; J. A. Groves, Edmonton; G. H. Tycho, Smithers; W. J. Rennie and L. J. Rennie, Port Clements; H. E. Goulbourn, Victoria.

**Royal**  
A. G. Potter, Fredericton, N.B.; L. Bouduk, Ambury; Charles Wilson, Smithers; C. Jensen, Hazelton.

**Savoy**  
A. Olsen and Mrs. R. Frizzell, city; Mrs. Arthur Halland and H. A. Staines, Massett.

A. J. Edlund, line foreman here for the Canadian Government Telegraphs, returned to the city on last night's train after having been away the most of the summer with a crew engaged in line repair work in various sections of the Burns Lake district.

Noel V. Taylor of Massett, who has been on a trip to Vancouver, arrived in the city from the south on the Prince George this morning and will proceed to the Islands on the Prince John Friday night.

Sergeant Sperry (Dutch) Oline, formerly located for a year at Hazelton as provincial police officer and returning north to assume command of the Smithers district detachment, arrived in the city on the Prince George this morning from Vancouver and will proceed to the interior on this evening's train. Staff Sergeant R. C. Bowen, who is coming here from Smithers to succeed Staff Sergeant Alex McNeill as Prince Rupert district chief, has been unwell recently but is expected to arrive in the city very shortly.



### for Christmas

ON ONE OF THESE SPECIAL CHRISTMAS EXCURSIONS

- from Quebec
- Nov. 29 — "LETTITIA" to Belfast, Liverpool, Glasgow
- Nov. 29 — "AUSONIA" to Plymouth, Havre, London
- \* Personally conducted excursion to Britain.
- from Halifax
- Dec. 8 — "ALAUANIA" to Plymouth, Havre, London
- Dec. 8 — "LACONIA" to Galway, Glasgow, Liverpool
- Dec. 15 — "ASCANIA" to Plymouth, Havre, London

Choose this famous Christmas Route to Europe. Thoughtful service, excellent food, comfortable accommodation, special attention paid to women and children; recreation and entertainment for all.

LOW OCEAN RATES IN ALL CLASSES



Apply to your local agent (no one can serve you better) or to

**MACKENZIE'S FURNITURE**  
BRIDGE TABLES  
Priced at—  
\$2.50, \$3.50 and \$4.50  
Sturdy Tables, everyone of them.  
Phone 775

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**FURNITURE EXCHANGE**  
We Buy - - We Sell  
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**Muresco**  
For Beautiful, Durable, Economical Decoration of Walls and Ceilings  
per pkg. 75c per 1/2-pkg. 40c  
**GORDON'S HARDWARE** McBride St Phone 311

**CANADIAN PACIFIC**  
To Vancouver via Ocean Falls and way ports— S.S. PRINCESS ADELAIDE, Fridays, 10 p.m.  
To Vancouver Direct— S.S. PRINCESS NORAH, Nov. 3rd, 21st, Dec. 5th, 19th.  
To Ketchikan, Wrangell, Juneau and Skagway— S.S. PRINCESS NORAH, Nov. 17th, Dec. 1st, 15th, 29th.  
WINTER ROUND TRIP FARE TO VANCOUVER \$32.00  
Tickets on sale Nov. 1st, 1935 to Feb. 29th, 1936. Final return limit March 31st, 1936.  
For information and reservations call or write W. L. COATES, General Agent, Prince Rupert, B.C.

**UNION STEAMSHIPS**  
SPECIAL WINTER EXCURSION RATES TO VANCOUVER  
FROM PRINCE RUPERT \$32.00 RETURN. All Meals and Berth Included.  
FROM PORT SIMPSON \$35.35 RETURN. All Meals and Berth Included.  
Reduced Rates to Vancouver also apply from intermediate points. Special Tickets on Sale Between November 1st, 1935 and February 29th, 1936, inclusive — Good to Return up to March 31, 1936. Children Half Fare.  
Steamers: Leave Prince Rupert: Ar. Vancouver  
S.S. CATALA Tuesday, 1:30 p.m. Thursday, p.m.  
S.S. CARDENA Friday, 10:30 p.m. Monday, a.m.  
Tickets and All Information from Prince Rupert Agent - R. M. SMITH - Third Ave., Phone 568 or Pursers S.S. Catala and S.S. Cardena.

**DEMERS**  
**BALLANTYNE KNITTED WEAR**  
Smartly Styled, Finest Quality, All Wool and Silk and Wool  
Suits—Every one distinctive \$8.95 to \$26.50  
TWIN SETS— All colors \$5.50 to \$6.95  
PULLOVERS— All colors \$2.95 to \$3.25  
SEE OUR WINDOWS

**SPECIAL**  
Milk of Magnesia Tooth Paste  
50c size, for 25c  
Noxema Cream  
25c size, for 15c  
Jasmine Shaving Cream and Talcum  
Both for 50c

We are showing **CHRISTMAS CARDS**  
Come in and get first choice. We will put them away for you.  
**Ormes Ltd.**  
The Pioneer Druggists  
The Rexall Store  
Open Daily From 8 a.m. till 10 p.m.  
Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.