

Mr. and Mrs. J. G. Johns and son, who have been on a holiday trip to Vancouver, returned to the city from the south on the Prince George this morning.

Dr. and Mrs. C. A. Eggert, formerly of this city and for the past several years residing in Vancouver, are expected here very shortly for a visit.

LOCAL NEWS

Dance, Moose Hall tonight. Novelties, cash prizes. Adm. 35c.

Mrs. P. W. Anderson is spending a couple of weeks at Frizzell's Hot Springs near Port Essington.

Flower growers are asked to enter in the show Monday any flowers they may have in bloom. (186)

Saturday specials! Thrifty values of first grade meat, Fulton Meat Market. Call or phone 683. Delivery.

Mrs. J. G. Steen left this morning to spend a week or so at Frizzell's Hot Springs on the Skeena River.

Hundreds of tourists are coming Monday. Citizens are asked to make the flower show a success by exhibiting their flowers and attending the show. (186)

W. E. Denning and son left on the Laura F this morning for Frizzell's Hot Springs on the Skeena River where they will spend the coming week.

Mr. and Mrs. G. A. McMillan and son, Allan, and daughter, Mary, returned to the city on the Prince George this morning from a trip to Vancouver.

A. G. Annan, proprietor of the Endako Hotel, and Mrs. Annan, who are in the city receiving medical treatment, expect to be here about ten days longer before returning to the interior.

Tonight's train, due from the east at 10:20, was an hour late on leaving Prince George and will probably be a couple of hours late in arriving here.

Mr. and Mrs. W. J. Larkworthy of New Hazelton, who have been on a trip to Vancouver, arrived in the city from the south on the Prince George this morning and will proceed to the interior on this evening's train.

Syd Hunter, who has been a patient at Tranquille Sanitarium for the past few months, continues to make good progress toward recovery and is expected to be able to leave the institution in about a couple of months.

A. O. Franks and daughter, Miss Elsie Franks, are sailing this afternoon on the Prince George for Stewart where they will spend a couple of weeks visiting with Mr. Franks' son-in-law and daughter, Mr. and Mrs. Roy Becker.

George Beachamp, for drunkenness, was fined \$25, with option of seven days' imprisonment, by Magistrate McClymont in city police court this morning. Finlay Robinson, similarly charged, was remanded until this afternoon.

Announcements

Bazaar for Boys' Band September 19.

Catholic Bazaar, October 7 and 8.

Canadian Legion Bazaar, October 15.

Baptist bazaar carnival, Oct. 24.

L. O. B. A. Bazaar, November 19.

PERFECTION IN CANNED SALMON

GOLD SEAL

Fancy Red Sockeye



PINK SEAL

Finest Pink Salmon

Packed by the only Salmon Canning Company with an all the year round payroll in Prince Rupert.

"Give me this breakfast any morning."
SAYS ROCHELLE HUDSON



DIGESTS FASTER!

QUAKER PUFFED RICE HAS THE SPEEDY DIGESTIBILITY SO IMPORTANT TO BUSY PEOPLE IN THESE HIGH-TENSION TIMES. COMPARE THESE TWO FINE BREAKFASTS: THIS QUAKER PUFFED RICE BREAKFAST WAS DIGESTED IN THE STOMACH 45 MINUTES FASTER THAN BREAKFAST NO. 2, ACCORDING TO TESTS MADE BY DR. PAUL G. DICK, CHICAGO.



HERE'S my recipe for perkering up an appetite on warm summer mornings," says this lovely screen star. "First, a glass of orange and lemon juice, chilled real cold. Then a bowl of crisp Quaker Puffed Rice with berries. Next comes a sweet roll, heated in the oven, and a cup of well-made hot chocolate." Serve this tempting breakfast to your family tomorrow morning. Your grocer has all the ingredients you need.

BOTH QUAKER PUFFED WHEAT AND PUFFED RICE ARE SHOT FROM GUNS BY THE FAMOUS PROCESS QUAKER ORIGINATED. THEN THEY'RE DOUBLE-CRISPED AND TRIPLE-SEALED TO GUARD THEIR CRUNCHY CRISPNESS TO YOUR TABLE.

INNER WAX BAG
SEALED CARTON
OUTER WAX WRAPPER

See her in "POPPY"



Monday is the flower show day. Co-operation with Horticultural Society is asked in order to make this biggest event yet. (186)

T. A. Bryant, teacher of the Indian school at Metlakatla, returned to the city on the Prince George this morning from Vancouver.

Misses Beatrice Berner and Frances Thomson of this city will be entering St. Paul's Hospital at Vancouver this fall to take up a course of training as nurses.

Miss Jean Harrison R.N., lacy superintendent of the Prince Rupert General Hospital, will leave on this evening's train for Winnipeg for her annual vacation.

Thomas A. Kelly, well known Queen Charlotte Island logging operator, and W. S. Brooks of the Powell River Co., who have been on a visit to Mr. Kelly's logging camp at Atli Inlet, Queen Charlotte Islands, arrived yesterday from the Islands on the Kelly Logging Co.'s service boat Nora Jane and will leave on this evening's train for Vancouver with stops at Vanderhoof and Jasper enroute. Mr. Kelly's son, Thomas Kelly jr., arrived from Vancouver on the Prince George this morning enroute to the Islands.

LAND ACT

Notice of Intention to apply to Lease Land
In Prince Rupert Land Recording District of Range 5, Coast, and situated in Hudson Bay Pass midway between Barren and Dundas Islands, being one-half mile south of the most northerly of the Nares Islands.
Take notice that Robert Irvine, of Prince Rupert, occupation Shell dealer intends to apply for a lease of the following described foreshore lands:—
Commencing at a post planted on a rock one-half mile south of the most northerly of the Nares Islands, thence west 15 chains; thence east 15 chains; thence south 15 chains; thence north 15 chains to point of commencement and containing 22.5 acres, more or less.
ROBERT GLEN IRVINE
Dated May 20th, 1936.

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Take notice that Robert Irvine, of Prince Rupert, occupation Shell dealer intends to apply for a lease of the following described foreshore lands:—
Commencing at a post planted on a rock 200 feet north of the north shore of the most southerly of the Nares Islands thence west 15 chains; thence south 15 chains thence east 15 chains; thence north 15 chains to point of commencement and containing 22.5 acres, more or less.
ROBERT GLEN IRVINE
Dated May 20th, 1936.

DELICIOUS SUMMIT ICE CREAM In 1/2-Gallons and Gallons VALENTIN DAIRY PHONE-657

Mrs. T. Priest and child returned to the city on the Prince George this morning from a holiday trip to Vancouver.

Judge and Mrs. F. McB. Young arrived in the city on the Prince George this morning from Vancouver where they now reside following Judge Young's retirement from the County Court bench here a few years ago. They will be returning south tomorrow night. Meantime they are receiving a hearty welcome from many old friends.



BROOKFIELD EGGS
"A" Grade Large
In Cartons
3 doz. \$1.00
per doz. 35c

BEEF
Pot Roast, lb. 10c
Oven Roast, lb. 12 1/2c
Prime Rib, lb. 15c
Brisket, 3 lbs. 25c

FRESH KILLED
Ox Hearts, 3 lbs. 25c
Ox Tongues, lb. 20c

YOUNG VEAL
Rumps, lb. 18c
Shoulder, 4 lbs. 50c
Rolled Roasts, lb. 22c

SWIFT'S LARD
In Cartons, per lb. 17c
Cottage Rolls, lb. 25c

LAMB
Shoulder, lb. 17c (trimmed)
Legs, lb. 25c
Breast, lb. 10c
Fresh Whipping Cream Arriving every Friday

NEW ROYAL HOTEL

J. Zarelli, Proprietor
"A HOME AWAY FROM HOME"
Rates \$1.00 up
80 Rooms Hot & Cold Water
Prince Rupert, B.C.
Phone 281 P.O. Box 196

SOUTH TO VANCOUVER

Calling at Ocean Falls and Powell River

Steamer leaves PRINCE RUPERT

Mondays, 3 p.m., and Saturdays, 7 p.m.

Canadian National Steamships

V8-36

Union Steamships, Limited

Steamers leave Prince Rupert for Vancouver:

T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.

Due Vancouver, Thursday p.m.

T.S.S. CARDENA FRIDAY, 10:30 P.M.

Due Vancouver, Monday a.m.

ROUND TRIP FARE leaving Sunday 8:00 P.M. calling Pt. Simpson, Stewart, Anox, Naas River returning Tuesday, \$14.40

Further information regarding sailings and tickets from R. M. SMITH, Prince Rupert Agent, Third Ave. Phone 568

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We Have a Good Selection of Furniture and Different Articles at Very Reasonable Prices

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Duska Bath Powder Special, \$1.00

Cara Nome Bath Powder Special, \$1.00

Ormes Ltd.

The Pioneer Druggists

The Rexall Store Phones: 81 & 82

Open Daily From 8 a.m. till 10 p.m.

Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

The Dunes

Surf bathing at Tlell, B.C. (below).



Spend your vacation amidst the beautiful surroundings of Tlell at "THE DUNES" (above) at reasonable cost. Write for literature & rates to—

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The Fish which made Prince Rupert Famous

"Rupert Brand"

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