Alex Rix left on last evening's

WAKE UP YOUR

LIVER BILE-

And You'll Jump Out of Bed in the

Morning Rarin' to Go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile

is not flowing freely, your food doesn't digest

It just decays in the bowels. Gas bloats up

your stomach. You get constipated. Harmful

poisons go into the body, and you feel sour,

A mere bowel movement doesn'talways get

at the cause. You need something that works

on the liver as well. It takes those good, old

Carter's Little Liver Pills to get these two

pounds of bile flowing freely and make you

feel "up and up". Harmiess and zentle, they

make the bile flow freely. They do the work

of calomel but have no calomel or mercury in

them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

sunk and the world looks punk.

Preparatory to

cause of the delay.

February 12.

February 20.

pupil of Booth Memorial School,

operation was performed on Sun-

Announcements

Ladies' Music Club Tea Musical

Varden Concert, February 19.

25 %

For a new delight in Tea try Salada Orange Pekoe Blend

### et This Drug Store Be Your Drug Store

We Can Supply Everything the Baby Needs e Keep a Complete Stock of Various Makes of Baby Food

FUNNELS-For filling nursing bottles. GLASS GRADUATES-For measuring milk. HOT WATER BOTTLES-For stomach pains. NURSING BOTTLES-For baby's food. RUBBER NIPPLES-For nursing bottles. ABSORBENT COTTON-For plugging nursing bottles.

BOTTLE BRUSHES-For cleaning nursing bottles, GAUZE—For cleaning baby's face. RUBBER SHEETING-To prevent baby wetting bed. BABY TALCUM POWDERS-For baby's delicate skin.

BABY SOAPS-For baby's bath. SAFETY PINS-For fastening baby's clothes. THERMOMETERS-For taking baby's temperature. BORIC ACID SOLUTIONS-For baby's eyes. RUBBER SYRINGES-For baby's ears. SPONGES-For baby's bath.

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Beds, Springs, Mattresses, Cribs, Dining

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Sideboards, Dressers, Chiffoniers, Kitchen

lables and Chairs, Coal Ranges in good

condition at reasonable prices.

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Phones: 81 & 82

Open Daily From 8 a.m. till 10 p.m. Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

### LOCAL NEWS

You can rent a car at Walker's | Ladies' Orange Lodge, Leap Year as low as \$1.50 a day, nlus 7c a Dance, Feb. 28.

J. H. McGlashin sailed this after- train for a business trip to the innoon on the Catala for a trip to terior. Vancouver. A meeting of salmon fishermen

Ladies' Music Club Tea Musicale, will be held in the C. C. F. Hall un-Wed., Feb. 12, 3 to 5:30. St. An- der the auspices of the Prince Rudrew's Cathedral, 25c.

Tuesday, Feb. 20 at 10 a.m. Corp. A. Mason-Rooke, who has been stationed here as Royal Cana- H. F. McLeod returned on Saturdian Mounted Police officer for the day night's train from Smithers past few months, sailed this after- where he attended the annual noon on the Catala for Vancouver, tournament of the Smithers Ski having been transferred south. Club the latter part of last week.

A. E. Thompson, who has been in charge of the installation of the mill on the Esperanza mine at 1 Alice Arm, was a passenger aboard the Catala this afternoon returning to Vancouver, the work having now been completed.

A. L. McNaughton, engineer of the Dominion Water Branch, who has been at Port Simpson where a new water system was recently installed, was a passenger aboard the Catala this afternoon returning to Vancouver.

Provincial Constable T. A. Quigley of Anyox arrived in the city on on the Catala today from the smelter town and will proceed tomor- Mrs. J. Weir, formerly of Anyox row afternoon on the Prince George and now residing at Alice Arm, was to Stewart to relieve Constable L. a passenger aboard the Catala this A. N. Potterton who is to go to afternoon going through for a trip Ketchikan as a witness in an Am- to Vancouver. erican criminal case.

Dr. Joseph T. Mandy, resident monthly general meeting of the mining engineer, during the next Canadian Legion tomorrow evening, ten days, will conduct a series of there was a meeting of the Legion seven free lectures for those inter- executive last night. ested in mining and geology, particularly of this district. There will Mrs. Arthur Lee, who has been be lectures in the city council visiting at Wales Island with her Hollingworth. chamber on Wednesday, Thursday parents, Mr. and Mrs. J. Steen, was and Saturday evenings of this a passenger aboard the Catala this week and on Monday, Wednesday, afternoon returning to Vancouver. secretary. Friday and Saturday evenings next

Vancouver, sailed Sunday night on sev Here's Swift and the Catala for her home in Stewart. Direct Action to Tonight's train, due from the Relieve That Cold

Modern External Treatment Helps End Colds Without Constant "Dosing" to Upset Digestion.

JUST RUB ON AT BEDTIME



Two generations of mothers have proved Vicks VapoRub the most effective treatment for children's colds. VapoRub is external-and safe. Its use avoids the risks of constant internal "dosing" which so often

upset digestion and appetite, thus lowering body resistance when most Just rubbed on throat and chest at bedtime, VapoRub starts to work

immediately - two ways at once: 1. By stimulation through the skin, like a poultice or plaster-2. By inhalation of its penetrating medicated vapors, released by body heat and breathed in direct

to inflamed air-passages. Continuing through the night, this powerful poultice-vapor action loosens phlegm - soothes irritated membranes-eases difficult breathing-helps break congestion.

A Practical Guide for Mothers Each year, more and more families are being helped to fewer colds and shorter colds by Vicks Plan for Better Control of Colds. Vicks Plan has been clinically tested by practicing physicians, and further proved in everyday home use by millions. Full details of the Plan in each package of Vicks VapoRub.

## Ask For

Fancy Red Sockeye

Look for WHITE LABEL with the GOLD SEAL

round payroll in Prince Rupert.

Presbyterian Congregational Dinner and Meeting Held Last Night With Good Attendance

### Progress Made

(35) pert Fishermen's Co-operative Assn. Financial and Other Reports Received Last Night-Officers For Ensuing Year Are Elected

> With the moderator, Rev. W. D. Grant Hollingworth, in the chair, the annual congregational dinner meeting of First Presbyterian Church was held last night in the church hall, there being a good rally of members and adherents Business included the presentation of reports covering the various ac- for a more effective system of tivities and finances of the church and the election of officers. The church functioned with a full measure of usefulness during the past, year and paid its way on current operations.

The election of officers resulted as follows:

Secretary, W. W. C. O'Neill. Treasurer, H. M. Foote. Trustees-Mr. Justice A. M. Manson and George R. Naden.

Auditor, W. D. Vance.

Board of Managers-S. E. Parker, W. L. Coates, W. L. Sandison, David Taylor and James Hadden (with W. M. Blackstock, Peter Lakie, R. Morison, C. G. Ham, S. J. Jabour and Harry Calderwood, continuing).

T. H. Johnson, Robert Cameron, G. H. Munro and A. R. Phillips are the retiring members of the board of managers.

Reports Presented

Moderator — Rev. W. D. Grant at the close. Session-W. W. C. O'Neill.

Mrs. J. T. Kasper, after having Sandison for Mrs. J. A. Teng, sec- Calderwood, Mrs. J. W. Walker, spent a week in the city visiting retary; Mrs. J. G. Steen, treasurer. Miss Beulah McKinley, Miss Maisie with relatives following a trip to Budget Committee—Samuel Mas- Cameron, Miss Adele Mussallem

> Westview Sunday School-Miss Sheila Stuart

Women's Missionary Societyeast at 10:20, was reported this Mrs. Harry Calderwood.

morning to be at least an hour and Sunday School-Robert Cameron. a half late. Cold weather in the in-Cradle Roll-Mrs. Molly McLeod. terior and on the prairies is the Choir-J. A. Teng (for Mrs.) James Simpson).

George Cromp, ten-year old son C. G. Ham. Financial Statement - H. M. M. L. Clark, Georgetown. of Mr. and Mrs. A. C. Cromp and a

18 Foote, elaborated upon by W. M. critically ill in the Prince Rupert Blackstock. General Hospital where a serious The evening's program included vocal solos by Mrs. H. N. Brocklesby

and John E. Davey, accompanied by

Mrs. E. J. Smith. Details of Reports

The financial statement for the year revealed total revenue of \$3,-286.25 and expenditures of \$3,268.79, leaving an operating surplus of

Mr. Blackstock gave a frank ela-United Valentine Tea, February boration on the financial statement. Disclosing that of the revenue but \$1841 had come from Round Steak, 2 lbs. & Cambrai Valentine Dance, Febcollections, the balance having in- 1 lb. Kidney cluded \$550 from the Ladies' Aid Hamburger, 3 lbs. & and \$347 as a result of a special 2 lbs. Onions canvass, he appealed for a greater Prime Rib Steaksmeasure of congregational support 3 lbs. Valentine tea, Oddfellows' Hall, in the way of regular giving.

bers and two adherents had passed

during the year had not been en-

couraging. A class of prospective

members from among older Sunday

School pupils was being prepared

were reviewed in the report of the

board of managers. The necessity

Church activities of the year

by the pastor.

away during the year. Attendance

Church Progress C. N. R. A. Annual Dance, Elks' Hollingworth stated that he was per lb. Hall, Friday, February 21. now entering upon the sixth year of Lamb Stewministry here. He was gratified to 3 lbs.

Sons of Norway Skuespill am dance, February 21.

Catholic Social, February 24.

Toc H. Bridge, February 26.

"I will! I won't!" Comedy, United Church, March 5 and 6.

Anglican Pageant, March 20. Presbyterian Easter Sale, April

MOOSE HALL

RENTAL RATES Concerts Dances Public Meetings A room suitable for smaller meetings is now available on the ground floor, rental rate,

For engagements phone the Club Steward, 640 or Red 412.

church giving was stressed. During the year \$801.56 was

raised by the Women's Auxiliary. Average attendance at the Sunday School for the year was 128 and there were seventeen teachers. Enrolment at Westview Sunday School was 33-15 boys and 18 girls. At the end of the year there were 13 on the Cradle Roll. The Mission Band had been reorganized.

In connection with the report of the choir, an appeal was made for new talent.

The meeting, on motion of M. M. Blackstock passed a resolution extending the privilege of voting to adherents as well as members.

Votes of thanks were tendered to all those who had assisted in any! way in church work, to the la les! for their work generally as well dis for the preparation of the dinner, to the pastor and to the auditor.

Mr. Hollingworth pronounced the Reports were presented as fol- blessing at the opening of the meeting as well as the benediction

Mrs. C. G. Ham was convener of the dinner and ladies assisting Board of Managers-C. G. Ham, were Mrs. W. L. Sandison, Mrs. James L. Lee, Mrs. H. M. Foote, Women's Auxiliary-Mrs. W. L. Mrs. James Hadden, Mrs. Harry and Miss Gwenneth Walker.

Hotel Arrivals

Royal A. Jansen and F. Miller, city. Knox

J. MacLeod, Anyox; A. Johnson, Tuxis Boys and Trail Rangers- | Ketchikan; W. A. Hogg, Skeena City; F. MacLeod, Prince Rupert;

## Family

PHONE-957

Meat Specials

50c 20c Sirloin Steakper lb. In his report as moderator, Mr. Pot Roast of Beef-10c 250 report that, during the past year, Pork Hocksmore men had been actively work- per lb. 50c ing for the church. The pastor shoulder of Lambdealt with the relation of the 4 lbs. 50c church to the community in the Lamb Chopsway of social service. Interest had 3 lbs. been taken in the needy and the veal Steak-50c congregation had been generous 3 lbs. when appealed to. During the past shoulder of Veal-10c month 500 articles of clothing had per lb. 25c been given out. Mr. Hollingworth Stew Vealalso spoke of the institution of a 3 lbs. regular radio broadcast. The pas- Pork Chops-45C tor expressed appreciation for the 2 lbs. support of congregation organiza- Ayrshire Bacon-25C 65C The session's report showed a to- Fresh Eggstal membership of 124. Two mem-

> FRESH MILK AND CREAM DAILY VALENTIN DAIRY Phone 657



/ISITING the Royal City Kitchens in New Westminster, we see V thousands and thousands of Royal City soup cans which, like music, start here, and go round and round, and come out there—ready for the Royal City label that homekeepers in the West have come to accept with utmost confidence. Hot soup means a tremendous lot to school children, workers, office people and to mother at home during this trying midseason weather. It is said that Royal City Vegetable Soup contains 17 vegetables in abundance.

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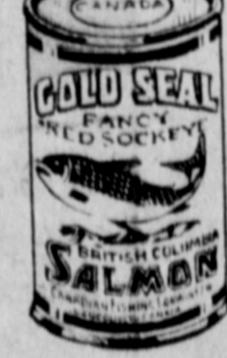
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