How a Pale, Run-down Girl Became Positively PRETTY

What Her Advisor Told Her To Do

He knew the formula for Dr. jams' Pink Pills and recognized



plexion had the glow caused by rich, red, healthy blood. She was revitalized and strengthened with new stores of vigor and energy, and appeared just as fresh and attractive as the girl whose photo is shown above.

Try This Beauty and Health Treatment Yourself

If your face is thin and haggard, your complexion pale, sallow and old-looking, your body underweight, your

Announcing the New

lanufactured by Parke, Davis & Co.

Walkerville, Ontario

After Shaving Lotion	
Cleansing Cream	
Cold Cream	55€
Comfort Talc	25c
Dental Cream	25e
Face Powder	75c
Lilac Vegetal Toilet Water	55c
Liquid Shampoo	.55€
Shaving Cream	-35e
Skin Freshner	. 55€
Skin Lotion	. Soc
Sunburn Cream	. 55c
Tissue Cream	, 55c
Sunburn Cream	. 55c

his line of toiletries is something entirely new, anufactured by one of Canada's leading drug houses. The name guarantees the product.

Ormes Ita. The Proneer Druggists

The Rexall Store

Phones: 81 & 83

Open Daily From 8 a.m. till 10 p.m. Sundays and Hotidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

IDEAL FOR OVEN BAKING

\$1.25, S1.50 & \$1.75 .65e & 75c nd Pie Plates, each 10e & 15c Custard Cups, each

GORDON'S HARDWARE

Phone 311

McBride St.

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED

DLAUN GUD

Prepared Daily By Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.

LOCAL NEWS NOTES

Gyro Telephone

Under the auspices of the Prince Rupert Gyro Club an enjoyable telephone bridge party was held last night at the homes of several of the members, there being about LOCAL MAN forty tables in all. The event was in charge of President S. J. Jabour and William Cruickshank, chairman of the entertainment commit-

Prize winners were:

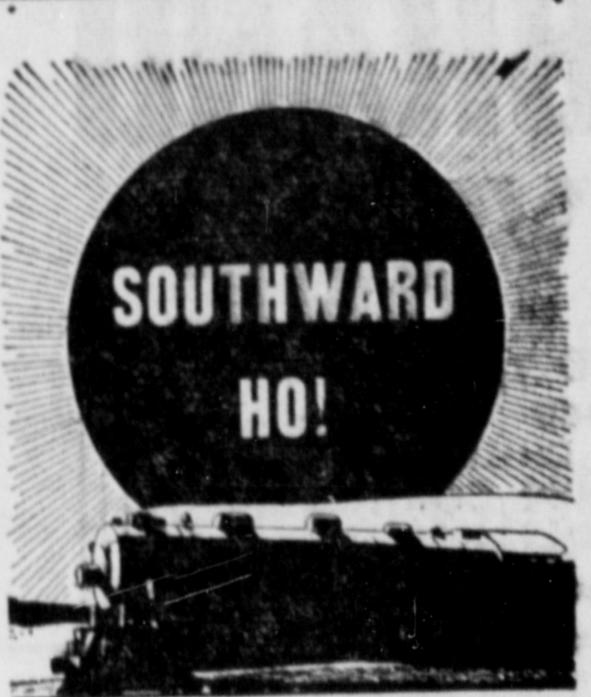
Contract-Ladies' first, Mrs. W. M. Blackstock; consolation, Mrs. W. E. Drake; men's first, H. G. Kennedy; consolation, J C. Parsons. Auction-First, Thor Sollien; onsolation, Dr. H. O. Johnsen.

QUICKEST - SAFEST SUREST - BEST COUGHS-COLDS by Every Test M-10

SPECIALS

Ì	Nabob Coffee-	39c
	1-lb. tin	990
		\$1.90
	5 lbs.	DI.00
	Sugar—	59c
d	10 lbs.	
and in second	Prunes-	29c
	3 lbs	
	Kellogg's Corn Flakes-	9c
	per pkg.	
	Icing Sugar—	18c
	per pkg.	
	Purity Oats-With China	27c
l	per pkg.	00-
l	Our Own Blend Tea-	30c
۱	per lb	450
ŀ	Nabob Greengage Jam-	45c
l	Peanuts—	950
l	3 lbs.	25c
l	Canadian Cheese—	990
l	per lb.	220
l	Spare Ribs-	250
۱	2 lbs.	200
į	Round Steak-	350
	2 lbs.	900

FREE DELIVERY 303 Third Ave. Phone 765



A winter vacation in the warm inshine of California or Southern Arizona costs much less than it once did. Train fares are very

w. For example:				
one way	r, B. C.) . \$24.50			

These fares are good in coaches on our fastest trains, also in newtype tourist sleeping cars. (Tourist lower berth from Seattle to Los Angeles \$5, upper \$4.) Complete meals in our dining cars cost as little as 80¢.

For full details, write C. G. ALTON, Canadian Passenger & Ticket Agent, Rogers Building, Vancouver, B. C.

Southern Pacific

Mr. and Mrs. Vic Kovick and Mr. recently married here, the brides will sail Sunday abourd the Princess North for Dawson where they will

IS BURIED

Funeral of Late Capt. J. Arthur Johnson Held in Tucson,

Funeral rites for the late Capt. J. Arthur Johnson, well known local halibut boat skipper and son of Mrs. George Fritz of this city, were held rom the Teidge Funeral Home at Tucson, Arizona, on February 4 with Rev. Mr. Rafay of the Episcopalian Church officiating. Mrs. Lohse sang two solos, "No Night There" and "Lead Kindly Light." The pallbearers were Willard Fleming, Lloyd Helm, Charles Wilson, ames Wilson, Mr. Moles and Dr.

There were floral offerings from Mr. and Mrs. George Fritz and Margaret (mother, father and sister), Mr. Cook, Mr. Yarnell, Miss Mr and Mrs. John Brittian, Mr. Rondall, Mrs. Conley, Mr. Abercrombie, John Gakasa, Mrs. Knowles, Miss Alma Frosberg, Mrs. McKee and family, Mr. and Mrs. G. W. Nickerson, Canadian Halibut Fishing Vesesl Owners' Association, Mr. and Mrs. Dan Larsen, Mr. and Mrs. M. P. McCaffery and family and F. E. Hunt, Limited.

PAY CASH - AND -

PAY LESS Week-End Specials

SUGAR—B. C. Granulated,	580
	380
PALMOLIVE SOAP-3 cakes	14
Pimento, 1/2-lb. pkg.	160
per 1-lb. tin	110

ROYAL CITY TOMATOES-No. 21/2, Largest tins, 2 for 23c

WHOLE WHEAT FLAKES- 10C CREAM OF WHEAT-Lige. pkg. 22c ted Church. TEA-Our "Thrift" Blend, NABOB COFFEE-per lb. BRUNSWICK SARDINES-2 tins 9c

FINE SAIR DATES-3 lbs. 18c GREEN BEANS-Ensign Cut. 2 tins PEAS Royal City Sieve 5, 2 tins 23 CHICKEN—C & B, 7-oz. tins 26C per tin EMPRESS JELLY 19c POWDERS, 4 for CHOCOLATE ECLAIRS-Red Arrow, Fresh, per lb.

CAMPBELL'S TOMATO 25C SOUP, 3 tins

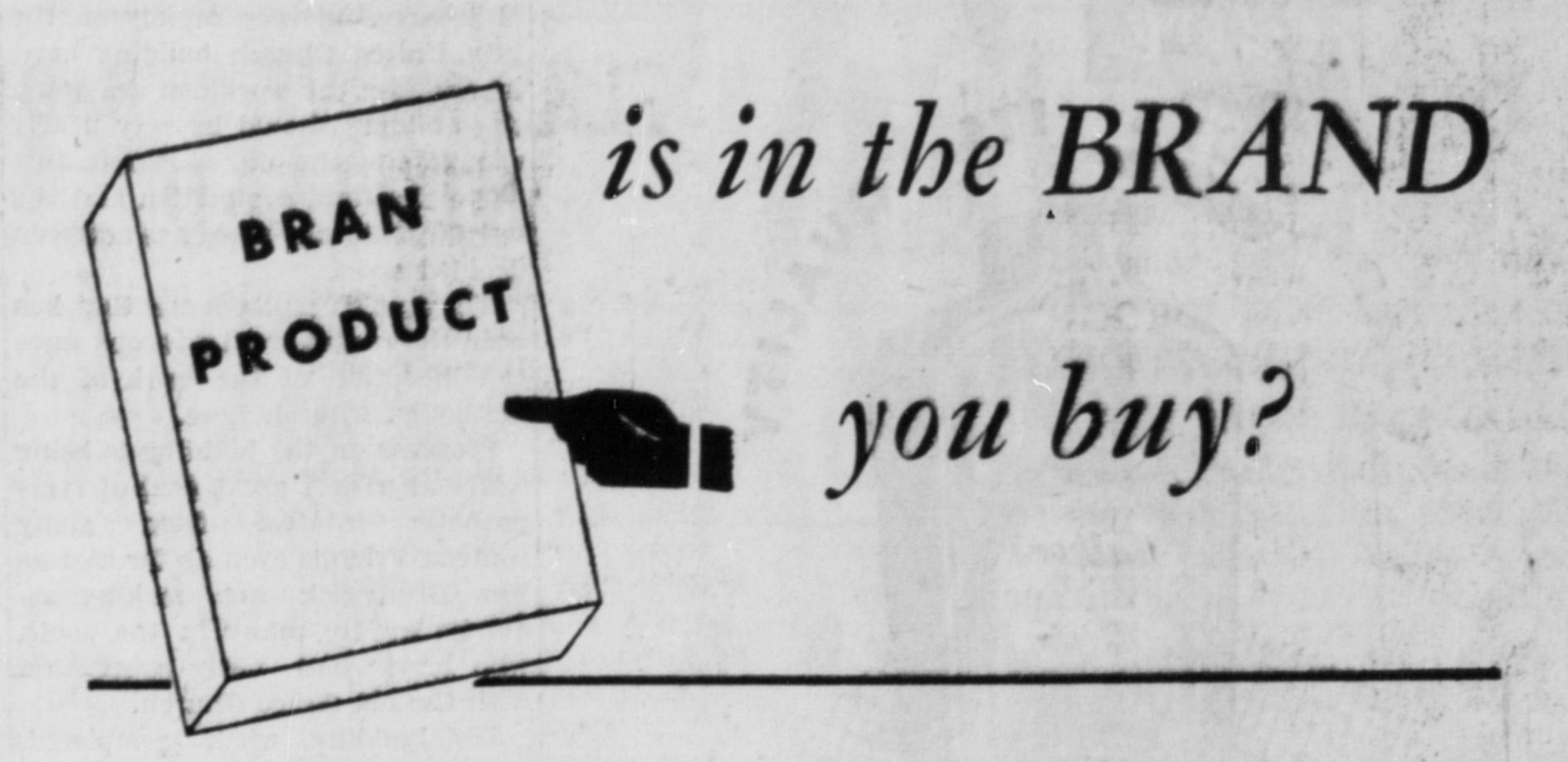
ROYAL HOUSEHOLD FLOUR, 49 lbs. PORK & BEANS-Royal 25c City, tall tims, 3 for ROYAL CITY PUMPKIN-11c per No. 2 tin BLUEBERRIES Eagle Brand, per tin FILETTED HADDIE-per lb.

Okanagan Onions-3 lbs. Sweet Potatoes-2 lbs. Thrift Cash & Carry

Fresh Bunch Carrots-per bch.

"CARRY AND SAVE" Mail Orders Have Our Frempt Attention

HOW MUCH BRAN



THE popularity of bran as a cereal to promote regular habits has brought forth all kinds of bran products. Some of these contain only a small quantity of bran. Naturally, many purchasers have been disappointed by certain of these products.

It's the actual amount of bran in a cereal that counts. Most individuals require an all-bran product for effective results. Bran furnishes the "bulk" needed to correct common constipation. Within the body, this "bulk" absorbs moisture and forms

a soft mass. Gently, this clears out the intestinal wastes.

Kellogg's ALL-BRAN is the most popular product of its kind in the world. It is used regularly, with success, by millions of people. It is all bran just as the name implies with nothing added except the flavor of Malt, Sugar and Salt.

Whenever you purchase bran, read the wording on the package. Make sure by getting Kellogg's ALL-BRAN-in the red-and-green package. Sold by all grocers.

Keep on the Sunny Side of Life



Announcements

Mrs. Mandy Recital February 22.

Baptist Welsh Tea, March 1. Eastern Star Dance, Elks' Hom March 1.

Philharmonic Society concert, Presbyterian Church, March 4 and 5, 8:15 p.m.

Pioneer's Banquet Monday, March

Toc H Bridge Wednesday, February 27, 8.30.

Supper-carnival, March 12, Uni-

Presbyterian St. Patrick's Tea

St. Patrick's supper and concert, March 18.

Presbyterian Church Choir Con-

Moose Hall

TONIGHT

15c COAL! COAL!

Our Famous Edson, Alberta and Bulkley Valley Coals are guaranteed to give satisfaction. Try a ton of No. 1 Bulkley Valley. We also sell Timothy Hay, Wheat, Oats and Barley.

Prince Rupert Feed Co. 58 - Phones - 568

Exchanging and Auctioneer FURNITURE DEALER Corner Third Ave. & First St. Phone Green 421

USEDRANGES Monarch, McClary, Gurney, Oxford, Malleable and Chinook, all in good condition

Beds and all kinds of household goods, etc.

UNION STEAMSHIPS LIMITED

Steamers leave Prince Rupert for Vancouver-T.S.S. CATALA EVERY TUESDAY, 1:30 P.M. Arriving Vancouver Thursday

T.S.S. VENTURE EVERY FRIDAY MIDNIGHT. Arriving Vancouver Monday a.m.

Weekly sailings to Port Simpson, Alice Arm. Anyox, Stewart and Name.
River points, Leave Prince Rupert Sunday, 8 p.m. Further information regarding all sailings and tickets at-SPECIAL ROUND-TRIP FARES TO VANCOUVER

Return limit March 31st PRINCE RUPERT AGENCY: Third Avenue.

NILE GREEN KITCHENWARE

Made in a variety of useful utensils from 15c Pan Brushes to a large size Tea Kettle

THOMPSON HARDWARE CO. LTD. 255 Third Ave.

Bulkley Valley Bulletins

For Spring Weather Keep a Slow Fire With Bulkley Valley Coal

It is cheaper than making a hot quick fire once or twice a day. And much more comfortable!

The hottest coal in town is a local product.

If you lose anything, try a classified ad.