

Give your children mustard baths ... | tre here. nothing better for chills, colds and coughs! Mix one or two tables poonsful of Colman's Mustard to a thin paste and add to a bath of steaming-bot water in a warm room. Let their little bodies soak 10 or 15 minutes. Dry them carefully, then pop them into bed and be sure they keep well tucked in. That will sweat the poisons out!

Good for you, too, but you'll need 3 tablespoonsful of Colman's. Take a mustard foot bath if more convenient.

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TWO FILMS ON SCREEN

"Dr. Socrates" and "Red Salute' Being Offered Here at First Of This Week

"Dr. Socrates," a powerful drama featuring Paul Muni, and "Red

and Helen Lowell.

Salute," plays a light, breezy ro-price-cutting in the halibit trade, ing in for the season. The northtuous college girl with a flair for has been such that, by the opening than usual this year. One factor in bizarre escapades. Robert Young, of Lent this week, storage stocks on this is the improved transportation a main dish at luncheon or supalways popular, has the principal the Pacific Coast should be reduced facilities by aircraft into the far per. (They're good for midnight male role as a young buck private. to very comfortable proportions, northern interior. Another is the supper, too) When served as a Hardie Albright, Ruth Donnelly while Lent will carry through until increased interest in mining gen-

JONES

PHONE-957

SPECIALS

Lamb Stew, 2 lbs. & 1 tin Peas . Veal Stew, 2 lbs. &

1 tm Peas Shoulder Lamb Chops, 3 & 1 tin Peas Loin Lamb Chops-3 lbs. Hamburger, 3 lbs. & 2 lbs. Onions

Pot Roast of Beef-Round Steak, 2 lbs. & 1 lb. Kidney Short Ribs-3 lbs. Shoulder of Veal-

Veal Chops— Sirloin Steakper lb. Liver, 1 lb. &

½ lb. Bacon Pork Hocks-Pork Chops-Shoulder Pork-

per lb. Shoulder Lamb-

Swifts Silver Leaf Lard-

Hinton Coal

> Phone 51 CENTRAL HOTEL

From the Waterfront

Looks Good For 1936 Halibut Season -Another Cannery For Ketchikan-Northerners Returning.

Salute," a romantic comedy star- ening March 15, the fleet and Salmon Co., a new incorporation, of soup for the children when they ring Barbara Stanwyck, are the trade are looking forward to the which Ira Kelly is president and come home from school in the two ends of an interesting double new period of operations with en- manager. Seattle capital is at the afternoon; for the man of the MUSTARD.... bill coming the first of this week thusiasm. When the current month back of the venture, Equipment is nouse and ing snow or for yourself when to the screen of the Capitol Theat opened, dealers generally felt the now being purchased in Seattle and ing snow or for yourself when the current month back of the venture. Equipment is nouse and ing snow or for yourself when the current month back of the venture. Equipment is nouse and ing snow or for yourself when the current month back of the venture. Equipment is nouse and ing snow or for yourself when the current month back of the venture. Equipment is nouse and ing snow or for yourself when the current month back of the venture. Equipment is not a solution of the capitol Theat opened, dealers generally felt the low being purchased in Seattle and ling snow or for yourself when the current month back of the venture. 1935 pack of frozen halibut would will be installed this spring. The you come in through the blus-"Dr. Socrates" carries not only clean up in good style by the first property, acquired from the estate tery cold. It's a great warmerdramatic punch but has an en- of April, which should make a of the late Steve Selig, includes a upper of cold noses. grossing romance in which a great March 15 opening of fishing just first class salmon cannery building | Cream soups combine various surgeon succumbs to the charms of about in line. A confident feeling which was erected some years ago nutritive values in tempting form hitch-hiking girl, the part of pervades the business and there is but never used. Repairs are already at very little cost. which is played by Ann Dvorak. good reason to hope that the hali- under way to the plant in which For many vegetable soups the The story surrounds the adventures but industry will go into its 1936 one line of machinery will be in- outside leaves and other coarse of the doctor who, his nerves shat- season under more favorable aus- stalled. tered by the death of his fiancee, pices than have existed for a numtries to bury himself in a small ber of years. The cold wave over the C. P. R. steamer Princess Norah, cream foundation. The basic recipe town. A bandit gang, headed by east is a disaster to the great area Capt. William Palmer, in port yes- suggested is also excellent for Barton McLane, figures promin- of the country directly affected, terday morning from 9 to 10 o'clock cream of chicken soup and fish ently in the story. Henry O'Neill is but it means a lot to the marketing northbound from Vancouver to combinations. Left over bits of a government agent while others in of frozen halibut. Sales of frozen Skagway on a regularly scheduled fish, meat, poultry, vegetables or the cast include Hobart Cavanaugh halibut through January were dis- voyage, had on board eighty pas- cereals can be made into an aptinctly good, resulting in a satis- sengers. More than half of them petizing soup. Don't forget a bit Instead of her usual strong emo- factory reduction of stocks. More- were for Skagway including a numtion roles, Miss Stanwyck, in "Red over, there was comparatively little ber of northerners and miners gomantic comedy part as a tempes- The movement of frozen halibut ward migration is starting earlier and Cliff Edwards are also in the April 12. With an opening of halibut erally, a very active season in the bowls or boullion cups. Dinne: fishing March 15, there will be fresh north being anticipated this year. | soups are served in soup plates. fish on the eastern markets at least Five passengers disembarked here tion. Relations between the halibut The vessel is due back on Thursday! producers and the trade appear to afternoon southbound. be more harmonious during the current closed season than in a number of years past. Mutual con- yesterday was the Cardena, Capt. orated milk, 21/4 cups water or fidence seems to exist to a greater James Findlay, arriving at 6 p.m. white stock. PHONE-957 degree than usual, while a willing- and sailing two hours later for Melt butter in double boiler. Add ness to co-operate in an effort to Stewart, Anyox and other northern promote and preserve stability is points. The Cardena is relieving for inspection preparatory to starting distinctly apparent. If present pros- two trips for the steamer Catala her season's work on the Naas and pects for a clean-up of frozen hali- which has been withdrawn from Skeena Rivers. 250 but are fulfilled, if a workable pro- service at Vancouver for annual duction control program is put into overhaul. The Cardena is due back A parcel of some 80,000 feet of 250 effect and, as a definite extreme here tomorrow morning from the aspen logs from the interior which

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CASH SPECIALS

ECONOMY STORE twenty-five tons of herring for bait purposes while the Canadian Fish

P. O. Box 575 Phone 18

FRESH MILK AND CREAM DAILY VALENTIN DAIRY Phone 657

closing date for the season is provided in the new regulations, there is good reason to anticipate that the 1936 halibut season should prove generally satisfactory to the producers and the distributive trade as well.

salmon cannery which will be in of the house, there is nothing so way: Cook vegetables, meat or fish in at the same time also operation this year. The plant is be- heartening as a bowl of savory until tender. Force through puree to the attractiveness of the With the 1936 halibut fishing op- ing established by the Seaport hot soup. Have steaming cream

by Holy Week, which should con- from the Princess Norah and three toasted bread, popcorn or cheese tribute to a generally healthy situa- boarded her here for the north, sticks are appetizing with soup.

north and will sail at 1:30 in the was left behind by the freighter afternoon for Vancouver and way- Danwood last fall is to be loaded

Finishing Rupert Overhaul

C. N. R. steamer Prince Rupert, off the pontoons at the end of this here to load timber direct for the 19.0 couvr replacing the Prince George Islands at the end of this week afher annual overhaul here. In June one voyage which was taken by the both the Prince George and Prince Prince Charles. 170 Rupert will go into service together with the Prince Robert. Meantime 23c the service will continue as at pre-

29c Owing to cold weather, there is 14c still little success in herring seining in Prince Rupert Harbor. Although 17 prospecting is going on every day little, if any fish, has been caught; 34c during the past week. The reduction plant of the Nelson Bros. Fisheries Limited at Tucks Inlet is closed down owing to a freeze-up. The Northern Fishermen's Cold Storage Co. plant has so far put up about & Cold Storage Co. has not received 'Where Dollars Have More Cents' any as yet. Skog brothers are now prospecting at Butler's Cove with the Anna S. They again have the contract to supply the Canadian Fish & Cold Storage Co. with herring for bait purposes.

> The snagboat Essington, after having been tied up at Digby Island for the winter, was towed at the end of the week to the dry dock and next week will be taken on the pontoons for annual overhaul and

Timely Recipes

TIME FOR SOUP

covered with snow and the vegetable puree or pulp of meat milk may be added just beta Ketchikan is to have still another wind whistles around the corner or fish prepared in the following serving. A beaten egg yolk sting

parts are utilized to make the puree-which is added to the of onion. Unless someone in the family has definite objections to onions, a bit of this vegetable sliced, should be added to each

Cream soup may be served as soup course at luncheon use small Crackers, croutons, strips of Cream Soup Foundation

Three tablespoons butter, tablespoons flour, 1/2 teaspoon salt, A second steamer from Vancouver 1/8 teaspoon pepper, 13/4 cups evap-

this week on the steamer Prince John and taken to Vancouver whence it will be trans-shipped to the Orient, it was announced this undergoing annual overhaul at the morning. About next May another local dry dock, is expected to come ocean freighter is expected to be week. On Thursday of next week Orient. The Prince John is going the vessel is to be recommissioned back on the run between here and in service between here and Van- Vancouver via the Queen Charlotte which will then be withdrawn for ter having been out of service for



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flour and seasonings. Blend thor- sieve and return to water in which oughly. Add evaporated milk and cooked. After blending with Com water slowly, stirring until mixture Foundation, bring to boiling to thickens. Allow to cook 10 minutes skin forming on top and seme longer, stirring occasionally. To NOTE: For extra richness When ground and highways are this cream foundation add 2 cups additional half cup of evaporate



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