

COLD? Do These 2 Things Instantly!

A Simple Method that Anyone can Follow



1. Take two "Aspirin" Tablets. Make sure you get "Aspirin."
2. Drink a full glass of water. Repeat treatment in 2 hours.

The moment you feel a cold coming on follow the pictured directions above. Your doctor will approve this as perhaps the quickest, easiest way known to fight colds and sore throat. The "Aspirin" taken internally will combat a cold almost instantly; if throat is sore, crush and stir.

DEMAND AND GET "ASPIRIN"

Let This Drug Store Be Your Drug Store

We Can Supply Everything the Baby Needs
We Keep a Complete Stock of Various Makes of Baby Food

- FUNNELS—For filling nursing bottles.
- GLASS GRADUATES—For measuring milk.
- HOT WATER BOTTLES—For stomach pains.
- NURSING BOTTLES—For baby's food.
- RUBBER NIPPLES—For nursing bottles.
- ABSORBENT COTTON—For plugging nursing bottles.
- BOTTLE BRUSHES—For cleaning nursing bottles.
- GAUZE—For cleaning baby's face.
- RUBBER SHEETING—To prevent baby wetting bed.
- BABY TALCUM POWDERS—For baby's delicate skin.
- BABY SOAPS—For baby's bath.
- SAFETY PINS—For fastening baby's clothes.
- THERMOMETERS—For taking baby's temperature.
- BORIC ACID SOLUTIONS—For baby's eyes.
- RUBBER SYRINGES—For baby's ears.
- SPONGES—For baby's bath.

Our Baby Scales Are Always at Your Service
This is the Store that gives SERVICE that SERVES

Ormes Ltd.

The Pioneer Druggists

The Rexall Store Phones: 81 & 82
Open Daily From 8 a.m. till 10 p.m.
Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

UNION STEAMSHIPS

SPECIAL WINTER EXCURSION RATES TO VANCOUVER

FROM PRINCE RUPERT	\$32.00	RETURN.	All Meals and Berth Included.
FROM PORT SIMPSON	\$35.35	RETURN.	Included.

Reduced Rates to Vancouver also apply from intermediate points.
Special Tickets on Sale Between November 1st, 1935 and February 29th, 1936, inclusive — Good to Return up to March 31, 1936. Children Half Fare.

Steamers: Leave Prince Rupert: Ar. Vancouver
S.S. CATALA Tuesday, 1:30 p.m. Thursday, p.m.
S.S. VENTURE Friday, 10:30 p.m. Monday, a.m.

Tickets and All Information from
Prince Rupert Agent - R. M. SMITH - Third Ave., Phone 568
or Purser S.S. Catala and S.S. Venture.

The Fish which made Prince Rupert Famous

"Rupert Brand" SMOKED BLACK COD

Prepared Daily By
Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT, B.C.

LOCAL NEWS

Cash for old gold. Bulger's (1f)

Bargains in winter coats, fur trimmed, at cost and less. Demers. (39)

You can rent a car at Walker's as low as \$1.50 a day, plus 7c a mile.

Organ recital, St. Andrew's Cathedral, tomorrow night 9 o'clock. P. A. Lien, organist. Len Cripps, baritone. (39)

Rev. George Knox, United Church pastor at Bella Coola, was here aboard the Venture last night going through on a trip to Vancouver.

J. L. Edgar of the Holt Fur Co., Vancouver, was here aboard the Venture last night in the course of making the round trip north on the vessel.

Mrs. Frank St. Amour, who has been on a trip south, returned to the city from Vancouver on the Princess Adelaide yesterday afternoon.

Thomas B. Black, who went south to represent the local Trades and Labor Council at a conference of the British Columbia executive of the Trades and Labor Congress of Canada with the provincial government, returned home from the south on the Princess Adelaide yesterday afternoon.

On motion of James H. Thompson, the Prince Rupert General Hospital Association, at its annual meeting last night, passed a resolution of appreciation to the press and all organizations and persons who in any way had assisted or contributed to the support of the hospital during the past year.

Hotel Arrivals

Royal
George Munroe, Surf Point; B. Harrison, G. G. H. Little and S. E. Highland, Vancouver.

Central
S. Grodin and J. Pedersen, city; O. Hunt, C. N. R.; E. Carlson, Oona River; J. Smith, Vancouver.

Knox
H. White and E. Peterson, city; J. Southey, Vancouver; W. L. Brockway, Toronto; H. T. Anderson, Grand Forks; S. Billings, Edson; J. Jacobs, Rose Lake.

Family Meat Market

PHONE-957 PHONE-957

Specials

No. 1 Steer Beef

T-Bone Roast of Beef—4 lbs.	75c
Sirloin Tip of Beef—per lb.	18c
Prime Rib Standing—per lb.	15c
Pot Roast of Beef—6 lbs.	50c
Hamburger, 3 lbs. & 2 lbs. Onions	25c
Round Steak, 2 lbs. & 10 lbs. Spuds	50c
Shoulder of Veal—per lb.	10c
Veal Stew, 2 lbs. & 1 tin Peas	25c
Lamb Stew, 2 lbs. & 1 tin Peas	25c
Leg of Veal—per lb.	15c
Small Leg of Mutton—per lb.	18c
Shoulder of Lamb—(About 5 lbs.), per lb.	15c
Shoulder of Pork—per lb.	18c
Leg of Pork—per lb.	22c
Loin of Pork—per lb.	20c
Corn Beef—6 lbs.	30c
Frying Chicken—each	70c
Boiling Chicken—each	75c
Roasting Chicken—each	\$1.00

CONFESSES TO ERRORS

But John I. McFarland Believes His Wheat Policy Saved Canada From Hardships

CALGARY, Feb. 15.—"Looking backward," said John I. McFarland, former head of the Canadian Wheat Board, in an address here yesterday, "I confess to errors in judgment. But I believe such errors were minor only, and did not materially affect the final outcome of the major problem involved. The best was done from day to day and year to year. Adoption of any other policy would have imposed intolerable hardships on the people of the country, or, on the other hand, cost the public treasury large sums. Our designed control has operated to the great advantage of this Dominion, and to the benefit of Western Canadian producers."

It had been charged he had been opposed to the Grain Exchange, but no man had done more than he to protect and maintain its facilities in operation, said Mr. McFarland. Under his stabilization operations every department of the exchange was protected. The futures market was kept in operation notwithstanding that speculative buyers had practically ceased to operate. No legitimate interest was ever penalized or injured during his term in office.

Stabilizing Prices

A spokesman for the exchange had said it merely recorded prices and had nothing whatever to do with fixing prices directly or indirectly. "Now if that is a sincere statement," continued the speaker, "I would ask why the exchange should object to the government stabilizing prices on behalf of producers, or to the appointment of a wheat board to fix and control prices?"

Defenders of the open futures system had contended speculators were afraid to buy wheat because of government stabilization and Wheat Board operations. Wheat as cheap as 40 and 50 cents did not tempt them to take the hedges. But oats, barley and rye had been left entirely to the open futures system, and Mr. McFarland asked if farmers had noticed any evidence of big speculative benefit in the price they received in those grains delivered at Fort William.

DEFICIT IS DOWN

(Continued from Page 1)

dical Association and all those who had assisted the students of the training school, members of the board for support during the year, Miss Jean Harrison R.N., lady superintendent; H. W. Birch, managing secretary, and the staff for loyal co-operation. Hill 60, Queen Mary and Cambrai Chapters of the Daughters of the Empire and all persons and societies who had in any way promoted the welfare of the hospital.

House Committee

The house committee, Frank Dibb, chairman, reported that no extensive improvements had been undertaken to the hospital during the year as it had been deemed false economy to do so on the antiquated building. Therefore, merely necessary maintenance had been carried out. Some improvements had been made to plumbing and heating at the Nurses' Home. Unless a new hospital was provided, shingling of the western wall of the present building would be necessary. The fire marshal had agreed that it would be false economy to make improvements to the present hospital building. The same official had declared that housekeeping conditions in the local hospital were second to none in the province.

The grounds committee, G. P. Tinker, chairman, reported an expenditure during the year of \$72.05 on the Nurses' Home grounds, the splendid appearance of which was largely due to Miss Harrison, the lady superintendent.

Lady Superintendent's Report

The lady superintendent's report showed that 729 patients had been admitted during the year as compared with 897 the year previous. The average stay of patients had been 22 days, an increase of slightly over two days in comparison with the previous year. There had been a total of 16,092 hospital days, a decrease of 1636 from 1934. Births had totalled 80 and deaths, 30. Major operations numbered 142 and

DENTISTRY

Dr. Leroy L. Hartman—assistant professor of Dentistry at Columbia University, New York, has evolved a liquid which we are informed desensitizes teeth in such a way that all ordinary operating procedure can apparently be pursued without the patient feeling any pain.


THIS PREPARATION IS NOW AVAILABLE AT

DR. JOS. MAGUIRE

Rooms 7-8-9, Smith Block

— Phone 525 —

HIGH CLASS PLATE WORK



Lady Assistant Scientific Extraction of TEETH

LOW COST DENTAL WORK

Steamship Sailings

For Vancouver—
Tuesday—Catala 1:30 p.m.
Thursday—ss. Prince George 10:30 p.m.
Friday—ss. P. Adelaide 10:30 p.m.
Feb. 13—ss. Prin. Norah 5 p.m.
Feb. 27—ss. Prin. Norah 5 p.m.

From Vancouver—
Sunday—ss. Catala 4 p.m.
Wed.—ss. Pr. George 10 a.m.
Friday—ss. Prin. Adelaide 4 p.m.
Feb. 9—ss. Prin. Norah a.m.
Feb. 23—ss. Prin. Norah a.m.

For Anxox and Stewart—
Sunday—ss. Catala 8 p.m.
Wednesday—ss. Pr. George 4 p.m.

From Stewart and Anxox—
Tuesday—ss. Catala 11:30 a.m.
Thursday—Prince George 8 p.m.

For Naas River and Port Simpson—
Sunday—ss. Catala 8 p.m.

From Naas River and Port Simpson
Tuesday—ss. Catala 11:30 a.m.

For Queen Charlotte Islands—
Feb. 14 and 28—ss. Pr. John a.m.

LADIES' BOWLING

Brunettes defeated C. N. R. A. 1195 to 1157 and Blue Birds defeated Prince Rupert Grads 1374 to 1370 in the Ladies' Bowling Thursday night.

Allan M. Davies sailed last night on the Princess Adelaide for Vancouver to attend Grand Lodge sessions of the Loyal Orange Lodge.

Tonight's train, due from the east at 10:20, was reported this morning to be two hours and fifty minutes late which would bring it in at 1:10 a.m.

minor, 249. Anaesthetics had been administered as follows: general, 286; local, 39; spinal, 22. There had been 571 x-ray examinations. Five student nurses had completed training and six new students had been admitted.

Why at 40 You Think You're "GROWING OLD"



It's Frequently Just an "Idea." Not "Old Age." And According to Scientists, May be Something No More Alarming Than A Touch Of Acid Stomach

At about 40, many people think they're "growing old." They're right a lot. Have headaches. Stomach upsets. Dizziness. Nausea.

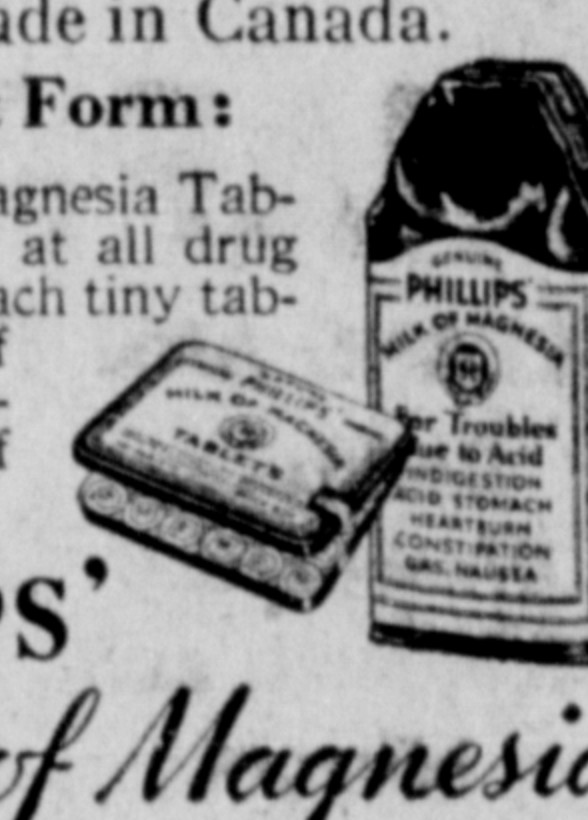
Well, scientists say the cause, in a great many cases, is merely an acid condition of the stomach. The thing to do is simply to neutralize the excess stomach acidity.

When you have one of these acid stomach upsets, all you do is take Phillips' Milk of Magnesia after meals and before going to bed.

Try this. You'll feel like another person. Take either the familiar liquid "PHILLIPS", or the convenient new Phillips' Milk of Magnesia Tablets. Made in Canada.

Also in Tablet Form:
Phillips' Milk of Magnesia Tablets are now on sale at all drug stores everywhere. Each tiny tablet is the equivalent of a teaspoonful of Genuine Phillips' Milk of Magnesia.

PHILLIPS' Milk of Magnesia



Olives

IMPORTED from SPAIN & PACKED IN NABOB'S DAYLIGHT KITCHEN

IN THE NEW TUMBLER CONTAINERS

NABOB Olives come to you in modern safe-day tumbler, and in convenient bottle sizes from 4 ounces to 34 ounces. Ask your grocer for any of these choice varieties.

QUEEN, COCKTAIL, PIMENTO STUFFED, CELERY STUFFED, NUT STUFFED and MINCED OLIVES for sandwich spread and salads.



IMPORTED AND PACKED BY KELLY, DOUGLAS & CO. LTD. AND BRANDED

NABOB

Announcements

Varden Concert, February 19.

Valentine tea, Oddfellows' Hall, February 20.

C. N. R. A. Annual Dance, Elks' Hall, Friday, February 21.

Sons of Norway Skuespill and dance, February 21.

Catholic Social, February 24.

Toc H. Bridge, February 26.

Canadian Legion Bridge and Dance, February 26.

"I will! I won't!" Comedy, United Church, March 5 and 6.

Philharmonic Society concert Presbyterian Church, March 11, 8:15 p.m.

Anglican Pageant, March 20.

Presbyterian Easter Sale, April 2.

St. Andrew's Cathedral Easter sale, April 16.

MOOSE HALL

RENTAL RATES

Concerts	\$25.00
Dances	25.00
Public Meetings	15.00

A room suitable for smaller meetings is now available on the ground floor, rental rate, \$4.00

For engagements phone the Club Steward, 840 or Red 412.

NEW ROYAL HOTEL

J. Zarelli, Proprietor

"A HOME AWAY FROM HOME"

Rates \$1.00 up
50 Rooms Hot & Cold Water
Prince Rupert, B.C.
Phone 281 P.O. Box 196

Ask For GOLD SEAL SALMON

Fancy Red Sockeye

Look for the WHITE LABEL with the GOLD SEAL



Packed by the only Salmon Canning Company with an all the year round payroll in Prince Rupert.