

### ADVISED TO EAT BRAN FOR HER CONSTIPATION\*

Kellogg's ALL-BRAN Helps Miss Hanson

Read this enthusiastic, voluntary letter: "Just a line to let you know how much I appreciate Kellogg's ALL-BRAN. I was troubled with constipation. I asked my doctor what to do. He said to eat bran.

"I tried other brands but they weren't so good, so I tried Kellogg's ALL-BRAN, and it is just wonderful. It makes delicious muffins, too." — Miss Agnes Hanson (address upon request).

ALL-BRAN provides mild "bulk" — missing in the average meal. This delicious cereal also furnishes vitamin B and iron.

The "bulk" in ALL-BRAN absorbs moisture, and gently exercises and cleanses the system. It is often more effective than that found in fruits and vegetables, as it does not break down within the body. ALL-BRAN also supplies vitamin B and iron.

Isn't this natural food pleasanter than patent medicines? Just eat two tablespoonfuls daily. If not relieved, see your doctor.

Sold by all grocers. ALL-BRAN is much more effective than part-bran products. Made by Kellogg in London, Ontario.

\*Constipation due to insufficient "bulk" in meals.

### GUIDE STARS ARE AWARDED

Sixty-Eighth Company Girls Are Guests of First Company

The members of the Sixty-Eighth Imperial Order, Daughters of the Empire, Guide Company were the guests last evening of the First Prince Rupert Guide Company at a social held in St. Andrew's Cathedral Hall.

Forty girls were in attendance and the evening was spent with games and contests.

Service stars were presented as follows:

**First Company**  
Six-year star—Patrol Leader Honora Silversides.  
Five-year star—Patrol Second Edna McLean.

Four-year stars—Patrol Leader Muriel Eby and Patrol Second Joan Baker.

Three-year stars—Patrol Leader Jean Watt and Patrol Second Audrey Watkinson.

Two-year stars—Patrol Leader Betty Wilkinson, Patrol Second Betty Borland and Guide Kay O'Neill.

One-year stars—Guides Betty Miller, Louise Bird, Betty Bremner, Helen Brown, Flora Leslie, Marian Sheppard, Eleanor Clapp, Delphine Balagno, Doris Leach, Helen Doctor, Joan Squire and Nora McCaffery.

There was also a second class badge and an ambulance badge presented to Joan Baker.

One-year stars were received by Patrol Leaders Mungill Storseth and Joyce Keilback, and Patrol Second Anna Johnson of the 68th I. O. D. E. Company.

The First Company patrol challenge cup, won for the sixth consecutive season by the Sunflower Patrol, was received by the leader, Honora Silversides.

Refreshments were served before the group was dismissed.

### Today's Weather (8 A.M.)

Terrace—Clear, calm, 56.  
Anyox—Clear, calm, 55.  
Stewart—Clear, calm, 47.  
Hazelton—Clear, calm, 55.  
Smithers—Clear, calm, warm.  
Burns Lake—Clear, calm, 44.

Albert Farrow, steambot inspector, arrived in the city on the Prince Rupert this morning from Vancouver, being here to inspect the steamer Prince Charles which is now being given her annual overhaul at the local dry dock.

### Mrs. Bowden Is New Chairman Of Labor League

The future welfare of the organization was the chief topic at the regular business meeting of the Women's Labor League last night. The resignation of Mrs. W. H. Montgomery as chairman was accepted with regret Mrs. Montgomery will be shortly leaving for Vancouver. Mrs. Bowden was elected to succeed her as chairman as well as financial secretary.

### WHIFFLETS From the Waterfront

On her way from Juneau to Seattle, the Seventh Day Adventist Alaska mission boat Messenger was a brief visitor in port yesterday afternoon, tying up during her stay at the Canadian National wharf. She had on board a party consisting of Pastor and Mrs. H. L. Wood of Juneau, Pastor and Mrs. M. J. Jackson of Anchorage, Misses Wanda and Virginia Wood, Mrs. Albert Crosby, Miss Norma Crosby and Mr. and Mrs. Orval Roe of Juneau and Mrs. Charles Frederickson and Mrs. Emma McCulloch of Ketchikan. From Seattle Pastors Wood and Jackson will proceed by motor to San Francisco to attend a convention of the Seventh Day Adventist Church. Pastor Jackson has recently been at Palmer, the new colonist community in the Matanuska Valley, where a Seventh Day Adventist log church has been built. Last year he drove the first car from Anchorage to Palmer.

Many Puget Sound and Alaska halibut fishermen are planning to engage in salmon gillnetting this summer in the Bristol Bay district.

Six halibut vessels sold catches totalling 125,000 pounds at Seattle yesterday as follows: Yakutat, 34,000, Sebastian-Stewart, 7½c and 7c; Bonanza, 23,000, Whiz, 7½c and 7c; Lituya, 27,000, San Juan, 7.1c and 7c; Addington, 24,000, New England, 7½c and 7c; Rosario, 12,000, San Juan, 7½c and 7¼c; Repeat, 5,500, Washington, 7½c, 7c and 2c (cod).

C. N. R. steamer Prince Rupert, Capt. H. E. Nedden, arrived in port at 10:15 this morning from Vancouver, Powell River and Ocean Falls and sails at 4 o'clock this afternoon for Anyox and Stewart whence she will return here tomorrow evening southbound.

C. N. R. steamer Prince Charles has been taken on the pontoons at the local dry dock for hull overhaul work preparatory to going into commission June 6 on the run between here and Vancouver via the Queen Charlotte Islands in place of the steamer Prince John which will go tramp freighting for the summer.

The season for trout fishing in Skeena watershed which extends as far as Copper River will not be open until May 24, it is announced. This applies both to lake and stream fishing.

C.P.R. steamer Princess Louise, Capt. S. K. Gray, is due in port at 3:30 this afternoon from Skagway and other northern points and will sail an hour later for Vancouver and waypoints.

### REDUCED RATES ON AUTOS

There will be reduced rates on automobiles between Prince Rupert and Terrace and Hazelton again this summer as there were last, it is announced. The reduced rates go into effect on June 1.

### Mail Schedule

**For the East—**  
Monday, Wednesday and Friday ..... 5 p.m.  
**From the East—**  
Tuesday, Thursday and Saturday ..... 10:20 p.m.  
**For Vancouver—**  
Tuesday ..... 12:30 p.m.  
Thursday ..... 9:30 p.m.  
Friday ..... 9:30 p.m.  
May 4, 13 and 23 ..... p.m.  
**From Vancouver—**  
Sunday ..... 4 p.m.  
Wednesday ..... 10 a.m.

### Iowa Pastor Is Heard at Local Pentecost Meets

Rev. Adolf Douplik, pastor of the Pentecostal Church at Waterloo, Iowa, was a visitor here the latter part of last week on his way to Alaska on an evangelical campaign. He conducted three meetings at the local Assembly. Pastor L. J. North was in the chair and there was a fair attendance at the meetings.

### IS BURIED TODAY

The funeral of the late Ben Severson, well known local fisherman, whose death occurred earlier in the week in the Prince Rupert General Hospital, took place this afternoon from the chapel of the B. C. Undertakers to Fairview Cemetery. Rev. L. C. Jensen, pastor of St. Paul's Lutheran Church, officiated.

Radio Station KOL at Seattle will be on the air between midnight tonight and 1 a.m. with a program dedicated to Prince Rupert. Local residents are hoping the local station will not interfere.

### SOUTH SEA FILM HERE

"Last of Pagans" With "Love on a Bet" Being Shown at Capitol Theatre

An absorbing drama of life on the Polynesian Islands entitled "Last of the Pagans" and a whirlwind romantic comedy "Love on a Bet" comprise a double bill program at the Capitol Theatre here at the middle of this week. In addition to the two feature pictures, Julius Welle appears on the stage in accordion solos.

With Mala, the Eskimo actor, and an all-native cast, "Last of the Pagans" shows in detail the intimate lives of the Polynesian natives. It is a gripping and romantic love story of a boy and a girl in the island paradise; of their separation through the work of rascally white traders, and their triumphant reunion. The action is set against a tapestry of picturesque native dances, glorious tropical sunsets, blue lagoons and gorgeous scenic details.

"Love on a Bet" is based on a strange bet around which is built up a lively romantic comedy.

### TERRACE

After visiting her parents, Mr. and Mrs. W. E. Smith, for some weeks in Terrace, Mrs. McLroy has gone to Edmonton to join her husband in that city.

The Board of Trade held a special session on Monday to draw up a letter urging upon the Premier, while he is in these parts, to give his best consideration to the job of finishing the highway connecting Terrace with Hazelton and the outside world. Harry King presided and there was a fairly well attended meeting.

Captain J. Bowen Colthurst gave his Terrace friends a pleasant surprise on Monday night when he stepped off the train from Prince Rupert. The Captain intends to put in some time at Terrace and Lakelse and while here he plans to hold some meetings in the interests of the Social Credit League.

Starting out from New York in a pair of shorts, Gene Raymond is to be in Hollywood in ten days with a suit, \$100 in cash and a beautiful blonde. There are many hilarious episodes. Wendy Barrie has the romantic lead opposite Raymond.

### CAPITOL TONIGHT & THURSDAY Last Complete Show 8:20

### Triple Feature Bill!

#### ATTRACTION 1

Novelty feature length Travel Picture of the South Sea Islands... made doubly interesting by means of an interesting love story... leading characters are Mala and Lotus of "Eskimo" fame... dialogue is native made understandable by use of super-imposed titles in English.

### LAST OF THE PAGANS

WITH MALA AND LOTUS

Cast of 5,000! You'll love this screen adventure with the thrills of "Trader Horn", and romance and drama of "White Shadows." A great film torn from the heart of a primitive people!

#### ATTRACTION 2

A Coast to Coast Giggle! GENE RAYMOND in "Love on a Bet"

Starting from New York penniless and dressed only in shorts he had to be in California ten days later with a new suit, a hundred dollars, and engaged to a beautiful girl... or else—

#### ATTRACTION 3

With WENDY BARRIE (At 7:03 & 9:43)

#### ATTRACTION 4

On the Stage! JULIUS WELLE And His Accordion! (At 8:29 Once Only)

### DELICIOUS SUMMIT ICE CREAM

In ½-Gallons and Gallons VALENTIN DAIRY PHONE—657

### 60 — PHONE — 60

### Kaizen Transfer

We handle the Finest Grades of Coal and Wood, at market prices. Bone Dry Kindling always in stock. We also operate 60 Messenger Service

### Rats and Beaver

We have a big order for both and in order to induce trappers and dealers to ship their skins we are offering more than market prices. Ship them in and we will wire the money immediately.

### GOLDBLOOM The Old Reliable

### PERFECTION IN CANNED SALMON

### GOLD SEAL

Fancy Red Sockeye

### PINK SEAL

Finest Pink Salmon

Packed by the only Salmon Canning Company with an all the year round payroll in Prince Rupert.

Do You Return From Your **Vacation** 100 Percent Fit? SURE. When You Holiday at **'THE DUNES'** TLELL Write for literature and rates **MADAME RAJAUT** Tlell, Queen Charlotte Islands

**WANTED** Camp Run Hemlock Logs. Phone Green 687 or Write **Stanley Bishoprick jr.** Prince Rupert

**NEW ROYAL HOTEL** J. Zarelli, Proprietor "A HOME AWAY FROM HOME" Rates \$1.00 up 50 Rooms Hot & Cold Water Prince Rupert, B.C. Phone 281 P.O. Box 196

**Hyde Transfer** Garden Soil \$2.50 a load **PHONE 580** Office 315 Second Avenue

**ECONOMY SPECIALS** keep the cost of living down. Phone or mail your order. **BROWN SUGAR— 55c** 10 lbs. **GOLDEN BANTAM CORN 25c** Aylmer, 2's, 2 tins **DRIED GREEN PEAS— 19c** 3 lbs. **QUAKER OATS— 19c** large pkg. **CHIPSO—For laundry or dishes, large pkg. 19c** **PORK & BEANS—Libby's family size, 2 tins 29c** **MOLASSES—Sweet Adeline for cooking, 4½-lb. tin 37c**

Fresh Fruits and Vegetables arriving every boat **MUSSALLEM'S ECONOMY STORE** Where Dollars Have More Cents P. O. Box 575 Phone 18

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No other investment you can make will give greater returns than a few dollars spent on brightening your home. ... Start with the floors — fresh, cheerful colour there — will bring a new charm that you and all your friends will enjoy. Do as thousands of modern-minded, thrifty housewives have done: use Congoleum Gold Seal Rugs — you will get greater beauty at less cost — and these flat-lying, easy-to-clean rugs will save you countless hours of tiresome housework. Attractive patterns are now being displayed by most good housefurnishings stores.

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