Pen \$10.

RETURN

MONTHS

ABROAD

FOR

LIMIT

FIVE

Pencil \$5.

Set \$15.



TO ACKING your brain for something to I give your very best man friend—some thing that he really will appreciate?

Take a tip from old Santa!

Give him a Waterman's Patrician writing set—the very finest writing instruments that human hands can produce. He will immediately recognize the Patrician's handcrafted beauty-and it will render him years and years of perfect writing service.

Come in and let us show you this Waterman's masterpiece. Made in six colorseach with a matching pencil.

The Proneer Druggists

The Rexall Store

Phones: 81 & 82

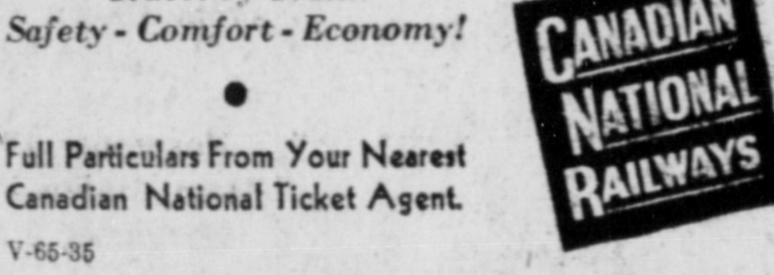
Open Daily From 8 a.m. till 10 p.m. Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

are in effect from December 1 to January 5. Here is an opportunity to combine business with pleasure while travel is economical. Tickets carry return limit of three months, allow stopover privileges.

Why not plan a holiday now to visit your friends and relatives over Christmas and New Year's?

Travel by Train! Safety - Comfort - Economy!

Full Particulars From Your Nearest



UNION STEAMSHIPS, LIMITED Special Low Winter Excursion Rates effective November 1st, 1935 to February 29th, 1936. Prince Rupert to Vancouver and return

Steamers leave Prince Rupert for Vancouver:

T.S.S. CATALA EVERY TUESDAY, 1:30 P.M. Due Vancouver, Thursday p.m.

T.S.S. CARDENA EVERY FRIDAY, 10:30 P.M.

Due Vancouver, Monday a.m.

是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种,我们就是一种

Weekly sailings to Port Simpson, Stewart, Anyox and Naas River, Sunday, 8 p.m.

Further information regarding sailings and tickets from

R. M. SMITH, Prince Rupert Agent, Third Ave. Phone 568

CANADIAN

To Vancouver via Ocean Falls and way ports-S.S. PRINCESS ADELAIDE, Fridays, 10 p.m.

To Vancouver Direct-S.S. PRINCESS NORAH, Nov. 3rd, 21st, Dec. 5th, 19th.

To Ketchikan, Wrangell, Juneau and Skagway-S.S. PRINCESS NORAH, Nov. 17th, Dec. 1st, 15th, 29th.

WINTER ROUND TRIP FARE TO VANCOUVER \$32.00 Tickets on sale Nov. 1st. 1935 to Feb. 29th, 1936. Final return limit March 31st, 1936.

For information and reservations call or write W. L. COATES, General Agent, Prince Rupert, B.C.

The Fish which made Prince Rupert Famous

"Rupert Brand"

SMOKED

Prepared Daily By

Canadian Fish & Cold Storage Co., Ltd. PRINCE RUPERT, B.C.

Home Guide Aids In Lifting Heavy

Brings Better Control of Colds for the Family-Easy to Follow.

A GREAT HELP TO MOTHERS

Much of the heavy burden ed-with the help of Vicks Plan for Better Control of Colds. This practical home guide to fewer and shorter colds has just three simple steps:

I. To Help Build Resistance to

Live normally-avoid excesses. Eat simple food and keep elimination regular. Drink plenty of water. Take some exercise daily-outdoors preferably. Get plenty of rest and sleep.

2. To Help Prevent Many Colds At the first warning nasal irritation, sniffle or sneeze, use Vicks Va-tro-nol-just a few drops up each nostril. Va-tro-nol is especially designed for the nose and upper throat-where most colds start. Used in time. Vatronol helps to prevent many colds -and to throw off head colds in the early stages.

. To Help End a Cold Sooner cold has developed, or chest at bedtime with Vicks VapoRub. VapoRub stimulation through the skin, like a poultice or plaster; (2) By inhalation of its penetrating medicated vapors, direct to inflamed air-passages. Through the night, this combined vaporpoultice action loosens phiegm, soothes irritation, helps break congestion.

The worth of Vicks Plan to thers has been demonstrated in clinical tests among 14,702 people-further proved in everyday home use by thousands.

What this commonsense, medically sound Plan can do for you and your family can be proved only by trying it. You'll tind full directions for following it in any package of Vicks Vatro-nol or Vicks VapoRub.

Hotel Arrivals

Central

N.R.; J. Hadland, Oona River.

Prince Rupert B. S Restall, Victoria; C. Smallwood, Vancouver.

Royal A. J. Price. Vancouver; Bruce Webb, Osland.

Savoy

Mr. and Mrs. C. Iversen and son. Oona River.

POLICE COURT FINES

of 1934.

HIGHER THIS YEAR Fines and costs of city police court here during the month of November totalled \$271 as compared with \$120 in the same month last year, bringing the total for the year up to \$2699 as compared with \$2656.50 in the first eleven months

G. E. Gulick, transferred to Vancouver in the service of the Swift-Caandian Co., sailed last night on the Princess Adelaide to take up his new duties in the south.

Announcements

Rupert Rod & Gun Club game dinner, Dec. 4.

United Bazaar, December 5.

"Bunty Pulls the

Strings", Presbyterian Church. Dec. 5 and 6.

S. O. N. Ski Club dance December 6. Drawing for radio.

Toc H Christmas Cheer Novelty Dance, Moose Hall, December 6.

Christmas Tree, Dec. 21. Hogmanay Dance, Oddfellows'

Canadian Legion, B. E. S. I

MOOSE HALL

RENTAL RATES

Concerts Dances Public Meetings A room suitable for smaller meetings is now available on the ground floor, rental rate.

\$4.00 For engagements phone the Club Steward, 640 or Red 412.

LOCAL NEWS NOTES

Be warm and comfortable by riding in 32 Taxi-it costs the same.

as low as \$1.50 a day, plus 7c. a week-end at Inverness.

ger's Jewellery Store.

enue East, will be at home Tues- very practical gift for children. tf. There are really two schools of Mushroom stuffing Us day, December 3, from 3 to 6.

vocal solos over the local radio sta- couver. tion yesterday.

ernoon following a trip to Van- secretary, price 75c.

terday afternoon from a holiday trip to Victoria.

Christmas cards, exceptionally fine assortment. Special discounts on orders placed at store. Max Heilbroner. (Dec. 4)

Miss Eleanor Moxley, who has been spending the past few weeks in the city, left by last evening's train to resume her school teaching duties at Pacific.

Stephen Prudhomme, son of A. J. Prudhomme, arrived from Vancouver on the Princess Adelaide yesterday afternoon, being here to ning's train for one of his period-

Master David Jones, in vocal solos, accompanied by Mrs. J. S. J. K. Gordon left by last evestation today.

city a few days ago from Dawson, city on the Cardena yesterday aft-C. Blain, J. Reid and A. Stanton, left on last evening's train for ernoon from a vacation 'trip to Halifax where he will embark De- Vancouver. cember 8 on the steamer Alaunia J. Grodeau and F. W. Taylor, C. for London enroute to his home in Cardiff, Wales.

Now Science Explains Why So Many People Past 40

Feel That They're Slipping Losing Their "Grip" on Things



Many people 'round 40 think they're "growing old." They feel tired a lot .. "weak." Have headaches, dizziness, stomach upsets.

Well, scientists say the cause of all this, in a great many cases, is simply an acid condition of the stomach. Nothing more. All you have to do is to neutralize

the excess stomach acidity. When you have one of these acid stomach upsets, take Phillips' Milk of Magnesia after meals and before

going to bed. That's all! Try this. Soon you'll feel like another person! Take either the

convenient new Phillips' Milk of Magnesia Tablets. Made in Canada. ALSO IN TABLET FORM: Phillips' Milk of Magnesia Tabstores everywhere. Each tiny tab-

a teaspoonful of Gen-uine Phillips' Milk of PHILLIPS'

Mrs. T. H. Johnson, Fourth Av- \$1.00 at the Dollar Store make a are important.

to the city on the Cardena yester Mrs. J. H. McLeod was heard in day atternoon from a trip to Van-

A. Kristmansson returned to the dinner in the Knox Hotel Dec 4 dition of bran improves the texcity on the Cardena yesterday aft- Tickets may be obtained from the ture because this cereal softens

Mrs. Rex Scherk returned to the been on a trip to Vancouver, re- Here is a bran stuffing recipe in city police court this m city on the Princess Adelaide yes- turned to the city from the south with modifications for several Martin Linden, an old of on the Princess Adelaide yesterday

> Lieut. Henriette Therstein, who has been with the local corps of the Salvation Army for some time. will sail tomorrow morning on the Princess Norah for Ketchikan.

Names of children under thirteen years to be handed to Canadian Legion, B.E.S.L. or to Women's Auxiliary, as soon as possible. Children of members and exservice men eligible.

W. H. Tobey, C.NR. divisional superintendent, left on last evetake up residence with his father. ical trips over the line on official

Black; Miss Venetia Feero, with ning's train on his return to Terpiano solos, and Ray Fossum, vo- race following a brief business callst and guitar player, were heard visit to town, having arrived over the air from the local radio Thursday night from the interior.

Miss Wilma Wilson of the Bank John E. Wide, who arrived in the of Montreal staff returned to the

> B. E. Morgan, manager of the Billmor Spruce Mills Ltd. sawmill at Porpoise Harbor, returned to the mill on last evening's train a brief business visit in

Mrs. W. G. Middleton, wife of the new manager of the W. H. Malkin Co., arrived in the city on the Princess Adelaide yesterday afternoon from Vancouver to take up her residence here.

Mr. and Mrs. David Scott and little daughter, who have been on a two weeks' vacation trip to Vancouver, returned to the city from the south on the Princes: Adelaide yesterday afternoon.

Mrs. John McRae will leave next week on her return to Terrace, accompanied by her sister, Mrs. Harry Comerof Stewart. Mrs. McRae came | * to the city this week with the body! of her husband whose funeral took place on Thursday afternoon.

C. Smallwood, travelling auditor for the Canadian Pacific Railway, arrived in the city on the Princess Adelaide yesterday afternoon from Vancouver and will sail on the Princess Norah tomorrow morning to make the round trip to Skagway and thence back to Vancouver.

Mr. and Mrs. Alex Mitchell, who were married a week ago, the bride having formerly been Miss Laura Frizzell, are expected back on the Princess Norah tomorrow morning from a brief honeymoon trip to Vancouver, Victoria and Seattle and will take up residence on Fourth Avenue West.



ing! Economical!

3-T To KELLY, DOUGLAS & CO. LTD., VANCOUVER, CALGARY, WINNIPEG

STUFFING ROASTS

Miss Margaret Maguire left on "Be sure to make a lot of stuff- 1 tsp. 'salt, 1/4 tsp. pepper, You can rent a car at Walker's last evening's train to spend the ing" is often the last warning to poultry seasoning options the cook when holiday meals are Combine bread and he being planned. At this time of melted fat and seasonings Gifts for the Old Country—Gen- year then, nothing is more wel- Apple stuffing—Adc of Free Capitol Theatre tickets, col- ume hand-beaded Indian Mocas- come than good stuffing recipes chopped tart apples to lect our cash register receipts. Bul- sins at the Fashion Footwear. tf. For isn't the roast—game, fish onion recipe. fowl or joint—the first thought in Celery stuffing—Add a Those nice coat sweaters for our traditional feasts and stuffings finely chopped celery to

thought on this subject. In some recipe, cooking six sliced Miss Margaret Rensvold returned regions the rich, dry stuffing is rooms in the fat. considered perfect; in others, the Onion stuffing-Add one moist one. There is some difference spoon minced onion to basic of opinion, too, as to seasonings. Sage stuffing-Add tw

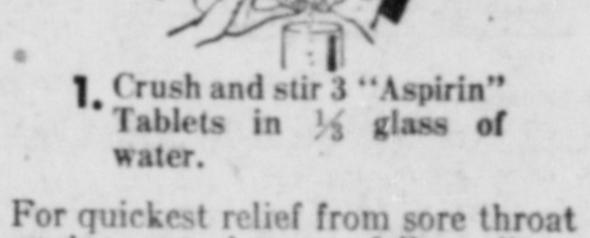
Rupert Rod & Gun Club game the dry or moist manner, the ad-cipe. and swells in the baking process. drunkenness, were each fin Bran also increases the richness of with option of seven days' Mrs. William Hunter, who has flavor and improves the color. onment, by Magistrate Mc

types of meat. The recipe is for the was sentenced to thirty de dry kind but can be changed easily prisonment without option to make the other type. Simply also for drunkenness.

onion recipe.

Whether a stuffing is made in spoons powdered sage to h David Brown and John Ke

Do This to Ease Sore Throat Instantly Relieve Soreness in Three Minutes This Easy Way



you've ever known, follow direc-

tions above. Relief will come almost instantly. For the "Aspirin" acts like a local anesthetic to ease throat pains; and

and soreness.

takes medicine to combat a soret Try it. Results will amaze you · "Aspirin" Tablets are made Canada, "Aspirin" is the regist at the same time soothes irritation

2. Gargle thoroughly-

throw your head way back,

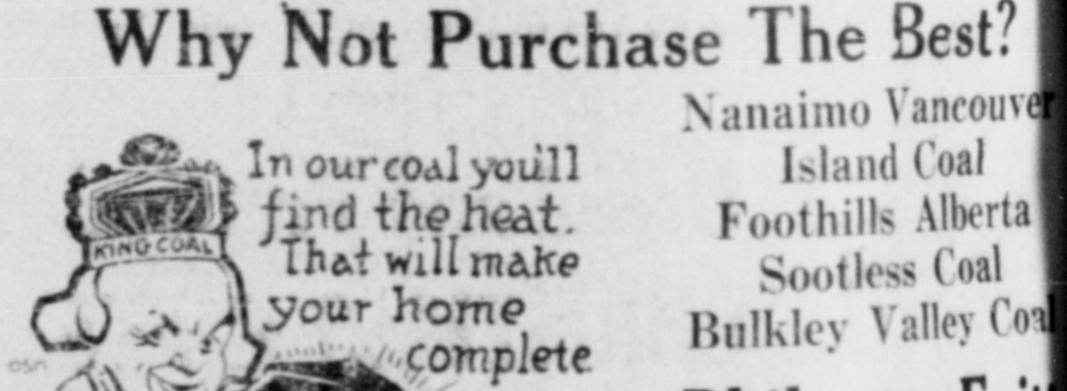
allowing a little to trickle

down your throat. Do this

twice. Do not rinse mouth.

Doctors endorse this treatment. For it provides a medication, and it //ASPIRIN

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& Co. Ltd.



NABOB COFFEE is rich and full flavoured ... it is thermalo roasted and perfectly blended. NABOB comes to you in vacuum packed glass jars er ans. Ask your grocer for NABOB coffee today.

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